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4: Complexity and maintenance - a report from the Adult Dental Health Survey 2009

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Version: 1.0

Date of Publication: 24 March 2011



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Introduction

The patterns of dental decay and other oral disease across the population are described in detail in the reports from the Adult Dental Health Survey 2009 series *Oral disease and related disorders* and *Urgent conditions*. Oral health is, however, not simply about disease, and maintaining the dentition after disease has been managed is an ongoing concern. Where decay has been treated by restoration, dental care to maintain what has already been done is often more complex, time consuming and expensive than the initial disease management. Dental disease and the restorative treatment is a lifelong concern with a lifelong cost.

When a tooth is restored with a filling or a crown, the damage to the tooth is permanent but the artificial filling or crown is not. Typically fillings and crowns would be expected to last a number of years: the longevity of the restoration depends on a complex range of factors but data from the NHS would suggest that the majority of small fillings should last at least 10 years for example, but that size and material are related to longevity¹. In other words, when a filling, crown or other restoration (for example, a veneer) is placed, a cycle of restoration and re-restoration is initiated which persists until the tooth is lost or until the end of the person's life. If the tooth is lost there is also a restorative need if it is to be replaced.

This report looks at the oral health of the people of England, Wales and Northern Ireland by measuring the extent of the accumulated effects of restorative treatment and where these effects fall in the population. In order to identify what the future might hold, the report considers what has happened to people's teeth, as measured by the numbers of teeth and tooth surfaces that have fillings, artificial crowns or other restorations. The condition of these restorations is also investigated and reported. It also looks at how lost teeth have been replaced.

All of the Tables are to be found at the back of the report.

Full background and methodological details for the survey, including response and clinical examination conversion rates can be found in *Foundation report: Adult Dental Health Survey 2009.* A glossary of all clinical terms can also be found in this report.

Key findings

- Eighty four per cent of dentate adults had at least one filled tooth, and for those with a filling the mean number of teeth affected was 7.2 with an average of 2.1 surfaces affected per restored tooth.
- Adults aged under 45 years were less likely to have any fillings, and those who did had relatively low numbers of filled teeth. By contrast, 97 per cent of dentate adults aged 45 to 54 had a filled tooth and they had 9.1 teeth affected on average.
- In 2009, 37 per cent of dentate adults had artificial crowns. There was significant variation with age; only 5 per cent of the 16 to 24 year olds had crowns compared to between 55 and 59 per cent of those aged 45 to 74.
- For those with crowns, on average there were three per person, amounting to an estimated 47.6 million crowns across England, Wales and Northern Ireland.
- The majority of dentate adults (85 per cent) had a tooth affected by restoration
- Among people with at least one restoration, 9 per cent had some secondary decay (decay which is immediately adjacent to previously placed fillings or fissure sealants) in their mouth, and 26 per cent had either secondary decay or an unsound restoration for some other reason, in other words the likely need for some sort of intervention.
- Not surprisingly, failing restorations were most common in the groups with the most restored teeth, so there was a significant age related risk of having a restored tooth needing some attention.
- The average number of restored but otherwise sound teeth has fallen from 8.1 teeth in 1978 to 6.7 in 2009.
- In 2009, nearly one in five adults wore removable dentures of some description (partial or complete). This included almost all of the 6 per cent who were edentate, as well as 13 per cent who relied on a combination of dentures and natural teeth.
- Over a third of people (37 per cent) had none of the eight indicators of complexity and a further 27 per cent had only one. Three or more indicators would represent a fair degree of complexity in terms of ongoing management of multiple conditions, and this threshold was reached by 19 per cent of the population.

4.1 Restorations

Definitions

Fillings are generally placed in the first instance to manage tooth decay, however throughout a lifetime they may need to be replaced for other reasons (such as fracture of the filling or the already filled tooth breaking). 'Restorations' refers to fillings as well as all other permanent treatments involving the replacement of tooth structure for any reason, including artificial crowns and also veneers. In this report, dentures, bridges and implants are not defined as restorations.

4.1.1 Fillings

By adulthood, the presence of fillings is no more than a crude marker of historic disease. Different clinicians will employ different approaches to deciding when and how to manage decay, so two people with the same experience of decay may have rather different patterns of restoration. Furthermore, the preferred approach to management has become progressively more conservative of tooth tissue over the years so the extent, size and presence of fillings may also reflect the point in history when they were first provided. In addition, restorations that look identical to fillings for decay may have been provided for other reasons such as tooth wear, fractures or even aesthetics. Nevertheless, the placement of a filling does require the tooth to be cut and shaped so the number of teeth and surfaces affected by fillings does give an indication of the extent of tooth tissue lost to disease and treatment over the years. In this section, two different measures are used; the number of teeth affected (filled for decay) and the number of surfaces affected. The latter gives a slightly more detailed indication of the extent of fillings across the mouth.

Tables 4.1.1 and 4.1.2 show the proportion of dentate adults in the population with fillings, the mean number of filled teeth, the number of surfaces affected (including crowns and roots) and the ratio of filled surfaces per filled tooth (this latter indicator gives an indication of the average size of restorations) for those with fillings. Overall, 84 per cent of dentate adults had at least one filled tooth, and amongst those with at least one filling the average number of teeth affected was 7.2. The average number of surfaces filled was 15.7 and the overall ratio of filled surfaces per restored tooth was 2.1.

Tables 4.1.1 and 4.1.2

Not surprisingly, there are strong age related patterns, as the damage from disease and treatment accumulates through life. The proportion of dentate adults with one or more fillings ranged from a low of 53 per cent among adults aged 16 to 24, to a high of 97 per cent among adults aged 45 to 54. Moreover, in all age groups above 45 around 90 per cent of adults had at least one filled tooth, whereas in younger age groups only those adults aged 35 to 44 approached this level of fillings (90 per cent). Similarly, younger adults had relatively low numbers of filled teeth; for example, adults aged 16 to 24, 25 to 34 and 35 to 44 with fillings had on average 3.4, 5.1 and 6.8 filled teeth respectively, compared with 9.1, 8.9 and 8.3 among adults aged 45 to 54, 55 to 64, and 65 to 74 respectively. It is not just the number of filled teeth that changes with age, but also the size of the fillings. The filled surfaces per restored tooth ratio rose from 1.6 per tooth in the 16 to 24 year olds to 2.6 per tooth in the 75 to 84 year olds.

Tables 4.1.1 and 4.1.2

Across all of these measures there is a consistent pattern of an increase in the various fillings up to age 45 and then a general plateau between 45 and 74. There is generally a reduction over the age of 75 in the number of teeth and surfaces filled, reflecting smaller numbers of available teeth, although the size of fillings is similar.

There were also variations in the number of filled teeth by sex, country and socio-economic classification of the household. Whereas 87 per cent of dentate women had at least one filled tooth, 82 per cent of dentate men did. In Northern Ireland, 91 per cent of dentate adults had at least one filling compared with 84 per cent of dentate adults in England. Finally, a smaller proportion of dentate adults from routine and manual occupation households had at least one filling (82 per cent) compared with dentate adults from intermediate occupation households (88 per cent).

Among those dentate adults with fillings, the average number of filled teeth also varied by country and socio-economic classification of the household, but not by sex. As for the overall proportion of adults with at least one filling, the mean number of filled teeth was higher amongst adults in Northern Ireland (8.7 filled teeth) than in England (7.1) and Wales (7.2). Adults from routine and manual occupation households had the lowest average number of filled teeth (6.4) whereas adults from managerial and professional occupation households had the highest (7.7).

Tables 4.1.1 and 4.1.2

Tables 4.1.3 and 4.1.4 show that there were also differences on these measures in terms of self-reported health behaviours. For example, a greater proportion of adults who said that they attended the dentist for a regular check-up had at least one filling (89 per cent) than those whose went for an occasional check-up (78 per cent) or only when they were having trouble with their teeth (77 per cent). Likewise dentate adults with fillings who said they attended for a regular check-up had the highest average number of teeth filled (8.0), the highest mean number of filled surfaces (18.1) and the highest ratio of filled surfaces also (2.2). Similar patterns were observed in terms of the time since last visit to the dentist with those adults who said that they had been most recently (within the previous 12 months) having the largest proportion of one or more teeth filled (88 per cent), average number of filled teeth (7.7), average number of filled surfaces (17.3) and ratio of filled surfaces per filled tooth (2.1). It was those adults who said that they had not been to the dentist in over ten years had the lowest proportion of one of more fillings (59 per cent), average number of filled teeth (4.8), average number of filled surfaces (9.2) and ratio of filled surfaces per filled tooth (1.7). Finally, those dentate adults who brushed their teeth once a day were more likely to have fillings (85 per cent) than those who said that they never brushed their teeth or brushed them less than once a day (76 per cent). The most regular tooth brushers (twice a day or more) had more filled teeth on average (7.4) and number of filled surfaces (16.2) than those who brushed their teeth least often (5.7 and 12.5 respectively).

Tables 4.1.3 and 4.1.4

4.1.2 Artificial crowns

An artificial crown is usually placed to try to ensure the structural integrity of a natural tooth which has been heavily filled, or perhaps even root filled, because of decay or other damage. In these circumstances the risk of the tooth itself breaking or the filling being lost or breaking down increases and a crown is placed to hold it together. However, in order to place a crown the tooth needs to be prepared, resulting in further loss of tooth tissue before the crown can be placed. A crown therefore generally indicates a high level of historic restoration and the

likelihood of a high and often complex maintenance need in the future. Crowns are relatively high cost restorations, made outside the mouth with skilled technical support.

Overall, 37 per cent of dentate adults had crowns. There was significant variation with age; only 5 per cent of the 16 to 24 year olds had crowns compared with 59 per cent of those aged 65 to 74. In every age group above 45 years over (with the exception of those aged 85 years and over) half of all adults had at least one crown, whereas those adults younger than 45 years did not have nearly the same proportion of crowns. This is a reflection of the high levels of accumulated restorative treatment in the generation of people born between the mid 1930s and mid 1960s who grew up in the post war years and the early days of the NHS. Although crowns were available in the NHS from an early stage, the availability of new technologies in the late 1970s saw a rapid increase in the use of artificial crowns from the early 1980s onwards² and it is likely that many of the crowns observed in 2009 originate from after this period.

Table 4.1.5

Dentate women (40 per cent) were more likely than dentate men (34 per cent) to have crowns and there was also some geographical variation with a smaller proportion of dentate adults in Northern Ireland with crowns (31 per cent) compared with England and Wales (both 37 per cent). Dentate adults from routine and manual households were less likely to have crowns (32 per cent) than those from intermediate occupation households (42 per cent). *Table 4.1.5*

Table 4.1.6 shows that there were large differences in the proportions of dentate adults with crowns in terms of reported dental behaviour. Specifically, 44 per cent of those dentate adults who said that they attended the dentist for a regular check-up had one or more crowns compared with 7 per cent of those who said that they never went to the dentist. Likewise, dentate adults who had been to the dentist more recently, within the previous 12 months, had a greater proportion of crowns (43 per cent) than dentate adults who had not been in over ten years (8 per cent).

Table 4.1.6

As a relatively expensive item of dental care, a healthy and clean mouth would normally be considered a pre-requisite to placing an artificial crown, with simple tooth cleaning an essential first step to help ensure healthy tissues and the minimum of risk. Although there was a higher proportion of people with crowns amongst those who said they brushed twice a day or more (38 per cent), it perhaps should be of some concern that amongst those who said they brushed their teeth less than once a day, there were still 24 per cent with artificial crowns.

Table 4.1.6

Amongst those dentate adults with crowns, on average there were three per person, amounting to an estimated 47.6 million crowns across England, Wales and Northern Ireland. Once again there was a significant age variation, from 2.0 per person for those under 45 to 3.5 for the over 65 year olds.

Table 4.1.7

4.2 Total restorative burden

4.2.1 Number of restored teeth and surfaces

One way of estimating the scale of the maintenance need is to simply combine the total number of all teeth and tooth surfaces (crown and root surfaces) which have been restored by fillings, crowns or other restorations (for example, veneers). Such estimates can act as a marker both of historic disease and of treatment uptake in different sectors of the population and at all levels of complexity. These measures can also give us an indicator of who is likely to require the most complex and expensive maintenance in years to come.

Overall, 85 per cent of dentate adults had one or more restored teeth and table 4.2.1 illustrates the huge variation in the volume of restorative care which has accumulated in different age groups. The percentage of dentate adults with any restored teeth ranged from 56 per cent among those aged 16 to 24 to 91 per cent or more of dentate adults aged 35 or over.

Among those with restorations the overall average number of restored teeth is 8.6 and the average number of restored surfaces is 21.2. As with the data for fillings and crowns alone, there is a complex age related trend, with a plateau in the age groups 45 to 74. Specifically, amongst adults aged 16 to 24, 25 to 34 and 35 to 44 the average number of restored teeth are 3.4, 5.5 and 7.8 respectively, compared with 11.0, 11.4 and 11.0 in adults aged 45 to 54, 55 to 64, and 65 to 74 respectively. The same pattern is clear for the average number of restored surfaces per dentate adult. The mean numbers of restored teeth and surfaces reduces in older adults (75 and above), but so do the number of teeth and surfaces in total, as older people tend to have fewer teeth.

Tables 4.2.1 and 4.2.2

Figure 4.2.1 and Table 1 illustrate that although the number of restored teeth and surfaces increases with age, over the age of 55 the proportion of teeth affected is consistently between 47 per cent and 49 per cent and the proportion of surfaces is around 21 per cent to 23 per cent. These proportions are in stark contrast to the youngest groups in the population. For the 16 to 24 year olds only 7 per cent of teeth and 2 per cent of surfaces have been subject to restorative intervention, reflecting smaller fillings as well as fewer filled teeth. For those aged between 25 and 44, the figures are a little higher but still very low by comparison with those aged 45 and above.

Figure 4.2.1 and Table 1



Figure 4.2.1 Restored teeth and surfaces as a percentage of natural teeth and surface, by age



Dentate adults		England, Wa	les and Northern	Ireland: 2009
	Percentage of	Percentage of		
	natural teeth	natural		
	that are	surfaces that	Unweighted	Weighted
	restored	are restored	bases	bases (000s)
All	30	13	6,470	42,918
Age				
16-24	7	2	640	6,724
25-34	15	5	910	7,090
35-44	26	10	1,280	8,509
45-54	41	17	1,200	7,198
55-64	47	21	1,160	6,448
65-74	49	23	810	4,109
75-84	47	21	390	2,347
85 and over	47	22	80	494

There were also marked variations by sex, geography and socio-economic classification of the household. Eighty-eight per cent of women had one or more restored tooth, compared with 83 per cent of men. Similarly, on average, women with restored teeth had more of them (8.8) and restored surfaces (21.7) than men (8.4 and 20.6 respectively).

Dentate adults in Northern Ireland were more likely to have restored teeth (92 per cent) compared with 85 per cent in England. Among those that had restored teeth, those in Northern Ireland had larger numbers of restored teeth (9.7) than those in England and Wales (8.6 each). Finally, dentate adults from routine and manual households were less likely than dentate adults from intermediate occupations to have restored teeth (84 per cent and 89 per cent respectively). Among those with restorations, dentate adults from managerial and professional households had more restorations on average (9.4) and surfaces restored (23.3) than those dentate adults from routine and manual occupation households (7.6 and 18.2 respectively).

Tables 4.2.1 and 4.2.2

As for fillings and crowns, dental attendance was also related to the levels of restorations. Those who reported attending the dentist for a regular check up were the most likely to have any restorations (90 per cent compared with 39 per cent of those who never went to the dentist). Among those with restorations, those who said that they attended a dentist for a regular check up had more restored teeth (9.7) and surfaces (24.7) on average than those who indicated that they never went to the dentist (3.4 and 7.6 respectively). Similarly, those who had been to a dentist more recently (within the previous 12 months) were more likely to have restorations and, among those who had restorations, had on average more restored teeth (9.4) and surfaces (23.6) than those who said that they had not been to the dentist in over ten years (5.1 and 10.2 respectively).

Table 4.2.3 and 4.2.4

Given the marked variation of complexity in the population, a degree of concentration of the restorative care might be expected. Table 4.2.5 groups the population into quartiles, groupings based on ranking adults by the number of restored teeth and restored surfaces, from those with none to those with the most. This allows adults with the lowest burden of fillings and crowns to be compared with those with the greatest. The difference is marked; people in the quartile with lowest burden have no more than 2 teeth and 3 surfaces affected, those in the quartile with the highest experience have a minimum of 12 teeth and 28 surfaces affected.

Table 4.2.5

4.2.2 The condition of restorations

Table 4.2.1 indicated that 85 per cent of the dentate population had a tooth affected by restoration and the analysis in this section is based on this subgroup. A restored tooth may be perfectly sound with no disease or signs of failure. Alternatively it might have secondary decay (decay which is immediately adjacent to previously placed fillings or fissure sealants) around the margins of the restoration, or it may have a restoration which is failing for a reason other than decay (unsound restoration), for example it may have broken or fallen out. In addition it might have some new decay which is completely unrelated to the restoration.

Among people with at least one restoration, 9 per cent had some secondary decay in their mouth, and 26 per cent had either secondary decay or an unsound restoration for some other reason, in other words the likely need for some sort of intervention. In a clinical setting, of course, a dentist may take radiographs which would detect additional problems not identifiable in a field setting.

Table 4.2.6

Failing (unsound) restorations were most common in the groups with the most restored teeth, so there was a significant age related risk of having a restored tooth needing some attention. Amongst dentate adults with restorations aged 16 to 24 the proportion with unsound restorations was 15 per cent compared with 33 per cent amongst those aged 75 to 84. Generally, the percentage of people with an unsound restoration (including secondary decay) increased with age up to the age of 45 and then levelled off (all age groups above 45 had at least 30 per cent unsound restorations). There were marked variations by sex, geography, and socio-economic classification of the household. Men had a greater proportion of both restorations with secondary decay (10 per cent) and unsound restorations (28 per cent) than women (8 per cent and 25 per cent respectively). The proportion of both was highest in Wales (15 per cent had restorations with secondary decay and 32 per cent

had unsound restorations) and lowest in Northern Ireland (5 per cent and 21 per cent respectively); in England 15 per cent of adults in the West Midlands SHA had restorations with secondary decay and in the South West SHA 38 per cent had unsound restorations. Finally, the highest levels of restorations with secondary decay were observed in dentate adults from routine and manual occupation households (11 per cent) and the lowest was in dentate adults from managerial and professional occupation households (7 percent). There was no significant variation between adults from different socio-economic classifications of the households in terms of the proportions with unsound restorations.

Table 4.2.6

Table 4.2.7 shows that irregular dental attendance and infrequent tooth brushing were also associated with unsound restorations. Among dentate adults with one or more restored teeth, 7 per cent of those who indicated that they attended for regular check-ups had restorations with secondary decay compared with 12 per cent of those who said that they only went to the dentist when they were having trouble with their teeth. Similarly, dentate adults with a least one restored teeth who had been to the dentist in the previous 12 months had a smaller proportion of restorations with secondary decay (7 per cent) than those who had not been for over ten years (18 percent). Finally, adults who reported that they brushed their teeth twice or more a day were less likely to have an unsound restoration than those who never cleaned their teeth or brushed less than once a day (8 per cent compared with 18 per cent). All of these patterns were also apparent in terms of the proportion of adults with unsound restorations.

Table 4.2.7

This is a simple snapshot at one point in time and, for many people, restored mouths are under regular review. It is not surprising that people who attend the dentist only with trouble are much more likely to have one or more restored teeth in need of attention if attention is unlikely to be sought.

4.3 Trends in restorations

Background

The future prospects of adults of different ages in 2009 can be deduced from past levels of dental disease and subsequent restoration. Younger adults, aged between 16 and 44, appear to have very good chances of retaining sound teeth in later life, as long as disease risks can be managed with the support of appropriate dental care. Those over 45 years of age have less good prospects, and their future treatment needs are likely to be very different, though managing disease risk will still be a priority.

All of the surveys in the ADHS series have been cross-sectional and there has been no attempt to follow cohorts of individuals over time. However, in order to explore likely future trends, the change over time among adults within each age group ('age cohort') has been followed from 1978; for example, the group of adults who were aged 25 to 34 in 1978, were 35 to 44 in 1988, 45 to 54 in 1998, and 56 to 65 in 2009 (taking into account the 11-year gap between the last two surveys). The criteria for restored teeth have changed little since the first survey in 1968³, but data sets from past surveys are not accessible; here we rely on published data from the older surveys. The indicator used for these trends is different from that used elsewhere in this report: teeth that are restored but otherwise sound. The indicator for trends excludes failed restorations and does not take into account the condition of root surfaces. For the sake of brevity, references to restored teeth throughout the rest of this section refer therefore to this variable.

The mean values presented are based on all dentate adults. Comparisons are for dentate adults in England only to allow more precise comparisons in view of the larger sample size. Trends for Wales and Northern Ireland will be discussed separately in the country-specific reports in the ADHS 2009 series.

The sample size for England is much larger in the 2009 survey compared with previous Adult Dental Health Surveys; however the response rate to the current survey is lower. This reflects a wider tendency towards decreasing response rates in social surveys and means that there has been a greater dependence on weighting the 2009 data to control for response bias and variations between respondents, than in previous ADH Surveys. Any resulting differences should be minimal but trends rely on very precise estimates so some caution should be exercised when interpreting these results. In some places, a correction for age has been made in tables and text to correct for the interval between the 1998 survey and the current survey, which was eleven years, rather than ten years. Where this has been done, the actual ages of the respondents in each are one year more than indicated.

4.3.1 Trends in restorations

The average number of restored but otherwise sound teeth has fallen from 8.1 teeth in 1978 to 6.7 in 2009. In 1998, adults in the age groups 35 to 44 and 45 to 54 had the highest average number of restored teeth (9.6 and 10.9 respectively), in 2009 the average number of restorations was still highest in the same age cohorts, now aged 11 years older, but there was little net change in the number of restored teeth in either group.

Table 4.3.1

All of the surveys in the ADHS series have been cross-sectional and there has been no attempt to follow cohorts of individuals over time. However, when taken together the survey series does allow for changes within generations to be tracked. Table 4.3.1 shows that adults aged 16 to 24 in 2009 had on average fewer restored teeth than their equivalents in 1998 (1.6 compared with 2.4). However the average number of restored teeth amongst those who were 16 to 24 in 1998 (2.4 on average) increased to 3.8 among those aged 25 to 34 in 2009 indicating more than one new restoration per mouth being placed in the previous decade. However, the next age cohort (aged 25 to 34 in 1998, 35 to 44 in 2009) did not see any measurable increase in the average number of restored teeth (6.9 in both years). These represent rather slow rates of accumulation of restorations. If sustained as these younger groups get older, this would result in far lower levels of restoration across a lifespan.

Following the slightly older groups through, those adults who were aged 16 to 24 in 1978 with an average of 7.8 restored teeth, had as 45 to 54 year olds in 2009 seen a gradual increase to 10.0 restored teeth on average. The older groups have shown sustained levels, starting from higher levels coming into adulthood, but little if any net increase as they have grown older. This is due to tooth loss negating any overall increase in newly restored teeth. *Table 4.3.1, Figure 4.3.1*



Figure 4.3.1 Mean number of restored, otherwise sound, teeth by age: England, 1978-2009

4.4 Dentures and replacement teeth

Introduction

Measures of complexity do not stop with fillings, crowns and other restorations on the teeth. As damage accumulates from disease and treatment, teeth are ultimately lost. Loss of teeth can affect aesthetics and function so the replacement of missing teeth becomes important, adding another layer of complexity to treatment need. In previous Adult Dental Health Surveys the presence of dentures and bridges has been recorded, but in the years since the last survey, dental implants have also become a significant part of dental care. Because of the small numbers of adults in the youngest age groups who wear any sort of denture or bridge the age bands for those adults aged 16 to 44 were combined in the tables.

4.4.1 Dentures

Table 4.4.1 shows that amongst all adults nearly one in five (19 per cent) wore dentures. This includes the 13 per cent of all adults who also had natural teeth (partially dentate adults) and the 6 per cent of all adults who were edentate. As Figure 4.4.1 illustrates relatively few adults aged below 45 years wore dentures, but among older age groups, the proportion of people who did increased with age, up to 45 per cent of those aged 65 to 74 and 70 per cent of those aged 75 or over.

Table 4.4.1, Figure 4.4.1



Figure 4.4.1 Use of dentures by age

Among adults who retained some natural teeth, 1 per cent had a complete denture in one arch only (usually the upper) but some natural teeth in the opposing jaw, and a further 1 per cent had a complete denture in one arch and a partial denture in the other. In addition, 9 per cent wore a partial denture only, in one or both jaws. Amongst dentate adults older than 45 the use of a prosthetic replacement for missing teeth became increasingly common with increasing age. For example, around 2 per cent of dentate adults aged under 45 wore any type of denture compared with 7 per cent of those aged 45 to 54, 19 per cent of those aged 55 to 64, 29 per cent of those aged 65 to 74, and 57 per cent of those aged 75 and over.

There were also geographic differences, 15 per cent of dentate adults in Wales wore dentures compared with 9 per cent in Northern Ireland, and different socio-economic household classifications, 8 per cent of dentate adults from professional and managerial households wore dentures, compared with 16 per cent of those from routine and manual occupational households.

Table 4.4.2

4.4.2 Dental bridges

Dental bridges provide a viable and often preferable alternative to partial dentures, where the space to be filled is small enough and the surrounding teeth are in reasonable condition, as bridges are fixed in the mouth. Amongst dentate adults, 7 per cent had a dental bridge, again with statistically significant age variation; 3 per cent of adults aged 16 to 44 wore at least one dental bridge compared with 14 per cent of those aged 55 to 64 and 65 to 74. The only other measures where any significant variation in the presence of dental bridges was observed were measures of self reported health behaviour. A greater proportion of those dentate adults who said that they attended for regular check ups (9 per cent) had at least one dental bridge than those who said that they never go to the dentist (2 per cent). Likewise, 9 per cent of those dentate adults who indicated that they had been to the dentist in the previous 12 months had at least one dental bridge, compared with one per cent of those who said that they had not been in over ten years.

Tables 4.4.3 and 4.4.4

4.4.3 Dental implants

Dental implants are an increasingly mainstream part of dental care. Dentate participants were examined and the presence of implants and implant retained restorations recorded. Dental implants were found in 1 per cent of all those who were examined. It is however, possible that some implant retained restorations were not detected in field conditions so this may be a slight underestimate. There were statistically significant age related differences amongst dentate adults with older people not surprisingly being most likely to have implants; less than 0.5 per cent of adults aged 25 to 34 had at least one dental implant compared with 2 per cent of adults aged 65 to 74, 75 to 84 and 85 and over. There was also a significant social class variation; 2 per cent of dentate adults from intermediate occupation households had one or more implants compared with 1 per cent of dentate adults from both managerial and professional, and routine and manual occupation households.

Table 4.4.5

One per cent of all edentate respondents reported during the interview that they had had at least one implant in the past (data not shown in a Table). These edentate adults were not examined so they were not included in the count of those adults with dental implants.

4.5 Complexity and multiple conditions

Introduction

So far this report has discussed how the historical burden of dental disease and dental treatment, particularly that aimed at the management of dental caries (decay), has translated into a burden of maintenance over the longer term. In addition this report has also demonstrated how some people account for a disproportionate amount of that restorative burden. In other reports from the Adult Dental Health Survey 2009 series, *Disease and related disorders*, and *Urgent conditions*, disease prevalence and severity were reported, again demonstrating an uneven distribution of disease, including periodontal diseases as well as caries. This section describes an exploratory method of combining these disparate measures to give an indication of the complexity of present and historical disease and maintenance burden within the population. This will need further validation but the patterns observed and reported here suggest that it may be a useful way of capturing the complexity of dental needs using epidemiological data.

Complexity of treatment may be determined by a number of different factors. It may be that one disease, or its historical burden, is particularly severe. For example, even for a specialist prosthodontist, the treatment of an edentate arch opposed by natural teeth will often be particularly challenging. For the periodontist, a person with pocketing of 9mm or more in more than one quadrant would also have an acknowledged degree of complexity. In these examples, on the basis of each single measure, an individual would be considered to have 'treatment of a complex nature'. However, there are other people who, while they do not fall into this category of having complex needs based upon one condition, have several types of less severe current disease and previous disease experience which in combination may lead to a degree of complexity in management over the longer term.

In order to identify people with multiple, but less severe conditions, eight indicators have been identified, each reflecting some previous treatment or current disease. These are:

- Being in the top quintile for restored surfaces (based on all dentate adults; 32+ surfaces restored)
- Being in the top quintile for crowns (based on all dentate adults; 3 or more)
- Having any denture or bridge or implant
- Having one or more sextant with pocketing of 6mm or more or loss of attachment of 9mm or more (see *Disease and related disorders: a report from the Adult Dental Health Survey 2009*)
- Having any active decay of crown or root (see Disease and related disorders: a report from the Adult Dental Health Survey 2009)
- Being in the top quintile for active decay (based on adults with active decay; 8 or more surfaces with primary or secondary decay) (see *Disease and related disorders: a report from the Adult Dental Health Survey 2009*)
- PUFA⁴ score greater than zero or an unrestorable tooth (see *Urgent conditions: a report from the Adult Dental Health Survey 2009*)
- Reporting at least one of the Oral Health Impact (OHIP-14)⁵ problems as having been experienced very or fairly often over the last 12 months (see Outcome and impact: a report from the Adult Dental Health Survey 2009).

4.5.1 Overall complexity

Each dentate adult can have between zero and eight conditions (indicators of complexity). The criteria are based on the distributions of diseases, treatments and conditions observed, so each represents a condition or state that is found in a significant minority of the sample (between 6 per cent of adults being in the top quintile for decay and 31 percent of adults having any decay) which clinically represents a meaningful current or future need. Four of the criteria are related to disease, three to existing restorative treatment load and one to reported problems impacting on daily life. Individually none of these may present a particular clinical challenge, but in combination they may.

Table 4.5.1

The proportion of the dentate population with several of these indicators gives an indication of the degree of complexity of treatment and maintenance need within the population. A subject with five indicators of complexity is not five times more complex than one with one condition but a higher score is an indication of increasing complexity. By definition someone with five indicators will have some active disease, perhaps in combination with other diseases and/or superimposed on a heavily restored dentition or reported impacts on daily activities.

Over a third of dentate adults (37 per cent) had none of the eight indicators of complexity and a further 27 per cent had only one and 18 per cent had two. Three or more indicators would start to represent a fair degree of complexity, and this threshold was reached by a total of 19 per cent of the population. A total of 8 percent had four or more indicators and 3 per cent had five or more. Less than 0.5 per cent of people had either six, seven or eight indicators; in total this extreme complexity is found in 0.65 per cent of the dentate population. Across the whole populations of England, Wales and Northern Ireland this would equate to almost 280,000 people with six or more of these conditions.

Table 4.5.2

Unsurprisingly, complexity varied by age however the age differential was more pronounced above the threshold of two indicators. For example, 6 per cent of adults aged 16 to 24 had three or more indicators of complexity compared with 30 per cent of those aged 55 to 64 and 32 per cent of those aged 65 to 74. Table 4.5.3 shows a marked change in the level of complexity between those aged 45 and over compared with those aged 44 years or less. This increase was largely accounted for by those with one, two or three conditions, and the proportion with five or more conditions remained broadly consistent in those aged 45 to 74 years (around 4 to 5 per cent). The differences by age are statistically significant. Although age itself does not necessarily add to the degree of complexity, factors associated with age, for example increasing levels of ill health, numbers of medications or levels of disability may add extra complexity of providing care for older people.

Table 4.5.3

Complexity might be expected to increase with age, through wear and tear and the accumulated effects of disease and treatment. The question for the future is whether successive generations might be expected to show the same patterns as their elders. As can be seen from the trend sections above and also in the report *Disease and related disorders: a report from the Adult Dental Health Survey 2009*, the health of younger adults and their exposure to disease and treatment is distinctly better than observed in previous generations; those under 45 are starting from a healthier point. Consequently, there is now the

opportunity to ensure much improved health in the future. For the next 30 years the "baby boomers" are still likely to represent the group in greatest need of the most complex care as they age.

A high level of complexity (5+ conditions) was not associated with sex or geography, but the differences in levels of complexity when analysed by socio-economic classification of the household were significant. Dentate adults from routine and manual occupation households were less likely to have no indicators of complexity than those from managerial and professional occupation households (32 per cent compared with 42 per cent). In contrast, dentate adults from both routine and manual, and intermediate occupation households also had a higher proportion of people with five or more indicators (4 per cent in each), than adults from managerial and professional occupation households (2 per cent).

Table 4.5.3

Table 4.5.4 shows that dental complexity was also related to self-reported dental behaviour. For example, a greater proportion of dentate adults who said that they never go to the dentist had five of more indicators of complexity (6 per cent) than those adults who said that they go to the dentist for regular, or occasional check ups (2 per cent each). Similarly, 7 per cent of those dentate adults who said that they had not been to the dentist for more than 10 years had five of more indicators of complexity, compared with 2 per cent of those who said they had been in the previous 12 months. Five or more conditions were found in 11 per cent of people who never brush their teeth or brush them less than once a day compared 2 per cent who brush twice a day or more. Similarly, those people with visible plaque and those who were current smokers were significantly more likely to have five or more conditions than those dentate adults who had no visible plaque and those who were either ex-smokers or who had never smoked. These data on attendance, cleaning behaviours, cleaning effectiveness and smoking strongly suggest that practising preventive behaviours are associated with a lower level of complexity.

Table 4.5.4

Finally, a high level of dental anxiety, as measured by the MDAS scale⁶ discussed further in *Access and barriers to care - a report from the Adult Dental Health Survey 2009*, was also associated with a high degree of complexity. Dentate adults with a score of 19 or more on MDAS (indicating extreme dental anxiety) had five or more indicators of complexity (5 per cent). This compares with 2 per cent of dentate adults who scored 0 to 9 on the MDAS (indicating low/no dental anxiety). Adults with high levels of anxiety are relatively likely to require additional help to have any form of dental care, and if they are more likely to have complex treatment needs the need for that help will be compounded.

Table 4.5.4

Multivariate analysis

The relationship between a high level of dental complexity and social and behavioural factors was further explored using a multivariate logistic regression. This allows the complex relationships between the factors associated with excellent oral health to be accounted for. The model included sex, age, country, socio-economic classification of the household, two measures of dental attendance (pattern of attendance and when last attended), frequency of brushing, a measure of dental anxiety, and smoking status. Analysis was carried out using a forward stepwise method. The final model included only those variables that were significantly associated with the outcome of interest. The risk of having five or more complex factors was increased with age, being a current smoker, attending only when having trouble

with teeth or never attending, less frequent tooth cleaning and having visible plaque. Interestingly, reported cleaning frequency and plaque both appear in the model, inferring that making the effort to clean is important but how well you clean as indicated by the presence of plaque is also independently important.

Table 4.5.5

It should be remembered that the measures of complexity reported here are only related to present and historical patterns of oral disease. Complexity of treatment and of maintenance care will be moderated by other factors related to each person. The moderating factors will include age and chronic illness and medication.

4.5.2 Dental health and complexity of treatment

In order to give a complete picture of the population and put complexity into perspective, Figures 4.5.1 and 4.5.2 and Table 4.5.6 illustrate the distribution by age within the whole population of different levels of complexity (3+ indicators and 5+ indicators). The measure of excellent oral health⁷ is described in more detail in *Oral health and function – a report from the Adult Dental Health Survey 2009.*

Having 3 or more indicators would generally suggest either a fair degree of current need for dental care or the probability of significant future maintenance need or both. Those with 5 or more indicators of complexity represent a much smaller proportion of the population, but with a greater concentration of current and future needs and potentially the impact of more than one disease process. Both figures clearly show the concentration of complexity in the 45 and over age groups.

Figures 4.5.1 and 4.5.2 and Table 4.5.6



Figure 4.5.1 Dental health and complexity of treatment (5+ indicators) by age



Figure 4.5.2 Dental health and complexity of treatment (3+ indicators) by age

Figures 4.5.3 and 4.5.4 translate these proportions to numbers of people in the population with each level of complexity, within the context of the decline in the dentate population with increasing age. Again, the most complex needs are associated with the older post war "baby-boomer" generation.

Figures 4.5.3 and 4.5.4



Figure 4.5.3 Dental health and complexity of treatment (5+ indicators) by age (Numbers in population)



Figure 4.5.4 Dental health and complexity of treatment (3+ indicators) by age (Numbers in population)

Conclusion

Dental disease has lifelong impacts through the need for continued maintenance of treatments provided, even long after the disease has been eliminated. The heavy load resulting from high decay levels in previous generations is clearly illustrated by the large numbers of restorations in those currently aged 45 and over. The maintenance needs for their successors, those aged under 45, should become progressively lower provided that disease levels can be maintained at low levels and modern treatment philosophies are applied where treatment does become necessary.

The concentration of higher levels of disease in a relatively small number of people has been illustrated in *Disease and related disorders: a report from the Adult Dental health Survey 2009,* for both dental decay and periodontal disease, and a similar phenomenon is evident when looking at the distribution of restorations and restored surfaces.

Combining measures of restoration and disease into a crude complexity measure indicates the presence of a proportion of the population, most prevalent in late middle age but affecting all ages to some degree, who have combinations of conditions that would suggest particularly complex needs. This area needs further investigation but the regression models indicate the very strong association between relevant health behaviours and potential needs.

Notes and references

¹ Burke FJ, Lucarotti PS. (2009) How long do direct restorations placed within the general dental services in England and Wales survive? *Br Dent J*. Jan 10;206(1):E2; discussion 26-7

² Steele JG, Wassell RWW, Walls AWG. (2002) Crowns and other extra coronal restorations: Changing patterns and the need for quality. *Br Dent J*;192: 144-148.

³ 1998 criteria - Teeth which include a restoration but are now sound with no visual or cavitated decay and no damage to the restoration.

1988 criteria - Teeth which include a restoration but are now sound with no cavitated decay and no damage to the restoration.

⁴ PUFA (Pulp, Ulceration, Fistula, Abscess) is discussed in *Urgent Conditions – a report from the Adult Dental Health Survey 2009*

⁵ Sheiham A, Tsakos G. (2007) *Oral health needs assessments*. In: Pine C, Harris R (eds). Community Oral Health. Mew Malden: Quintessence Publishing Co. Limited; 59–79.

⁶ Humphris, Morrison, and Lindsay (1995) The Modified Dental Anxiety Scale: validation and United

Kingdom norms. Community Dent Health Sep 12 (3) 143-50

⁷ 21 or more natural teeth, 18 or more sound and untreated teeth and roots; no decay detected at any site; no periodontal pocketing of 4mm or more and no loss of attachment of 4mm or more; and no calculus or bleeding

Tables

Presentation of data

- Figures are rounded to the nearest whole value. This could have an impact on row or column percentages which may add to 99 per cent or 101 per cent.
- Where "0 per cent" is shown in a table, this indicates that fewer than 0.5 per cent of people gave this answer. Instances where no answers for a particular response were given are indicated in the tables by '-'.
- A few respondents did not answer some questions. These 'no answers' have been excluded from the analysis. Tables that describe the same population have slightly varying bases.
- The individual figures for unweighted sample sizes are rounded to the nearest 10 cases and may not add up to the figures shown in the totals.
- Small bases are associated with relatively high sampling errors and this affects the reliability of estimates. In general, percentage distribution is shown if the base is 30 or more. Where estimates are considered unreliable due to relatively high sampling error, figures in the tables are presented with a turquoise shaded background.

Dentate adults England, Wales and Northern			n Ireland: 2009
	Percentage with		
	one or more	Unweighted	Weighted
Characteristics of dentate adults	fillings [*]	bases	bases (000s)
All	84	6,470	42,918
Age			
16-24	53	640	6,724
25-34	75	910	7,090
35-44	90	1,280	8,509
45-54	97	1,200	7,198
55-64	96	1,160	6,448
65-74	94	810	4,109
75-84	91	390	2,347
85 and over	88	80	494
Sex			
Men	82	2,960	21,069
Women	87	3,510	21,849
Country			
England	84	5.620	39.420
Wales	86	420	2,204
Northern Ireland	91	430	1,295
English Strategic Health Authority			
North East	85	570	1.924
North West	88	600	5.218
Yorkshire & The Humber	84	500	3,912
East Midlands	80	710	3.382
West Midlands	86	490	3,973
East Of England	82	650	4,452
London	79	400	6,016
South East Coast	84	450	3,314
South Central	81	610	3,204
South West	89	660	4,026
Socio-economic classification of household ¹			
Managerial and professional occupations	85	2,590	16,923
Intermediate occupations	88	1,180	7,797
Routine and manual occupations	82	2,020	13,612

Table 4.1.1 Fillings (crown and root surfaces) by characteristics of dentate adults

^{*} crowns and roots

¹ Excludes people in households where the household reference person was not interviewed.

Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Table 4.1.2 Mean number of fillings (crown and root surfaces) by characteristics of dentate adults

Dentate adults with one or more filling			Englai	nd, Wales and Northerr	n Ireland: 2009
Characteristics of dentate adults	Mean number of filled teeth	Mean number of filled surfaces	Ratio of filled surfaces per filled tooth	Unweighted bases	Weighted bases (000s)
All	7.2	15.7	2.1	5,710	36,099
Age					
16-24	3.4	5.6	1.6	360	3,560
25-34	5.1	9.2	1.7	710	5,331
35-44	6.8	13.3	1.9	1,180	7,651
45-54	9.1	20.2	2.2	1,170	6,974
55-64	8.9	21.3	2.3	1,110	6,159
65-74	8.3	20.9	2.5	760	3.847
75-84	6.9	17.8	2.6	360	2.142
85 and over	6.0	15.6	2.5	70	436
Sex					
Men	7.1	15.6	2.1	2.570	17.191
Women	7.3	15.9	2.0	3,140	18,908
Country					
England	7 1	15.6	21	4 930	33 012
Wales	7.1	15.0	2.1	370	1 906
Northern Ireland	8.7	19.8	2.2	400	1,181
English Stratagia Haalth Authority					
North East	67	14.5	2.1	510	1 626
North West	0.7	14.5	2.1	510	1,020
Notici West	7.5	10.0	2.1	540	4,009
ForkShille & The Humber	6.9 6.0	15.2	2.1	440 610	3,270
East Midlanda	6.9 6.0	15.2	2.0	010	2,710
Fact Of England	0.9	15.7	2.1	4 4 0	3,404
	7.0	13.7	2.0	220	3,009
London South East Coast	0.7 6 0	13.4	1.9	330	4,731
South Control	0.9	17.1	2.1	400 520	2,709
South West	8.0 7 7	17.0	2.1	520	2,003
South West	1.1	17.0	2.1	670	3,560
Socio-economic classification of household ¹	_		_		
Managerial and professional occupations	7.7	17.1	2.1	2,320	14,400
Intermediate occupations	7.4	16.3	2.1	1,080	6,842
Routine and manual occupations	6.4	13.9	2.0	1,740	11,228

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had

never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Table 4.1.3 Fillings (crowns and root surfaces) by reported dental behaviour

Dentate adults	England, Wales a	nd Northern Ire	eland: 2009
	Percentage with		Weighted
	one or more	Unweighted	bases
Reported dental behaviour	fillings [*]	bases	(000s)
All	84	6,470	42,918
Dental attendance			
Regular check up	89	4,380	26,817
Occasional check up	78	550	4,278
Only with trouble	77	1,450	11,063
Never goes to the dentist	38	80	710
Time since last dental visit ¹			
Less than 1 year	88	4,960	31,309
Between 1 and 5 years	80	970	7,393
Over 5 up to 10 years	73	260	2,068
Over 10 years	59	200	1,425
Frequency of teeth cleaning			
Twice a day or more	84	4,820	31,782
Once a day	85	1,450	9,704
Never/less than once a day	76	180	1,321

^{*} crowns and roots

¹ Excludes people who had never been to dentist

Table 4.1.4 Mean number of fillings (crowns and root surfaces) by reported dental behaviour

Dentate adults with one or more filling			England,	Wales and Northern I	reland: 2009
Reported dental behaviour	Mean number of filled teeth	Mean number of filled surfaces	Ratio of filled surfaces per filled tooth	Unweighted bases	Weighted bases (000s)
All	7.2	15.7	2.1	5,710	36,099
Dental attendance					
Regular check up	8.0	18.1	2.2	4,040	23,874
Occasional check up	6.3	12.9	1.9	460	3.354
Only with trouble	5.4	10.6	1.9	1,170	8,570
Never goes to the dentist	2.9	5.4	1.8	40	267
Time since last dental visit ¹					
Less than 1 year	7.7	17.3	2.1	4.540	27.572
Between 1 and 5 years	5.6	11.2	1.9	810	5,890
Over 5 up to 10 years	5.8	10.7	1.8	200	1.514
Over 10 years	4.8	9.2	1.7	130	847
Frequency of teeth cleaning					
Twice a day or more	7.4	16.2	2.1	4,270	26,796
Once a day	6.7	14.6	2.1	1.280	8.223
Never/less than once a day	5.7	12.5	2.0	150	1,000

¹ Excludes people who had never been to dentist

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Dentate adults England, Wales and Northern Ire			ern Ireland: 2009	
Percentage with				
	one or more	Unweighted	Weighted bases	
Characteristics of dentate adults	crowns	bases	(000s)	
All	37	6,470	42,918	
Age				
16-24	5	640	6,724	
25-34	15	910	7,090	
35-44	34	1,280	8,509	
45-54	55	1,200	7,198	
55-64	58	1,160	6,448	
65-74	59	810	4,109	
75-84	53	390	2,347	
85 and over	41	80	494	
Sex				
Men	34	2,960	21,069	
Women	40	3,510	21,849	
Country				
England	37	5,620	39,420	
Wales	37	420	2,204	
Northern Ireland	31	430	1,295	
English Strategic Health Authority				
North East	31	570	1,927	
North West	39	600	5,204	
Yorkshire & The Humber	35	500	1,924	
East Midlands	32	710	5,218	
West Midlands	37	490	3,912	
East Of England	38	650	3,382	
London	37	400	3,973	
South East Coast	40	450	4,452	
South Central	41	610	6,016	
South West	37	660	3,314	
Socio-economic classification of household ¹				
Managerial and professional occupations	39	2,590	16,923	
Intermediate occupations	42	1,180	7,797	
Routine and manual occupations	32	2,020	13,612	

Table 4.1.5 Crowns by characteristics of dentate adults

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Table 4.1.6 Crowns by reported dental behaviour

Dentate adults	England, Wales and Northern Ireland: 2009			
	Percentage with			
	one or more	Unweighted	Weighted bases	
Reported dental behaviour	crowns	bases	(000s)	
All	37	6.470	42.918	
	-	-, -	,	
Dental attendance				
Regular check up	44	4,380	26,817	
Occasional check up	31	550	4,278	
Only with trouble	23	1,450	11,063	
Never goes to the dentist	7	80	710	
Time since last dental visit ¹				
Less than 1 year	43	4,960	31,309	
Between 1 and 5 years	24	970	7,393	
Over 5 up to 10 years	17	260	2,068	
Over 10 years	8	200	1,425	
Frequency of teeth cleaning				
Twice a day or more	38	4,820	31,782	
Once a day	34	1,450	9,704	
Never/less than once a day	24	180	1,321	

¹ Excludes people who had never been to dentist

Dentate adults with one or more crowns	England, Wales and Northern Ireland: 2			
		Unweighted	Weighted	
Characteristics of dentate adults	Mean number of crowns	bases	bases (000s)	
All	3.0	2,630	15,833	
Age				
16-44	2.0	630	4,281	
45-64	3.3	1,300	7,704	
65 and over	3.5	700	3,848	
Sex				
Men	3.0	1,130	7,193	
Women	3.1	1,490	8,640	
Country				
England	3.0	2,310	14,618	
Wales	2.8	170	813	
Northern Ireland	2.5	150	402	
English Strategic Health Authority				
North East	2.7	200	601	
North West	2.7	260	2,058	
Yorkshire & The Humber	3.3	190	1,361	
East Midlands	2.9	270	1,080	
West Midlands	2.9	200	1,476	
East Of England	3.3	270	1,683	
London	3.2	160	2,220	
South East Coast	3.1	200	1,339	
South Central	3.3	290	1,300	
South West	2.8	270	1,499	
Socio-economic classification of household ¹				
Managerial and professional occupations	3.3	1,140	6,639	
Intermediate occupations	2.9	520	3,247	
Routine and manual occupations	2.7	700	4,328	

Table 4.1.7 Mean number of crowns by characteristics of dentate adults

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Dentate adults	England, Wales and Northern Ireland: 2009			
Characteristics of dentate adults	Percentage with one or more restored teeth	Unweighted bases	Weighted bases (000s)	
All	85	6,470	42,918	
Age				
16-24	56	640	6,724	
25-34	76	910	7,090	
35-44	91	1,280	8,509	
45-54	97	1,200	7,198	
55-64	96	1,160	6,448	
65-74	96	810	4,109	
75-84	93	390	2,347	
85 and over	92	80	494	
Sex				
Men	83	2,960	21,069	
Women	88	3,510	21,849	
Country				
England	85	5,620	39,420	
Wales	87	420	2,204	
Northern Ireland	92	430	1,295	
English Strategic Health Authority				
North East	86	570	1,924	
North West	89	600	5,218	
Yorkshire & The Humber	85	500	3,912	
East Midlands	81	710	3,382	
West Midlands	86	490	3,973	
East Of England	84	650	4,452	
London	80	400	6,016	
South East Coast	86	450	3,314	
South Central	83	610	3,204	
South West	90	660	4,026	
Socio-economic classification of household	1			
Managerial and professional occupations	86	2,590	16,923	
Intermediate occupations	89	1,180	7,797	
Routine and manual occupations	84	2,020	13,612	

Table 4.2.1 Restored teeth, including roots, by characteristics of dentate adults

^{*} crowns and roots

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Table 4.2.2 Mean number of restored teeth and surfaces, including roots, by characteristics of dentate adults

Dentate adults with one or more restored teeth	(including roots)	Englar	nd, Wales and Northern	Ireland: 2009
	Mean number	Mean number		
	of restored	of restored	Unweighted	Weighted
Characteristics of dentate adults	teeth	surfaces	bases	bases (000s)
All	8.6	21.2	5,780	36,629
Age				
16-24	3.4	6.0	380	3,747
25-34	5.5	10.5	720	5,415
35-44	7.8	16.8	1,190	7,726
45-54	11.0	27.4	1,170	6,974
55-64	11.4	31.0	1,120	6,202
65-74	11.0	30.5	780	3,931
75-84	9.1	24.6	370	2,179
85 and over	7.6	20.7	70	454
Sex				
Men	8.4	20.6	2,600	17,445
Women	8.8	21.7	3,180	19,184
Country				
England	8.6	21.1	5,000	33,514
Wales	8.6	20.3	380	1,926
Northern Ireland	9.7	24.1	410	1,189
English Strategic Health Authority				
North East	7.6	18.8	510	1,657
North West	8.6	21.6	540	4,666
Yorkshire & The Humber	8.3	20.5	440	3,333
East Midlands	8.2	20.3	610	2,748
West Midlands	8.5	21.3	440	3,430
East Of England	8.6	21.8	560	3,722
London	8.5	18.3	330	4,822
South East Coast	8.4	20.9	410	2,847
South Central	9.6	24.8	530	2,671
South West	9.1	23.3	620	3,617
Socio-economic classification of household	1			
Managerial and professional occupations	9.4	23.3	2,340	14,570
Intermediate occupations	8.8	21.9	1,200	6,978
Routine and manual occupations	7.6	18.2	1,770	11,406

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Table 4.2.3 Restored teeth, including roots, by reported dental behaviour

Dentate adults	England,	Wales and Northern	Ireland: 2009
Reported dental behaviour	Percentage with one or more restored teeth [*]	Unweighted bases	Weighted bases (000s)
All	85	6,470	42,918
Dental attendance Regular check up Occasional check up Only with trouble Never goes to the dentist	90 79 79 39	4,380 550 1,450 80	26,817 4,278 11,063 710
Time since last dental visit ¹ Less than 1 year Between 1 and 5 years Over 5 up to 10 years Over 10 years	89 81 74 60	4,960 970 260 200	31,309 7,393 2,068 1,425
Frequency of teeth cleaning Twice a day or more Once a day Never/less than once a day	85 86 78	4,820 1,450 180	31,782 9,704 1,321

crowns and roots

¹ Excludes people who had never been to dentist

Table 4.2.4 Mean number of restored teeth/surfaces, including roots, by reported dental behaviour

Dentate adults with one or more restored teeth (including roots)		England,	Wales and Northern Ireland: 2009		
		Mean number			
	Mean number of	of restored	Unweighted	Weighted	
Reported dental behaviour	restored teeth	surfaces	bases	bases (000s)	
All	8.6	21.2	5,780	36,629	
Dental attendance					
Regular check up	9.7	24.7	4,080	24,155	
Occasional check up	7.5	17.4	470	3,393	
Only with trouble	6.2	13.5	1,200	8,770	
Never goes to the dentist	3.4	7.6	40	276	
Time since last dental visit ¹					
Less than 1 year	9.4	23.6	4,600	27,976	
Between 1 and 5 years	6.5	14.3	820	5,984	
Over 5 up to 10 years	6.3	12.4	210	1,529	
Over 10 years	5.1	10.2	130	853	
Frequency of teeth cleaning					
Twice a day or more	8.9	21.9	4,320	27,173	
Once a day	7.9	19.5	1,300	8,348	
Never/less than once a day	6.6	16.4	150	1,028	

¹ Excludes people who had never been to dentist

Table 4.2.5 Distribution of restored teeth and surfaces, including roots, by characteristics of dentate adults

Dentate adults								
	Number of re	stored teet	h	Number of re	stored surf	aces		
	25th		75th	25th		75th	Unweighted	Weiahted
Characteristics of dentate adults	percentile	Median	percentile	percentile	Median	percentile	bases	bases (000s)
All	2	7	12	3	13	28	6,470	42,918
Age								
16-24	0	1	3	0	1	5	640	6,724
25-34	1	3	6	1	5	12	910	7,090
35-44	3	7	10	5	12	21	1,280	8,509
45-54	7	11	14	13	24	37	1,200	7,198
55-64	7	11	15	13	27	43	1,160	6,448
65-74	6	11	15	13	27	42	810	4,109
75-84	4	8	12	8	21	32	390	2,347
85 and over	2	7	11	5	14	27	80	494
Sex								
Men	2	6	11	2	12	26	2,960	21,069
Women	3	7	12	4	14	29	3,510	21,849
Country								
England	2	7	11	3	13	28	5,620	39,420
Wales	3	7	11	4	13	27	420	2,204
Northern Ireland	5	9	13	7	19	32	430	1,295
English Strategic Health Authority								
North East	2	6	10	3	11	24	570	1,924
North West	3	7	12	5	15	29	600	5,218
Yorkshire & The Humber	2	7	11	4	12	26	500	3,912
East Midlands	1	6	11	2	11	26	710	3,382
West Midlands	2	6	11	4	12	29	490	3,973
East Of England	2	6	11	3	11	29	650	4,452
London	1	5	11	2	9	21	400	6,016
South East Coast	2	7	12	3	13	28	450	3,314
South Central	2	8	13	3	15	32	610	3,204
South West	3	8	12	4	16	32	660	4,026
Socio-economic classification of household	1							
Managerial and professional occupations	3	8	13	4	15	31	2,590	16,923
Intermediate occupations	3	7	12	5	14	30	1,180	7,797
Routine and manual occupations	2	6	10	2	10	23	2,020	13,612

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Dentate adults with one or more restored teeth (i	England, Wales and Northern Ireland: 2009			
Characteristics of dentate adults with one	Percentage with restorations with secondary decay	Percentage with secondary decay or unsound restorations	Unweighted	Weighted bases
or more restored teeth	(including roots)	(including roots)	bases	(000s)
All	9	26	5,780	36,629
Age				
16-24	7	15	380	3,747
25-34	10	22	720	5,415
35-44	8	24	1,190	7,726
45-54	9	30	1,170	6,974
55-64	8	32	1,120	6,202
65-74	8	30	780	3,931
75-84	13	33	370	2,179
85 and over	7	32	70	454
Sex				
Men	10	28	2,600	17,445
Women	8	25	3,180	19,184
Country				
England	8	26	5,000	33,514
Wales	15	32	380	1,926
Northern Ireland	5	21	410	1,189
English Strategic Health Authority				
North East	9	28	510	1,657
North West	7	24	540	4,666
Yorkshire & The Humber	9	26	440	3,333
East Midlands	7	28	610	2,748
West Midlands	15	33	440	3,430
East Of England	5	14	560	3,722
London	6	31	330	4,822
South East Coast	3	16	410	2,847
South Central	7	25	530	2,671
South West	14	38	620	3,617
Socio-economic classification of household ¹				
Managerial and professional occupations	7	24	2,340	14,570
Intermediate occupations	. 9	26	1,200	6,978
Routine and manual occupations	11	28	1,770	11,406

Table 4.2.6 Condition of restorations by characteristics of dentate adults

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Table 4.2.7 Condition of restorations by reported dental behaviour

Dentate adults with one or more rest	England,	Wales and Northern	Ireland: 2009	
		Percentage with		
	Percentage with	secondary decay		
Reported dental behaviour of	restorations with	or unsound		
adults with one or more restored	secondary decay	restorations	Unweighted	Weighted
teeth	(including roots)	(including roots)	bases	bases (000s)
All	9	26	5,780	36,629
Dental attendance				
Regular check up	7	24	4,080	24,155
Occasional check up	10	29	470	3,393
Only with trouble	12	31	1,200	8,770
Never goes to the dentist	25	38	40	276
Time since last dental visit ¹				
Less than 1 year	7	25	4,600	27,976
Between 1 and 5 years	11	31	820	5,984
Over 5 up to 10 years	13	33	210	1,529
Over 10 years	18	38	130	853
Frequency of teeth cleaning				
Twice a day or more	8	25	4,320	27,173
Once a day	10	28	1,300	8,348
Never/less than once a day	18	36	150	1,028

¹Excludes people who had never been to dentist

Dentate adults						England: 1978-2009
	Mean number o	of restored other	wise sound tee	eth 1998 criteria		
	1978	1988	1998	1998	2009 (adjusted)*	2009 (unadjusted)
All	8.1	8.4	8.0	7.8	6.8	6.7
Age 16-24	7.8	5.2	2.6	2.4	1.7	1.6
25-34	10.0	9.9	7.1	6.9	3.8	3.6
35-44	9.0	11.2	9.8	9.6	6.9	6.5
45-54	7.2	9.8	11.2	10.9	10.0	9.9
55-64		\int]	9.0	10.2	10.2
65 and over	4.9	6.3 ح	8.4 ح	7.7	8.6	8.7

Table 4.3.1 Mean number of restored, otherwise sound teeth by age, England: 1978-2009

*age groups adjusted - see Section 4.3

Table 4.4.1 Dentures by characteristics of adults

All adults						England, Wales	and Northern Ire	eland: 2009
Characteristics of adults	Nati	ural teeth only	Natural teeth and dentures	Edentate with dentures	Edentate, no dentures	Percentage with dentures	Unweighted bases	Weighted bases (000s)
All	%	81	13	6	0	19	11,380	45,621
Age								
16-44	%	97	3	0	-	3	4,590	22,349
45-54	%	88	11	1	0	12	2,040	7,449
55-64	%	71	23	5	0	29	1,960	6,675
65-74	%	55	30	15	0	45	1,530	4,729
75 and over	%	29	37	33	1	70	1,250	4,419
Sex								
Men	%	83	12	5	0	17	5,080	22,137
Women	%	79	14	7	0	21	6,290	23,484
Country								
England	%	81	13	6	0	19	9,660	41,790
Wales	%	75	15	10	0	25	1,000	2,437
Northern Ireland	%	80	13	7	0	20	720	1,394
English Strategic Health Authority								
North East	%	77	15	8	0	23	990	2,107
North West	%	78	15	7	-	22	970	5,568
Yorkshire & The Humber	%	78	15	7	0	22	1,020	4,247
East Midlands	%	82	12	6	0	18	1,130	3,614
West Midlands	%	76	16	8	0	24	880	4,357
East Of England	%	85	11	4	0	15	1,030	4,632
London	%	87	9	4	0	13	760	6,196
South East Coast	%	82	13	5	-	18	900	3,497
South Central	%	86	12	2	0	14	970	3,283
South West	%	79	16	5	0	21	1,010	4,288
Socio-economic classification of househo	ld ¹							
Managerial and professional occupations	%	88	9	2	0	12	4,030	16,459
Intermediate occupations	%	81	14	5	0	19	2,010	7,923
Routine and manual occupations	%	73	17	10	0	27	3,830	15,302

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Table 4.4.2 Types of denture by characteristics of dentate adults

Dentate adults						England, Wa	les and Northern	Ireland: 2009
			Partial	Partial	Complete denture in one arch.	Complete denture in		
		Natural	denture in	dentures in	partial in	one arch	Unweighted	Weighted
Characteristics of dentate adults		teeth only	one arch	both arches	other	only	bases	bases (000s)
All	%	89	7	2	1	1	6,470	42,918
Age								
16-44	%	98	1	0	0	0	2.840	22.323
45-54	%	93	6	1	0	1	1.200	7.198
55-64	%	81	12	4	1	2	1.160	6.448
65-74	%	71	17	4	3	4	810	4.109
75 and over	%	43	27	11	11	7	470	2,840
Sex								
Men	%	89	7	2	1	1	2,960	21,069
Women	%	88	7	2	1	1	3,510	21,849
Country								
England	%	89	7	2	1	1	5.620	39,420
Wales	%	85	8	2	2	3	420	2,204
Northern Ireland	%	91	6	1	1	2	430	1,295
English Strategic Health Authority								
North East	%	87	8	1	1	2	570	1,924
North West	%	88	8	3	1	1	600	5.218
Yorkshire & The Humber	%	89	7	1	1	1	500	3,912
East Midlands	%	90	6	2	1	2	710	3,382
West Midlands	%	86	9	1	2	1	490	3,973
East Of England	%	91	5	3	1	1	650	4,452
London	%	92	4	2	1	1	400	6.015
South East Coast	%	87	7	2	2	2	450	3.314
South Central	%	90	6	1	2	1	610	3.204
South West	%	86	9	2	1	1	660	4,026
Conta anomalia algorithm of the second state	1							
Socio-economic classification of household	0/	00	-				0.500	16 000
ivianagenai and professional occupations	%	92	5	1	1	1	2,590	16,923
Intermediate occupations	%	87	8	2	1	2	1,180	7,797
Routine and manual occupations	%	84	9	3	1	2	2,020	13,612

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Dentate adults	England, Wa	les and Northern	Ireland: 2009
	Percentage with at		
	least one dental	Unweighted	Weighted
Characteristics of dentate adults	bridge	bases	bases (000s)
All	7	6,470	42,918
Age			
16-44	3	2,840	22,323
45-54	10	1,200	7,198
55-64	14	1,160	6,448
65-74	14	810	4,109
75 and over	7	470	2,840
Sex			
Men	7	2,960	21,069
Women	8	3,510	21,849
Country			
England	7	5,620	39,420
Wales	6	420	2,204
Northern Ireland	6	430	1,295
English Strategic Health Authority			
North East	7	570	1,924
North West	8	600	5,218
Yorkshire & The Humber	6	500	3,912
East Midlands	7	710	3,382
West Midlands	8	490	3,973
East Of England	9	650	4,452
London	8	400	6,016
South East Coast	6	450	3,314
South Central	7	610	3,204
South West	7	660	4,026
Socio-economic classification of household	j ¹		
Managerial and professional occupations	8	2,590	16,923
Intermediate occupations	9	1,180	7,797
Routine and manual occupations	7	2,020	13,612

Table 4.4.3 Dental bridges by characteristics of dentate adults

¹ Excludes people in households where the household reference person was not interviewed.

Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Table 4.4.4 Dental bridges by reported dental behaviour

Dentate adults	entate adults England, Wales and Northern Irelan			
	Percentage with at		Weighted	
	least one dental	Unweighted	bases	
Reported dental behaviour	bridge	bases	(000s)	
All	7	6,470	42,918	
Dental attendance				
Regular check up	9	4,380	26,817	
Occasional check up	5	550	4,278	
Only with trouble	5	1,450	11,063	
Never goes to the dentist	2	80	710	
Time since last dental visit ¹				
Less than 1 year	9	4,960	31,309	
Between 1 and 5 years	4	970	7,393	
Over 5 up to 10 years	5	260	2,068	
Over 10 years	1	200	1,425	
Frequency of teeth cleaning				
Twice a day or more	8	4,820	31,782	
Once a day	7	1,450	9,704	
Never/less than once a day	5	180	1,321	

¹ Excludes people who had never been to dentist

Dentate adults England, Wales and Northern Irelan			Ireland: 2009
	Percentage with		
	at least one	Unweighted	Weighted
Characteristics of dentate adults	implant	bases	bases (000s)
All	1	6,470	42,918
Age			
16-24	1	640	6,724
25-34	0	910	7,090
35-44	1	1,280	8,509
45-54	1	1,200	7,198
55-64	1	1,160	6,448
65-74	2	810	4,109
75-84	2	390	2,347
85 and over	2	80	494
Sex			
Men	1	2,960	21,069
Women	1	3,510	21,849
Country			
England	1	5,620	39,420
Wales	0	420	2,204
Northern Ireland	1	430	1,295
English Strategic Health Authority			
North East	1	570	1,924
North West	0	600	5,218
Yorkshire & The Humber	1	500	3,912
East Midlands	1	710	3,382
West Midlands	2	490	3,973
East Of England	1	650	4,452
London	1	400	6,016
South East Coast	1	450	3,314
South Central	2	610	3,204
South West	0	660	4,026
Socio-economic classification of househol	d ¹		
Managerial and professional occupations	1	2,590	16,923
Intermediate occupations	2	1,180	7,797
Routine and manual occupations	1	2,020	13,612

Table 4.4.5 Implants by characteristics of dentate adults

¹ Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Dentate adults	England, Wales	and Norther	n Ireland: 2009
			Percentage with
Condition			individual conditions
Restored surfaces: top q	uintile		21
Crowns: highest quintile			16
Denture/bridge/implant			20
One or more quadrant wi and/or loss of attachmen	th pocketing of 6mm t of 9mm or more	n or more	9
Active (primary or second	dary) decay in crowr	or root	31
Active decay: top quintile			6
PUFA score greater than tooth	zero and/or an unre	estorable	12
OHIP: at least one proble 12 months	em fairly or very ofte	n in last	16
Unweighted bases Weighted bases (000s)			6,470 42,918

Table 4.5.1 Prevalence of complexity: individual conditions

	England, Wales
	and Northern
Dentate adults	Ireland: 2009
Number of conditions ¹	
	%
0	37
1	27
2	18
3	10
4	5
5	2
6	0
7	0
8	0
Unweighted bases Weighted bases (000's)	6,470 42,918

Table 4.5.2 Aggregated complexity scores

¹ See table 4.5.1 for list of conditions

Table 4.5.3 Complexity score by characteristics of dentate adults

Dentate adults England, Wales and Northern Ireland: 2009									
			Complexity score ¹				Unweighted	Weighted	
Characteristics of dentate adults		0	1	2	3	4	5+	bases	bases
All	%	37	27	18	10	5	3	6,470	42,918
Age									
16-24	%	62	26	6	3	2	0	640	6,724
25-34	%	51	27	11	6	3	2	910	7,090
35-44	%	47	27	15	6	4	2	1,280	8,509
45-54	%	30	28	19	13	6	4	1,200	7,198
55-64	%	17	24	29	16	9	5	1,160	6,448
65-74	%	15	25	29	19	8	4	810	4,109
75-84	%	9	31	25	19	8	8	390	2,347
85 and over	%	6	37	29	12	9	6	80	494
Sex									
Men	%	37	26	17	11	6	3	2,960	21,069
Women	%	37	27	18	10	5	3	3,510	21,849
Country									
England	%	37	27	18	10	5	3	5 620	39 420
Wales	%	30	26	21	13	6	4	420	2.204
Northern Ireland	%	41	25	15	12	5	3	430	1,295
English Strategic Health Authority									
North East	%	37	27	16	10	7	3	570	1,924
North West	%	36	25	20	12	5	3	600	5,218
Yorkshire & The Humber	%	38	26	19	9	5	3	500	3,912
East Midlands	%	38	30	15	8	5	3	710	3,382
West Midlands	%	32	28	19	10	8	3	490	3,973
East Of England	%	41	28	15	9	4	3	650	4,452
London	%	40	26	16	12	4	2	400	6.016
South East Coast	%	40	25	19	8	5	3	450	3,314
South Central	%	39	28	16	10	5	2	610	3,204
South West	%	31	27	18	12	8	3	660	4,026
Socio-economic classification of househo	old ²								
Managerial and professional occupations	%	42	27	16	9	4	2	2,590	16,923
Intermediate occupations	%	36	24	19	13	5	4	1,180	7,797
Routine and manual occupations	%	32	27	19	12	7	4	2,020	13,612

¹ See table 4.5.1 for list of conditions that contribute to complexity score

² Excludes people in households where the household reference person was not interviewed. Respondents whose head of household/household reference person was a full time student, in the Armed Forces, had an inadequately described occupation, had never worked or were long-term unemployed are not shown as separate categories but are included in the total.

Dentate adults	England, Wales and Northern Ireland: 2009								
	Complexity score								
								Unweighted	Weighted
Reported dental behaviour		0	1	2	3	4	5+	bases	bases (000s)
All	%	37	27	18	10	5	3	6,470	42,918
Dental attendance									
Regular check up	%	39	26	19	10	4	2	4,380	26,817
Occasional check up	%	44	26	15	10	3	2	550	4,278
Only with trouble	%	30	28	17	12	9	5	1,450	11,063
Never goes to the dentist	%	41	24	6	16	8	6	80	710
Time since last dental visit ¹									
Less than 1 year	%	38	26	19	10	5	2	4,960	31,309
Between 1 and 5 years	%	38	28	15	10	5	4	970	7,393
Over 5 up to 10 years	%	28	29	19	12	8	4	260	2,068
Over 10 years	%	27	27	13	16	10	7	200	1,425
Frequency of teeth cleaning									
Twice a day or more	%	39	27	17	9	5	2	4,820	31,782
Once a day	%	32	26	18	13	7	4	1,450	9,704
Never/less than once a day	%	19	19	21	17	13	11	180	1,321
Plaque									
Visible plaque	%	32	27	19	12	7	4	4,220	28,430
No visible plaque	%	47	25	15	8	3	1	2,250	14,488
Smoking status									
Current smoker	%	29	25	18	13	10	5	1,270	8,937
Ex-smoker	%	36	26	19	12	5	2	2,240	1 <i>4</i> ,186
Never smoked	%	41	28	17	8	4	2	2,960	19,734
MDAS score									
0-9	%	35	27	19	11	5	2	3,290	21,233
10-18	%	41	25	17	10	5	3	2,320	15,584
19+	%	30	30	16	11	9	5	730	5,012

Table 4.5.4 Complexity score by reported dental behaviour

¹Excludes people who had never been to dentist

Table 4.5.5 Estimated odds ratios for a complexity score of 5 or more

Dentate adults England, Wales, Northern Ireland: 200							
Variable							
	N	Odds ratio	p-value'	Lower	Upper		
Age (p<0.001)							
16-24	650	1					
25-34	910	5.61	0.027	1.22	25.80		
35-44	1,280	7.45	0.008	1.70	32.60		
45-54	1,200	19.44	0.000	4.94	76.52		
55-64	1,160	22.77	0.000	5.36	96.64		
65 and over	1,280	25.26	0.000	6.20	102.89		
Pattern of dental attendance (p<0.001)							
Regular check-up	4,380	1					
Occasional check-up	550	1.22	0.520	0.67	2.23		
Only with trouble	1,450	2.08	<0.001	1.47	2.94		
Never	90	3.32	0.007	1.39	7.95		
Frequency of teeth cleaning (p<0.001)							
Twice a day or more	4,820	1					
Once a day	1,450	1.50	0.015	1.08	2.08		
Never/less than once a day	200	3.27	<0.001	2.00	5.36		
Plaque (p<0.001)							
No plaque	2,250	1					
Has plaque	4,220	1.99	< 0.001	1.37	2.87		
Smoking status (p<0.001)							
Never smoked	2,960	1					
Ex-smoker	2,240	0.84	0.323	0.59	1.19		
Current smoker	1,270	1.88	<0.001	1.33	2.65		

¹P-value for each variable excludes missing values.

Table 4.5.6 Dental health and complexity of treatment by age

All adults	England, Wales and Northern Ireland: 2009								
	Age								
							75 and		
Dental health and complexity	16-24	25-34	35-44	45-54	55-64	65-74	over		
	%	%	%	%	%	%	%	%	
Excellent oral health ¹	23	16	12	5	1	1	0	9	
Dentate, not complex	76	83	86	90	89	81	61	82	
Dentate, very complex (score 5+)	0	2	2	4	5	3	5	3	
Edentate	-	0	0	1	5	15	34	6	
	%	%	%	%	%	%	%	%	
Excellent oral health ¹	23	16	12	5	1	1	0	9	
Dentate, not complex	70	74	76	71	65	57	44	67	
Dentate, complex (score 3+)	6	11	12	23	28	27	23	18	
Edentate	-	0	0	1	5	15	34	6	
Unweighted bases	1,040	1,500	2,050	2,040	1,960	1,530	1,250	11,380	
Weighted bases (000s)	6,691	7,248	8,410	7,455	6,678	4,729	4,419	45,629	

¹21+ teeth, and 18+ sound and untreated teeth and roots, no active decay and periodontally healthy (pocketing or LoA less than 4mm) in all sextants, no calculus or bleeding.

Published by The NHS Information Centre for health and social care Part of the Government Statistical Service

ISBN 978-1-84636-531-7

This publication may be requested in large print or other formats.

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