

The Health Survey for England 2009 – Household Questionnaire

**P2927**                      **The Health Survey for England 2009**  
**Programme Documentation**  
**Household Questionnaire**

**Point**

SAMPLE POINT NUMBER.

Range:1..997

**Address**

ADDRESS NUMBER.

Range: 1..97

**Hhold**

HOUSEHOLD NUMBER.

Range: 1..9

**AdrField**

PLEASE ENTER THE FIRST TEN CHARACTERS OF THE FIRST LINE OF THE ADDRESS TAKEN FROM A.R.F. ADDRESS LABEL. MAKE SURE TO TYPE IT EXACTLY AS IT IS PRINTED.

Text: Maximum 10 characters.

**First**

INTERVIEWER: FOR YOUR INFORMATION YOU ARE IN THE QUESTIONNAIRE FOR

Point no: (Point number)

Address no: (Address number)

Household no: (Household number)

**DateOK**

Today's date according to the laptop is (*date*). Is this the correct start date of this interview?

**WhoHere**

INTERVIEWER: COLLECT THE NAMES OF THE PEOPLE IN THIS HOUSEHOLD.

1        Continue

**IF First person in household OR More=Yes THEN**

**Name**

What is the name of person number (1-12)?

ENTER PERSON'S FORENAME

**More**

Is there anyone else in this household?

1        Yes

2 No

ENDIF

**(Name and More repeated for up to 12 household members)**

*HHSize*

*Derived household size.*

*Range: 1..12*

**SizeConf**

So, can I check, altogether there are ( *x* ) number from *HHSize* ) people in your household?

- 1 Yes
- 2 No, more than ( *x* )
- 3 No, less than ( *x* )

**HOUSEHOLD COMPOSITION GRID FOR ALL HOUSEHOLD MEMBERS  
(MAXIMUM 12)**

*Person*

*Person number in Household Grid*

*Range: 1..12*

*Name*

*First name from WhoHere*

**Sex**

INTERVIEWER: CODE (name of respondent's) SEX.

- 1 Male
- 2 Female

**DoB**

What is (name of respondent's) date of birth?

Enter Date in numbers, Eg. 02/01/1972.

**AgeOf**

Can I check, what was (name of respondent's) age last birthday?

Range: 0..120

**IF AgeOf = NONRESPONSE THEN**

**AgeEst**

INTERVIEWER CODE: ASK IF NECESSARY (are you / is he/she) AGED UNDER 2 YEARS,  
AT LEAST 2 UP TO 15 YEARS, OR 16 YEARS OR OLDER?

IF NOT KNOWN, TRY TO GET BEST ESTIMATE.

- 1 Under 2 years
- 2 2 to 15 years
- 3 16 to 64 years
- 4 65 and over

ENDIF

**IF (AgeOf >=16) OR (AgeEst = 16 years or older) THEN**

**MarStat**

Are you (is he/she)

ASK OR RECORD. CODE FIRST THAT APPLIES.

- 1 ...single, that is never married,
- 2 married and living with (*husband/wife*),
- 3 civil partner in a legally recognised Civil Partnership
- 4 married and separated from (*husband/wife*),
- 5 divorced,
- 6 or, widowed?
- 7 formerly in a legally recognised civil partnership and separated from civil partner
- 8 formerly in a legally recognised civil partnership and civil partnership is now legally dissolved
- 9 a surviving civil partner (his/her partner has since died)

**IF (more than one person aged 16+ in household) AND (MarStat = single OR married and separated OR divorced OR widowed) THEN**

**Couple**

May I just check, are you (is *he/she*) living with anyone in this household as a couple?

ASK OR RECORD

- 1 Yes
- 2 No
- 3 SPONTANEOUS ONLY - same sex couple

**ENDIF**

**ENDIF**

**IF AgeOf = 16 - 17 THEN**

**LegPar**

Can I check, do either of (*name of respondent's*) parents, or someone who has legal parental responsibility for *him/her*, live in this household?

- 1 Yes
- 2 No

**ENDIF**

**IF (AgeOf = 0 - 15) AND (AgeOf = Response) OR (LegPar = Yes) OR (AgeEst = Under 2 years or 2 to 15 years) THEN**

**Par1**

Which of the people in this household are (*name of respondent's*) parents or have legal parental responsibility for *him/her* on a permanent basis?

CODE FIRST PERSON AT THIS QUESTION. IF Not a household member/ dead, CODE 97

Range: 1...97

**IF Par1 = 1..12 THEN**

**Par2**

Which other person in this household is (*name of respondent's*) parent or have legal parental responsibility for *him/her* on a permanent basis?

CODE SECOND PERSON AT THIS QUESTION. IF no-one else in the household, CODE 97.

Range: 1...97

**Nat1Par**

**SHOW CARD B**

From this card please tell me what is the relationship of (*name of respondent*) to (*name of parent/legal guardian*) [Par1] Just tell me the number beside the answer that applies to (*name of respondent*) and (*name of parent/legal guardian*).

**IF (Par2 IN 1..12) THEN**

**Nat2Par**

**SHOW CARD B**

From this card please tell me the relationship of (*name of respondent*) to (Just tell me the number beside the answer that applies to (*name of respondent*)).

*Person to Nat2Par repeated for up to 12 members of the HH*

**ENDIF**

**ENDIF**

**ENDIF**

**RELATIONSHIP BETWEEN HOUSEHOLD MEMBERS COLLECTED FOR ALL**

**IF Person > 1 THEN**

**SHOW CARD A**

What is (*name of respondent's*) relationship to (*name*)? Just tell me the number on this card.

- |    |                                   |
|----|-----------------------------------|
| 1  | husband/wife                      |
| 2  | partner/cohabitee                 |
| 3  | natural son/daughter              |
| 4  | adopted son/daughter              |
| 5  | foster child                      |
| 6  | stepson/daughter/child of partner |
| 7  | son/daughter-in-law               |
| 8  | natural parent                    |
| 9  | adoptive parent                   |
| 10 | foster parent                     |
| 11 | stepparent                        |
| 12 | parent-in-law                     |
| 13 | natural brother/sister            |
| 14 | half-brother/sister               |
| 15 | step-brother/sister               |
| 16 | adopted brother/sister            |
| 17 | foster brother/sister             |
| 18 | brother/sister-in-law             |
| 19 | grandchild                        |
| 20 | grandparent                       |
| 21 | other relative                    |
| 22 | other non-relative                |

**ASK ALL**

**HHldr**

In whose name is the accommodation owned or rented? Anyone else?

CODE ALL THAT APPLY.

(Codeframe of all household members)

- 1-12 Person numbers of household members
- 97 Not a household member

**HHResp**

INTERVIEWER CODE: WHO WAS THE PERSON RESPONSIBLE FOR ANSWERING THE GRIDS IN THIS QUESTIONNAIRE?

*(Codeframe of adult household members)*

- 1-12 Person numbers of household members

**IF More than one person coded at HHldr THEN**

**HiHNum**

You have told me that *(name)* and *(name)* jointly own or rent the accommodation. Which of you /who has the highest income (from earnings, benefits, pensions and any other sources)?

ENTER PERSON'S NUMBER – IF TWO PEOPLE HAVE THE SAME INCOME, ENTER 13

*(Codeframe of joint householders)*

- 1-12 Person numbers of household members
- 13 Two people have the same income

**IF HiHNum=13 THEN**

**JntEldA**

ENTER PERSON NUMBER OF THE ELDEST JOINT HOUSEHOLDER FROM THOSE WITH THE HIGHEST INCOME.

ASK OR RECORD.

*(Codeframe of joint householders)*

- 1-12 Person numbers of household members

**ENDIF**

**ELSEIF HiHNum=Don't know or Refused**

**JntEldB**

ENTER PERSON NUMBER OF THE ELDEST JOINT HOUSEHOLDER.  
ASK OR RECORD.

*(Codeframe of joint householders)*

**ENDIF**

**ENDIF**

**HRP**

INTERVIEWER: THE HOUSEHOLD REFERENCE PERSON IS:

*(Displays name of Household Reference Person)*

PRESS <1> AND <Enter> TO CONTINUE.

**DVHRPNum**

*Person number of Household Reference Person*

**Eligible**

INTERVIEWER: FOR YOUR INFORMATION THE PERSONS IN THIS HOUSEHOLD ELIGIBLE FOR INDIVIDUAL INTERVIEW ARE:

*(List of eligible respondents)*

**ASK ALL**

**Tenure1**

SHOW CARD C

Now, I'd like to get some general information about your household. In which of these ways does your household occupy this accommodation? Please give an answer from this card.

- 1 Own it outright
- 2 Buying it with the help of a mortgage or loan
- 3 Pay part rent and part mortgage (shared ownership)
- 4 Rent it
- 5 Live here rent free (including rent free in relative's/friend's property; excluding squatting)
- 6 Squatting

**IF Tenure1=Pay part rent/part mortgage OR Rent it OR Live here rent free THEN**

**JobAccom**

Does the accommodation go with the job of anyone in the household?

- 1 Yes
- 2 No

**LandLord**

Who is your landlord?

READ OUT AND CODE FIRST THAT APPLIES.

- 1 ...the local authority/council/ New Town Development,
- 2 a housing association or co-operative or charitable trust,
- 3 employer (organisation) of a household member,
- 4 another organisation,
- 5 relative/friend (before you lived here) of a household member,
- 6 employer (individual) of a household member,
- 7 another individual private landlord?

**Furn1**

Is the accommodation provided...READ OUT...

- 1 ...furnished,
- 2 partly furnished (e.g. curtains and carpets only),
- 3 or, unfurnished?

**ENDIF**

**ASK ALL**

**Bedrooms**

How many bedrooms does your household have, including bedsitting rooms and spare bedrooms?

EXCLUDE BEDROOMS CONVERTED TO OTHER USES (e.g. bathroom). INCLUDE BEDROOMS TEMPORARILY USED FOR OTHER THINGS (e.g. study, playroom).

Range: 0..20

**ENDIF**

**ASK ALL**

**PasSm**

Does anyone smoke **inside** this (house/flat) on most days?

INTERVIEWER: INCLUDE NON-HOUSEHOLD MEMBERS WHO SMOKE IN THE HOUSE OR FLAT. EXCLUDE HOUSEHOLD MEMBERS WHO ONLY SMOKE OUTSIDE THE HOUSE OR FLAT.

- 1 Yes
- 2 No

**IF PasSm = Yes THEN**

**NumSm**

How many people smoke inside this (house/flat) on most days?

Range: 1..20

**ENDIF**

**ASK ALL**

**Car**

Is there a car or van **normally** available for use by you or any members of your household? INCLUDE: ANY PROVIDED BY EMPLOYERS IF NORMALLY AVAILABLE FOR PRIVATE USE BY RESPONDENT OR MEMBERS OF HOUSEHOLD.

- 1 Yes
- 2 No

**IF Car = Yes THEN**

**NumCars**

How many are available?

- 1 One
- 2 Two
- 3 Three or more

**ENDIF**

**SrcInc**

Please look at SHOW CARD D. There has been a lot of talk about health and income. We would like to get some idea of your household's income. This card shows various possible sources of income. Can you please tell me which kinds of income you (*and your husband/wife/partner*) receive?

PROBE: FOR ALL SOURCES. CODE ALL THAT APPLY

- 1 Earnings from employment or self-employment
- 2 State retirement pension
- 3 Pension from former employer
- 4 Personal Pensions
- 5 Child Benefit
- 6 Job-Seekers Allowance
- 7 Pension Credit
- 8 Income Support
- 9 Working Tax Credit
- 10 Child Tax Credit
- 11 Housing Benefit
- 12 Other state benefits
- 13 Interest from savings and investments (e.g. stocks & shares)
- 14 Other kinds of regular allowance from outside your household (e.g. maintenance, student's grants, rent)
- 15 No source of income

**NJntInc**

SHOW CARD E

This card shows incomes in weekly, monthly and annual amounts. Which of the groups on this card represents (*your/you and your husband/wife/partner's combined*) income from all these sources, before any deductions for income tax, National Insurance, etc? Just tell me the number beside the row that applies to (*you/your joint incomes*).

ENTER BAND NUMBER. DON'T KNOW = 96, REFUSED = 97.

Range: 1..31, 96, 97

**IF 2 Adults in household who are not spouse/partner, or 3 or more adults in household THEN**

**OthInc**

Can I check, does anyone else in the household have an income from any source?

1 Yes

2 No

**IF OthInc = Yes THEN**

**HHInc**

SHOW CARD E

Thinking of the income of your household as a whole, which of the groups on this card represents the total income of the whole household before deductions for income tax, National Insurance, etc.

ENTER BAND NUMBER. DON'T KNOW = 96, REFUSED = 97.

Range: 1..31, 96, 97

**ENDIF**

**ENDIF**

**ENDIF**

**EMPLOYMENT DETAILS OF HOUSEHOLD REFERENCE PERSON COLLECTED**

**NHActiv**

SHOW CARD F

Which of these descriptions applies to what *you/name* (Household Reference Person) were doing last week, that is in the seven days ending (*date last Sunday*)?

CODE **FIRST** TO APPLY.

- 1 Going to school or college full-time (including on vacation)
- 2 In paid employment or self-employed (or away temporarily)
- 3 On a Government scheme for employment training
- 4 Doing unpaid work for a business that you own, or that a relative owns
- 5 Waiting to take up paid work already obtained
- 6 Looking for paid work or a Government training scheme
- 7 Intending to look for work but prevented by temporary sickness or injury (CHECK MAX 28 DAYS)
- 8 Permanently unable to work because of long-term sickness or disability (USE ONLY FOR MEN AGED 16- 64 OR WOMEN AGED 16-59)
- 9 Retired from paid work
- 10 Looking after home or family
- 11 Doing something else (SPECIFY)

**IF NHActiv=Doing something else THEN**

**NHActivO**



OTHER: PLEASE SPECIFY.

Text: Maximum 60 characters

ENDIF

**IF NHActiv=Going to school or college full-time THEN**

**HStWork**

Did *you/name* (Household Reference Person) do any paid work in the seven days ending (*date last Sunday*), either as an employee or self-employed?

- 1 Yes
- 2 No

ENDIF

**IF (NHActiv = Intending to look for work but prevented by temporary sickness or injury, Retired from paid work, Looking after the home or family or Doing something else) OR (HStWork=No) AND (Household Reference Person aged under 65 (men)/60 (women)) THEN**

**H4WkLook**

Thinking now of the 4 weeks ending (*date last Sunday*), were *you/name* (Household Reference Person) looking for any paid work or Government training scheme at any time in those four weeks?

- 1 Yes
- 2 No

ENDIF

**IF NHActiv=(Looking for paid work or a government training scheme) OR H4WkLook = Yes THEN**

**H2WkStrt**

If a job or a place on a Government training scheme had been available in the (*7 days/four weeks*) ending (*date last Sunday*), would *you/name* (Household Reference Person) have been able to start within two weeks?

- 1 Yes
- 2 No

ENDIF

**IF NHActiv = (Looking for work or a government training scheme . .Doing something else) OR (HStWork = No) THEN**

**HEverJob**

Have *you/name* (Household Reference Person) ever been in paid employment or self-employed?

- 1 Yes
- 2 No

ENDIF

**IF NHActiv=Waiting to take up paid employment already obtained THEN**

**HOthPaid**

Apart from the job *you/name* are waiting to take up, have *you/name* (Household Reference Person) ever been in paid employment or self-employed?

- 1 Yes
- 2 No

ENDIF

**IF NHActiv=(Waiting to take up paid work OR Looking for work) OR (H4WkLook =Yes)  
THEN**

**HHowLong**

How long have you been looking for paid work/a place in a government scheme?

- 1 Not yet started
- 2 Less than 1 month
- 3 1 month but less than 3 months
- 4 3 months but less than 6 months
- 5 6 months but less than 12 months
- 6 12 months or more.

**ENDIF**

**IF HEverJob = Yes THEN**

**HPayLast**

Which year did *you/name* (Household Reference Person) *your/his/her* leave last paid job?

WRITE IN.

Numeric: 1920..2999 Decimals: 0

**IF HPayLast <= 8 years ago THEN**

**HPayMon**

Which month in that year did *you/he/she* leave?

- 1 January
- 2 February
- 3 March
- 4 April
- 5 May
- 6 June
- 7 July
- 8 August
- 9 September
- 10 October
- 11 November
- 12 December
- 13 Can't remember

**ENDIF**

**ENDIF**

**ENDIF**

**IF (HEverJob = Yes) OR (NHActiv = In paid employment or self-employment .. Waiting to take up a job already obtained) OR (HstWork = Yes) THEN**

**HJobTitl**

I'd like to ask you some details about *the job you were doing last week/your most recent job/the main job you had/the job you are waiting to take up*. What *is/was/will be* the name or title of the job?

Text: Maximum 60 characters

**HFtPtime**

*Were/Are/Will you/name* (Household Reference Person) *be* working full-time or part-time?

(FULL-TIME = MORE THAN 30 HOURS, PART-TIME = 30 HOURS OR LESS)

- 1 Full-time
- 2 Part-time

**HWtWork**

What kind of work *do/did/will you/name* (Household Reference Person) do most of the time?

Text: Maximum 50 characters

**HMatUsed**

IF RELEVANT: What materials or machinery *do/did/will you/name* (Household Reference Person) use? IF NONE USED, WRITE IN 'NONE'.

Text: Maximum 50 characters

**HSkilNee**

What skills or qualifications *are/were* needed for the job?

Text: Maximum 120 characters

**HEmploye**

*Were/Are/Will you/name* (Household Reference Person) *be...* READ OUT...

- 1 an employee
- 2 or, self-employed?

IF IN DOUBT, CHECK HOW THIS EMPLOYMENT IS TREATED FOR TAX & NI PURPOSES.

**IF HEmploye = self employed THEN**

**HDirctr**

Can I just check, in this job *are/were/will you/name* (Household Reference Person) *be a* Director of a limited company?

- 1 Yes
- 2 No

**ENDIF**

**IF (HEmploye = Employee) OR (HDirctr = Yes) THEN**

**HEmpStat**

*Are/Were/Will you/name* (Household Reference Person) *be a ...* READ OUT...

- 1 manager
- 2 foreman or supervisor
- 3 or other employee?

**HNEmplee**

Including *yourself/name* (Household Reference Person), about how many people *are/were/will be* employed at the place where *you/name usually work(s)/(usually worked/will work)*?

- 1 1 or 2
- 2 3-24
- 3 25-499
- 4 500+

**ELSEIF (HEmploye = SelfEmp) AND (HDirctr = No) THEN**

**HSNemple**

*Do/Did/Will you/name (Household Reference Person) have any employees?*

- |   |        |
|---|--------|
| 1 | 1 or 2 |
| 2 | 3-24   |
| 3 | 25-499 |
| 4 | 500+   |

**ENDIF**

**IF HEmploye = Employee THEN**

**HInd**

*What does/did your/ his/her employer make or do at the place where you/name (Household Reference Person) (usually work/usually worked/will work)?*

Text: Maximum 100 characters

**ELSEIF HEmploye = Self Employed THEN**

**HSifWtMa**

*What do/did/will you/name (Household Reference Person) make or do in your business?*

Text: Maximum 100 characters

**ENDIF**

**ENDIF**

**ASK ALL**

**HRPOcc**

**INTERVIEWER: DID (Household Reference Person) ANSWER THE OCCUPATION QUESTIONS HIM/HERSELF?**

- |   |     |
|---|-----|
| 1 | Yes |
| 2 | No  |

**INTERVIEWER: END OF HOUSEHOLD SCHEDULE. NOW ADMINISTER INDIVIDUAL SCHEDULE(S).**

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**The Health Survey for England 2009**

**Program Documentation**

**Individual Questionnaire**

**General Health**

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**ASK ALL****OwnDoB**

What is your date of birth?

ENTER DATE IN NUMBERS , E.G. 02/01/1972.

IF (*Name*) DOES NOT KNOW HIS/HER DATE OF BIRTH, PLEASE GET AN ESTIMATE.

**IF OwnDoB = Response THEN**

**OwnAge**

Can I just check, your age is (*computed age*)?

- 1 Yes
- 2 No

**ENDIF**

**IF OwnDoB = Not known/Refused THEN**

**OwnAgeE**

Can you tell me your age last birthday? IF NECESSARY: What do you estimate your age to be?

Range: 1..120

**IF (OwnAgeE = Not known/Refused) AND (Estimated age from household grid >=16) THEN**

**AgeAEst**

INTERVIEWER: ESTIMATE NEAREST AGE

- 18 (ie between 16-19)
- 25 (ie between 20-29)
- 35 (ie between 30-39)
- 45 (ie between 40-49)
- 55 (ie between 50-59)
- 65 (ie between 60-69)
- 75 (ie between 70-79)
- 85 (ie 80+)

**ELSE IF (OwnAgeE = Not known/Refused) AND (Estimated age from household grid < 16) THEN**

**AgeCEst**

INTERVIEWER: ESTIMATE NEAREST AGE:

- 1 1 year
- 3 3 years
- 5 5 years
- 7 7 years
- 9 9 years
- 11 11 years
- 13 13 years
- 15 15 years

**ENDIF**

**ENDIF**

**ASK ALL****GenHelf**

How is your health in general? Would you say it was ...READ OUT...

- 1 ...very good
- 2 good
- 3 fair
- 4 bad, or
- 5 very bad?

**LongIll**

Do you have any long-standing illness, disability or infirmity? By long-standing I mean anything that has troubled you over a period of time, or that is likely to affect you over a period of time?

- 1 Yes
- 2 No

**IF LongIll = Yes THEN**

**FOR i = 1 TO 6 DO**

**IF (i = 1) OR (More[i - 1] = Yes) THEN**

**Records up to six long-standing illnesses**

**IllsTxt[i]**

What (*else*) is the matter with you?

INTERVIEWER: RECORD FULLY. PROBE FOR DETAIL.

IF MORE THAN ONE MENTIONED, ENTER ONE HERE ONLY.

Open Answer: up to 60 characters

**Variable names for text are IllsTxt1-IllsTxt6**

**IF (i < 6) THEN**

**More[i]**

(Can I check) do you have any other long-standing illness, disability or infirmity?

- 1 Yes
- 2 No

**ENDIF**

**ENDIF**

**ENDDO**

**IF LongIll = Yes THEN**

**LimitAct**

Does this illness or disability/do any of these illnesses or disabilities limit your activities in any way?

- 1 Yes
- 2 No

**ENDIF**

**ASK ALL**

**LastFort**

Now I'd like you to think about the **two weeks** ending yesterday. During those two weeks did you have to cut down on any of the things you **usually** do about the house or at *school/work/or in your free time* because of a condition you have just told me about or some other illness or injury?

- 1 Yes
- 2 No

**IF Lastfort = Yes THEN**

**DaysCut**

How many days was this in all during these 2 weeks, including Saturdays and Sundays?

Range: 1..14

**ENDIF**

**Personal Care Plans**

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**IF Age16+ AND LongIll = Yes THEN****ConvDoc**

You mentioned earlier that you have a/some long term health condition(s). Doctors, nurses or other health workers sometimes have a special discussion with people with a long term condition, to look at the way that their health and care is managed. This is to make sure that people are given information and understand the options for their condition, are happy with the care they are receiving overall for their health, and know how they can be involved in decisions about their care.

Have you had a conversation like this with your doctor, nurse or health worker about your long term condition(s)?

1. Yes
2. No
3. Not sure

**IF ConvDoc=Yes****LastYr**

Was this in the last 12 months or longer ago?

1. In last 12 months
2. Longer ago

**IF Age16+ AND LongIll = Yes THEN****PlanAg**

Sometimes a doctor, nurse or other health worker will agree a Personal Care Plan for someone with a long term condition, where they write down how the condition will be managed and who is involved in providing general health care or support.

In the last 12 months, have you and a health professional agreed a Personal Care Plan for your overall health and social care needs?

1. Yes, have agreed a personal care plan in the last 12 months
2. Yes, agreed a personal care plan more than 12 months ago
3. No, do not have a personal plan

**IF PlanAg = No THEN****OffPlan**

Have you talked about a Personal Care Plan with a health care professional, or been offered a Personal Care Plan in the last 12 months?"

1. Yes
2. No

**IF OffPlan = Yes THEN****WhyNoPI**

Why have you not agreed a Personal Care Plan after discussing it? Is that because you didn't want one or is there some other reason?

1. Did not want a personal care plan
2. Still discussing a plan, not yet agreed
95. Other reason - SPECIFY

**IF WhyNoPI = Other THEN****NoPIOth**

INTERVIEWER: Specify other reason.

**IF OffPlan = No THEN****LikePlan**



Would you like the opportunity to discuss a Personal Care Plan with a health professional?"

1. Yes
2. No
3. Don't know

### CareImpr

Has your Care Plan improved the health or social care services you receive?

IF YES: Would you say they have improved a great deal or to some extent?

SINGLE CODE ONLY.

1. Yes - improved a great deal
2. Yes - improved to some extent
3. No - not improved
4. Don't know / can't say

### ASK ALL WHO HAVE A LONG-TERM CONDITION

#### OptOff

#### SHOWCARD G

There are various options for self care support that health care professionals may offer to people with long term health conditions. This card shows some of them. Have you discussed or been offered any of the things on this card in the last 12 months (even if you decided not to take them up)?

PROBE FULLY: Which others?

CODE ALL THAT APPLY.

1. Being given help to find information about your condition
2. Being given help to find information about the choices you have for care from health professionals
3. Attending a training course on your condition, such as the Expert Patients Programme, Challenging Arthritis, DAFNE for diabetes, etc.
4. Joining a support network or attending a group for people with a long-term condition
5. Having equipment fitted into your home
6. Other (PLEASE SPECIFY)
7. None of these

IF (Other IN OptOff) THEN

#### OpOffOt

INTERVIEWER: Please specify.

#### OptDone

#### SHOWCARD H

And over the last 12 months which, if any, of the things on this card have you actually done to help manage your condition? Just read out the numbers that apply.

PROBE FULLY: Which other things (have you done to help manage your condition in the last 12 months)?

CODE ALL THAT APPLY

1. Read and used information about your condition
2. Read and used information about the choices you have for care from health professionals
3. Attended a training course on your condition such as the Expert Patients Programme, Challenging Arthritis, DAFNE for diabetes, etc
4. Joined a support network or attended a group for people with a long-term condition
5. Had equipment fitted into your home
6. Other (PLEASE SPECIFY)
7. None of these

IF (Other IN OptDone) THEN

#### OpDonOt

INTERVIEWER: Please specify.

**Doctor-Diagnosed Hypertension**

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**IF Age >= 16****EverBP**

Do you now have, or have you ever had...READ OUT ...high blood pressure (sometimes called hypertension)?

- 1 Yes
- 2 No

**IF EverBP = Yes THEN****DocNurBP**

Were you told by a doctor or nurse that you had high blood pressure?

- 1 Yes
- 2 No

**IF (DocNurBP = Yes) AND (Sex = Female) THEN****PregBP**

Can I just check, were you pregnant when you were told that you had high blood pressure?

- 1 Yes
- 2 No

**IF PregBP = Yes THEN****NoPregBP**

Have you ever had high blood pressure apart from when you were pregnant?

- 1 Yes
- 2 No

**ENDIF****ENDIF****ENDIF****IF DocNurBP = Yes and NoPregBP <> No THEN****AgeinfBP**

How old were you when you were first told by a (doctor/nurse) that you had high blood pressure? Interviewer: Type in age in years.

Numeric: 0..100

**MedcinBP**

Are you currently taking any medicines, tablets or pills for high blood pressure?

- 1 Yes
- 2 No

**IF MedcinBP = No, Don't know or refused THEN****StillBP**

ASK OR RECORD: Do you still have high blood pressure?

- 1 Yes
- 2 No

**PastAbBP**

Have you ever taken medicines, tablets, or pills for high blood pressure in the past?

- 1 Yes
- 2 No

**IF PastAbBP = Yes THEN****FinTaBC**

Why did you stop taking (medicines/tablets/pills) for high blood pressure? PROBE:  
What other reason? TAKE LAST OCCASION. CODE ALL THAT APPLY

- 1 **Doctor advised me to stop due to:** ...improvement
- 2 ...lack of improvement
- 3 ...other problem
- 4 **Respondent decided to stop:** ...because felt better
- 5 ... for other reason
- 95 **Other reason**

**IF FinTaBC=6 THEN**

**FinTaOth**

INTERVIEWER: Please specify other reason

Text: Maximum 50 characters

**ENDIF**

**ENDIF**

**ENDIF**

### **OthAdv**

Are you receiving any (*other*) treatment or advice because of your high blood pressure?

INCLUDE REGULAR CHECK-UPS

- 1 Yes
- 2 No

**IF OthAdv = Yes THEN**

**WhatTrt**

SHOW CARD I

What other treatment or advice are you currently receiving because of your high blood pressure? PROBE: What else? CODE ALL THAT APPLY

- 1 Blood pressure monitored by GP/other doctor/nurse
- 2 Advice or treatment to lose weight
- 3 Blood tests
- 4 Change diet
- 5 Stop smoking
- 6 Reduce stress
- 7 Other (RECORD AT NEXT QUESTION)

**IF AdBPc = Other THEN**

**WhatTSp**

PLEASE SPECIFY...

Text: Maximum 50 characters

**ENDIF**

**ENDIF**

**ENDIF**

**Diabetes**

---

**ASK ALL AGED 16+****EverDi**

Do you now have, or have you ever had diabetes?

1. Yes
2. No

**IF EverDi=YES THEN****Diabetes**

Were you told by a doctor that you had diabetes?

1. Yes
2. No

**IF FEMALE****DiPreg**

Can I just check, were you pregnant when you were told that you had diabetes?

1. Yes
2. No

**IF Di Preg=Yes THEN****DiOth**

Have you ever had diabetes apart from when you were pregnant?

1. Yes
2. No

**IF EverDi=YES AND HAD DIABETES APART FROM WHEN PREGNANT THEN****DiAge**

Apart from when you were pregnant, approximately how old were you when you were first told by a doctor that you had diabetes?

INTERVIEWER: Type in age in years.

**Insulin**

Do you currently inject insulin for diabetes?

1. Yes
2. No

**DiMed**

Are you currently taking any medicines, tablets or pills (other than insulin injections) for diabetes?

1. Yes
2. No

**OthDi**

SHOW CARD I2

Are you currently receiving any other treatment or advice for diabetes?

INTERVIEWER: Include regular check-ups.

1. Yes
2. No

**OtherDi**

SHOW CARD I2

What other treatment or advice are you currently receiving for diabetes?

PROBE: What else?

CODE ALL THAT APPLY.

1. Special diet
2. Eye screening / regular eye tests
3. Regular check-up with GP/hospital/clinic
4. Other

**COtherDi [Editor back code]**

What other treatment or advice are you currently receiving for diabetes?

PROBE: What else?

CODE ALL THAT APPLY.

1. Special diet
2. Eye screening / regular eye tests
3. Regular check-up with GP/hospital/clinic
4. Other

**WhatDSp**

INTERVIEWER: SPECIFY OTHER TREATMENT OR ADVICE.

**IF Eye Screening NOT MENTIONED AT OtherDi**

**WhyNoET**

You did not mention regular eye tests for your diabetes. Is there any reason why you are not having your eyes tested regularly?

1. Not needed / never been told that I need eye tests
2. Been offered regular eye tests but didn't want them
3. Been offered regular eye tests but not able to take them up
4. Other (RECORD AT NEXT QUESTION)

**IF WhyNoET = Other THEN**

**OthNoET**

INTERVIEWER: PLEASE SPECIFY.

**Kidney Disease**

---

**EverKidD**

We now have some questions about kidney disease, which is an area we are looking at in the Health Survey this year.

Do you yourself now have, or have you ever had chronic kidney disease?

Don't include simple urine infections, a single episode of kidney stone disease or kidney cancer.

1. Yes
2. No

**FamKidD**

Do any of your close relatives (parents, brothers or sisters, or children) have chronic kidney disease, or have they ever had chronic kidney disease?

This would include needing long term dialysis or a kidney transplant, but excludes simple urine infections, a single episode of kidney stone disease or kidney cancer.

1. Yes
2. No

**IF EverKidD = No THEN**

**RiskKid**

Have you ever been told by a doctor or health professional that you are at risk of kidney disease?

1. Yes
2. No

**ENDIF**

**IF EverKidD = Yes THEN**

**DocInfo1**

Were you told by a doctor that you had chronic kidney disease?

1. Yes
2. No

**IF DocInfo1 = Yes THEN**

**AgeInfo1**

How old were you when you were first told by a doctor that you had kidney disease?

INTERVIEWER: ENTER AGE IN YEARS.

**IF EverKidD = Yes THEN**

**KidTest**

Have you ever been told you were being tested for kidney disease?

1. Yes
2. No

**IF KidTest = Yes THEN**

**WhKTest**

When were you (last) tested for kidney disease? Was it...

READ OUT...

1. within the last 12 months
2. more than 12 months ago but within the last 5 years
3. or longer ago?

**IF WhKTest IN LAST FIVE YEARS THEN**

**WhatTest**

Did you have a blood test or urine test, or any other test, to see if you had kidney disease?

Which other tests?

CODE ALL THAT APPLY.

1. Blood test
2. Urine test
3. Scan
4. Other test
5. Can't remember

**IF Other IN WhatTest THEN**

**WhTestOt**

INTERVIEWER: Please specify other test.

**ENDIF**

**IF WhatTest = Blood THEN**

**BldRes**

When you had your (most recent) blood test, were you told a percentage (eGFR) which shows how well your kidneys were working?

EXPLAIN IF NECESSARY: Doctors would usually say that a percentage of 60 or lower suggests a kidney problem. (eGFR: Estimated Glomerular Filtration Rate)

1. Yes, given a percentage
2. No, but given a different measure
3. No, not given any measure or percentage
4. Don't remember

**ENDIF**

**IF WhatTest = Urine THEN**

**UrTest**

When you had your (most recent) urine test, do you know whether there was any blood or protein in your urine?

CODE ALL THAT APPLY.

1. Blood
2. Protein
3. Neither
4. Don't remember/Don't know/Not told result

**ENDIF**

**ENDIF**

**ENDIF**

**IF EverKidD = Yes THEN**

**MedKidD**

Are you currently taking any medicines, tablets or pills for kidney disease?

1. Yes
2. No

**AdvKidD**

SHOW CARD I3

Are you currently receiving any other treatment or advice for kidney disease?

INTERVIEWER: include regular check-ups.

1. Yes
2. No

**IF AdviceKidD = Yes THEN**

**AdKidDC**



SHOW CARD I3

What other treatment or advice are you currently receiving for kidney disease?

PROBE: What else? CODE ALL THAT APPLY.

1. Special diet/dietary advice
2. Regular check-up with GP
3. Regular check-up with hospital clinic
4. Regular dialysis
- 95 Other - SPECIFY

**(Other IN AdKidDc) THEN**

**WhatDSp**

INTERVIEWER: Please specify.

**ENDIF**

**ENDIF**

**ENDIF**

**ENDIF**

**Fruit and vegetable consumption**

---

**IF Age of respondent >= 5 THEN****VFInt**

Now we are moving on to a different topic, and I'd like to ask you a few questions about some of the things you ate and drank yesterday. By yesterday I mean 24 hours from midnight to midnight. First I'd like to ask you some questions about the amount of fruit and vegetables you have eaten

1 Continue

**VegSal**

Did you eat any salad yesterday? Don't count potato, pasta or rice salad or salad in a sandwich.  
INTERVIEWER: SALADS MADE MAINLY FROM BEANS CAN **EITHER** BE INCLUDED HERE **OR** AT THE NEXT QUESTION.

1 Yes

2 No

**IF VegSal = Yes THEN****VegSalQ**

How many cereal bowls full of salad did you eat yesterday?

IF ASKED: 'Think about an average-sized cereal bowl'.

Range: 0.5 - 50.0

**ENDIF****VegPul**

Did you eat any pulses yesterday? By pulses I mean lentils and all kinds of peas and beans, including chickpeas and baked beans. Don't count pulses in foods like Chilli con carne.

1 Yes

2 No

**IF VegPul = Yes THEN****VegPulQ****SHOWCARD J**

How many tablespoons of pulses did you eat yesterday?

IF ASKED: 'Think about a heaped or full tablespoon'.

Range: 0.5 - 50.0

**ENDIF****VegVeg**

Not counting potatoes, did you eat any vegetables yesterday?

Include fresh, raw, tinned and frozen vegetables.

1 Yes

2 No

**IF VegVeg = Yes THEN****VegVegQ****SHOWCARD J**

How many tablespoons of vegetables did you eat yesterday?

IF ASKED: 'Think about a heaped or full tablespoon'.

Range: 0.5 - 50.0

**ENDIF**

**VegDish**

*Apart from anything you have already told me about, did / Did you eat any other dishes made **mainly** from vegetables or pulses yesterday, such as vegetable lasagne or vegetable curry?*

Don't count vegetable soups or dishes made mainly from potatoes.

- 1 Yes
- 2 No

**IF VegDish = Yes THEN**

**VegDishQ**

**SHOWCARD J**

How many tablespoons of vegetables or pulses did you eat *in these kinds of dishes* yesterday?

IF ASKED: 'Think about a heaped or full tablespoon'.

Range: 0.5 - 50.0

**ENDIF**

**VegUsual**

Compared with the amount of vegetables, salads and pulses you usually eat, would you say that yesterday you ate...

...READ OUT...

- 1 less than usual,
- 2 more than usual,
- 3 or about the same as usual?

**FrtDrnk**

Not counting cordials, fruit-drinks and squashes, did you drink any fruit juice yesterday?

- 1 Yes
- 2 No

**IF FrtDrnk = Yes THEN**

**FrtDrnkQ**

How many small glasses of fruit juice did you drink yesterday?

IF ASKED: 'A small glass is about a quarter of a pint'.

Range: 0.5-.50.0

**ENDIF**

**Frt**

Did you eat any fresh fruit yesterday? Don't count fruit salads, fruit pies, etc.

- 1 Yes
- 2 No

**IF Frt = Yes THEN**

**FOR idx:= 1 TO 15 DO**

**IF (idx = 1) OR (FrtMor[idx-1] = Yes) THEN**

**FrtC[idx]**

What kind of fresh fruit did you eat yesterday?

INTERVIEWER: USE THE **FRESH FRUIT SIZE LIST** IN YOUR

SHOWCARDS/CODING FRAMES TO CODE THE SIZE OF THIS FRUIT. IF MORE THAN ONE KIND OF FRUIT MENTIONED, CODE ONE HERE ONLY

- 1 Very large fruit
- 2 Large fruit
- 3 Medium-sized fruit
- 4 Small fruit
- 5 Very small fruit
- 6 Not on coding list

```

IF FrtC[idx] IN [VLge..VSml] THEN
  IF FrtC[idx] = VLge THEN
    much:= 'many average slices'
  ELSEIF FrtC[idx] IN [Lge..Sml] THEN
    much:= 'much'
  ELSEIF FrtC[idx] = VSml THEN
    much:= 'many average handfuls'
  ENDIF
FrtQ[idx]
  How much of this fruit did you eat yesterday?
  Range: 0.5-.50.0

```

```

ELSEIF FrtC[idx] = NotLst THEN
  FrtOth[idx]
    What was the name of this fruit?
    Text: Maximum 50 characters

```

```

  FrtNotQ[idx]
    How much of this fruit did you eat?
    Text: Maximum 50 characters

```

```

ENDIF

```

```

IF idx < 15 THEN
  FrtMor[idx]
    Did you eat any other fresh fruit yesterday?
    1      Yes
    2      No

```

```

ENDIF

```

```

ENDIF

```

```

ENDDO

```

```

ENDIF

```

*FrtC to FrtMor repeated for up to 15 different types of fruit*

**FrtDry**

Did you eat any dried fruit yesterday? Don't count dried fruit in cereal, cakes, etc.

- 1 Yes
- 2 No

```

IF FrtDry = Yes THEN

```

```

  FrtDryQ

```

```

  SHOWCARD J

```

How many tablespoons of dried fruit did you eat yesterday?

IF ASKED: 'Think about a heaped or full tablespoon!.'

Range: 0.5-.50.0

```

ENDIF

```

**FrtFroz**

Did you eat any frozen or tinned fruit yesterday?

- 1 Yes
- 2 No

**IF FrtFroz = Yes THEN****FrtFrozQ****SHOWCARD J**

How many tablespoons of frozen or tinned fruit did you eat yesterday?

IF ASKED: 'Think about a heaped or full tablespoon'.

Range: 0.5.-.50.0

**ENDIF****FrtDish***Apart from anything you have already told me about, did/Did you eat any other dishes made **mainly** from fruit yesterday, such as fruit salad or fruit pie? Don't count fruit in yoghurts.*

1 Yes

2 No

**IF FrtDish = Yes THEN****FrtDishQ****SHOWCARD J**How many tablespoons of fruit did you eat *in these kinds of dishes* yesterday?

IF ASKED: 'Think about a heaped or full tablespoon'.

Range: 0.5.-.50.0

**ENDIF****FrtUsual**

Compared with the amount of fruit and fruit juice you usually eat and drink, would you say that yesterday you ate and drank...

...READ OUT...

1 less than usual,

2 more than usual,

3 or about the same as usual?

**END**

**Smoking (Aged 18+)**

---

**IF Age of Respondent = 18 to 24 THEN****BookChk**INTERVIEWER CHECK: *(name of respondent)* IS AGED *(age of respondent)*. RESPONDENT TO BE...:

- 1 Asked Smoking/Drinking questions
- 2 Given SELF-COMPLETION BOOKLET FOR YOUNG ADULTS

**ENDIF****IF Age of respondent = 16 to 17 AND (is in joint session with Adult aged 25+ OR with adult aged 18-24 AND BookChk=1) THEN****YAIIntro**

INTERVIEWER: Prepare self-completion booklet for young adults by entering serial numbers. Check that you have the correct person number.

Press &lt;1&gt; and &lt;Enter&gt; to continue.

**YAIInt2**

At this point, I would now like you to answer some questions by completing all of this booklet on your own. The questions cover smoking, drinking and attitudes to health. I will need to ask you a few more questions from the laptop in a little while, and I will ask you to close the booklet for a few minutes while I do this.

INTERVIEWER: Explain how to complete booklet and show example in booklet.

Press &lt;1&gt; and &lt;Enter&gt; to continue.

**IF (Age of Respondent is 18 years or over) OR (BookChk = Asked) THEN****SmokEver**

May I just check, have you ever smoked a cigarette, a cigar or a pipe?

- 1 Yes
- 2 No

**IF SmokEver = Yes THEN****SmokeNow**

Do you smoke cigarettes at all nowadays?

- 1 Yes
- 2 No

**ENDIF****IF SmokeNow = Yes THEN****DlySmoke**

About how many cigarettes a day do you usually smoke on weekdays?

INTERVIEWER: IF LESS THAN ONE A DAY, ENTER 0. IF RANGE GIVEN AND CAN'T ESTIMATE, ENTER MID POINT. IF RESPONDENT SMOKES ROLL UPS AND CANNOT GIVE NUMBER OF CIGARETTES, CODE 97.

Range: 0..97

**IF DlySmoke = 97 THEN****Estim**

INTERVIEWER: ASK RESPONDENT FOR AN ESTIMATED (*DAILY*) CONSUMPTION OF TOBACCO (*ON WEEKDAYS*). WILL IT BE GIVEN IN GRAMS OR IN OUNCES?

- 1 Grams
- 2 Ounces

**IF Estim = grams THEN**

**Grams**

PLEASE RECORD ESTIMATED (*DAILY*) CONSUMPTION OF TOBACCO (*ON WEEKDAYS*) IN GRAMS.

Range: 1..67

**ELSEIF Estim = ounces THEN**

**Ounces**

PLEASE RECORD ESTIMATED (*DAILY*) CONSUMPTION OF TOBACCO (*ON WEEKDAYS*) IN OUNCES. FOR FRACTIONS OF OUNCES RECORD:

- 1/4 (a quarter) oz as .25
- 1/3 (a third) oz as .33
- 1/2 (half) oz as .5
- 2/3 (two thirds) oz as .66
- 3/4 (three quarters) oz as .75

Range: 0.01..2.40

**ENDIF**

*Roldly*

*Computed: estimated tobacco consumption in ounces.*

*Range: 1..97*

**ENDIF**

*For analysis purposes ounces or grams of tobacco are converted to number of cigarettes and stored in the variable CigWDay.*

**WkndSmok**

And about how many cigarettes a day do you usually smoke at weekends?

INTERVIEWER: IF RANGE GIVEN AND CAN'T ESTIMATE, ENTER MID POINT. IF RESPONDENT SMOKES ROLL UPS AND CANNOT GIVE NUMBER OF CIGARETTES, CODE 97.

Range: 0..97

**IF WkndSmok = 97 THEN**

**Estim**

INTERVIEWER: ASK RESPONDENT FOR AN ESTIMATED (*DAILY*) CONSUMPTION OF TOBACCO (*AT WEEKENDS*). WILL IT BE GIVEN IN GRAMS OR IN OUNCES?

- 1 Grams
- 2 Ounces

**IF Estim = grams THEN**

**Grams**

PLEASE RECORD ESTIMATED (*DAILY*) CONSUMPTION OF TOBACCO (*AT WEEKENDS*) IN GRAMS.

Range: 1..67

**ELSEIF Estim = ounces THEN**

**Ounces**

PLEASE RECORD ESTIMATED (*DAILY*) CONSUMPTION OF TOBACCO  
(*AT WEEKENDS*) IN OUNCES.FOR FRACTIONS OF OUNCES RECORD:

1/4 (a quarter) oz as .25

1/3 (a third) oz as .33

1/2 (half) oz as .5

2/3 (two thirds) oz as .66

3/4 (three quarters) oz as .75

Range: 0.01..2.40

**ENDIF**

*RolWknd*

*Computed: estimated tobacco consumption in ounces.*

*Range: 1..997*

**ENDIF**

*For analysis purposes ounces or grams of tobacco are converted to number of  
cigarettes and stored in the variable CigWEnd.*

**CigType**

Do you mainly smoke ...READ OUT...

- 1 ... filter-tipped cigarettes
- 2 plain or untipped cigarettes,
- 3 or hand-rolled cigarettes?

**ENDIF**

**ENDIF**

**IF SmokeNow=Yes THEN**

**SmokWher**

SHOW CARD L

In which of these places, if any, did you smoke in during the last 7 days  
ending yesterday? CODE ALL THAT APPLY

- 1 At my home (indoors or outside, eg. in garden or on doorstep)
- 2 Outside (other than at home)
- 3 Inside other people's homes
- 4 Whilst travelling by car
- 5 Inside other places

**IF SmokWher = 1 OR 2 THEN SmokHome**

**SmokHome**

SHOWCARD M

Where in your home do you usually smoke?

CODE ALL THAT APPLY

- 1 Outside, for example in the garden or on doorstep
- 2 Own room/bedroom
- 3 Living room
- 4 Kitchen



- 5 Toilet
- 6 Bathroom
- 7 Study
- 8 Dining room
- 9 Everywhere
- 10 Somewhere else in the home

**ENDIF**  
**ENDIF**

**IF SmokWher = Outside, other than at home THEN**

**SmokOut**

SHOWCARD N

Where did you smoke outside during the last 7 days ending yesterday?

- 1 In the street, or out and about
- 2 Outside at work
- 3 Outside at other people's home
- 4 Outside pubs or bars
- 5 Outside restaurants, cafes or canteens
- 6 Outside shops
- 7 Outside other places

**IF SmokeNow=Yes THEN**

**SmokPpl**

SHOWCARD O

In the last 7 days, did you smoke near to any of the following types of people?

- 1 Babies aged 2 and under
- 2 Children aged 2-10
- 3 Children aged 11-15
- 4 Older adults over the age of 65
- 5 Pregnant women
- 6 Adults aged 16-64 with asthma or breathing problems
- 7 None of these

**ENDIF**

**IF SmokeNow = Yes**

**SmNoDay**

How easy or difficult would you find it to go without smoking for a whole day?

Would you find it .... READ OUT ...

- 1 ... very easy,
- 2 ... fairly easy,
- 3 ... fairly difficult,
- 4 ... or, very difficult?

**ENDIF**

**GiveUp**

Would you like to give up smoking altogether?

- 1 Yes
- 2 No

**IF GiveUp = YES**

**GvUpReas**

**SHOWCARD P**

What are your main reasons for wanting to give up?

- 1 Because of a health problem I have at present
- 2 Better for my health in general
- 3 To reduce the risk of getting smoking related illnesses
- 4 Because of the smoking ban in all enclosed public places, including pubs and restaurants
- 5 Family/friends wanted me to stop
- 6 Financial reasons (couldn't afford it)
- 7 Worried about the effect on my children
- 8 Worried about the effect on other family members
- 9 Something else

**ENDIF**

**ENDIF**

**FirstCig**

How soon after waking do you **usually** smoke your first cigarette of the day?

PROMPT AS NECESSARY.

- 1 Less than 5 minutes
- 2 5-14 minutes
- 3 15-29 minutes
- 4 30 minutes but less than 1 hour
- 5 1 hour but less than 2 hours
- 6 2 hours or more

**ENDIF**

**ELSE IF SmokeNow<>Yes (Smoked but doesn't smoke cigarettes nowadays)**

**SmokeCig**

Have you ever smoked cigarettes?

- 1 Yes
- 2 No

**IF SmokEver = YES and SmokeNow = NO**

**QuitReas**

SHOW CARD K

Why did you decide to give up smoking?

CODE ALL THAT APPLY

- 1 Advice from a GP or health professional
- 2 Advert for a nicotine replacement product
- 3 Government TV, radio or press advert
- 4 Hearing about a new stop smoking treatment
- 5 Financial reasons (couldn't afford it)
- 6 Being faced with the smoking ban in all enclosed public places, including pubs and restaurants
- 7 I knew someone else who was stopping
- 8 Seeing a health warning on cigarette packet
- 9 Family or friends wanted me to stop
- 10 Being contacted by my local NHS Stop Smoking Services
- 11 Health problems I had at the time
- 12 Worried about future health problems
- 13 Pregnancy

- 14 Worried about the effect on my children
- 15 Worried about the effect on other family member
- 16 My own motivation
- 17 Something else
- 18 Cannot remember

**ENDIF**

**IF SmokeCig = Yes THEN**

**SmokeReg**

Did you smoke cigarettes regularly, that is at least one cigarette a day, or did you smoke them only occasionally?

- 1 Smoked cigarettes regularly, at least 1 per day
- 2 Smoked them only occasionally
- 3 Never really smoked cigarettes, just tried them once or twice

**IF SmokeReg = Smoked cigarettes regularly THEN**

**NumSmok**

About how many cigarettes did you smoke in a day?

INTERVIEWER: IF RANGE GIVEN AND CAN'T ESTIMATE, ENTER MID POINT. IF RESPONDENT SMOKES ROLL UPS AND CANNOT GIVE NUMBER OF CIGARETTES, CODE 97

Range: 0..97

**IF NumSmok = 97 THEN**

**Estim**

INTERVIEWER: ASK RESPONDENT FOR AN ESTIMATED (*DAILY*) CONSUMPTION OF TOBACCO (*ON WEEKDAYS/ON WEEKENDS*). WILL IT BE GIVEN IN GRAMS OR IN OUNCES?

- 1 Grams
- 2 Ounces

**IF Estim = grams THEN**

**Grams**

PLEASE RECORD ESTIMATED (*DAILY*) CONSUMPTION OF TOBACCO (*ON WEEKDAYS/AT WEEKENDS*) IN GRAMS.

Range: 1..67

**ELSEIF Estim = ounces THEN**

**Ounces**

PLEASE RECORD ESTIMATED (*DAILY*) CONSUMPTION OF TOBACCO (*ON WEEKDAYS/AT WEEKENDS*) IN OUNCES. FOR FRACTIONS OF OUNCES RECORD:

- 1/4 (a quarter) oz as .25
- 1/3 (a third) oz as .33
- 1/2 (half) oz as .5
- 2/3 (two thirds) oz as .66
- 3/4 (three quarters) oz as .75
- 0.01..2.40

**ENDIF**

**RoINum**

*Computed: estimated tobacco consumption in ounces.*

*Range: 1..97*

ENDIF

ENDIF

ENDIF

ENDIF

*For analysis purposes ounces or grams of tobacco are converted into number of cigarettes and stored in the variable NumSmoke.*

**IF (SmokeNow=Yes) OR (SmokeReg=Smoked cigarettes regularly)**

**StartSmk**

How old were you when you started to smoke cigarettes regularly?

INTERVIEWER: IF 'Never smoked regularly' CODE 97.

Range: 1..97

ENDIF

**IF SmokeReg=[Regularly OR Occasionally] THEN**

**EndSmoke**

How long ago did you stop smoking cigarettes?

INTERVIEWER: ENTER NUMBER OF YEARS. IF LESS THAN ONE YEAR AGO, CODE 0.

Range: 0..97

ENDIF

**IF EndSmoke = Response THEN**

**IF EndSmoke=0 THEN**

**LongEnd**

How many months ago was that?

1 Less than 6 months ago

2 Six months, but less than one year

ENDIF

**IF EndSmoke<2 THEN**

**Nicot**

Did you use any nicotine products, such as nicotine patches, chewing gum, lozenges or other similar products at all to help you give up?

INTERVIEWER: IF RESPONDENT HAS GIVEN UP MORE THAN ONCE, ASK ABOUT MOST RECENT OCCASION.

1 Yes

2 No

ENDIF

**SmokYrs**

And for approximately how many years did you smoke cigarettes regularly?

INTERVIEWER: ENTER NUMBER OF YEARS. IF LESS THAN ONE YEAR, CODE 0.

Range: 0..97

ENDIF

**IF (Sex = Female) AND (Age of Respondent is 18 to 49 years) THEN**

**IF (EndSmoke <> EMPTY) AND (EndSmoke < 2) THEN**

**IsPreg**

Can I check, are you pregnant now?

- 1 Yes
- 2 No

**IF IsPreg = Yes THEN**

**SmokePrg**

Have you smoked at all since you've known you've been pregnant?

IF YES, PROBE: All the time or just some of the time?

- 1 Yes, all the time
- 2 Yes, some of the time
- 3 No, not at all

**IF SmokePrg = [Yes, some of the time OR No, not at all] THEN**

**StopPrg**

Did you stop smoking specifically because of your pregnancy, or for some other reason?

- 1 Because of pregnancy
- 2 For some other reason

**ENDIF**

**ENDIF**

**ENDIF**

**ELSEIF (IsPreg = No) OR (IsPreg = NONRESPONSE) OR (SmokeNow = Yes) THEN**

**PregRec**

Can I check, have you been pregnant in the last twelve months?

- 1 Currently pregnant
- 2 Was pregnant in last twelve months but not now
- 3 Not pregnant in last twelve months

**IF PregRec = Was pregnant in last twelve months but not now THEN**

**PregSmok**

Did you smoke at all during pregnancy?

(INTERVIEWER: DURING TIME WHEN KNEW SHE WAS PREGNANT) IF

YES, PROBE: All the time or just some of the time?

- 1 Yes, all the time
- 2 Yes, some of the time
- 3 No, not at all

**ENDIF**

**ENDIF**

**IF (PregSmok =Yes, some of the time OR No, not at all) THEN**

**PregStop**

Did you stop smoking specifically because of your pregnancy, or for some other reason?

- 1 Because of pregnancy
- 2 For some other reason

**ENDIF**

**IF (SmokeNow= Yes) OR (SmokeReg= smoked occasionally..regularly) THEN**

**SmokeTry**

Have you ever tried to give up smoking because of a particular health condition you had at the time?

- 1 Yes

2 No

**ENDIF**

**DrSmoke**

Did/Has a medical person, for example a doctor or nurse ever advised you to stop smoking altogether because of your health?

- 1 Yes
- 2 No

**IF DrSmoke = Yes THEN**

**DrSmoke1**

How long ago was that?

INTERVIEWER: PROMPT AS NECESSARY.

- 1 Within the last twelve months
- 2 Over twelve months ago

**ENDIF**

**ENDIF**

**CigarNow**

Do you smoke cigars at all nowadays?

- 1 Yes
- 2 No

**IF CigarNow = Yes THEN**

**CigarReg**

Do you smoke cigars regularly, that is at least one cigar a month, or do you smoke them only occasionally?

- 1 Smoke at least one cigar a month
- 2 Smoke them only occasionally

**ENDIF**

**IF Sex = Male THEN**

**PipeNowA**

Do you smoke a pipe at all nowadays?

- 1 Yes
- 2 No

**ENDIF**

**ENDIF**

**FathSm**

Did your father ever smoke regularly when you were a child?

- 1 Yes
- 2 No

**MothSm**

Did your mother ever smoke regularly when you were a child?

- 1 Yes
- 2 No

**ENDIF**

**IF age = 0-12 OR (age >=18 AND Bookchk = 1)**

**XExpSm**

Now, in most weeks, how many hours a week are (you/name of child) exposed to other people's tobacco smoke?

Range: 0..168

**ChExpSm**

Is (name of child) looked after for more than two hours per week by anyone who smokes while looking after (him/her), including anyone in this household?

- 1 Yes
- 2 No

**IF XExpSm >=1 AND age >=18 THEN**

**Passive**

SHOW CARD Q

Are you regularly exposed to other people's tobacco smoke in any of these places?

PROBE: Where else? CODE ALL THAT APPLY.

- 1 At own home
- 2 At work
- 3 In other people's homes
- 4 Outdoor smoking areas of pubs/restaurants/cafes
- 5 In other places
- 6 No, none of these

**IF Passive=1-6 THEN**

**Bother**

Does this bother you at all?

- 1 Yes
- 2 No

**ENDIF**

**ENDIF**

**Drinking (Aged 18+)**

---

**IF (Age of Respondent is 25 years or over) OR (BookChk = Asked)****Drink**

I am now going to ask you a few questions about what you drink - that is if you drink. Do you ever drink alcohol nowadays, including drinks you brew or make at home?

- 1 Yes
- 2 No

**IF Drink = No THEN****DrinkAny**

Could I just check, does that mean you never have an alcoholic drink nowadays, or do you have an alcoholic drink very occasionally, perhaps for medicinal purposes or on special occasions like Christmas and New Year?

- 1 Very occasionally
- 2 Never

**IF DrinkAny = Never THEN****AlwaysTT**

Have you always been a non-drinker or did you stop drinking for some reason?

- 1 Always a non-drinker
- 2 Used to drink but stopped

**IF AlwaysTT = Used to drink but stopped THEN****WhyTT**

Did you stop drinking because of a particular health condition that you had at the time?

INTERVIEWER: IF RESPONDENT SAYS PREGNANCY, CODE YES

- 1 Yes
- 2 No

**ENDIF****ENDIF****ENDIF****IF (Drink = Yes) OR (DrinkAny = very occasionally) THEN****DrinkOft**

SHOW CARD R

Thinking now about all kinds of drinks, how often have you had an alcoholic drink of any kind during the last 12 months?

- 1 Almost every day
- 2 Five or six days a week
- 3 Three or four days a week
- 4 Once or twice a week
- 5 Once or twice a month
- 6 Once every couple of months
- 7 Once or twice a year
- 8 Not at all in the last 12 months

**IF DrinkOft <> Not at all in the last 12 months THEN****DrinkL7**

Did you have an alcoholic drink in the seven days ending yesterday?

- 1 Yes



2 No

**IF DrinkL7 =Yes THEN**

**DrnkDay**

On how many days out of the last seven did you have an alcoholic drink?

Range: 1..7

**IF DrnkDay = 2 to 7 days THEN**

**DrnkSame**

Did you drink more on *one of the days/some days than others*, or did you drink about the same on *both/each of those days*?

- 1 Drank more on one/some day(s) than other(s)
- 2 Same each day

**ENDIF**

**WhichDay**

Which day *last week* did you *last have an alcoholic drink/have the most to drink*?

- 1 Sunday
- 2 Monday
- 3 Tuesday
- 4 Wednesday
- 5 Thursday
- 6 Friday
- 7 Saturday

**DrnkType**

SHOW CARD S

Thinking about last (*answer to WhichDay*), what types of drink did you have that day?

CODE ALL THAT APPLY

- 1 Normal strength beer/lager/cider/shandy
- 2 Strong beer/lager/cider
- 3 Spirits or liqueurs
- 4 Sherry or martini
- 5 Wine
- 6 Alcopops/pre-mixed alcoholic drinks
- 7 Other alcoholic drinks
- 8 Low alcohol drinks only

**IF DrnkType = Normal strength beer/lager/cider/shandy THEN**

**NBrL7**

Still thinking about last (*answer to WhichDay*), how much **normal strength beer, lager, stout, cider or shandy** (excluding cans and bottles of shandy) did you drink that day? INTERVIEWER: CODE MEASURES THAT YOU ARE GOING TO USE.

- 1 Half pints
- 2 Small cans
- 3 Large cans
- 4 Bottles

**IF NBrL7=Half pints THEN**

**NBrL7Q(1)**

ASK OR CODE: How many half pints of **normal strength beer, lager, stout, cider or shandy** (*excluding cans and bottles of shandy*) did you drink that day?

Range: 1..97

ENDIF

IF NBrL7Q = Small cans THEN

NBrL7Q(2)

ASK OR CODE: How many small cans of **normal strength beer, lager, cider or shandy** did you drink that day?

Range: 1..97

ENDIF

IF NBrL7=Large cans THEN

NBrL7Q(3)

ASK OR CODE: How many large cans of **normal strength beer, lager, cider or shandy** did you drink that day?

Range: 1..97

ENDIF

IF NBrL7=Bottles THEN

NBrL7Q(4)

ASK OR CODE: How many bottles of **normal strength beer, lager, cider or shandy** did you drink that day?

Range: 1..97

NBotL7

ASK OR CODE: What make of **normal strength beer, lager, stout, cider or shandy** did you drink from bottles on that day? INTERVIEWER: IF RESPONDENT DRANK DIFFERENT MAKES CODE WHICH THEY DRANK MOST.

Text: Maximum 21 characters

ENDIF

ENDIF

IF DrnkType = Strong beer/lager/cider THEN

SBrL7

Still thinking about last (*answer to WhichDay*), how much **strong beer, lager, stout or cider** did you drink that day? INTERVIEWER: CODE MEASURES THAT YOU ARE GOING TO USE.

- 1 Half pints
- 2 Small cans
- 3 Large cans
- 4 Bottles

IF SBRL7=Half pints THEN

SBrL7Q(1)

ASK OR CODE: How many half pints of **strong beer, lager, stout or cider** did you drink on that day?

Range: 1..97

ENDIF

**IF SBrL7=Small cans THEN**

**SBrL7Q(2)**

ASK OR CODE: How many small cans of **strong beer, lager, stout or cider** did you drink on that day?

Range: 1..97

**ENDIF**

**IF SBrL7=Large cans THEN**

**SBrL7Q(3)**

ASK OR CODE: How many large cans of **strong beer, lager, stout or cider** did you drink on that day?

Range: 1..97

**ENDIF**

**IF SBrL7=Bottles THEN**

**SBrL7Q(4)**

ASK OR CODE: How many bottles of **strong beer, lager, stout or cider** did you drink on that day?

Range: 1..97

**SBotL7**

ASK OR CODE: What make of **strong beer, lager, stout or cider** did you drink from bottles on that day? INTERVIEWER: IF RESPONDENT DRANK DIFFERENT MAKES CODE WHICH THEY DRANK MOST

Text: Maximum 21 characters

**ENDIF**

**ENDIF**

**IF DrnkType = Spirits THEN**

**SpirL7**

Still thinking about last (*answer to WhichDay*), how much spirits or liqueurs (such as gin, whisky, brandy, rum, vodka, advocaat or cocktails) did you drink on that day?

CODE THE NUMBER OF SINGLES - COUNT DOUBLES AS TWO SINGLES.

Range: 1..97

**ENDIF**

**IF DrnkType = Sherry THEN**

**ShryL7**

Still thinking about last (*answer to WhichDay*), how much sherry or martini, including port, vermouth, Cinzano and Dubonnet did you drink on that day? CODE THE NUMBER OF GLASSES.

Range: 1..97

**ENDIF**

**IF DrnkType = Wine THEN**

**WineL7**

Still thinking about last (*answer to WhichDay*), how much wine, including Babycham and champagne, did you drink on that day?

INTERVIEWER: please note that respondent may give answer in bottles and glasses. Please code the relevant option.

INTERVIEWER: CODE THE MEASURE THE RESPONDENT USED

- 1 Bottle or parts of bottle
- 2 Glasses
- 3 Both bottles or parts of bottle, and glasses

**IF WineL7= 1 (Bottles or part of bottle)**

**WL7Bt**

INTERVIEWER: code the number of 125ml glasses drunk **from the bottle** by the respondent. E.g. If they drank half a bottle, code 3 glasses. Press <F9> for information

CODE THE NUMBER OF GLASSES.

- 1 BOTTLE =6 GLASSES
- ½ BOTTLE=3 GLASSES
- 1/3 BOTTLE=2 GLASSES
- ¼ BOTTLE=1.5 GLASSES

- 1 LITRE=8 GLASSES
- ½ LITRE=4 GLASSES
- 1/3 LITRE=2.5 GLASSES
- ¼ LITRE=2 GLASSES

Range: 1..97 (ALLOW FRACTIONS)

**ENDIF**

**F9 for WL7Bt**

If respondent has answered in bottles or litres convert to glasses using the information provided on the screen. For example if a respondents said they shared a bottle with one other person and they shared it equally code 3 glasses.

**IF WineL7= 2 (Glasses)**

**WL7G1**

CODE THE NUMBER OF GLASSES (**drunk as glasses**).

Range: 1..97 (ALLOW FRACTIONS)

**WL7G1z**

Were you drinking from a large, standard or small glass?

INTERVIEWER: If respondent drank from two or three different size glasses, please code all that apply.

INTERVIEWER: please note that if respondent was drinking in a pub or wine bar and had a small glass, this would usually be 175ml.

- 1 Large glass (250mL)
- 2 Standard glass (175 mL)
- 3 Small glass (125 mL)

**ENDIF**

**ENDIF**

**ENDIF**

**ENDIF**

**IF DrnkType = Alcopops/pre-mixed alcoholic drink****PopsL7**

Still thinking about last (*answer to WhichDay*), how much **alcoholic soft drink** ('alcopop') did you drink on that day? INTERVIEWER: CODE MEASURES THAT YOU ARE GOING TO USE

- 1 Small cans
- 2 Bottles

**IF PopsL7 = Small cans THEN****PopsL7Q(1)**

ASK OR CODE: How many small cans of **alcoholic soft drink** ('alcopop') did you drink on that day?

Range: 1..97

**ENDIF**

**IF PopsL7=Bottles THEN****PopsL7Q(2)**

ASK OR CODE: How many bottles of **alcoholic soft drink** ('alcopop') did you drink on that day?:

Range: 1..97

**ENDIF**

**ENDIF**

**IF DrnkType=Other THEN****OthL7TA**

Still thinking about last (*answer to WhichDay*), what other type of alcoholic drink did you drink on that day? CODE FIRST MENTIONED ONLY.

Text: Maximum 30 characters

**OthL7QA**

How much (*name of 'other' alcoholic drink*) did you drink on that day? WRITE IN HOW MUCH. REMEMBER TO SPECIFY HALF PINTS/ SINGLES/GLASSES/ BOTTLES.

Text: Maximum 30 characters

**OthL7B**

Did you drink any other type of alcoholic drink on that day?

- 1 Yes
- 2 No

**IF OthL7B=Yes THEN****OthL7TB**

Still thinking about last (*answer to WhichDay*), what other type of alcoholic drink did you drink on that day? CODE FIRST MENTIONED ONLY.

Text: Maximum 30 characters

**OthL7QB**

How much (*name of 'other' alcoholic drink*) did you drink on that day? WRITE IN HOW MUCH. REMEMBER TO SPECIFY HALF PINTS/SINGLES /GLASSES/ BOTTLES.

Text: Maximum 30 characters

**OthL7C**

Did you drink any other type of alcoholic drink on that day?

- 1 Yes
- 2 No

**IF OthL7C=Yes THEN****OthL7TC**

Still thinking about last (*answer to WhichDay*), what other type of alcoholic drink did you drink on that day?

CODE FIRST MENTIONED ONLY

**OthL7QC**

How much (*name of 'other' alcoholic drink*) did you drink on that day?

WRITE IN HOW MUCH. REMEMBER TO SPECIFY HALF PINTS/  
SINGLES/ GLASSES/ BOTTLES.

Text: Maximum 30 characters

**ENDIF**

**ENDIF**

**ENDIF**

**ENDIF**

**ENDIF**

**DrAmount**

Compared to five years ago, would you say that on the whole you drink more, about the same or less nowadays?

- 1 More nowadays
- 2 About the same
- 3 Less nowadays

**ENDIF**

**ENDIF**

**Classification**

---

**IF RESPONDENT AGED 16+ AND NOT HOUSEHOLD REFERENCE PERSON or IF RESPONDENT IS HOUSEHOLD REFERENCE PERSON BUT DID NOT ANSWER OCCUPATION QUESTIONS IN HOUSEHOLD QUESTIONNAIRE (IF (Age of Respondent is >=16) AND NOT (PerNum=PHRPNo AND PHRPOcc=Yes))**

**NActiv**

SHOW CARD T

Which of these descriptions applies to what you were doing last week, that is in the seven days ending (*date seven days ago*)?

CODE FIRST TO APPLY

- 1 Going to school or college full-time (including on vacation)
- 2 In paid employment or self-employment (or away temporarily)
- 3 On a Government scheme for employment training
- 4 Doing unpaid work for a business that you own, or that a relative owns
- 5 Waiting to take up paid work already obtained
- 6 Looking for paid work or a Government training scheme
- 7 Intending to look for work but prevented by temporary sickness or injury (CHECK 28 DAYS OR LESS)
- 8 Permanently unable to work because of long-term sickness or disability (USE ONLY FOR MEN AGED 16-64 OR WOMEN AGED 16-59)
- 9 Retired from paid work
- 10 Looking after the home or family
- 95 Doing something else (SPECIFY)

**IF NActiv=Doing something else THEN**

**NActivO**

INTERVIEWER: PLEASE SPECIFY

Text: Maximum 60 characters

**ENDIF**

**IF (NActiv=School) THEN**

**StWork**

Did you do any paid work in the seven days ending (*date last Sunday*), either as an employee or self-employed?

- 1 Yes
- 2 No

**ENDIF**

**IF ((NActiv=Intending to look for work, Retired from paid work, Looking after the home or family or Doing something else OR StWork=No) AND ((Age = 16 to 64 years AND Sex=Male) OR (Age = 16 to 59 years AND Sex=Female))) THEN**

**H4WkLook**

Thinking now of the four weeks ending (*date last Sunday*). Were you looking for any paid work or Government training scheme at any time in those four weeks?

- 1 Yes
- 2 No

**ENDIF**

**IF NActiv=Looking for paid work/training scheme OR 4WkLook=Yes THEN**

**2WkStrt**

If a job or a place on a Government training scheme had been available in the (7 days/four weeks) ending (date last Sunday), would you have been able to start within two weeks?

- 1 Yes
- 2 No

**ENDIF**

**IF (NActiv = [Looking for paid work or a Government training scheme...Doing something else] OR StWork=No) THEN**

**EverJob**

Have you ever been in paid employment or self-employed?

- 1 Yes
- 2 No

**ENDIF**

**IF NActiv=Waiting to take up paid work already obtained THEN**

**OthPaid**

Apart from the job you are waiting to take up, have you ever been in paid employment or self-employed?

- 1 Yes
- 2 No

**ENDIF**

**IF NActiv=(Waiting to take up paid work OR Looking for work) OR (H4WkLook =Yes) THEN**

**HowLong**

How long have you been looking/were you looking for paid work/a place on a government scheme?

- 1 Not yet started
- 2 Less than 1 month
- 3 1 month but less than 3 months
- 4 3 months but less than 6 months
- 5 6 months but less than 12 months
- 6 12 months or more

**ENDIF**

**IF (Everjob=Yes) THEN**

**PayLast**

Which year did you leave your last **paid** job?

WRITE IN.

Range: 1920..2001

**IF Last paid job less than or equal to 8 years ago (from PayLast) THEN**

**PayMon**

Which month in that year did you leave?

- 1 January
- 2 February
- 3 March
- 4 April



- 5 May
- 6 June
- 7 July
- 8 August
- 9 September
- 10 October
- 11 November
- 12 December
- 13 Can't remember

ENDIF

*PayAgeI*

*Computed: Age when last had a paid job.*

ENDIF

**IF (EverJob=Yes) OR (NActiv = [In paid employment or self-employment...Waiting to take up paid work already obtained]) OR (StWork = Yes) OR (Respondent is Male and EverjobI=Yes) OR (Respondent is Female and PayAgeI>=50) THEN**

**JobTitle**

I'd like to ask you some details about *your most recent job/the main job you had/the job you are waiting to take up*. What is (*was/will be*) the name or title of the job?

Text: Maximum 60 characters

**FtPTime**

Are you (*were you/will you be*) working full-time or part-time?

(FULL-TIME = MORE THAN 30 HOURS PART-TIME = 30 HOURS OR LESS)

- 1 Full-time
- 2 Part-time

**WtWork**

What kind of work do (*did/will*) you do most of the time?

Text: Maximum 50 characters

**MatUsed**

IF RELEVANT: What materials or machinery do (*did/will*) you use?

IF NONE USED, WRITE IN 'NONE'.

Text: Maximum 50 characters

**SkilNee**

What skills or qualifications are (*were*) needed for the job?

Text: Maximum 120 characters

**Employe**

Are you (*were you/will you be*) ...READ OUT...

- 1 an employee,
- 2 or, self-employed

INTERVIEWER: IF IN DOUBT, CHECK HOW THIS EMPLOYMENT IS TREATED FOR TAX & NI PURPOSES.

**IF Employe = Self-employed THEN**

**Dirctr**

Can I just check, in this job are you (*were you/will you be*) a Director of a limited company?

- 1 Yes

2 No

**ENDIF**

**IF Employe=an employee OR Dirctr=Yes THEN**

**EmpStat**

Are you (*were you/will you be*) a ...READ OUT...

- 1 manager,
- 2 foreman or supervisor,
- 3 or other employee?

**NEmplee**

Including yourself, about how many people are (*were*) employed at the place where you usually work (*usually worked/will work*)?

- 1 1 or 2
- 2 3-24
- 3 25-499
- 4 500+

**ELSEIF Employe = Self-employed AND Dirctr=No THEN**

**SNEmplee**

Do (*did/will*) you have any employees?

- 1 None
- 2 1-24
- 3 25-499
- 4 500+

**ENDIF**

**IF Employe=Employee THEN**

**Ind**

What does (*did*) your employer make or do at the place where you (*usually worked/will work*)?

Text: Maximum 100 characters

**ELSEIF Employe=Self-employed THEN**

**SIfWtMa**

What (*did/will*) you make or do in your business?

Text: Maximum 100 characters

**ENDIF**

**ENDIF**

**IF NActiv = Response THEN**

**HRPOcc**

INTERVIEWER: DID (*name of respondent*) ANSWER THE OCCUPATION QUESTIONS HIM/HERSELF?

**ELSEIF (NActiv) non response THEN**

**ENDIF**

**OEmpStat**

*Derived employment status.*

*Range: 0..8*

*SOC, SOCLs, SEG, SIC coded during edit stage***IF Age of Respondent is 16+ THEN****EducEnd**

At what age did you finish your continuous full-time education at school or college?

- 1 Not yet finished
- 2 Never went to school
- 3 14 or under
- 4 15
- 5 16
- 6 17
- 7 18
- 8 19 or over

**Qual**

SHOW CARD U

Do you have any of the qualifications listed on this card? Please look down the whole list before telling me.

- 1 Yes
- 2 No

**IF Qual = Yes THEN****QualA**

Which of the qualifications on this card do you have? Just tell me the number written beside each one.

INTERVIEWER: RECORD ALL THAT APPLY. PROBE: Any others?

- 1 Degree/degree level qualification (including higher degree)
- 2 Teaching qualification
- 3 Nursing qualifications SRN, SCM, SEN, RGN, RM, RHV, Midwife
- 4 HNC/HND, BEC/TEC Higher, BTEC Higher/SCOTTECH Higher
- 5 ONC/OND/BEC/TEC/BTEC not higher
- 6 City and Guilds Full Technological Certificate
- 7 City and Guilds Advanced/Final Level
- 8 City and Guilds Craft/Ordinary Level
- 9 A-levels/Higher School Certificate
- 10 AS level
- 11 SLC/SCE/SUPE at Higher Grade or Certificate of Sixth Year Studies
- 12 O-level passes taken in 1975 or earlier
- 13 O-level passes taken after 1975 GRADES A-C
- 14 O-level passes taken after 1975 GRADES D-E
- 15 GCSE GRADES A-C
- 16 GCSE GRADES D-G
- 17 CSE GRADE 1/SCE BANDS A-C/Standard Grade LEVEL 1-3
- 18 CSE GRADES 2-5/SCE Ordinary BANDS D-E
- 19 CSE Ungraded
- 20 SLC Lower
- 21 SUPE Lower or Ordinary

- 22 School Certificate or Matric
- 23 NVQ Level 5
- 24 NVQ Level 4
- 25 NVQ Level 3/Advanced level GNVQ
- 26 NVQ Level 2/Intermediate level GNVQ
- 27 NVQ Level 1/Foundation level GNVQ
- 28 Recognised Trade Apprenticeship completed
- 29 Clerical or Commercial Qualification (e.g. typing/book-keeping/commerce)

**ENDIF**

**IF NOT (Degree IN QualA) THEN**

**OthQual**

Do you have any qualifications not listed on this card?

- 1 Yes
- 2 No

**IF OthQual = Yes THEN**

**QualB**

What qualifications are these?

INTEVIEWER: RECORD ALL OTHER QUALIFICATIONS IN FULL. PROBE: Any others?

Text: maximum 60 characters

**ENDIF**

**ENDIF**

**ENDIF**

**ASK ALL**

**Origin**

SHOW CARD V

To which of the groups listed on this card do you consider you belong?

- 1 White - British
- 2 White - Irish
- 3 Any other white background

Mixed:

- 4 Mixed - White and Black Caribbean
- 5 Mixed - White and Black African
- 6 Mixed - White and Asian
- 7 Any other mixed background

Asian or Asian British:

- 8 Asian or Asian British - Indian
- 9 Asian or Asian British - Pakistani
- 10 Asian or Asian British - Bangladeshi
- 11 Any other Asian/Asian British background

Black or Black British:

- 12 Black or Black British - Caribbean
- 13 Black or Black British - African
- 14 Any other Black/Black British background

Chinese or other ethnic group:

15 Chinese

15 Any other (please describe)

**IF Origin = Any other THEN**

**XOrigin**

Please describe

**Self-completion placement (Aged 8+)**

---

**IF Age of Respondent is 13 years and over and BookChk=Given THEN**

**SCIntro**

PREPARE (*Green/Grey/Pink*) SELF-COMPLETION BOOKLET (FOR CHILDREN AGED 13-15/FOR YOUNG ADULTS/FOR ADULTS) BY ENTERING SERIAL NUMBERS. CHECK YOU HAVE CORRECT PERSON NUMBER.

**ELSEIF Age of respondent is 8 to 12 years THEN**

**SCIntCh**

Here is a little booklet which I would like to ask (name of child) to complete for (him/herself). It asks children if they have ever tried cigarettes or alcohol, and about cycling. May I explain it to him/her?

IF ASKED, SHOW DARK YELLOW BOOKLET TO PARENT(S). IF AGREES, PREPARE DARK YELLOW BOOKLET. INTERVIEWER: EXPLAIN TO CILD HOW TO COMPLETE AND SHOW EXAMPLE IN BOOKLET.

**ENDIF**

**IF Age of Respondent is 13 years or over THEN**

**SComp2**

I would now like you to answer some more questions by completing this booklet on your own. The questions cover general health.

INTERVIEWER: Explain how to complete booklet and show example in booklet

Wait until respondent(s) have finished and then check each booklet completed

If not, ask if questions missed in error

If in error, ask respondent to complete.

**ENDIF**

**IF Age of respondent is 8 years or over THEN**

**SComp3**

INTERVIEWER CHECK: WAS THE (DARK YELLOW/GREEN/GREY/PINK) BOOKLET (FOR CHILDREN AGED 8-12/FOR CHILDREN AGED 13-15/FOR YOUNG ADULTS/FOR ADULTS) COMPLETED?

- 1 Fully completed
- 2 Partially completed
- 3 Not completed

**IF SComp3 =Fully completed OR Partially completed THEN**

**SC3Acc**

Was it completed without assistance?

- 1 Completed independently
- 2 Assistance from other children
- 3 Assistance from adult(s) (not interviewer)
- 4 Assistance from interviewer
- 5 Interviewer administered

**ENDIF**

**IF SComp3 = Partially completed OR Not completed THEN**

**SComp6**

INTERVIEWER: RECORD WHY BOOKLET NOT COMPLETED / PARTIALLY COMPLETED. CODE ALL THAT APPLY:

- 0 Child 2-13 away from home during fieldwork period
- 1 Eyesight problems
- 2 Language problems
- 3 Reading/writing/comprehension problems
- 4 Respondent bored/fed up/tired
- 5 Questions too sensitive/invasion of privacy
- 6 Too long/too busy/taken long enough already
- 7 Refused to complete booklet (no other reason given)
- 8 Illness/disability
- 9 Child 2-13 asleep
- 10 Not in/not available
- 11 Proxy refusal
- 12 No self completion booklet available
- 95 Other (SPECIFY)

**IF SComp6=Other THEN**

**SComp6O**

PLEASE SPECIFY OTHER REASON.

Text: Maximum 60 characters

**ENDIF**

**ENDIF**

**IF SComp3 = Fully completed OR Partially completed THEN**

**SComp5A**

INTERVIEWER: CODE WHO WAS PRESENT IN ROOM WHILE (*name of respondent*) COMPLETED SELF-COMPLETION. INCLUDE YOURSELF, ANYONE INTERVIEWED AT THE SAME TIME AS RESPONDENT, PARENT ANSWERING ON BEHALF OF 8-12 YEAR OLDS OR OTHERS IN THE ROOM.

CODE ALL THAT APPLY.

- 1 Spouse / partner
- 2 Parent(s) (incl step-/foster-)
- 3 Brother(s)/Sister(s)
- 4 Own/Related child(ren) (incl step-/ foster-/ partner's)
- 5 Other relative(s)
- 6 Unrelated adult(s)
- 7 Unrelated child(ren)
- 8 Interviewer
- 9 Completed alone in room

**ENDIF**

**ENDIF**

**Measurements**

---

**ASK ALL****Intro**

PREAMBLE: I would now like to measure height and weight. There is interest in how people's weight, given their height, is associated with their health.

INTERVIEWER: MAKE OUT GREEN MRC FOR EACH PERSON.

**IF Age >=2 THEN****RespHts**

MEASURE HEIGHT AND CODE. INCLUDE 'DISGUISED' REFUSALS SUCH AS 'IT WILL TAKE TOO LONG', 'I HAVE TO GO OUT' ETC. AT CODE 2: Height refused.

- 1 Height measured
- 2 Height refused
- 3 Height attempted, not obtained
- 4 Height not attempted

**IF RespHts = Height measured THEN****Height**

ENTER HEIGHT.

Range: 60.0..244.0

**ENDIF**

**RelHite**

INTERVIEWER CODE ONE ONLY

- 1 No problems experienced reliable height measurement obtained
- Problems experienced - measurement likely to be:
- 2 Reliable
  - 3 Unreliable

**IF RelHite = Unreliable THEN****HiNRel**

INTERVIEWER: WHAT CAUSED THE HEIGHT MEASUREMENT TO BE UNRELIABLE?

- 1 Hairstyle or wig
- 2 Turban or other religious headgear
- 3 Respondent stooped
- 4 Child respondent refused stretching
- 5 Respondent would not stand still
- 6 Respondent wore shoes
- 95 Other, please specify

**IF HiNRel = Other THEN****OHiNRel**

INTERVIEWER: PLEASE SPECIFY WHAT CAUSED UNRELIABLE HEIGHT MEASUREMENT.

Text: Maximum 60 characters

**ENDIF**

**ENDIF**

**MBookHt**

INTERVIEWER: CHECK HEIGHT RECORDED ON MEASUREMENT RECORD CARD.



HEIGHT: (x) cm OR (x) feet (x) inches.

**ELSEIF RespHts = Height refused THEN**

**ResNHt**

GIVE REASONS FOR REFUSAL.

- 1 Cannot see point/Height already known/Doctor has measurement
- 2 Too busy/Taken too long already/ No time
- 3 Respondent too ill/frail/tired
- 4 Considered intrusive information
- 5 Respondent too anxious/nervous/shy/embarrassed
- 6 Refused (no other reason given)
- 7 Other

**ELSEIF RespHts = Height attempted, not obtained OR Height not attempted THEN**

**NoHtBC**

INTERVIEWER: CODE REASON FOR NOT OBTAINING HEIGHT.

- 1 Child: away from home during fieldwork period (specify in a Note)
- 2 Respondent is unsteady on feet
- 3 Respondent cannot stand upright/too stooped
- 4 Respondent is unable to get out of a chair/in a wheelchair
- 5 Respondent is unable to get out of bed
- 6 Respondent unable to remove shoes
- 7 Child: subject would not stand still
- 8 Ill or in pain/has disability
- 9 Stadiometer faulty/not available/couldn't be used
- 10 Child 2-13 asleep
- 11 Not in/not available
- 12 Proxy refusal
- 95 Other - specify

**IF OTHER IN NoHtBC THEN**

**NoHitCO**

PLEASE SPECIFY OTHER REASON

Text: Maximum 60 characters

**ENDIF**

**ENDIF**

**IF RespHts = Height refused, Height attempted, not obtained OR Height not attempted THEN**

**EHtCh**

INTERVIEWER: ASK (*respondent*) FOR AN ESTIMATED HEIGHT. WILL IT BE GIVEN IN METRES OR IN FEET AND INCHES?

*IF RESPONDENT DOESN'T KNOW HEIGHT USE <CTRL+K>*,

*IF RESPONDENT ISN'T WILLING TO GIVE HEIGHT USE <CTRL+R>*.

- 1 Metres
- 2 Feet and inches

**IF EHtCh = Metres**

**EHtM**

PLEASE RECORD ESTIMATED HEIGHT IN METRES.

Range: 0.01..2.44

**ELSEIF EHtCh = Feet and inches**

**EHtFt**

PLEASE RECORD ESTIMATED HEIGHT. ENTER FEET.

Range: 0..7

**EHtIn**

PLEASE RECORD ESTIMATED HEIGHT. ENTER INCHES.

Range: 0..11

You can enter half inches, if given, with a .5 decimal.

**ENDIF**

**ENDIF**

**EstHt**

**Computed: Final measured or estimated height (cm).**

*Range: 0..0... ... 999.9*

**IF (Sex = Female) AND (Age of Respondent is 16 to 49) THEN**

**PregNowB**

May I check, are you pregnant now?

1 Yes

2 No

**ENDIF**

**IF PregNowB<> Yes THEN**

**RespWts**

INTERVIEWER: MEASURE WEIGHT AND CODE. (IF RESPONDENT WEIGHS MORE THAN 130KG (20 ½ STONES) DO NOT WEIGH. CODE AS 'WEIGHT NOT ATTEMPTED')

INCLUDE 'DISGUISED' REFUSALS SUCH AS 'IT WILL TAKE TOO LONG', 'I HAVE TO GO OUT' ETC. AT CODE 2: Weight refused.

0 *If Age 2-5 years: Weight obtained (child held by adult)/ If Age over 5 years: DO NOT USE THIS CODE*

1 Weight obtained (subject on own)

2 Weight refused

3 Weight attempted, not obtained

4 Weight not attempted

**IF RespWtsMeas=Weight obtained (subject on own) OR Weight obtained (child held by adult) THEN**

**IF RespWts = Weight obtained (subject on own) THEN**

**XWeight**

RECORD WEIGHT.

Range: 10.0..130.0

**ELSEIF RespWts = Weight obtained (child held by adult) THEN**

**WtAdult**

ENTER WEIGHT OF ADULT ON HIS/HER OWN.

Range: 15.0..130.0

**WtChAd**

ENTER WEIGHT OF ADULT HOLDING CHILD.

Range: 15.0..130.0

**ENDIF**

**Weight**

*Computed: Measured weight, either Weight or WtChAd - WtAdult*

*Range: 0.0..140.0*

**FloorC**

SCALES PLACED ON?

- 1 Uneven floor
- 2 Carpet
- 3 None of these

**RelWaitB**

INTERVIEWER CODE ONE ONLY.

- 1 No problems experienced, reliable weight measurement obtained  
Problems experienced - measurement likely to be:
- 2 Reliable
- 3 Unreliable

**MBookWt**

INTERVIEWER: CHECK WEIGHT RECORDED ON MEASUREMENT RECORD CARD.

WEIGHT: (x) kg OR (x) stones (x) pounds. IF WEIGHT LOOKS WRONG, GO BACK TO XWeight' AND REWEIGH.

**ENDIF**

**IF RespWts = Weight refused THEN**

**ResNWt**

GIVE REASONS FOR REFUSAL.

- 1 Cannot see point/Weight already known/Doctor has measurement
- 2 Too busy/Taken long enough already/No time
- 3 Respondent too ill/frail/tired
- 4 Considered intrusive information
- 5 Respondent too anxious/nervous/shy/embarrassed
- 6 Child refused to be held by parent
- 7 Parent refused to hold child
- 8 Refused (no other reason given)
- 9 Other

**IF RespWts = Weight attempted, not obtained OR Weight not attempted THEN**

**NoWtBC**

CODE REASON FOR NOT OBTAINING WEIGHT.

- 1 Child: away from home during fieldwork period (specify in a Note)
- 2 Respondent is unsteady on feet
- 3 Respondent cannot stand upright
- 4 Respondent is unable to get out of a chair/in a wheelchair
- 5 Confined to bed
- 6 Respondent unable to remove shoes
- 7 Respondent weighs more than 130 kg
- 8 Ill or in pain/has disability

- 9 Scales not working/not available/couldn't be used
- 10 Parent unable to hold child
- 11 Child 2-13 asleep
- 12 Not in/not available
- 13 Proxy refusal
- 95 Other - specify

**IF NoWtBC = Other THEN**

**NoWatCO**

PLEASE SPECIFY OTHER REASON.

Text: Maximum 60 characters

**ENDIF**

**ENDIF**

**EWtCh**

INTERVIEWER: ASK (*respondent*) FOR AN ESTIMATED WEIGHT. WILL IT BE GIVEN IN KILOGRAMS OR IN STONES AND POUNDS

1 Kilograms

2 Stones and pounds

**ENDIF**

**ENDIF**

**IF EWtCh = kg**

**EWtkg**

PLEASE RECORD ESTIMATED WEIGHT IN KILOGRAMS.

Range: 1.0..210.0

**ELSEIF EWtCh = StnPnd**

**EWtSt**

PLEASE RECORD ESTIMATED WEIGHT. ENTER STONES.

Range: 1..32

**EWtL**

PLEASE RECORD ESTIMATED WEIGHT. ENTER POUNDS.

Range: 0..13

**ENDIF**

*EstWt*

*Computed: Final measured or estimated weight (kg).*

*Range: 0.0... .999.9*

**ENDIF**

**IF RESPONDENT IS <16**

**Birth**

INTERVIEWER: ASK OF (NAME OF CHILD'S) PARENT/LEGAL GUARDIAN:

We are interested in the birth weight of children taking part in this survey. Can you tell me, what was (*name of child's*) weight at birth?

INTERVIEWER: IS WEIGHT GIVEN IN KILOGRAMS OR IN POUNDS AND OUNCES? :

1 Kilograms

3 Pounds and ounces

**IF Birth = Kilograms THEN**

**Birthkg**PLEASE RECORD (*name of child's*) BIRTHWEIGHT IN KILOGRAMS.

Range: 1.00..6.75

**ELSEIF Birth = Pounds and ounces THEN****BirthL**PLEASE RECORD (*name of child's*) BIRTHWEIGHT. ENTER POUNDS.

Range: 2..15

**BirthO**PLEASE RECORD (*name of child's*) BIRTHWEIGHT. ENTER OUNCES.

Range: 0..15

**ENDIF****BirthWt****Computed: Given birthweight (kg)**

Range: 0.00....8.70

**IF BirthWt = [between 0.1kg and 2.5kg] THEN****Prmature**Was (*name of child*) born prematurely?

- 1 Yes
- 2 No

**IF Prmature = Yes THEN****PrWeeks**How many weeks early was (*name of child*) born?

ENTER NUMBER OF WEEKS, ROUNDED TO NEAREST WEEK. IF LESS THAN FOUR DAYS, ENTER '0'.

Range: 0..20

**ENDIF****ENDIF****ENDIF**

**Nurse Appointment**

---

**IF Age of respondent < 16 AND No legal parent in household THEN****NurseA**

In order for the nurse to take any of your measurements we have to have the permission of your parents or the person who has legal parental responsibility. As there is no-one in your household who I can ask, I won't be making an appointment for you.

- 1 Continue

**ELSE (All other respondents)****Nurse**

There are two parts to this survey. You have just helped us with the first part. We hope you will also help us with the second part, which is a visit by a qualified nurse to collect some medical information and carry out some measurements. I would like to make an appointment for the nurse to come round and explain some more about what is required.

INTERVIEWER: Check whether the respondent agrees to the nurse visit. **Always** mention the nurse by name (if known). Press <9> for help explaining about the nurse visit.

IF ASKED FOR DETAILS, EXPLAIN: The nurse will ask some more questions, for example, whether they are taking any medications, and take some measurements, for example, blood pressure and take a saliva sample.

- 1 Agreed nurse could contact
- 2 Refused nurse contact

**IF Nurse = Agreed nurse could contact THEN****NrsAppt**

INTERVIEWER: CODE WHETHER YOU HAVE MADE AN APPOINTMENT FOR THE NURSE TO VISIT (OR WHETHER THE NURSE WILL CALL TO MAKE THEIR OWN APPOINTMENT).

- 1 Able to make an appointment for the nurse
- 2 Unable to make an appointment for the nurse

**AptRec**

INTERVIEWER: IF YOU HAVE MADE AN APPOINTMENT, RECORD DETAILS OF THE NURSE APPOINTMENT ON THE BACK OF THE **MEASUREMENT RECORD CARD**.

ENTER THE NURSE'S NAME, APPOINTMENT DATE AND TIME.

EVEN IF YOU HAVE NOT MADE AN APPOINTMENT, ALWAYS WRITE DOWN THE NAME OF NURSE ON THE BACK OF THE MEASUREMENT RECORD CARD.

**IF Nurse = Refused nurse contact THEN****NurseRef**

INTERVIEWER: RECORD REASON WHY RESPONDENT REFUSED NURSE CONTACT. CODE BELOW AND RECORD AT **G1** ON A.R.F

- 0 Own doctor already has information
- 1 Given enough time already to this survey/ expecting too much
- 2 Too busy, cannot spare the time (if Code 1 does not apply)
- 3 Had enough of medical tests/medical profession at present time
- 4 Worried about what nurse may find out/'might tempt fate'
- 5 Scared/of medical profession/ particular medical procedures (e.g. blood sample)
- 6 Not interested/Can't be bothered/No particular reason
- 95 Other reason (specify)

**IF NurseRef=Other reason THEN**

**NrsRefO**

PLEASE SPECIFY OTHER REASON FOR REFUSAL. CODE BELOW AND RECORD  
AT **G1** ON A.R.F.

Text: Maximum 60 characters

**ENDIF**

**Consents**

---

**ASK ALL AGED 16+****NHSCan**

We would like your consent for us to send your name, address and date of birth to three National Health Service registers. These are the NHS Central Register, the NHS Cancer Registry and the Hospital Episodes Statistics Register. Please read these forms, it explains more about what is involved.

INTERVIEWER: GIVE THE RESPONDENT THE WHITE CONSENT FORM (NHS CANCER REGISTRY) AND THE GREEN CONSENT FORM (HES) AND ALLOW THEM TIME TO READ THE INFORMATION.

- 1 Consent given
- 2 Consent not given

**IF NHSCAN = Consent given THEN****NHSSig**

EXPLAIN THE NEED FOR WRITTEN CONSENT: Before I can pass your details on, I have to obtain written consent from you.

ENTER THE RESPONDENT'S SERIAL NUMBER ON THE TOP OF THE CONSENT FORMS.

ASK RESPONDENT TO SIGN AND DATE BOTH FORMS.

GIVE THE SECOND COPY OF THE FORM TO THE RESPONDENT.

CODE WHETHER SIGNED CONSENTS OBTAINED.

CODE ALL THAT APPLY.

- 1 Hospital Episodes Statistics Register consent obtained
- 2 NHS Central Register and Cancer Registry consent obtained
- 3 All consents signed
- 4 No signed consents

**ENDIF****Thank**

Thank you for your help. Before we end the interview I need to collect a little more information for our records.

- 1 Continue

**TPhone**

Some interviews in a survey are checked to make sure that people like yourself are satisfied with the way the interview was carried out. Just in case yours is one of the interviews that is checked, it would be helpful if we could have your telephone number.

INTERVIEWER: IF GIVEN, ENTER TELEPHONE NUMBER ON FRONT OF ARF.

- 1 Number given
- 2 Number refused
- 3 No telephone
- 4 Number unknown

**ReInter**

If at some future date we wanted to talk to you further about your health, may we contact you to see if you are willing to help us again?

- 1 Yes
- 2 No



**P2927**

<b>Point</b>	<b>Address</b>	<b>HHL D</b>	<b>CKL</b>	<b>Person No</b>	<b>First name:</b>
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/>
1-4	5-6	7		8-9	

<b>Spare</b>	<b>Card</b>	<b>Spare</b>
<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/>
10-11	12-14	15-20

**Survey month:**

## Health Survey for England 2009

### Booklet for 8-12 year olds

In Confidence

- Here are some questions for you to answer on your own.
- We are interested in your honest answers.
- We will not tell your answers to anyone you know.
- Look at the instructions on the next page and read what to do.
- Ask the interviewer for help if you do not understand a question or are not sure what to do.

**Thank you for taking part in this survey**

# How to answer these questions

- Please read each question carefully
- Most of the questions can be answered by putting a tick in the box next to the answer that applies to you like this

Yes  <sub>1</sub>

No  <sub>2</sub>

- Sometimes you have to write a number in the box, for example

I was  years old

**write in**

- Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

No  <sub>2</sub> → **Go to question 4**

Yes  <sub>1</sub> ↓

I was  years old

**write in**

# Cigarette Smoking

## CSmokCig

1. Have you ever tried smoking a cigarette, even if it was only a puff or two?

Spare 21-177

Tick one box

No  <sup>178</sup><sub>2</sub> → **Go to question 2**

Yes  <sub>1</sub> ↓

How old were you when you tried smoking a cigarette, even if it was only a puff or two?

## CSmokAge

I was  <sup>179-180</sup> years old

**Write in**

## CSmokReg

2. Now read all the following sentences very carefully and tick the box next to the one which best describes you.

- I have never smoked
- I have only smoked once or twice
- I used to smoke sometimes, but I never smoke a cigarette now
- I sometimes smoke, but I don't smoke every week
- I smoke between one and six cigarettes a week
- I smoke more than six cigarettes a week

Tick one box

<sup>181</sup><sub>1</sub>

<sub>2</sub>

<sub>3</sub>

<sub>4</sub>

<sub>5</sub>

<sub>6</sub>

→ **Go to next question**

## CCigWeek

3. Did you smoke any cigarettes last week?

Tick one box

No  <sup>182</sup><sub>2</sub> → **Go to question 4**

Yes  <sub>1</sub> ↓

How many cigarettes did you smoke last week?

I smoked  <sup>183-184</sup> cigarettes

**EVERYONE PLEASE ANSWER**

**Ansrmo**

**4.** Do you find that you are often near people who are smoking in any of these places?

**Please tick all the places where you are often near people who are smoking**

**Tick all boxes which apply**

185-204

At home

 01

In other people's homes

 02

In other places

(Please write these other places on the line below)

 03

**Go to next question**

No, none of these

 97

**Go to question 6 on page 4**

**Asmkbthr**

**5.** Does this bother you?

**Tick one box**

205

Yes

 1

No

 2

**Go to next question**

Spare 206-214

## Drinking

### Adrprop

6. Have you ever had a proper alcoholic drink – a whole drink, not just a sip? **Please don't count drinks labelled low alcohol.**

Tick one box

215

Yes

→ Go to question 8

No

→ Go to next question

### Adrprops

7. Have you ever drunk alcopops (such as Bacardi Breezer, Smirnoff Ice, WKD etc)?

Tick one box

216

Yes

→ Go to next question

No

→ Go to question 11 on page 6

### Adrinkag

8. How old were you the first time you had a proper alcoholic drink or alcopop?

217-218

I was

years old

write in

### Adrinkof

9. How often do you usually have an alcoholic drink or alcopop?

Tick one box

219

Almost every day

About twice a week

About once a week

About once a fortnight

About once a month

Only a few times a year

I never drink alcohol now

→ Go to next question

**Adrlast**

**10.** When did you **last** have an alcoholic drink or alcoholic soft drink?

**Tick one box**

220

Today	<input type="checkbox"/>	1
Yesterday	<input type="checkbox"/>	2
Some other time during the last week	<input type="checkbox"/>	3
1 week, but less than 2 weeks ago	<input type="checkbox"/>	4
2 weeks, but less than 4 weeks ago	<input type="checkbox"/>	5
1 month, but less than 6 months ago	<input type="checkbox"/>	6
6 months ago or more	<input type="checkbox"/>	7

→ **Go to next question**

Spare 221-287

## Your weight

Everyone please answer

### Saywgt

11. Given your age and height, would you say that you are...

**Tick one box**  
288

About the right weight	<input type="checkbox"/>	1
too heavy	<input type="checkbox"/>	2
or too light?	<input type="checkbox"/>	3
Not sure	<input type="checkbox"/>	8

→ **Go to next question**

### Saydiet

12. At the present time are you trying to **lose** weight, trying to **gain** weight, or are you **not trying** to change your weight?

**Tick one box**  
289

Trying to lose weight	<input type="checkbox"/>	1
Trying to gain weight	<input type="checkbox"/>	2
Not trying to change weight	<input type="checkbox"/>	3

→ **Go to next question**

# Cycling

Everyone please answer

## CBicycle

13. Do you have a bicycle?

Tick one box

290

Yes	<input type="checkbox"/>	1	} → Go to next question
No	<input type="checkbox"/>	2	

## CHelma

14. Do you wear a bicycle helmet when you ride a bike?

Tick one box

291

I always wear a helmet when I ride a bike	<input type="checkbox"/>	1	} → Go to next question
I sometimes wear a helmet when I ride a bike	<input type="checkbox"/>	2	
I never wear a helmet when I ride a bike	<input type="checkbox"/>	3	
I never ride a bike	<input type="checkbox"/>	4	

## CHelmb1-7

15. What do you think about bicycle helmets?

Please tick all the boxes that you agree with

292-298

Wearing a helmet makes me feel safer when I ride a bike	<input type="checkbox"/>	1
I sometimes forget to put my helmet on	<input type="checkbox"/>	2
Bicycle helmets cost too much money	<input type="checkbox"/>	3
Helmets look good	<input type="checkbox"/>	4
It is difficult to get helmets to fit	<input type="checkbox"/>	5
Helmets can protect you if you have an accident	<input type="checkbox"/>	6
Wearing a helmet makes me feel like a proper cyclist	<input type="checkbox"/>	7

**Thank you for answering these questions.**

**Please give the booklet back to the interviewer.**



**P2927**

<b>Point</b>	<b>Address</b>	<b>HHL D</b>	<b>CKL</b>	<b>Person No</b>
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/> <input type="text"/>
1-4	5-6	7		8-9

First name:

Spare	Card	Spare
	<input type="text"/> <input type="text"/> <input type="text"/>	
10-11	12-14	15-20

Survey month:

## Health Survey for England 2009

### Booklet for 13-15 year olds

In Confidence

- Here are some questions for you to answer on your own.
- We are interested in your honest answers.
- We will not tell your answers to anyone you know.
- Look at the instructions on the next page and read what to do.
- Ask the interviewer for help if you do not understand a question or are not sure what to do.

**Thank you for taking part in this survey**

## How to answer these questions

- Please read each question carefully
- Most of the questions can be answered by putting a tick in the box next to the answer that applies to you like this

Yes  <sub>1</sub>

No  <sub>2</sub>

- Sometimes you have to write a number in the box, for example

I was  years old  
write in

- Next to some of the boxes are arrows and instructions  
They show or tell you which question to answer next.  
If there are no special instructions, just answer the next question.

No  <sub>2</sub> → **Go to question 4**

Yes  <sub>1</sub>

I was  years old  
write in

# Cigarette Smoking

## ASmokCig

**Q1** Have you ever tried smoking a cigarette, even if it was only a puff or two?

Spare 21-170

**Tick one box**

Yes  <sup>171</sup><sub>1</sub>

No  <sub>2</sub>

→ **Go to next question**

## ASmokReg

**Q2** Now read all the following sentences very carefully and tick the box next to the one which best describes you.

**Tick one box**

I have never smoked  <sup>172</sup><sub>1</sub> → **Go to question 6**

I have only smoked once or twice  <sub>2</sub>

I used to smoke sometimes, but I never smoke a cigarette now  <sub>3</sub>

I sometimes smoke, but I don't smoke every week  <sub>4</sub> → **Go to next question**

I smoke between one and six cigarettes a week  <sub>5</sub>

I smoke more than six cigarettes a week  <sub>6</sub>

## ACigAge

**Q3** How old were you when you tried smoking a cigarette, even if it was only a puff or two?

I was  <sup>173-174</sup> years old **Go to next question**

**write in**

## ACigweek

**Q4** Did you smoke any cigarettes last week?

**Tick one box**

Yes  <sup>175</sup><sub>1</sub> → **Go to next question**

No  <sub>2</sub> → **Go to question 6**

## ACigNum

**Q5** How many cigarettes did you smoke last week?

I smoked  <sup>176-177</sup> cigarettes **Go to next question**

**write in**

Spare 178-184

**EVERYONE PLEASE ANSWER**

**Anrsmo2 (new)**

**Q6** Do you find that you are often near people who are smoking in any of these places?

**Please tick all the places where you are often near people who are smoking**

**Tick all boxes which apply**

185-204

At home

 01

In other people's homes

 02

In other places

(please write these other places on the line below)

 03

**Go to next question**

---

No, none of these

 97

**Go to question 8**

**Asmkbthr**

**Q7** Does this bother you?

**Tick one box**

205

Yes

 1

No

 2

**Go to next question**

Spare 206-214

# Drinking

## Adrprop

**Q8** Have you ever had a proper alcoholic drink – a whole drink, not just a sip? **Please don't count drinks labelled low alcohol.**

Tick one box

215

Yes

 1

→ Go to question 10

No

 2

→ Go to next question

## Adrpop

**Q9** Have you ever drunk alcopops (such as Bacardi Breezer, Smirnoff Ice, WKD, Hooch etc)?

Tick one box

216

Yes

 1

→ Go to next question

No

 2

→ Go to question 19 on page 8

## Adrinkag

**Q10** How old were you the first time you had a proper alcoholic drink or an alcopop?

217-218

I was

years old

Go to next question

write in

## Adrinkof

**Q11** How often do you usually have an alcoholic drink or alcopop?

Tick one box

219

Almost every day

 1

About twice a week

 2

About once a week

 3

About once a fortnight

 4

About once a month

 5

Only a few times a year

 6

I never drink alcohol now

 7

→ Go to next question

**Adrlast**

**Q12** When did you **last** have an alcoholic drink or alcopop?

**Tick one box**  
220

Today	1	}	<b>Go to next question</b>
Yesterday	2		
Some other time during the last week	3		
1 week, but less than 2 weeks ago	4	}	<b>Go to question 19 on page 8</b>
2 weeks, but less than 4 weeks ago	5		
1 month, but less than 6 months ago	6		
6 months ago or more	7		

**Aberzw**

**Q13** Which, if any, of the drinks shown below, have you drunk in the last 7 days?

Please (✓) either yes or no for each kind of drink.

For each kind of drink, write in the box how much you drank in the last 7 days.

**Beer, lager cider or shandy  
(exclude bottles or cans of shandy)**

Have you drunk this in the last 7 days?

**Tick one box**  
221

No	2	}	<b>Go to question 14</b>
Yes	1	}	↓

**How much did you drink in the last 7 days?**  
Write in:

**Aberzqpt**

222-225

	<b>Pints (if half a pint, write in 1/2)</b>
--	---

**Aberzqlg**

226-227

AND/OR		<b>Large cans or bottles</b>
--------	--	------------------------------

**Aberzqsm**

228-229

AND/OR		<b>Small cans or bottles</b>
--------	--	------------------------------

**Aspirw**

**Q14** Spirits or liqueurs, such as gin, vodka, whisky, rum, brandy or cocktails

Have you drunk this in the last 7 days?

Tick one box →

No  <sup>230</sup><sub>2</sub>

**Go to question 15**

Yes  <sub>1</sub>

**How much did you drink in the last 7 days?**

Write in:

<sup>231-232</sup>

**Glasses** (count doubles as two glasses)

**Aspirqgs**

**Asherw**

**Q15** Sherry or martini (including port, vermouth, cinzano, dubonnet)

Have you drunk this in the last 7 days?

Tick one box →

No  <sup>233</sup><sub>2</sub>

**Go to question 16**

Yes  <sub>1</sub>

**How much did you drink in the last 7 days?**

Write in:

<sup>234-235</sup>

**Glasses** (count doubles as two glasses)

**Asherqgs**

**Awinew**

**Q16** Wine (including babycham and champagne)

Have you drunk this in the last 7 days?

Tick one box →

No  <sup>236</sup><sub>2</sub>

**Go to question 17**

Yes  <sub>1</sub>

**How much did you drink in the last 7 days?**

Write in:

<sup>237-238</sup>

**Glasses**

**Awineqgs**

Spare 239-245

**Apopsw**

**Q17** Alcopop (such as Bacardi Breezer, Smirnoff Ice, WKD, Hooch, etc.)

Have you drunk this in the last 7 days?

**Tick one box**

No  <sup>246</sup><sub>2</sub> → **Go to question 18**

Yes  <sub>1</sub> →

**How much did you drink in the last 7 days?**

Write in:

<sup>247-248</sup> **Large cans or bottles**

AND/OR  <sup>249-250</sup> **Small cans or bottles**

**Aopsqlg**

**Aopsqlsm**

**Q18** Other kinds of alcoholic drink?

Have you drunk this in the last 7 days?

**Tick one box**

No  <sup>251</sup><sub>2</sub> → **Go to question 19**

Yes  <sub>1</sub> → **Complete details below**

**Write in name of drink**

<sup>252</sup>

<sup>263</sup>

<sup>274</sup>

**How much did you drink in the last 7 days?**

Write in:

<sup>253-262</sup>

<sup>264-273</sup>

<sup>275-284</sup>

Spare 285-287



## Your weight

Everyone please answer

### Saywgt

**Q19** Given your age and height, would you say that you are...

Tick one box

288

About the right weight

 1

too heavy

 2

or too light?

 3

Not sure

 8

→ Go to next question

### Saydiet

**Q20** At the present time are you trying to **lose** weight, trying to **gain** weight, or are you **not trying** to change your weight?

Tick one box

289

Trying to lose weight

 1

Trying to gain weight

 2

Not trying to change weight

 3

Spare 290-310

## General health over the last few weeks

### Please read this carefully:

We should like to know how your health has been in general over **the past few weeks**. Please answer ALL the questions by ticking the box below the answer which you think most applies to you.

### HAVE YOU RECENTLY:

Tick **one** box  
311

**Better than usual**      **Same as usual**      **Less than usual**      **Much less than usual**

#### **GHQConc**

**Q21** been able to concentrate on whatever you're doing?

 1

 2

 3

 4

Tick **one** box  
312

**Not at all**      **No more than usual**      **Rather more than usual**      **Much more than usual**

#### **GHQSleep**

**Q22** lost much sleep over worry?

 1

 2

 3

 4

Tick **one** box  
313

**More so than usual**      **Same as usual**      **Less useful than usual**      **Much less useful**

#### **GHQUse**

**Q23** felt you were playing a useful part in things?

 1

 2

 3

 4

Tick **one** box  
314

**More so than usual**      **Same as usual**      **Less so than usual**      **Much less capable**

#### **GHQDecis**

**Q24** felt capable of making decisions about things?

 1

 2

 3

 4

Tick **one** box  
315

**Not at all**      **No more than usual**      **Rather more than usual**      **Much more than usual**

#### **GHQStrai**

**Q25** felt constantly under strain?

 1

 2

 3

 4

Tick **one** box  
316

**Not at all**      **No more than usual**      **Rather more than usual**      **Much more than usual**

#### **GHQOver**

**Q26** felt you couldn't overcome your difficulties?

 1

 2

 3

 4

**HAVE YOU RECENTLY:**

Tick **one** box  
317

**More so than usual**      **Same as usual**      **Less so than usual**      **Much less than usual**

**GHQEnjoy**  
**Q27** been able to enjoy your normal day-to-day activities?

1	2	3	4
---	---	---	---

Tick **one** box  
318

**More so than usual**      **Same as usual**      **Less able than usual**      **Much less able**

**GHQFace**  
**Q28** been able to face up to your problems?

1	2	3	4
---	---	---	---

Tick **one** box  
319

**Not at all**      **No more than usual**      **Rather more than usual**      **Much more than usual**

**GHQUnhap**  
**Q29** been feeling unhappy and depressed?

1	2	3	4
---	---	---	---

Tick **one** box  
320

**Not at all**      **No more than usual**      **Rather more than usual**      **Much more than usual**

**GHQConf**  
**Q30** been losing confidence in yourself?

1	2	3	4
---	---	---	---

Tick **one** box  
321

**Not at all**      **No more than usual**      **Rather more than usual**      **Much more than usual**

**GHQWorth**  
**Q31** been thinking of yourself as a worthless person?

1	2	3	4
---	---	---	---

Tick **one** box  
322

**More so than usual**      **About same as usual**      **Less so than usual**      **Much less than usual**

**GHQHappy**  
**Q32** been feeling reasonably happy, all things considered?

1	2	3	4
---	---	---	---

General Health Questionnaire (GHQ-12)  
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**Thank you for answering these questions.  
Please give the booklet back to the interviewer.**

**P2927**

<b>Point</b>	<b>Address</b>	<b>HHLID</b>	<b>CKL</b>	<b>Person No</b>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
1-4	5-6	7		8-9

First name:

Spare	Card	Spare
	<input type="text"/>	
10-11	12-14	15-20

Survey month:

## Health Survey for England 2009

### Booklet for Young Adults

In Confidence

#### How to fill in this questionnaire

- A. Most of the questions on the following pages can be answered by simply ticking the box below or alongside the answer that applies to you.

**Example:**

Tick **one** box

	<b>Very healthy life</b>	<b>Fairly healthy life</b>	<b>Not very healthy life</b>	<b>An unhealthy life</b>
Do you feel that you lead a ...	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4

- B. Sometimes you are asked to write in a number or the answer in your own words. Please enter numbers as figures rather than words.

**Example:**

Write in no.

- C. On most pages you should answer ALL the questions but sometimes you will find an instruction next to the box you have ticked telling you to go to another question.

By following the instructions carefully you will miss out questions which do not apply to you.

**Example:**

Tick **one** box

Yes	<input checked="" type="checkbox"/>	1	→ Go to Q4
No	<input type="checkbox"/>	2	→ Go to Q5

# Smoking

## DSmokevr

**Q1** Have you ever smoked a cigarette, a cigar or a pipe?

Tick ONE box

- Yes  <sup>21</sup><sub>1</sub> → Go to next question
- No  <sub>2</sub> → Go to Q12 on page 4

## Dsmokcig

**Q2** Have you ever smoked a cigarette?

Tick ONE box

- Yes  <sup>22</sup><sub>1</sub> → Go to next question
- No  <sub>2</sub> → Go to Q12 on page 4

## DCigage

**Q3** How old were you when you first tried smoking a cigarette, even if it was only a puff or two?

Write in how old you were then

<sup>23-24</sup>

## DSmoknow

**Q4** Do you smoke cigarettes at all nowadays?

Tick ONE box

- Yes  <sup>25</sup><sub>1</sub> → Go to Q7 on page 3
- No  <sub>2</sub> → Go to next question

**DQTres**

**Q5** Why did you decide to give up smoking?

**Tick ALL that apply**

26-43

- Advice from a GP/health professional  01
- Advert for a nicotine replacement product  02
- Government TV, radio or press advert  03
- Hearing about a new stop smoking treatment  04
- Financial reasons (couldn't afford it)  05
- Because of the smoking ban in all enclosed public places, including pubs and restaurants  06
- I knew someone else who was stopping  07
- Seeing a health warning on a cigarette packet  08
- Family or friends wanted me to stop  09
- Being contacted by my local NHS Stop Smoking Services  10
- Health problems I had at the time  11
- Worried about future health problems  12
- Pregnancy  13
- Worried about the effect on my children  14
- Worried about the effect on other family members  15
- My own motivation  16
- Something else  17
- Cannot remember  98

**DSmokreg**

**Q6** Did you smoke cigarettes regularly or occasionally?

**Tick ONE box**

44

- Regularly, that is at least one cigarette a day  1
- Occasionally  2
- I never really smoked cigarettes, just tried them once or twice  3

→ **Go to Q12 on page 4**

**CURRENT SMOKERS**

**DDIysmok**

**Q7** About how many cigarettes a day do you usually smoke on weekdays?

**Write in number smoked a day**

45-46

**Dwkndsmo**

**Q8** And about how many cigarettes a day do you usually smoke at weekends?

**Write in number smoked a day**

47-48

**DCigType**

**Q9** Do you mainly smoke ...

**Tick ONE box**

- 49
- filter-tipped cigarettes,  1
- plain or untipped cigarettes,  2
- or hand-rolled cigarettes?  3

**DGiveup**

**Q10** Would you like to give up smoking altogether?

**Tick ONE box**

- 50
- Yes  1 → **Go to next question**
- No  2 → **Go to Q12**

**DyGvUp**

**Q11** What are your main reasons for wanting to give up?

**Tick ALL that apply**

- 51-66
- Because of a health problem I have at present  01
- Better for my health in general  02
- Less risk of getting smoking related illnesses  03
- Family/friends wanted me to stop  04
- Financial reasons (couldn't afford it)  05
- Worried about the effect on my children  06
- Because of the ban on smoking in all public places  07
- Other  08

**EVERYONE PLEASE ANSWER**

**DPareg**

**Q12** Did your father ever smoke regularly when you were a child?

**Tick ONE box**

67

Yes  1

No  2

Don't know  8

**Dmareg**

**Q13** Did your mother ever smoke regularly when you were a child?

**Tick ONE box**

68

Yes  1

No  2

Don't know  8

**DExpsm**

**Q14** In most weeks, how many hours a week are you exposed to other people's tobacco smoke?

69-71

Number of hours a week

**Write in**

**Dnrsmo2**

**Q15** Are you regularly exposed to other people's tobacco smoke in any of these places?  
**a)**

**Please tick all the places where you are often exposed to other people's smoke**

**Tick ALL boxes which apply**

72-77

At home  1

At work  2

In other people's homes  3

Outdoor smoking areas of pubs/restaurants/cafes  4

In other places  5

No, none of these  6

**Go to Q15 b)**

**Go to Q16 on page 5**





**DSmkbthr**

**Q15** Does this bother you?

b)

Tick ONE box

78

Yes

 1

No

 2

**DRINKING**

**DDrink**

**Q16** Do you ever drink alcohol nowadays, including drinks you brew or make at home?

Tick one box

79

Yes

 1

→ Go to Q19

No

 2

→ Go to next question

**DDrinkan**

**Q17** Just to check, does that mean you never have an alcoholic drink nowadays, or do you have an alcoholic drink very occasionally, perhaps for medicinal purposes or on special occasions like Christmas and New Year?

Tick one box

80

Very occasionally

 1

→ Go to Q19

Never

 2

→ Go to next question

**Dalwaytt**

**Q18** Have you always been a non-drinker or did you stop drinking for some reason?

Tick one box

81

Always a non-drinker

 1

Used to drink but stopped

 2

→ Go to Q24 on page 8

**DDrinkag**

**Q19** How old were you the first time you ever had a proper alcoholic drink?

82-83

Write in how old you were then

**DDrinkof**

**Q20** Thinking now about all kinds of drinks, how often have you had an alcoholic drink of any kind during the last 12 months?

**Tick one box**

84-85

- Almost every day  01
- Five or six days a week  02
- Three or four days a week  03
- Once or twice a week  04
- Once or twice a month  05
- Once every couple of months  06
- Once or twice a year  07
- Not all in the last 12 months  08

**DDrinkL7**

**Q21** Did you have an alcoholic drink in the seven days ending yesterday?

**Tick one box**

86

- Yes  1 → **Go to next question**
- No  2 → **Go to Q24 on page 8**

**DDrnkday**

**Q22** On how many days out of the last seven did you have an alcoholic drink?

**Tick one box**

87

- One  1
- Two  2
- Three  3
- Four  4
- Five  5
- Six  6
- Seven  7

**Q23** Please think about the day in the last week on which you drank the most. (If you drank the same amount on more than one day, please answer about the most recent of those days.)

From this list, please tick all the types of alcoholic drink which you drank on that day. For the ones you drank, write in how much you drank on that day. EXCLUDE NON-ALCOHOLIC OR LOW-ALCOHOL DRINKS, EXCEPT SHANDY.

TICK <u>ALL</u> DRINKS DRUNK ON THAT DAY		WRITE IN HOW MUCH DRUNK ON THAT DAY				
		Glasses (count doubles as 2 singles)	Pints	Large cans or bottles	Small cans or bottles	
Normal strength beer, lager, stout, cider or shandy (less than 6% alcohol)-exclude bottles/cans of shandy. <b>DDktyp01</b>	88-103 <input type="text"/> 01		<input type="text"/> Nberqpt7	<input type="text"/> Dnbl7q2	<input type="text"/> Dnbl7q3	104-111
<b>Strong</b> beer, lager, stout or cider (6% alcohol or more, such as Tennants Super, Special Brew, Diamond White) <b>DDktyp02</b>	<input type="text"/> 02		<input type="text"/> SBerqpt7	<input type="text"/> Dsbl7q2	<input type="text"/> Dsbl7q3	112-119
Spirits or liqueurs, such as gin, whisky, rum, brandy, vodka, or cocktails <b>DDktyp03</b>	<input type="text"/> 03	<input type="text"/> DSpir17q				120-121
Sherry or martini (including port, vermouth, cinzano, dubonnet) <b>DDktyp04</b>	<input type="text"/> 04	<input type="text"/> Dshrl7q				122-123
Wine (including babycham and champagne) <b>DDktyp05</b>	<input type="text"/> 05	Large glasses (250ml) <input type="text"/> Dw250ml	Standard glasses (175ml) <input type="text"/> Dw175ml	Small glasses (125ml) <input type="text"/> Dw125ml	Bottles (750ml) <input type="text"/> dwbtl	124-132
Alcoholic soft drink ('alcopop') or a pre-mixed alcoholic drink such as Bacardi Breezer, WKD or Smirnoff Ice <b>DDktyp06</b>	<input type="text"/> 06				<input type="text"/> Dpopsl7q	133-134
Other kinds of alcoholic drink <b>WRITE IN NAME OF DRINK</b>						
1. <b>DDktyp07</b>	<input type="text"/> 07	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	135-144
2. <b>DDktyp08</b>	<input type="text"/> 08	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	145-154

Spare 155-310

## GENERAL HEALTH OVER THE LAST FEW WEEKS

**Please read this carefully:**

We should like to know how your health has been in general over **the past few weeks**. Please answer **ALL** the questions by ticking the box below the answer which you think most applies to you.

**HAVE YOU RECENTLY:**

Tick **one** box  
311

	Better than usual	Same as usual	Less than usual	Much less than usual
<b>Q24</b> <b style="color: red;">GHQConc</b> been able to concentrate on whatever you're doing?	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>1</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>2</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>3</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>4</small>

Tick **one** box  
312

	Not at all	No more than usual	Rather more than usual	Much more than usual
<b>Q25</b> <b style="color: red;">GHQSleep</b> lost much sleep over worry?	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>1</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>2</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>3</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>4</small>

Tick **one** box  
313

	More so than usual	Same as usual	Less useful than usual	Much less useful
<b>Q26</b> <b style="color: red;">GHQUse</b> felt you were playing a useful part in things?	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>1</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>2</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>3</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>4</small>

Tick **one** box  
314

	More so than usual	Same as usual	Less so than usual	Much less capable
<b>Q27</b> <b style="color: red;">GHQDecis</b> felt capable of making decisions about things?	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>1</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>2</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>3</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>4</small>

Tick **one** box  
315

	Not at all	No more than usual	Rather more than usual	Much more than usual
<b>Q28</b> <b style="color: red;">GHQStrai</b> felt constantly under strain?	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>1</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>2</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>3</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>4</small>

Tick **one** box  
316

	Not at all	No more than usual	Rather more than usual	Much more than usual
<b>Q29</b> <b style="color: red;">GHQOver</b> felt you couldn't overcome your difficulties?	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>1</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>2</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>3</small>	<input style="width: 40px; height: 25px; border: 1px solid black;" type="checkbox"/> <small>4</small>

**HAVE YOU RECENTLY:**

Tick **one** box  
317

More so than usual	Same as usual	Less so than usual	Much less than usual
<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

**Q30** **GHQEnjoy**  
been able to enjoy your normal day-to-day activities?

Tick **one** box  
318

More so than usual	Same as usual	Less able than usual	Much less able
<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

**Q31** **GHQFace**  
been able to face up to your problems?

Tick **one** box  
319

Not at all	No more than usual	Rather more than usual	Much more than usual
<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

**Q32** **GHQUnhap**  
been feeling unhappy and depressed?

Tick **one** box  
320

Not at all	No more than usual	Rather more than usual	Much more than usual
<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

**Q33** **GHQConf**  
been losing confidence in yourself?

Tick **one** box  
321

Not at all	No more than usual	Rather more than usual	Much more than usual
<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

**Q34** **GHQWorth**  
been thinking of yourself as a worthless person?

Tick **one** box  
322

More so than usual	About same as usual	Less so than usual	Much less than usual
<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

**Q35** **GHQHappy**  
been feeling reasonably happy, all things considered?

General Health Questionnaire (GHQ – 12)

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**Thank you for answering these questions.**  
**Please give the booklet back to the interviewer.**

P2927

<b>Point</b>	<b>Address</b>	<b>HHL D</b>	<b>CKL</b>	<b>Person No</b>	First name:
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
1-4	5-6	7		8-9	

Spare	Card	Spare	Survey month:
	<input type="text"/>		<input type="text"/>
10-11	12-14	15-20	

## Health Survey for England 2009

### Booklet for Adults

In Confidence

#### How to fill in this questionnaire

Most of the questions on the following pages can be answered by simply ticking the box below or alongside the answer that applies to you.

**Example:**

**Tick one box**

	<b>Very healthy life</b>	<b>Fairly healthy life</b>	<b>Not very healthy life</b>	<b>An unhealthy life</b>
Do you feel that you lead a ...	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4



## GENERAL HEALTH OVER THE LAST FEW WEEKS

### Please read this carefully:

We should like to know how your health has been in general over **the past few weeks**. Please answer ALL the questions by ticking the box below the answer which you think most applies to you.

### HAVE YOU RECENTLY:

		Tick one box <small>311</small>			
		Better than usual	Same as usual	Less than usual	Much less than usual
<b>Q1</b>	<b>GHQConc</b> been able to concentrate on whatever you're doing?	<input type="checkbox"/> <small>1</small>	<input type="checkbox"/> <small>2</small>	<input type="checkbox"/> <small>3</small>	<input type="checkbox"/> <small>4</small>

		Tick one box <small>312</small>			
		Not at all	No more than usual	Rather more than usual	Much more than usual
<b>Q2</b>	<b>GHQSleep</b> lost much sleep over worry?	<input type="checkbox"/> <small>1</small>	<input type="checkbox"/> <small>2</small>	<input type="checkbox"/> <small>3</small>	<input type="checkbox"/> <small>4</small>

		Tick one box <small>313</small>			
		More so than usual	Same as usual	Less useful than usual	Much less useful
<b>Q3</b>	<b>GHQUse</b> felt you were playing a useful part in things?	<input type="checkbox"/> <small>1</small>	<input type="checkbox"/> <small>2</small>	<input type="checkbox"/> <small>3</small>	<input type="checkbox"/> <small>4</small>

		Tick one box <small>314</small>			
		More so than usual	Same as usual	Less so than usual	Much less capable
<b>Q4</b>	<b>GHQDecis</b> felt capable of making decisions about things?	<input type="checkbox"/> <small>1</small>	<input type="checkbox"/> <small>2</small>	<input type="checkbox"/> <small>3</small>	<input type="checkbox"/> <small>4</small>

		Tick one box <small>315</small>			
		Not at all	No more than usual	Rather more than usual	Much more than usual
<b>Q5</b>	<b>GHQStrai</b> felt constantly under strain?	<input type="checkbox"/> <small>1</small>	<input type="checkbox"/> <small>2</small>	<input type="checkbox"/> <small>3</small>	<input type="checkbox"/> <small>4</small>

		Tick one box <small>316</small>			
		Not at all	No more than usual	Rather more than usual	Much more than usual
<b>Q6</b>	<b>GHQOver</b> felt you couldn't overcome your difficulties?	<input type="checkbox"/> <small>1</small>	<input type="checkbox"/> <small>2</small>	<input type="checkbox"/> <small>3</small>	<input type="checkbox"/> <small>4</small>

**HAVE YOU RECENTLY:**

**GHQEnjoy**

**Q7** been able to enjoy your normal day-to-day activities?

Tick one box  
317

<b>More so than usual</b>	<b>Same as usual</b>	<b>Less so than usual</b>	<b>Much less than usual</b>
<input style="width: 40px; height: 20px;" type="checkbox"/> 1	<input style="width: 40px; height: 20px;" type="checkbox"/> 2	<input style="width: 40px; height: 20px;" type="checkbox"/> 3	<input style="width: 40px; height: 20px;" type="checkbox"/> 4

**GHQFace**

**Q8** been able to face up to your problems?

Tick one box  
318

<b>More so than usual</b>	<b>Same as usual</b>	<b>Less able than usual</b>	<b>Much less able</b>
<input style="width: 40px; height: 20px;" type="checkbox"/> 1	<input style="width: 40px; height: 20px;" type="checkbox"/> 2	<input style="width: 40px; height: 20px;" type="checkbox"/> 3	<input style="width: 40px; height: 20px;" type="checkbox"/> 4

**GHQUnhap**

**Q9** been feeling unhappy and depressed?

Tick one box  
319

<b>Not at all</b>	<b>No more than usual</b>	<b>Rather more than usual</b>	<b>Much more than usual</b>
<input style="width: 40px; height: 20px;" type="checkbox"/> 1	<input style="width: 40px; height: 20px;" type="checkbox"/> 2	<input style="width: 40px; height: 20px;" type="checkbox"/> 3	<input style="width: 40px; height: 20px;" type="checkbox"/> 4

**GHQConf**

**Q10** been losing confidence in yourself?

Tick one box  
320

<b>Not at all</b>	<b>No more than usual</b>	<b>Rather more than usual</b>	<b>Much more than usual</b>
<input style="width: 40px; height: 20px;" type="checkbox"/> 1	<input style="width: 40px; height: 20px;" type="checkbox"/> 2	<input style="width: 40px; height: 20px;" type="checkbox"/> 3	<input style="width: 40px; height: 20px;" type="checkbox"/> 4

**GHQWorth**

**Q11** been thinking of yourself as a worthless person?

Tick one box  
321

<b>Not at all</b>	<b>No more than usual</b>	<b>Rather more than usual</b>	<b>Much more than usual</b>
<input style="width: 40px; height: 20px;" type="checkbox"/> 1	<input style="width: 40px; height: 20px;" type="checkbox"/> 2	<input style="width: 40px; height: 20px;" type="checkbox"/> 3	<input style="width: 40px; height: 20px;" type="checkbox"/> 4

**GHQHapp**

**Q12** been feeling reasonably happy, all things considered?

Tick one box  
322

<b>More so than usual</b>	<b>About same as usual</b>	<b>Less so than usual</b>	<b>Much less than usual</b>
<input style="width: 40px; height: 20px;" type="checkbox"/> 1	<input style="width: 40px; height: 20px;" type="checkbox"/> 2	<input style="width: 40px; height: 20px;" type="checkbox"/> 3	<input style="width: 40px; height: 20px;" type="checkbox"/> 4

General Health Questionnaire (GHQ – 12)

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**Thank you for answering these questions.**  
**Please give the booklet back to the interviewer.**

**P2827**

**The Health Survey for England 2009**

**Program Documentation**

**Nurse Schedule**

**Household grid**

*PERSON to OC are usually transmitted directly from the interview data to the nurse CAPI program. There is also a facility for nurses to key this information directly from the Nurse Record Form, for example if the nurse visit follows too quickly from the interview to allow the automatic transmission to take place.*

**Person**

*Person number of person who was interviewed*

*Range 01..12*

**Name**

*Name of person who was interviewed*

**Sex**

*Sex of person who was interviewed*

*1 Male*

*2 Female*

**Age**

*Age of person who was interviewed*

*Range 0..120*

**OC**

*Interview outcome of person who was interviewed*

*1 Agreed Nurse Visit*

*2 Refused Nurse Visit*

*3 No outcome yet*

**IF AGE <= 15 THEN**

*P1*

*Person number of child's Parent 1.*

*Range: 1..12*

*NatPs1*

*Parent type of Parent 1.*

*1 Parent*

*2 Legal parental responsibility*

*P2*

*Person number of child's Parent 2*

*(code 97=no Parent 2 in household)*

*Range: 01..97*

**IF P2 IN [1..12] THEN**

*NatPs2*

*Parent type of Parent 2.*

*1 Parent*

*2 Legal parental responsibility*

**ENDIF**

**ENDIF**

**AdrField**

PLEASE ENTER THE FIRST TEN CHARACTERS OF THE FIRST LINE OF THE ADDRESS TAKEN FROM N.R.F. ADDRESS LABEL.

MAKE SURE TO TYPE IT EXACTLY AS IT IS PRINTED.:

Text: Maximum 10 characters

**HHDate**

NURSE: ENTER THE DATE OF THE ORIGINAL HOUSEHOLD INTERVIEW FROM Q2 ON THE NRF (OR INTERIM APPOINTMENT RECORD).

**OpenDisp**

HERE ARE THE PEOPLE AT THIS HOUSEHOLD WHO HAVE BEEN SEEN BY THE INTERVIEWER (N/Y UNDER Nurse means 'Not yet interviewed', N/E means 'not eligible for interview'.)

No, Name, Sex, Age, Nurse

PRESS 1 AND <Enter> TO SEE WHICH NURSE SCHEDULE TO SELECT FOR EACH PERSON.

**SchDisp**

TO INTERVIEW EACH PERSON, PRESS <Ctrl+Enter> AND SELECT THE CORRESPONDING NURSE SCHEDULE AS LISTED BELOW.

No, Name, Sex, Age, Nurse, Nurse Schedule Type

PRESS <Ctrl+Enter> TO SELECT A NURSE SCHEDULE FOR THE PERSON YOU WANT TO INTERVIEW, OR TO EXIT.

**Introduction****IF OC = 1 THEN****Info**

You are in the Nurse Schedule for:

Person Number:

Name:

Age:

Sex:

Can you interview this person?

1 Yes, I will do the interview now

2 No, I will not be able to do this interview

**ELSEIF OC=2 THEN****RefInfo**

NURSE: (*Name of respondent*) IS RECORDED AS HAVING REFUSED A NURSE VISIT.  
HAS (*he/she*) CHANGED (*his/her*) MIND?

NURSE: THERE IS NO INFORMATION YET FROM THE INTERVIEWER WHETHER  
(*Name of respondent*) HAS AGREED TO A NURSE VISIT. IF YOU ARE SURE THAT  
(*he/she*) HAS COMPLETED AN INTERVIEW AND HAS AGREED TO SEE YOU, CODE 1  
FOR "Yes" HERE. ELSE CODE 2 FOR "No"

1 Yes, (*now/this person*) agrees nurse visit

2 No, (*still refuses/this person will not have a*) nurse visit

**ENDIF****ALL WITH A NURSE VISIT (Info = Yes OR RefInfo = Yes, agrees nurse visit)****NurDate**

NURSE: ENTER THE DATE OF THIS INTERVIEW.

**NDoBD**

Can I just check your date of birth?

NURSE: ENTER DAY, MONTH AND YEAR OF (NAME OF RESPONDENT'S) DATE OF  
BIRTH SEPERATELY

ENTER THE **DAY** HERE.

**NDoBM**

NURSE: ENTER THE CODE FOR THE MONTH OF NATALIE'S DATE OF BIRTH.

**NDoBY**

ENTER THE YEAR OF NATALIE'S DATE OF BIRTH.

**ConfAge**

*Derived: Age of respondent based on Nurse entered date of birth and date at time of household interview.*

*Range: 0..120*

**DispAge**

CHECK WITH RESPONDENT: So your age is (*computed age*)?

- 1 Yes
- 2 No

**IF Age of Respondent is 0 to 15 years THEN**

**CParInt**

NURSE: A child can be interviewed **only** with the permission of, and in the presence of, their parent or person who has (permanent) legal parental responsibility, ('parent'). No measurements should be carried out without the agreement of both the parent **and** the child. Press <1> and <Enter> to continue.

**CParNo**

NURSE CHECK: WHICH PARENT (OR "PARENT") IS GIVING PERMISSION FOR MEASUREMENTS TO BE TAKEN AND ANSWERING QUESTIONS FOR THIS CHILD?

- 1 (*Name of Parent 1*)
- 2 (*Name of Parent 2*)

**ENDIF**

**IF (Age of respondent is 16 to 49 years) AND (Sex = Female) THEN**

**PregNTJ**

Can I check, are you pregnant at the moment?

- 1 Yes
- 2 No

**ENDIF**



**Prescribed medicines, drug coding and folic acid****ALL WITH A NURSE VISIT****MedCNJD**

Are you taking or using any medicines, pills, syrups, ointments, puffers or injections prescribed for you by a doctor or nurse?

NURSE: IF STATINS HAVE BEEN PRESCRIBED BY A DOCTOR PLEASE CODE THEM HERE. IF THEY HAVE BEEN BOUGHT WITHOUT A PRESCRIPTION CODE AT THE STATINS QUESTION.

- 1 Yes
- 2 No
- 3 Yes, but unable to code as name of drug(s) not available.

**IF MedCNJD = Yes THEN****MedIntro**

Could I take down the names of the medicines, including pills, syrups, ointments, puffers or injections, prescribed for you by a doctor or nurse?

NURSE: INCLUDING THE CONTRACEPTIVE PILL.

- 1 Continue

*Collect details of up to 22 prescribed medicines***FOR i:= 1 TO 22 DO****IF (i = 1) OR (MedBIC[i-1] = Yes) THEN****MedBI[i]**

NURSE: ENTER NAME OF DRUG NO. (1,2,3..etc.).ASK IF YOU CAN SEE THE CONTAINERS FOR ALL PRESCRIBED MEDICINES CURRENTLY BEING TAKEN.IF ASPIRIN, RECORD DOSAGE AS WELL AS NAME.

Text: Maximum 30 characters

**MedBIA[i]**

Have you taken/used (*name of medicine*) in the last 7 days?

- 1 Yes
- 2 No

**MedBIC[i]**

NURSE CHECK: ANY MORE DRUGS TO ENTER?

- 1 Yes
- 2 No

**ENDIF**

**ENDDO**

**ENDIF**

**IF age>=16 AND MedCNJD = No OR MedBic = 2 THEN****Statins**

Are you taking statins (drugs to lower cholesterol) bought over the counter from a pharmacist, without prescription from a doctor?

NURSE: HERE ARE SOME EXAMPLES OF COMMON STATINS, WHICH MAY BE BOUGHT OVER THE COUNTER:

- Atorvastatin (Lipitor)
- Fluvastatin (Lescol, Lescol XL)

Pravastatin (Lipostat)  
Rosuvastatin (Crestor) and Simvastatin (Zocor)

- 1 Yes
- 2 No

**IF Statins = Yes THEN**

**StatinA**

Have you taken/used statins in the last 7 days?

- 1 Yes
- 2 No

**ENDIF**

**ENDIF**

**IF MedCNJD = Yes THEN**

*Drug coding block*

**Dintro**

NURSE: PLEASE COMPLETE DRUG CODING FOR

Person (*person no.*) (*person name*).

PRESS 1 AND <Enter> TO CONTINUE.

- 1 Continue

*Repeat for up to 22 drugs coded*

**FOR j:= 1 TO (Number of drugs recorded) DO**

**DrC1**

NURSE: ENTER CODE FOR (*name of drug*) ENTER 999999 IF UNABLE TO CODE

Text: Maximum 6 characters

**IF (Age of Respondent is over 15 years) AND (Drug code begins 02) THEN**

**YTake1**

Do you take (*name of drug*) because of a heart problem, high blood pressure or for some other reason?

- 1 Heart problem
- 2 High blood pressure
- 3 Other reason

**IF YTake1 = Other THEN**

**TakeOth1**

NURSE: GIVE FULL DETAILS OF REASON(S) FOR TAKING (*name of drug*):

Text: Maximum 255 characters

**ENDIF**

**ENDIF**

**ENDDO**

**ENDIF**

**IF Sex=Female and Age=18-49 THEN**

**Folic**

At present, are you taking any folic acid supplements such as Solgar folic acid, Pregnacare tablets, Sanatogen Pronatal, or Healthy Start, to supplement your diet or improve your health?

- 1 Yes

2 No

**IF PreNTJ = Yes AND Folic = Yes**

**FolPreg**

Did you start taking folic acid supplements before becoming pregnant?

1 Yes

2 No

**IF FolPreg = Yes**

**FolPreg12**

Have you been taking folic acid supplements for the first 12 weeks of your pregnancy?

1 Yes

2 No

**ENDIF**

**ENDIF**

**IF PreNTJ = No AND Folic = Yes**

**FolPregHR**

People can take folic acid for various health reasons. Are you taking folic acid supplements because you hope to become pregnant?

1 Yes

2 No

**ENDIF**

**ENDIF**

**Nicotine replacement therapy****ASK IF RESPONDENT AGED 16 AND OVER****Smoke**

Can I ask, do you smoke cigarettes, cigars or a pipe at all these days?

CODE ALL THAT APPLY.

IF RESPONDENT USED TO SMOKE BUT DOES NOT ANY MORE, CODE 'NO'.

- 1 Yes, cigarettes
- 2 Yes, cigars
- 3 Yes, pipe
- 4 No

**IF (Smoke = Yes, cigarettes) OR (Smoke = Yes, cigars) OR (Smoke = Yes, pipe) THEN**

**LastSmok**

How long is it since you last smoked a (*cigarette, (and/or a) cigar, (and/or a) pipe*)?

- 1 Within the last 30 minutes
- 2 Within the last 31-60 minutes
- 3 Over an hour ago, but within the last 2 hours
- 4 Over two hours ago, but within the last 24 hours
- 5 More than 24 hours ago

**ENDIF**

**UseNic**

We are also interested in whether people use any of the nicotine replacement products that are now available, such as nicotine chewing gum, patches or inhalers. Have you used any of these types of products in the last seven days?

NURSE: PLEASE NOTE THIS DOES NOT INCLUDE THE NEW MEDICATION PRESCRIBED TO AID SMOKING CESSATION.

- 1 Yes
- 2 No

**IF UseNic=Yes THEN**

**UseGum**

First, in the last seven days have you used any nicotine chewing gum?

- 1 Yes
- 2 No

**IF UseGum=Yes THEN**

**GumMG**

What strength is the nicotine chewing gum you are using - is it 2mg or 4mg?

CODE ONE ONLY. IF BOTH - WHICH MOST RECENTLY? IF CAN'T SAY - ASK TO SEE PACKET

- 1 2mg
- 2 4mg
- 3 Can't say (and no packet available)

**ENDIF**

**UsePat**

In the last seven days have you used nicotine patches that you stick on your skin?

- 1 Yes
- 2 No

**IF UsePat=Yes THEN**

**NicPats**

Can you tell me which brand and strength of nicotine patches you use?

CODE ONE ONLY. DO NOT PROMPT.

IF MORE THAN ONE TYPE - WHICH MOST RECENTLY? IF NOT SURE - ASK TO SEE PACKET

- 1 Nicorette: 5mg
- 2 Nicorette: 10mg
- 3 Nicorette: 15mg
- 4 Nicotinell TTS: 10 (7mg)
- 5 Nicotinell TTS: 20 (14mg)
- 6 Nicotinell TTS: 30 (21mg)
- 7 Niquitin: 7mg
- 8 Niquitin: 14mg
- 9 Niquitin: 21mg
- 95 Other (SPECIFY AT NEXT QUESTION)
- 96 Can't say (and no packet available)

**IF NicPats=Other THEN**

**OthNic**

STATE NAME AND STRENGTH OF NICOTINE PATCHES

Text: Maximum 140 characters

**ENDIF**

**ENDIF**

**UseNas**

In the last seven days, have you used nicotine nasal spray or a nicotine inhaler?

- 1 Yes
- 2 No

**ENDIF**

**Blood pressure**

---

**IF Age of Respondent 0 to 4 years THEN****NoBP**

NO BLOOD PRESSURE READING TO BE DONE. ENTER '1' TO CONTINUE.

1 Continue

**ENDIF****IF (PregNTJ = Yes) OR (UPreg = Pregnant) THEN****PregMes**

RESPONDENT IS PREGNANT. NO MEASUREMENTS TO BE DONE.

1 Continue

**ENDIF****ALL AGED 5+ (EXCEPT PREGNANT WOMEN)****BPMod**

NURSE: NOW FOLLOWS THE BLOOD PRESSURE MODULE.

PRESS &lt;1&gt; AND &lt;ENTER&gt; TO CONTINUE.

**IF Age of Respondent is over 15 years THEN****BPIntro**

(As I mentioned earlier) We would like to measure your blood pressure. The analysis of blood pressure readings will tell us a lot about the health of the population.

1 Continue

**ELSE (Respondent aged 5-15)****BPBlurb**

READ OUT TO PARENT/PARENTS:(As I mentioned earlier) we would like to measure (*name of child's*) blood pressure. If you wish, I will write the results on (*his/her*) Measurement Record Card. I will not, however, be able to tell you what the results mean. This has to be calculated using (*his/her*) age, sex and height. Also blood pressure can vary from day to day and throughout the day, so one high reading would not necessarily mean that your child has a high blood pressure. However if you would like us to, we will send your results to your GP who is better placed to interpret them. In the unlikely event that your child should be found to have a high blood pressure for (*his/her*) age and height, we shall advise (*his/her*) GP (with your permission) that (*name of child's*) blood pressure should be measured again.

1 Continue

**ENDIF****BPCnst**

NURSE: Does the respondent agree to blood pressure measurement?

1 Yes, agrees

2 No, refuses

3 Unable to measure BP for reason other than refusal

**IF BPCnst = Yes, agrees THEN****IF Age of Respondent is 13 years or over THEN****ConSubX**

May I just check, have you eaten, smoked, drunk alcohol or done any vigorous exercise in the past 30 minutes?

CODE ALL THAT APPLY.

- 1 Eaten
- 2 Smoked
- 3 Drunk alcohol
- 4 Done vigorous exercise
- 5 (None of these)

**ELSEIF (Age of Respondent is 5 to 12 years AND BPConst = Yes, agrees) THEN  
ConSubX2**

May I just check, has (*name of child*) eaten, or done any vigorous exercise, in the past 30 minutes?

CODE ALL THAT APPLY.

- 1 Eaten
- 2 Done vigorous exercise
- 3 Neither

**ENDIF**

**OMRONNo**

NURSE: RECORD BLOOD PRESSURE EQUIPMENT SERIAL NUMBER:

Range: 001..999

**CufSize**

SELECT CUFF AND ATTACH TO THE RESPONDENT'S **RIGHT** ARM.  
ASK RESPONDENT TO SIT STILL FOR FIVE MINUTES.

RECORD CUFF SIZE CHOSEN.

- 1 Child (15-22 cm)
- 2 Adult (22-32 cm)
- 3 Large adult (32-42 cm)

**AirTemp**

RECORD THE AMBIENT AIR TEMPERATURE **IN CENTIGRADES** TO ONE DECIMAL PLACE.

Range: 00.0..40.0

**BPReady**

NURSE: ONCE RESPONDENT HAS SAT STILL FOR 5 MINUTES YOU ARE READY TO TAKE THE MEASUREMENTS.

ENSURE THE **READY TO MEASURE** SYMBOL IS LIT BEFORE PRESSING THE **START** BUTTON TO THE START MEASUREMENTS.

- 1 Continue

*Map to Dias repeated for up to 3 blood pressure measurements.*

**FOR I:= 1 TO 3 DO**

**Map[i]**

TAKE THREE MEASUREMENTS FROM RIGHT ARM. ENTER (FIRST/SECOND/THIRD) MAP READING (mmHg).

IF READING NOT OBTAINED, ENTER 999.

IF YOU ARE NOT GOING TO GET ANY BP READINGS AT ALL ENTER "996".

Range: 001..999

**Pulse[i]**

ENTER (*FIRST/SECOND/THIRD*) PULSE READING (bpm).  
IF READING NOT OBTAINED, ENTER 999.

Range: 001..999

**Sys[i]**

ENTER (*FIRST/SECOND/THIRD*) SYSTOLIC READING (mmHg).  
IF READING NOT OBTAINED, ENTER 999.

Range: 001..999

**Dias[i]**

ENTER (*FIRST/SECOND/THIRD*) DIASTOLIC READING (mmHg).  
IF READING NOT OBTAINED, ENTER 999.

Range: 001..999

**ENDDO**

**IF NO FULL MEASUREMENT OBTAINED THEN:****YN<sub>o</sub>BP**

ENTER REASON FOR NOT RECORDING ANY FULL BP READINGS

- 1 Blood pressure measurement attempted but not obtained
- 2 Blood pressure measurement not attempted
- 3 Blood pressure measurement refused

**ENDIF**

**IF BLOOD PRESSURE MEASUREMENT REFUSED OR NOT ATTEMPTED, OR FEWER THAN THREE FULL READINGS OBTAINED THEN:****NAttBP**

RECORD WHY (*ONLY TWO READINGS OBTAINED/ONLY ONE READING OBTAINED/READING NOT OBTAINED/READING NOT ATTEMPTED/READING REFUSED/UNABLE TO TAKE READING*). CODE ALL THAT APPLY.

- 0 Problems with PC
- 1 Respondent upset/anxious/nervous
- 2 Error reading
- 3 (IF AGED UNDER 16: Too shy)
- 4 (IF AGED UNDER 16: Child would not sit still long enough)
- 5 Problems with cuff fitting/painful
- 6 Problems with equipment (not error reading)
- 95 Other reason(s) (SPECIFY AT NEXT QUESTION)

**IF NAttBP = Other THEN****OthNBP**

ENTER FULL DETAILS OF OTHER REASON(S) FOR NOT OBTAINING/ATTEMPTING THREE BP READINGS:

Text: Maximum 140 characters

**ENDIF**

**ENDIF**

**IF ONE, TWO OR THREE FULL BLOOD PRESSURE READINGS OBTAINED THEN DifBPC**

RECORD ANY PROBLEMS TAKING READINGS. CODE ALL THAT APPLY.

- 1 No problems taking blood pressure
- 2 Reading taken on left arm because right arm not suitable
- 3 Respondent was upset/anxious/nervous



- 4 Problems with cuff fitting/painful
- 5 Problems with equipment (not error reading)
- 6 Error reading
- 95 Other problems (SPECIFY AT NEXT QUESTION)

**IF DifBPC=Other THEN**

**OthDifBP**

NURSE: RECORD FULL DETAILS OF OTHER PROBLEM(S) TAKING READINGS.

Text: Maximum 140 characters

**ENDIF**

**ENDIF**

**IF ONE, TWO OR THREE FULL BLOOD PRESSURE READINGS OBTAINED THEN**

**GPreB**

Are you registered with a GP?

- 1 Yes
- 2 No

**IF GPreB = Yes THEN**

**GPSeB**

May we send your blood pressure readings to your GP?

- 1 Yes
- 2 No

**IF GPSeB = No THEN**

**GPReC**

NURSE: SPECIFY REASON(S) FOR REFUSAL TO ALLOW BP READINGS TO BE SENT TO GP. CODE ALL THAT APPLY.

- 1 Hardly/Never sees GP
- 2 GP knows respondent's BP level
- 3 Does not want to bother GP
- 95 Other (SPECIFY AT NEXT QUESTION)

**IF GPReM = Other THEN**

**OthReC**

NURSE: GIVE FULL DETAILS OF REASON(S) FOR REFUSAL

Text: Maximum 140 characters

**ENDIF**

**ENDIF**

**ENDIF**

**IF (GPreB <> Yes) OR (GPSeB = No) THEN**

**Code02**

CIRCLE CONSENT CODE 02 ON FRONT OF CONSENT BOOKLET.

- 1 Continue

**ELSEIF GPSEND = Yes THEN****ConsFrm1**

NURSE:

A) ASK THE RESPONDENT TO READ AND COMPLETE THE 'BLOOD PRESSURE TO GP' SECTION OF THE CONSENT BOOKLET.

B) CHECK GP NAME, ADDRESS AND PHONE NO. ARE RECORDED ON CONSENT FORM.

C) CHECK NAME BY WHICH GP KNOWS RESPONDENT.

D) CIRCLE CONSENT CODE 01 ON FRONT OF CONSENT BOOKLET.

1 Continue

**ENDIF****BPOffer**

NURSE: OFFER BLOOD PRESSURE RESULTS TO RESPONDENT.

- |      | Systolic                         | Diastolic                         | Pulse                         |
|------|----------------------------------|-----------------------------------|-------------------------------|
| i)   | <i>(First Systolic reading)</i>  | <i>(First Diastolic reading)</i>  | <i>(First Pulse reading)</i>  |
| ii)  | <i>(Second Systolic reading)</i> | <i>(Second Diastolic reading)</i> | <i>(Second Pulse reading)</i> |
| iii) | <i>(Third Systolic reading)</i>  | <i>(Third Diastolic reading)</i>  | <i>(Third Pulse reading)</i>  |

ENTER ON THEIR **MEASUREMENT RECORD CARD** (COMPLETE NEW RECORD CARD IF REQUIRED).

ADVICE TO RESPONDENTS ON BLOOD PRESSURE READING

**IF Systolic reading >179 OR Diastolic reading >114 THEN**

TICK THE CONSIDERABLY RAISED BOX AND READ OUT TO RESPONDENT: Your blood pressure is high today. Blood pressure can vary from day to day and throughout the day so that one high reading does not necessarily mean that you suffer from high blood pressure. You are strongly advised to visit your GP within 5 days to have a further blood pressure reading to see whether this is a once-off finding or not.

NURSE: IF RESPONDENT IS ELDERLY, ADVISE HIM/HER TO CONTACT GP WITHIN NEXT 7-10 DAYS.

**IF Systolic reading 160-179 OR Diastolic reading 100-114 (Men aged 16-49 OR Women aged 16+) OR IF Systolic reading 170-179 OR Diastolic reading 105-114 (Men aged 50+) THEN**

TICK THE MODERATELY RAISED BOX AND READ OUT TO RESPONDENT: Your blood pressure is a bit high today. Blood pressure can vary from day to day and throughout the day so that one high reading does not necessarily mean that you suffer from high blood pressure. You are advised to visit your GP within 2 weeks to have a further blood pressure reading to see whether this is a once-off finding or not.

**IF Systolic reading 140-159 OR Diastolic reading 85-99 (Men aged 16-49 OR Women aged 16+) OR IF Systolic reading 160-169 OR Diastolic reading 96-104 (Men aged 50+) THEN**

TICK THE MILDLY RAISED BOX AND READ OUT TO RESPONDENT: Your blood pressure is a bit high today. Blood pressure can vary from day to day and throughout the day so that one high reading does not necessarily mean that you suffer from high blood pressure. You are advised to visit your GP within 2 months to have a further blood pressure reading to see whether this is a once-off finding or not.

**IF Systolic reading <140 AND Diastolic reading <85 (Men aged 16-49 OR Women aged 16+) OR IF Systolic reading <160 AND Diastolic reading <95 (Men aged 50+) THEN**

TICK THE NORMAL BOX AND READ OUT TO RESPONDENT: Your blood pressure is normal.

**ENDIF**

**ENDIF**

**ENDIF**

**ENDIF**

**Waist and hip circumference****ASK ALL Respondents aged 11+ AND PregNTJ=No THEN****WHMod**

NURSE: NOW FOLLOWS THE WAIST AND HIP CIRCUMFERENCE MEASUREMENT.

- 1 Continue

**WHIntro**

I would now like to measure your waist and hips. The waist relative to hip measurement is very useful for assessing the distribution of weight over the body.

- 1 Respondent agrees to have waist/hip ratio measured
- 2 Respondent refuses to have waist/hip ratio measured
- 3 Unable to measure waist/hip ratio for reason other than refusal

**IF WHIntro=Agree THEN**

*Repeat for up to three waist-hip measurements. Third measurement taken only if difference between first two measurements is greater than 3cm.*

**FOR Loop:= 1 TO 3 DO**

**IF (Loop IN [1..2]) OR ((Loop = 3) AND (Measure[1].Waist <> 999.9) AND (Measure[2].Waist <> 999.9) AND (ABS(Measure[1].Waist - Measure[2].Waist) > 3)) THEN**

**Waist**

NURSE: MEASURE THE WAIST AND HIP CIRCUMFERENCES TO THE NEAREST MM. ENTER (FIRST/SECOND/THIRD) WAIST MEASUREMENT IN CENTIMETRES (Remember to include the decimal point).

IF MEASUREMENT NOT OBTAINED, ENTER '999.9'.

Range: 45.0..1000.0

**ENDIF**

**IF (Loop IN [1..2]) OR ((Loop = 3) AND (Measure[1].Hip <> 999.9) AND (Measure[2].Hip <> 999.9) AND (ABS(Measure[1].Hip - Measure[2].Hip) > 3)) THEN**

**Hip**

NURSE: MEASURE THE WAIST AND HIP CIRCUMFERENCES TO THE NEAREST MM. ENTER (FIRST/SECOND/THIRD) MEASUREMENT OF HIP CIRCUMFERENCE IN CENTIMETRES (Remember to include the decimal point).

IF MEASUREMENT NOT OBTAINED, ENTER '999.9'.

Range: 75.0..1000.0

**ENDIF****ENDDO**

**IF (Waist1 = 999.9) OR (Waist2 = 999.9) OR (Hip1 = 999.9) OR (Hip2 = 999.9) THEN**  
**YNoWH**

ENTER REASON FOR NOT GETTING BOTH MEASUREMENTS

- 1 Both measurements refused
- 2 Attempted but not obtained
- 3 Measurement not attempted

**ENDIF****ENDIF**

**IF NO OR ONE MEASUREMENT OBTAINED ((WHIntro=Refuse OR Unable) OR only one waist/hip measurement obtained) THEN**

**WHPNABM**

GIVE REASON(S) (FOR REFUSAL/WHY UNABLE/FOR NOT OBTAINING MEASUREMENT/FOR NOT ATTEMPTING/WHY ONLY ONE MEASUREMENT OBTAINED). CODE ALL THAT APPLY.

- 1 Respondent is in a wheelchair
- 2 Respondent is confined to bed
- 3 Respondent is too stooped
- 4 Respondent did not understand the procedure
- 5 Respondent is embarrassed / sensitive about their size
- 6 No time/ busy/ already spent enough time on this survey
- 95 Other (SPECIFY AT NEXT QUESTION)

**IF WHPNABM = Other THEN**

**OthWH**

GIVE FULL DETAILS OF 'OTHER' REASON(S) FOR NOT GETTING FULL WAIST/HIP MEASUREMENT:

Text: Maximum 140 characters

**ENDIF**

**ENDIF**

**IF AT LEAST ONE WAIST MEASUREMENT OBTAINED (IF (Waist1 <> 999.9 AND Waist1 <> EMPTY) OR (Waist2 <> 999.9 AND Waist2 <> EMPTY)) THEN**

**WJRel**

RECORD ANY PROBLEMS WITH WAIST MEASUREMENT:

- 1 No problems experienced, **reliable** waist measurement
- 2 Problems experienced - waist measurement **likely to be reliable**
- 3 Problems experienced - waist measurement likely to be **slightly unreliable**
- 4 Problems experienced - waist measurement **likely to be unreliable**

**IF WJRel = Problems experienced THEN**

**ProbWJ**

RECORD WHETHER PROBLEMS EXPERIENCED ARE LIKELY TO INCREASE OR DECREASE THE WAIST MEASUREMENT.

- 1 Increases measurement (e.g. bulky clothing)
- 2 Decreases measurement (e.g. very tight clothing)
- 3 Measurement not affected

**ENDIF**

**ENDIF**

**IF AT LEAST ONE HIP MEASUREMENT OBTAINED (IF (Hip1 <> 999.9 AND Hip1 <> EMPTY) OR (Hip2 <> 999.9 AND Hip2 <> EMPTY)) THEN**

**HJRel**

RECORD ANY PROBLEMS WITH HIP MEASUREMENT (include here restrictions from type of clothing worn such as saris or religious/cultural items worn on the body):

- 1 No problems experienced, **reliable** hip measurement
- 2 Problems experienced - hip measurement **likely to be reliable**
- 3 Problems experienced - hip measurement likely to be **slightly unreliable**
- 4 Problems experienced - hip measurement **likely to be unreliable**

**IF HJRel = Problems experienced THEN**

**ProbHJ**

RECORD WHETHER PROBLEMS EXPERIENCED ARE LIKELY TO INCREASE OR DECREASE THE HIP MEASUREMENT.

- 1 Increases measurement (e.g. bulky clothing)
- 2 Decreases measurement (e.g. very tight clothing)
- 3 Measurement not affected

**ENDIF**

**ENDIF**

**IF ONE OR TWO WAIST/HIP MEASUREMENTS OBTAINED THEN**

**WHRes**

NURSE: OFFER TO WRITE RESULTS OF WAIST AND HIP MEASUREMENTS, WHERE APPLICABLE, ONTO RESPONDENT'S MEASUREMENT RECORD CARD.

Waist:            (*Waist measurements 1 and 2*)

Hip:              (*Hip measurements 1 and 2*)

Press <1> and <Enter> to continue.

**ENDIF**

**ENDIF**

**Blood sample****ASK ALL aged 16+ (EXCEPT PREGNANT WOMEN)****BIIntro**

NURSE: NOW FOLLOWS THE BLOOD SAMPLE MODULE.

PRESS &lt;1&gt; AND &lt;ENTER&gt; TO CONTINUE.

- 1 Continue

**ClotB**

The next part of my visit is a blood sample. Before I can take blood, I need to ask you a couple of questions and I will then explain what is involved.

May I just check, do you have a clotting or bleeding disorder or are you currently on anti-coagulant drugs such as Warfarin?

(NURSE: ASPIRIN THERAPY IS NOT A CONTRAINDICATION FOR BLOOD SAMPLE)

- 1 Yes
- 2 No

**IF ClotB = No THEN****Fit**

May I just check, have you had a fit (including epileptic fit, convulsion, convulsion associated with high fever)?

- 1 Yes
- 2 No

**ENDIF****IF Fit = No THEN****BSWill**

EXPLAIN PURPOSE AND PROCEDURE FOR TAKING BLOOD.

Would you be willing to have a blood sample taken?

- 1 Yes
- 2 No
- 3 Respondent unable to give blood sample for reason other than refusal (PLEASE SPECIFY)

**IF BSWill = No THEN****RefBSC**

RECORD WHY BLOOD SAMPLE REFUSED. CODE ALL THAT APPLY.

- 1 Previous difficulties with venepuncture
- 2 Dislike/fear of needles
- 3 Respondent recently had blood test/health check
- 4 Refused because of current illness
- 5 Worried about HIV or AIDS
- 95 Other (SPECIFY AT NEXT QUESTION)

**IF RefBS = Other THEN****OthRefBS**

GIVE FULL DETAILS OF OTHER REASON(S) FOR REFUSING BLOOD SAMPLE.

Text: Maximum 135 characters

**ENDIF****ELSEIF BSWill = Yes THEN**

**BSConsC**

EXPLAIN NEED FOR WRITTEN CONSENT: Before I can take any blood, I have to obtain written consent from you.

PRESS <1> AND <ENTER> TO CONTINUE.

1 Continue

**ENDIF**

**ENDIF**

**IF BSWill = Yes THEN**

**BSCons**

NURSE: Ask the respondent to read and complete point number one in the 'Blood sample' section of the consent booklet.

Circle consent code 07 on the front of the Consent Booklet.

Press <1> and <Enter> to continue.

**GPSam**

NURSE CHECK:

- 1 Respondent registered with GP
- 2 Respondent not registered with GP

**IF GPRegB = Yes OR GPSam = GP THEN**

**SendSam**

May we send the results of your blood sample analysis to your GP?

- 1 Yes
- 2 No

**IF SendSam = Yes THEN**

**BSSign**

NURSE: Ask the respondent to read and complete point number two in the 'Blood sample' section of the consent booklet.

Check name by which GP knows respondent.

Check GP name, address and phone no. are recorded on front of the Consent Booklet.

Circle consent code 09 on front of the Consent Booklet.

**Press <1> and <Enter> to continue.**

**ELSEIF SendSam = No THEN**

**SenSaC**

**Why do you not want your blood sample results sent to your GP?**

- 1 Hardly/never sees GP
- 2 GP recently took blood sample
- 3 Does not want to bother GP
- 95 Other (SPECIFY AT NEXT QUESTION)

**IF SenSaC = Other THEN**

**OthSam**

GIVE FULL DETAILS OF REASON(S) FOR NOT WANTING RESULTS SENT TO GP.

Text: Maximum 140 characters

**ENDIF**

**ENDIF**

**IF (GPSam = No GP OR SendSam = No) THEN**



**Code08**

CIRCLE CONSENT CODE 10 ON FRONT OF CONSENT BOOKLET.  
PRESS <1> AND <ENTER> TO CONTINUE.

**ENDIF**

**ConStorB**

ASK RESPONDENT: May we have your consent to store any remaining blood for future analysis?

- 1 Storage consent given
- 2 Consent refused

**IF ConStorB = Yes THEN**

**Code09**

NURSE: Ask the respondent to read and complete point number three in the 'Blood sample' section of the consent booklet.

Circle consent code 11 on front of the Consent Booklet.

Press <1> and <Enter> to continue.

**ELSEIF ConStorB = No THEN**

**Code10**

CIRCLE CONSENT CODE 12 ON FRONT OF THE CONSENT BOOKLET.  
PRESS <1> AND <ENTER> TO CONTINUE.

**ENDIF**

**TakeSam**

CHECK YOU HAVE ALL APPLICABLE SIGNATURES. TAKE BLOOD SAMPLES:

FILL (1 Plain (red) tube, 1 EDTA (purple) tube) and 1 citrate (blue) tube.

WRITE THE SERIAL NUMBER AND DATE OF BIRTH ONTO THE RED LABEL USING A BIRO. ONE LABEL PER TUBE.

Serial number:            *(displays serial number)*

Date of birth:             *(displays date of birth)*

CHECK THE DATE OF BIRTH AGAIN WITH THE RESPONDENT. STICK THE RED LABEL OVER THE LABEL WHICH IS ALREADY ON THE TUBE.

PRESS <1> AND <ENTER> TO CONTINUE.

**SampF1**

CODE IF PLAIN **RED** TUBE WAS FILLED (INCLUDE PARTIALLY FILLED TUBE):

- 1 Yes
- 2 No

**SampF2**

CODE IF EDTA **PURPLE** TUBE FILLED (INCLUDE PARTIALLY FILLED TUBE):

- 1 Yes
- 2 No

**IF SampF1 = Yes OR SampF2 = Yes THEN**

**SampTak:= Yes**

**ELSEIF**

**SampTak:= No**

**ENDIF**

**SampTak***Computed: Blood sample outcome.*

- 1 Blood sample obtained
- 2 No blood sample obtained

**IF SampTak = Yes THEN****SampArm**

NURSE: RECORD FROM WHICH ARM THE BLOOD WAS TAKEN:

- 1 Right
- 2 Left
- 3 Both

**SamDifC**

RECORD ANY PROBLEMS IN TAKING BLOOD SAMPLE. CODE ALL THAT APPLY.

- 1 No problem
- 2 Incomplete sample
- 3 Collapsing/poor veins
- 4 Second attempt necessary
- 5 Some blood obtained, but respondent felt faint/fainted
- 6 Unable to use tourniquet
- 95 Other (SPECIFY AT NEXT QUESTION)

**IF SamDif = Other THEN****OthBDif**

GIVE FULL DETAILS OF OTHER PROBLEM(S) IN TAKING BLOOD SAMPLE.

Text: Maximum 140 characters

**ENDIF****SnDrSam**

Would you like to be sent the results of your blood sample analysis?

- 1 Yes
- 2 No

**IF SnDrSam = Yes THEN****Code11**CIRCLE CONSENT CODE 13 ON FRONT OF CONSENT BOOKLET.  
PRESS <1> AND <ENTER> TO CONTINUE.**ELSEIF SnDrSam = No THEN****Code122**CIRCLE CONSENT CODE 14 ON FRONT OF CONSENT BOOKLET.  
PRESS <1> AND <ENTER> TO CONTINUE.**ENDIF****ELSEIF SampTak = No THEN****NoBSC**

CODE REASON(S) NO BLOOD OBTAINED. CODE ALL THAT APPLY.

- 1 No suitable or no palpable vein/collapsed veins
- 2 Respondent was too anxious/nervous
- 3 Respondent felt faint/fainted
- 4 Other (SPECIFY AT NEXT QUESTION)

**IF NoBSM = Other THEN**  
**OthNoBSM**  
GIVE FULL DETAILS OF REASON(S) NO BLOOD OBTAINED.  
Text: Maximum 140 characters  
**ENDIF**

**Code12**  
CROSS OUT CONSENT CODES **07, 09, 11, AND 13** IF ALREADY CIRCLED ON FRONT OF  
CONSENT BOOKLET. REPLACE WITH CONSENT CODES **08, 10, 12, AND 14** ON FRONT  
OF CONSENT BOOKLET. TURN TO LABORATORY DESPATCH NOTE AND ENSURE  
THAT AT ETHNICITY CODE **2** IS CIRCLED. PRESS <1> AND <ENTER> TO CONTINUE.  
**ENDIF**  
**ENDIF**  
**ENDIF**

**Saliva sample****IF Respondent aged 4 and over THEN****SalInt1**

NURSE: NOW FOLLOWS THE SALIVA SAMPLE.

- 1 Continue

**SalIntr1**

NURSE: ASK RESPONDENT FOR A SALIVA SAMPLE.

READ OUT: I would like to take a sample of saliva (spit). This simply involves (*keeping a absorbent swab in your mouth for a few minutes {aged 16+} / using a straw to dribble saliva into a tube {aged 4-15}*). The sample will be analysed for cotinine, which is related to the intake of tobacco smoke and is of particular interest to see if non-smokers may have raised levels as a result of 'passive' smoking.

- 1 Respondent agrees to give saliva sample
- 2 Respondent refuses to give saliva sample
- 3 Unable to obtain saliva sample for reason other than refusal

**IF SalIntr1=Agree AND Age=16+ THEN****SalWrit**

NURSE: Ask the respondent to read and complete the 'Saliva sample' section of the consent booklet.

Circle code 03 on front of the Consent Booklet.

Press <1> and <Enter> to continue

**ENDIF**

**IF SalIntr1=Agree AND Age=4-15 THEN****SalWritC**

NURSE: Ask the parent to read and complete the 'Saliva sample' section of the consent booklet. Show respondent the saliva sample information on the child information sheet and consent booklet.

Circle code 03 on front of the Consent Booklet.

Press <1> and <Enter> to continue.

**ENDIF**

**IF SalIntr1=Refuse****SalCode**

NURSE: Circle code 04 on front of the Consent Booklet

Press <1> and <Enter> to continue.

**ENDIF**

**IF SalIntr1=Agree****SalInst**

NURSE: Ask respondent to keep the (absorbent swab in the mouth for a few minutes / dribble through straw into the tube).

Write the serial number and date of birth on the blue red label using a biro.

Serial number:

Date of birth:

Press <1> and <Enter> to continue.

**ENDIF**

**SalObt1**

## NURSE CHECK:

- 1 Saliva sample obtained
- 2 Saliva sample refused
- 3 Saliva sample not attempted
- 4 Attempted but not obtained

**IF SalObt1=obtained****SalHow**

NURSE: Code the method used to obtain the saliva sample.

- 1 Dribbled into tube
- 2 Absorbent swab

**ENDIF****IF (SalObt1= Not attempted or Attempted, not obtained) OR (SalIntr1=Unable)****SalNObt**

NURSE: Record why saliva sample not obtained.

CODE ALL THAT APPLY.

- 1 Respondent not able to produce any saliva
- 95 Other (specify at next question)

**IF SalNObt = Other THEN****OthNObt**

NURSE: Give full details of reason(s) why saliva sample not obtained.

Text: Maximum 140 characters

**ENDIF****ENDIF****ENDIF**

**Urine Sample****ASK IF Age of Respondent 16+****UriDisp**

NURSE: Now follows the Urine Sample.

- 1 Continue

**UriIntro**

NURSE READ OUT: I would like to take a sample of your urine. This simply involves you collecting a small amount of urine (mid-flow) in this container. The sample will be analysed for sodium (salt), so we can measure the amount of salt in people's diets. High dietary salt levels are related to high blood pressure, so this is important information for assessing the health of the population. Would you be willing to provide a urine sample?

- 1 Respondent agrees to give urine sample
- 2 Respondent refuses to give urine sample
- 3 Unable to obtain urine sample for reason other than refusal

**IF UriIntro = Agree THEN**

**UriWrit**

NURSE: Ask the respondent to read and initial the 'Urine sample' section of the pink adult consent booklet.

Circle code 13 on front of the consent booklet.

Press <1> and <Enter> to continue.

**ELSEIF UriIntro = Refuse THEN**

**UriCode**

NURSE: Circle code 14 on front of the consent booklet.

Press <1> and <Enter> to continue.

**ENDIF**

**IF UriIntro = Agree THEN**

**UriSamp**

NURSE: ASK RESPONDENT TO TAKE CONTAINER AND PROVIDE A URINE SAMPLE  
WRITE THE SERIAL NUMBER AND DATE OF BIRTH ON A RED LABEL AND ATTACH  
TO URINE SAMPLE TUBE OVER PRE-EXISTING THE GREEN LABEL.

- 1 Continue

**UriObt1**

NURSE CHECK:

- 1 Urine sample obtained
- 2 Urine sample refused
- 3 Urine sample not attempted
- 4 Attempted not obtained

**ENDIF**

**IF (UriObt1 = Refused, Not Attempted, Attempted not Obtained) OR (UriIntro=Unable)  
THEN**

**UriNObt**

NURSE: RECORD WHY URINE SAMPLE NOT OBTAINED  
CODE ALL THAT APPLY.

3. Respondent not able to produce any urine
95. Other (specify at next question)

**IF (UriNObt = Other) THEN**

**OthNObt**

NURSE: GIVE FULL DETAILS OF REASON(S) WHY URINE SAMPLE NOT OBTAINED.

Text: Maximum of 140 characters.

**ENDIF**

**ENDIF**

### **Venepuncture checklist**

#### **VpSys**

NURSE: Which system did you use to take blood?

- 1 Vacutainer needle
- 2 Butterfly needle

#### **VpHand**

NURSE: Was the respondent left handed or right handed?

- 1 Left handed
- 2 Right handed

#### **VpArm**

NURSE: Which arm did you use to take blood?

- 1 Right arm
- 2 Left arm
- 3 Both

#### **VpSkin**

NURSE: Code the skin condition of the arm used.

- 1 Skin intact
- 2 Skin not intact

#### **VpAlco**

NURSE: Did you use an alcohol wipe?

- 1 Yes
- 2 No

#### **VpSam**

NURSE: Code the number of attempts made to take blood.

- 1 Sample taken on first attempt
- 2 Sample taken on second attempt
- 3 Both attempts failed
- 4 First attempt failed, did not make second attempt

#### **VpPress**

NURSE: Code who applied pressure to the puncture site.

CODE ALL THAT APPLY

- 1 Nurse
- 2 Respondent
- 3 Partner or spouse

#### **VpSens**

NURSE: Was the respondent sensitive to the tape or plaster?

- 1 Sensitive to tape/plaster
- 2 **Not** sensitive to tape/plaster
- 3 (Did not check)

#### **VpProb**

NURSE: Was there any abnormality noted after 5 minutes?

(Please remember to recheck the site after completion of the blood sample module)



CODE ALL THAT APPLY

- 1 Sensory deficit
- 2 Haematoma
- 3 Swelling
- 95 Other (DESCRIBE AT NEXT QUESTION)
- 96 None

**IF VpProb = Other THEN**

**VpOther**

NURSE: RECORD THE DETAILS OF THE OTHER ABNORMALITY FULLY.

Text: Maximum 140 characters

**ENDIF**

**IF VpProb= Sensory deficit, Haematoma, Swelling or Other THEN**

**VpDetail**

NURSE: You have coded that an abnormality was noted after 5 minutes.

Please record the action you took when you noticed this abnormality on the office dispatch note. There is a space provided on the inside front cover of the adult consent booklet for you to write up these details fully.

PRESS <1> AND <ENTER> TO CONTINUE.

**ENDIF**

**VpCheck**

NURSE: Did you recheck the puncture site after completion of the blood sample module?

- 1 Yes, site was re-checked
- 2 No, site was not re-checked

**HSE 2009**

**INTERVIEWER**

**SHOWCARDS**

**&**

**Coding Frames**

**CARD A**

## RELATIONSHIP

- 1 Husband / Wife
- 2 Partner / Cohabitee
- 3 Natural son / daughter
- 4 Adopted son / daughter
- 5 Foster son / daughter
- 6 Stepson / Stepdaughter / Child of partner
- 7 Son-in-law / Daughter-in-law
  
- 8 Natural parent
- 9 Adoptive parent
- 10 Foster parent
- 11 Step-parent
- 12 Parent-in-law
  
- 13 Natural brother / Natural sister (i.e. both natural parents the same)
- 14 Half-brother / Half-sister (i.e. one natural parent the same)
- 15 Step-brother / Step-sister (i.e. no natural parents the same)
- 16 Adopted brother / Adopted sister
- 17 Foster brother / Foster sister
- 18 Brother-in-law / Sister-in-law
- 19 Grandchild
- 20 Grandparent
- 21 Other relative
- 22 Other non-relative

## **CARD B**

- 1 Own natural child
- 2 Other (e.g. adopted, foster, child of partner, etc)

## **CARD C**

- 1 Own it outright
- 2 Buying it with the help of a mortgage or loan
- 3 Pay part rent and part mortgage (shared ownership)
- 4 Rent it
- 5 Live here rent-free (include rent-free in relative's/friend's property; excluding squatting)
- 6 Squatting

**CARD D**

- 1 Earnings from employment or self-employment
- 2 State retirement pension
- 3 Pension from former employer
- 4 Personal pensions
- 5 Child Benefit
- 6 Job-Seekers Allowance
- 7 Pension credit
- 8 Income Support
- 9 Working Tax Credit
- 10 Child Tax Credit
- 11 Housing Benefit
- 12 Other State Benefits
- 13 Interest from savings and investments (e.g. stocks and shares)
- 14 Other kinds of regular allowance from outside your household (e.g. maintenance, student grants, rent)
- 15 No source of income

# CARD E

## GROSS INCOME FROM ALL SOURCES

(before any deductions for tax, national insurance, etc.)

<b>WEEKLY</b>	<b>or</b>	<b>MONTHLY</b>	<b>or</b>	<b>ANNUAL</b>	
Less than £10	<b>57</b>	Less than £40	<b>57</b>	Less than £520	<b>57</b>
£10 less than £30	<b>66</b>	£40 less than £130	<b>66</b>	£520 less than £1,600	<b>66</b>
£30 less than £50	<b>55</b>	£130 less than £220	<b>55</b>	£1,600 less than £2,600	<b>55</b>
£50 less than £70	<b>74</b>	£220 less than £300	<b>74</b>	£2,600 less than £3,600	<b>74</b>
£70 less than £100	<b>62</b>	£300 less than £430	<b>62</b>	£3,600 less than £5,200	<b>62</b>
£100 less than £150	<b>73</b>	£430 less than £650	<b>73</b>	£5,200 less than £7,800	<b>73</b>
£150 less than £200	<b>65</b>	£650 less than £870	<b>65</b>	£7,800 less than £10,400	<b>65</b>
£200 less than £250	<b>51</b>	£870 less than £1,100	<b>51</b>	£10,400 less than £13,000	<b>51</b>
£250 less than £300	<b>78</b>	£1,100 less than £1,300	<b>78</b>	£13,000 less than £15,600	<b>78</b>
£300 less than £350	<b>54</b>	£1,300 less than £1,500	<b>54</b>	£15,600 less than £18,200	<b>54</b>
£350 less than £400	<b>76</b>	£1,500 less than £1,700	<b>76</b>	£18,200 less than £20,800	<b>76</b>
£400 less than £450	<b>81</b>	£1,700 less than £2,000	<b>81</b>	£20,800 less than £23,400	<b>81</b>
£450 less than £500	<b>53</b>	£2,000 less than £2,200	<b>53</b>	£23,400 less than £26,000	<b>53</b>
£500 less than £550	<b>72</b>	£2,200 less than £2,400	<b>72</b>	£26,000 less than £28,600	<b>72</b>
£550 less than £600	<b>58</b>	£2,400 less than £2,600	<b>58</b>	£28,600 less than £31,200	<b>58</b>
£600 less than £650	<b>70</b>	£2,600 less than £2,800	<b>70</b>	£31,200 less than £33,800	<b>70</b>
£650 less than £700	<b>68</b>	£2,800 less than £3,000	<b>68</b>	£33,800 less than £36,400	<b>68</b>
£700 less than £800	<b>75</b>	£3,000 less than £3,500	<b>75</b>	£36,400 less than £41,600	<b>75</b>
£800 less than £900	<b>64</b>	£3,500 less than £3,900	<b>64</b>	£41,600 less than £46,800	<b>64</b>
£900 less than £1,000	<b>71</b>	£3,900 less than £4,300	<b>71</b>	£46,800 less than £52,000	<b>71</b>
£1,000 less than £1,150	<b>69</b>	£4,300 less than £5,000	<b>69</b>	£52,000 less than £60,000	<b>69</b>
£1,150 less than £1,350	<b>80</b>	£5,000 less than £5,800	<b>80</b>	£60,000 less than £70,000	<b>80</b>
£1,350 less than £1,550	<b>79</b>	£5,800 less than £6,700	<b>79</b>	£70,000 less than £80,000	<b>79</b>
£1,550 less than £1,750	<b>60</b>	£6,700 less than £7,500	<b>60</b>	£80,000 less than £90,000	<b>60</b>
£1,750 less than £1,900	<b>52</b>	£7,500 less than £8,300	<b>52</b>	£90,000 less than £100,000	<b>52</b>
£1,900 less than £2,100	<b>67</b>	£8,300 less than £9,200	<b>67</b>	£100,000 less than £110,000	<b>67</b>
£2,100 less than £2,300	<b>59</b>	£9,200 less than £10,000	<b>59</b>	£110,000 less than £120,000	<b>59</b>
£2,300 less than £2,500	<b>77</b>	£10,000 less than £10,800	<b>77</b>	£120,000 less than £130,000	<b>77</b>
£2,500 less than £2,700	<b>61</b>	£10,800 less than £11,700	<b>61</b>	£130,000 less than £140,000	<b>61</b>
£2,700 less than £2,900	<b>56</b>	£11,700 less than £12,500	<b>56</b>	£140,000 less than £150,000	<b>56</b>
£2,900 or more	<b>63</b>	£12,500 or more	<b>63</b>	£150,000 or more	<b>63</b>

## CARD F

- 1 Going to school or college full-time (including on vacation)
- 2 In paid employment or self-employment (or away temporarily)
- 3 On a Government scheme for employment training
- 4 Doing unpaid work for a business that you own, or that a relative owns
- 5 Waiting to take up paid work already obtained
- 6 Looking for paid work or a Government training scheme
- 7 Intending to look for work but prevented by temporary sickness or injury
- 8 Permanently unable to work because of long-term sickness or disability
- 9 Retired from paid work
- 10 Looking after the home or family
- 11 Doing something else **(PLEASE SAY WHAT)**



## CARD G

- 1 Being given help to find information about your condition
- 2 Being given help to find information about the choices you have for care from health professionals
- 3 Attending a training course on your condition, such as the Expert Patients Programme, Challenging Arthritis, DAFNE for diabetes, etc.
- 4 Joining a support network or attending a group for people with a long-term condition
- 5 Having equipment fitted into your home
- 6 Other (PLEASE SAY WHAT)
- 7 None of these

## **CARD H**

- 1 Read and used information about your condition
- 2 Read and used information about the choices you have for care from health professionals
- 3 Attended a training course on your condition such as the Expert Patients Programme, Challenging Arthritis, DAFNE for diabetes, etc.
- 4 Joined a support network or attended a group for people with a long-term condition
- 5 Had equipment fitted into your home
- 6 Other (PLEASE SAY WHAT)
- 7 None of these

## **CARD I**

- 1 Blood pressure monitored by GP/other doctor/nurse
- 2 Advice or treatment to lose weight
- 3 Blood tests
- 4 Change diet
- 5 Stop smoking
- 6 Reduce stress
- 7 Other (PLEASE SAY WHAT)

## **CARD I2**

- 1 Special Diet
- 2 Eye Screening/Regular Eye Tests
- 3 Regular Check-up with GP/Hospital/Clinic
- 4 Other (please say what)

## **CARD I3**

- 1 Special Diet/Dietary Advice
- 2 Regular Check-up with GP
- 3 Regular Check-up with Hospital Clinic
- 4 Regular Dialysis
- 5 Other (please say what)

# CARD J

(Spoons)

**CARD K**

- 1 Advice from a GP or health professional
- 2 Advert for a nicotine replacement product
- 3 Government TV, radio or press advert
- 4 Hearing about a new stop smoking treatment
- 5 Financial reasons (could not afford it)
- 6 Because of the smoking ban in all enclosed public places, including pubs and restaurants
- 7 I knew someone else who was stopping
- 8 Seeing a health warning on a cigarette packet
- 9 Family or friends wanted me to stop
- 10 Being contacted by local NHS Stop Smoking Services
- 11 Health problems I had at the time
- 12 Worried about future health problems
- 13 Pregnancy
- 14 Worried about the effect on my children
- 15 Worried about the effect on other family members
- 16 My own motivation
- 17 Something else
- 18 Cannot remember

## **CARD L**

- 1 At my home (indoors or outside e.g. garden or on  
doorstep)
- 2 Outside (other than at home)
- 3 Inside other people's homes
- 4 Whilst travelling by car
- 5 Inside other places



## **CARD M**

- 1 Outside, for example in the garden or on the doorstep
- 2 Own room or bedroom
- 3 Living room
- 4 Kitchen
- 5 Toilet
- 6 Bathroom
- 7 Study
- 8 Dining room
- 9 Everywhere
- 10 Somewhere else in the home

## **CARD N**

- 1 In the street, or out and about
- 2 Outside at work
- 3 Outside other people's homes
- 4 Outside pubs or bars
- 5 Outside restaurants, cafes or canteens
- 6 Outside shops
- 7 Outside other places

## **CARD O**

- 1 Babies aged under 2
- 2 Children aged 2-10
- 3 Children aged 11-15
- 4 Older adults aged 65 and older
- 5 Pregnant women
- 6 Adults aged 16-64 with asthma or breathing problems
- 7 No, none of these

## **CARD P**

- 1 Because of a health problem I have at present
- 2 Better for my health in general
- 3 To reduce the risk of getting smoking related illnesses
- 4 Because of the smoking ban in all enclosed public places, including pubs and restaurants
- 5 Family or friends want me to stop
- 6 Financial reasons (cannot afford it)
- 7 Worried about the effect on my children
- 8 Worried about the effect on other family members
- 9 Something else

## **CARD Q**

- 1 At own home
- 2 At work
- 3 In other people's homes
- 4 Outdoor smoking areas of pubs / restaurants / cafes
- 5 In other places
- 6 No, none of these

## **CARD R**

- 1 Almost every day
- 2 Five or six days a week
- 3 Three or four days a week
- 4 Once or twice a week
- 5 Once or twice a month
- 6 Once every couple of months
- 7 Once or twice a year
- 8 Not at all in the last twelve months

## CARD S

- 1 Normal strength (less than 6 % alcohol) beer, lager, stout, cider, or shandy (excluding cans or bottles of shandy)
- 2 Strong beer, lager, stout or cider (6% alcohol or more) (eg. Tennants Super, Special Brew, Diamond White)
- 3 Spirits or Liqueurs (e.g. Gin, Whisky, Brandy, Rum, Vodka, Advocaat, Cocktails)
- 4 Sherry or Martini (including Port, Vermouth, Cinzano and Dubonnet)
- 5 Wine (including Babycham and Champagne)
- 6 Alcoholic soft drinks or 'alcopops' such as Two Dogs, or a pre-mixed alcoholic drink such as Bacardi Breezer, Metz or Smirnoff Ice
- 7 Other alcoholic drinks
- 8 Low alcohol drinks only

## CARD T

- 1 Going to school or college full-time (including on vacation)
- 2 In paid employment or self-employment (or away temporarily)
- 3 On a Government scheme for employment training
- 4 Doing unpaid work for a business that you own, or that a relative owns
- 5 Waiting to take up paid work already obtained
- 6 Looking for paid work or a Government training scheme
- 7 Intending to look for work but prevented by temporary sickness or injury
- 8 Permanently unable to work because of long-term sickness or disability
- 9 Retired from paid work
- 10 Looking after the home or family
- 11 Doing something else **(PLEASE SAY WHAT)**



## CARD U

- 1 Degree or degree level qualification (including higher degree)
- 2 Teaching qualification
- 3 Nursing qualifications SRN, SCM, SEN, RGN, RM, RHV, Midwife
- 4 HNC/HND, BEC/TEC Higher, BTEC Higher/SCOTTECH Higher
- 5 ONC/OND, BEC/TEC/BTEC **not** higher
  
- 6 City and Guilds Full Technological Certificate
- 7 City and Guilds Advanced/Final Level
- 8 City and Guilds Craft/Ordinary Level
  
- 9 A-levels/Higher School Certificate
- 10 AS levels
- 11 SLC/SCE/SUPE at Higher Grade or Certificate of Sixth Year Studies
  
- 12 O-level passes taken in 1975 or earlier
- 13 O-level passes taken after 1975 GRADES A-C
- 14 O-level passes taken after 1975 GRADES D-E
  
- 15 GCSE GRADES A\*-C
- 16 GCSE GRADES D-G
- 17 CSE GRADE 1/SCE BANDS A-C/Standard Grade LEVEL 1-3
- 18 CSE GRADES 2-5/SCE Ordinary BANDS D-E
- 19 CSE Ungraded
  
- 20 SLC Lower
- 21 SUPE Lower or Ordinary
  
- 22 School Certificate or Matric
  
- 23 NVQ Level 5
- 24 NVQ Level 4
- 25 NVQ Level 3/Advanced level GNVQ
- 26 NVQ Level 2/Intermediate level GNVQ
- 27 NVQ Level 1/Foundation level GNVQ
  
- 28 Recognised Trade Apprenticeship completed
- 29 Clerical or Commercial Qualification (e.g. typing/bookkeeping/commerce)

## CARD V

### **White or Mixed background:**

- 1 White – British
- 2 White – Irish
- 3 Any other white background
  
- 4 Mixed - White and Black Caribbean
- 5 Mixed - White and Black African
- 6 Mixed - White and Asian
- 7 Any other mixed background

### **Asian or Asian British:**

- 8 Asian or Asian British – Indian
- 9 Asian or Asian British – Pakistani
- 10 Asian or Asian British – Bangladeshi
- 11 Any other Asian/Asian British background

### **Black or Black British:**

- 12 Black or Black British – Caribbean
- 13 Black or Black British – African
- 14 Any other Black/Black British background

### **Chinese or other ethnic group:**

- 15 Chinese
- 16 Any other (please describe)

## FRESH FRUIT SIZES

Name of Fruit	Size of Fruit	Name of Fruit	Size of Fruit
Apple (all types) .....	Medium	Medlar.....	Medium
Apricot.....	Small	Melon (all types) .....	Very large
Avocado.....	Large	Mineola.....	Large
Banana .....	Medium	Nectarine .....	Medium
Banana, apple .....	Small	Olive .....	Very small
Banana, nino .....	Small	Orange.....	Medium
Berry (other).....	Very small	Passion fruit.....	Small
Bilberry.....	Very small	Papaya / Paw Paw .....	Large
Blackcurrant .....	Very small	Peach .....	Medium
Blackberry .....	Very small	Pear .....	Medium
Blueberry .....	Very small	Persimmon .....	Medium
Cactus pear .....	Medium	Pitaya.....	Medium
Cape gooseberry .....	Very small	Pineapple.....	Very large
Carambola / Star fruit ...	Medium	Physalis .....	Very small
Cherry .....	Very small	Plantain.....	Medium
Cherry tomatoes .....	Very small	Plum .....	Small
Chinese gooseberry.....	Small	Pomegranate .....	Medium
Chinese lantern.....	Very small	Pomelo/Pummelo .....	Large
Chirimoya / Cherimoya .	Medium	Prickly pear .....	Medium
Clementine.....	Medium	Rambutans .....	Very small
Custard Apple .....	Medium	Raspberry .....	Very small
Damson .....	Very small	Redcurrants .....	Very small
Date (fresh).....	Small	Satsuma .....	Medium
Dragon fruit.....	Large	Shaddock.....	Large
Elderberry .....	Very small	Sharon fruit.....	Medium
Figs (fresh).....	Small	Starfruit.....	Medium
Gooseberry .....	Very small	Strawberry .....	Very small
Granadilla / Passion	Small	Stonefruit .....	Very small
Grapes (all types) .....	Very small	Tamarillo / Tree	Small
Grapefruit.....	Large	Tangerine .....	Medium
Greengage.....	Small	Tomato .....	Small
Grenadillo .....	Very small	Tomato, cherry .....	Very small
Guava .....	Medium	Tomato, beef .....	Large
Horned melon /	Large	Tree tomato/Tamarillo....	Small
Kiwano .....		Ugli fruit .....	Large
Kiwi .....	Small		
Kubo .....	Very small		
Kumquat .....	Very small		
Lemon.....	Medium		
Lime.....	Medium		
Loquat.....	Very small		
Lychee .....	Very small		
Mandarin orange .....	Medium		
Mango.....	Large		

1 inch = 2.54 cm

Centimetres	Feet	Inches
46	1	6
48	1	7
51	1	8
53	1	9
56	1	10
58	1	11
61	2	0
64	2	1
66	2	2
69	2	3
71	2	4
74	2	5
76	2	6
79	2	7
81	2	8
84	2	9
86	2	10
89	2	11
91	3	0
94	3	1
97	3	2
99	3	3
102	3	4
104	3	5
107	3	6
109	3	7
112	3	8
114	3	9
117	3	10
119	3	11
122	4	0
124	4	1
127	4	2
130	4	3
132	4	4
135	4	5
137	4	6
140	4	7
142	4	8
145	4	9
147	4	10
150	4	11
152	5	0
155	5	1
157	5	2
160	5	3
163	5	4
165	5	5
168	5	6

Centimetres	Feet	Inches
170	5	7
173	5	8
175	5	9
178	5	10
180	5	11
183	6	0
185	6	1
188	6	2
191	6	3
193	6	4
196	6	5
198	6	6
201	6	7
203	6	8
206	6	9

## WEIGHT CONVERSION CHART

1kg=2.2 lbs

Kg	st	lbs
6.4	1	0
6.8	1	1
7.3	1	2
7.7	1	3
8.2	1	4
8.6	1	5
9.1	1	6
9.5	1	7
10.0	1	8
10.5	1	9
10.9	1	10
11.4	1	11
11.8	1	12
12.3	1	13
12.7	2	0
13.2	2	1
13.6	2	2
14.1	2	3
14.5	2	4
15.0	2	5
15.5	2	6
15.9	2	7
16.4	2	8
16.8	2	9
17.3	2	10
17.7	2	11
18.2	2	12
18.6	2	13
19.1	3	0
19.5	3	1
20.0	3	2
20.5	3	3
20.9	3	4
21.4	3	5
21.8	3	6
22.3	3	7
22.7	3	8
23.2	3	9
23.6	3	10
24.1	3	11
24.5	3	12
25.0	3	13
25.5	4	0
25.9	4	1
26.4	4	2
26.8	4	3
27.3	4	4
27.7	4	5
28.2	4	6
28.6	4	7
29.1	4	8

Kg	st	lbs
29.5	4	9
30.0	4	10
30.5	4	11
30.9	4	12
31.4	4	13
31.8	5	0
32.3	5	1
32.7	5	2
33.2	5	3
33.6	5	4
34.1	5	5
34.5	5	6
35.0	5	7
35.5	5	8
35.9	5	9
36.4	5	10
36.8	5	11
37.3	5	12
37.7	5	13
38.2	6	0
38.6	6	1
39.1	6	2
39.5	6	3
40.0	6	4
40.5	6	5
40.9	6	6
41.4	6	7
41.8	6	8
42.3	6	9
42.7	6	10
43.2	6	11
43.6	6	12
44.1	6	13
44.5	7	0
45.0	7	1
45.5	7	2
45.9	7	3
46.4	7	4
46.8	7	5
47.3	7	6
47.7	7	7
48.2	7	8
48.6	7	9
49.1	7	10
49.5	7	11
50.0	7	12
50.5	7	13
50.9	8	0
51.4	8	1
51.8	8	2
52.3	8	3

Kg	st	lbs
52.7	8	4
53.2	8	5
53.6	8	6
54.1	8	7
54.5	8	8
55.0	8	9
55.5	8	10
55.9	8	11
56.4	8	12
56.8	8	13
57.3	9	0
57.7	9	1
58.2	9	2
58.6	9	3
59.1	9	4
59.5	9	5
60.0	9	6
60.5	9	7
60.9	9	8
61.4	9	9
61.8	9	10
62.3	9	11
62.7	9	12
63.2	9	13
63.6	10	0
64.1	10	1
64.5	10	2
65.0	10	3
65.5	10	4
65.9	10	5
66.4	10	6
66.8	10	7
67.3	10	8
67.7	10	9
68.2	10	10
68.6	10	11
69.1	10	12
69.5	10	13
70.0	11	0
70.5	11	1
70.9	11	2
71.4	11	3
71.8	11	4
72.3	11	5
72.7	11	6
73.2	11	7
73.6	11	8
74.1	11	9
74.5	11	10
75.0	11	11
75.5	11	12

## WEIGHT CONVERSION CHART

**1kg=2.2 lbs**

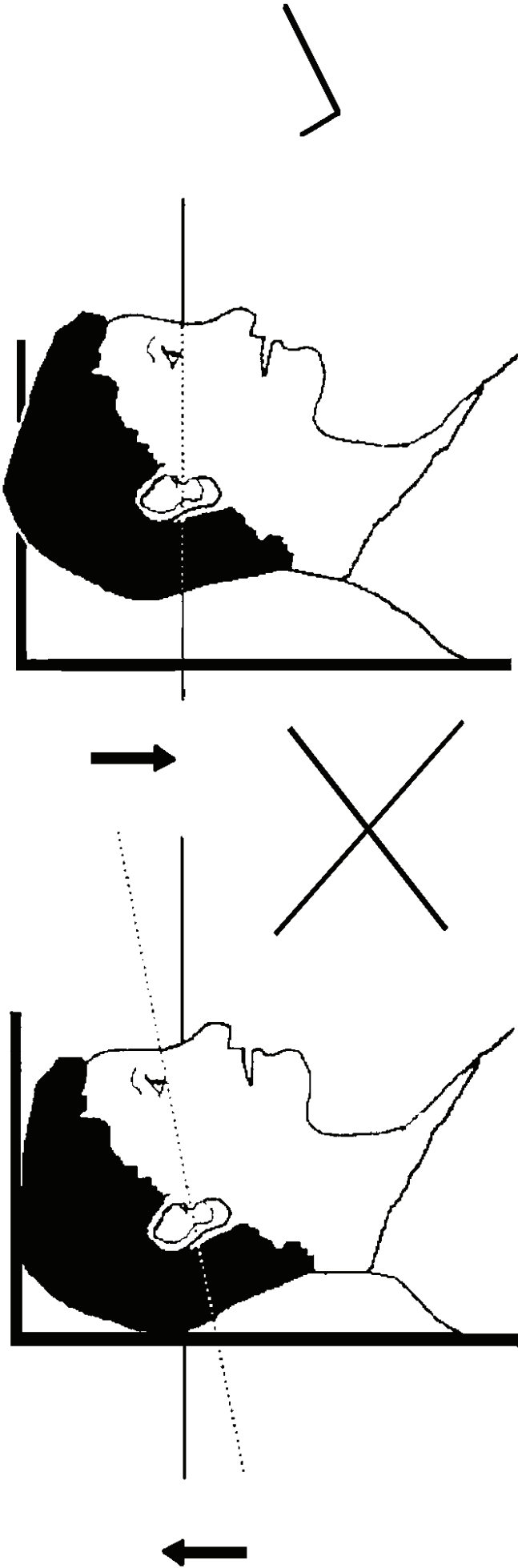
<b>Kg</b>	<b>st</b>	<b>lbs</b>
75.9	11	13
76.4	12	0
76.8	12	1
77.3	12	2
77.7	12	3
78.2	12	4
78.6	12	5
79.1	12	6
79.5	12	7
80.0	12	8
80.5	12	9
80.9	12	10
81.4	12	11
81.8	12	12
82.3	12	13
82.7	13	0
83.2	13	1
83.6	13	2
84.1	13	3
84.5	13	4
85.0	13	5
85.5	13	6
85.9	13	7
86.4	13	8
86.8	13	9
87.3	13	10
87.7	13	11
88.2	13	12
88.6	13	13
89.1	14	0
89.5	14	1
90.0	14	2
90.5	14	3
90.9	14	4
91.4	14	5
91.8	14	6
92.3	14	7
92.7	14	8
93.2	14	9
93.6	14	10
94.1	14	11
94.5	14	12
95.0	14	13
95.5	15	0
95.9	15	1
96.4	15	2
96.8	15	3
97.3	15	4
97.7	15	5
98.2	15	6
98.6	15	7

<b>Kg</b>	<b>st</b>	<b>lbs</b>
99.1	15	8
99.5	15	9
100.0	15	10
100.5	15	11
100.9	15	12
101.4	15	13
101.8	16	0
102.3	16	1
102.7	16	2
103.2	16	3
103.6	16	4
104.1	16	5
104.5	16	6
105.0	16	7
105.5	16	8
105.9	16	9
106.4	16	10
106.8	16	11
107.3	16	12
107.7	16	13
108.2	17	0
108.6	17	1
109.1	17	2
109.5	17	3
110.0	17	4
110.5	17	5
110.9	17	6
111.4	17	7
111.8	17	8
112.3	17	9
112.7	17	10
113.2	17	11
113.6	17	12
114.1	17	13
114.5	18	0
115.0	18	1
115.5	18	2
115.9	18	3
116.4	18	4
116.8	18	5
117.3	18	6
117.7	18	7
118.2	18	8
118.6	18	9
119.1	18	10
119.5	18	11
120.0	18	12
120.5	18	13
120.9	19	0
121.4	19	1
121.8	19	2

<b>Kg</b>	<b>st</b>	<b>lbs</b>
122.3	19	3
122.7	19	4
123.2	19	5
123.6	19	6
124.1	19	7
124.5	19	8
125.0	19	9
125.5	19	10
125.9	19	11
126.4	19	12
126.8	19	13
127.3	20	0
127.7	20	1
128.2	20	2
128.6	20	3
129.1	20	4
129.5	20	5
130.0	20	6
130.5	20	7
130.9	20	8
131.4	20	9
131.8	20	10
132.3	20	11
132.7	20	12
133.2	20	13
133.6	21	0
134.1	21	1
134.5	21	2
135.0	21	3
135.5	21	4
135.9	21	5
136.4	21	6
136.8	21	7
137.3	21	8
137.7	21	9
138.2	21	10
138.6	21	11
139.1	21	12
139.5	21	13

Below is a list of some of the conditions people may mention at the long standing illness question *Illsm*. This is to help you with the spelling. It should **not** be used as a prompt for respondents.

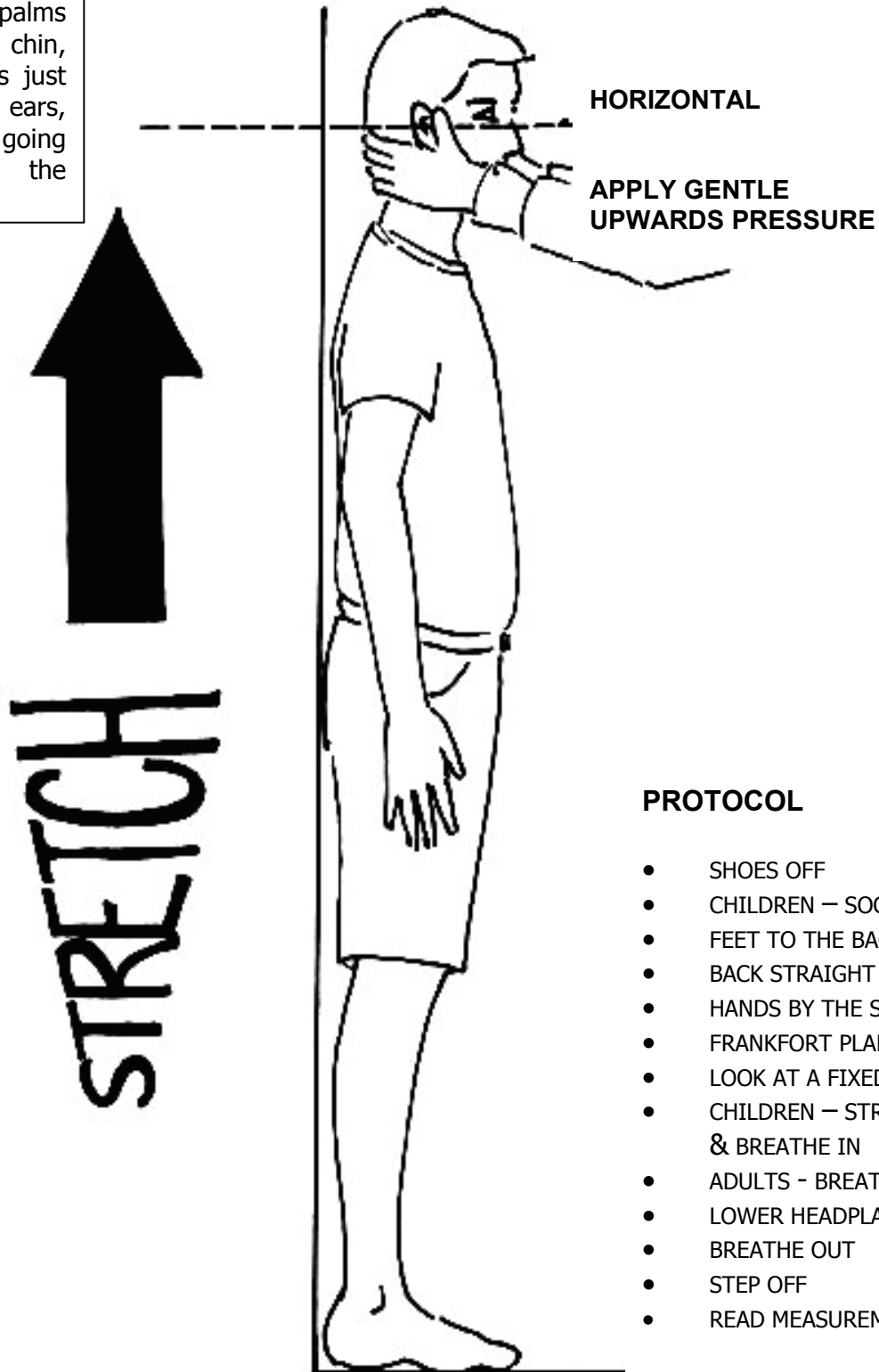
Agoraphobia	Hodgkin's disease
Alzheimer's	Huntington's chorea
Anaemia	Hyperthyroidism (overactive thyroid)
Angina	Hypothyroidism (underactive thyroid)
Arteriosclerosis	Leukaemia
Arthritis	Lymphadenoma
Asthma	Meniere's disease
Bronchitis	Meningitis
Cataract	Migraine
Cerebral palsy	Multiple sclerosis
Colitis	Osteoarthritis
Crohn's disease	Osteoporosis
Dementia	Osteosclerosis
Diabetes	Paget's disease
Diverticulitis	Pernicious anaemia
Eczema	Psoriasis
Emphysema	Raynaud's disease
Endometriosis	Rheumatoid arthritis
Epilepsy	Rhinitis
Glaucoma	Sciatica
Haemophilia	Scoliosis





# MEASURING CHILDREN'S HEIGHT

Cup the child's head in your hands, placing the heels of your palms either side of the chin, with your thumbs just in front of the ears, and your fingers going round towards the back of the neck.



## PROTOCOL

- SHOES OFF
- CHILDREN – SOCKS OFF
- FEET TO THE BACK
- BACK STRAIGHT
- HANDS BY THE SIDE
- FRANKFORT PLANE
- LOOK AT A FIXED POINT
- CHILDREN – STRETCH & BREATHE IN
- ADULTS - BREATHE IN
- LOWER HEADPLATE
- BREATHE OUT
- STEP OFF
- READ MEASUREMENT

**For a respondent who is blind or cannot read:**

Add at the bottom of the consent form

**For the respondent:**

*"This form has been read to me and I confirm that I understand the information and give consent."*

Respondent's signature  
(write in their name if they cannot sign)

**For yourself:**

*"I confirm that I read this consent form word for word to [insert name] who understood the information and gave informed consent."*

Interviewer signature and date

**If someone else is available as a witness:**

*"I confirm that the interviewer read out the form and explained it to [insert name], and that [name] understood and agreed."*

Witness signature and date

## The Health Survey for England 2009

### CONSENT BOOKLET

**P8927**

**Please use capital letters and write in ink**

House / Flat number (or name): \_\_\_\_\_

Survey month: \_\_\_\_\_

Postcode:

POINT     ADDRESS

HHL D  CKL  PERSON NO

1. Nurse number

2. Date schedule completed DAY   MONTH   YEAR

3. Full name (of person interviewed) \_\_\_\_\_

Name by which GP knows person (if different) \_\_\_\_\_

4. Sex Male  1  
Female  2

5. Date of birth: DAY   MONTH   YEAR

6. Full name of parent/guardian (if person under 18) \_\_\_\_\_

7. **GP NAME AND ADDRESS** (Please complete fully)  
**Dr:** .....  
**Practice Name:** .....  
**Address:** .....  
 .....  
 Town: .....  
 County: .....  
 Postcode: .....  
**Telephone no:** .....

8. **NURSE USE ONLY**

GP address complete	1
GP address incomplete	2
No GP	3

9.

SUMMARY OF CONSENTS - RING CODE FOR EACH ITEM	YES	NO
a) Blood pressure to <b>GP</b>	01	02
b) Sample of blood to be taken	03	04
c) Blood sample results to <b>GP</b>	05	06
d) Blood sample for <b>storage</b>	07	08
e) Blood sample results to <b>respondent</b>	09	10
f) Saliva sample to be collected	11	12
g) Urine sample to be collected	13	14

THE HEALTH SURVEY FOR ENGLAND 2009

**DISPATCH NOTE FOR BLOOD, SALIVA and URINE SAMPLES**  
(OFFICE COPY)

1. AGE GROUP:

TICK SAMPLE TUBES OBTAINED:

16+

Plain

EDTA

Citrate

Saliva

Urine

2. BLOOD/SALIVA/URINE  
TAKEN:

Day

Month

Year

3. BLOOD/SALIVA/URINE  
DESPATCH:

Day

Month

Year

### Venepuncture

---

---

**Please complete:**

1. Did you experience any problems in taking the Venepuncture? If yes, please record these below and state what action you took.

Serial No.:

Survey: Health Survey for England 2009

## **BLOOD PRESSURE TO GP CONSENT**

**BP (A)**

Please initial box if consent given

1. *I consent to the National Centre for Social Research/UCL Joint Health Surveys Unit informing my General Practitioner (GP) of my blood pressure results.*

*I am aware that the results of my blood pressure measurement may be used by my GP to help monitor my health and that my GP may wish to include the results in any future report about me.*

## **BLOOD SAMPLE CONSENT**

**BS (A)**

Please initial box if consent given

1. *I consent to a qualified nurse/midwife taking a sample of my blood on behalf of the National Centre for Social Research/UCL Joint Health Surveys Unit.*

*I have read the Information for Participants leaflet about the second stage of the survey and understand what the sample will be tested for. The nurse has explained the procedures, and I have had an opportunity to discuss these with him/her.*

2. *I consent to the National Centre for Social Research/UCL Joint Health Surveys Unit informing my General Practitioner (GP) of the blood sample analysis results.*

3. *I consent to any remaining blood being stored for future analysis. I have read the Information for Participants leaflet about the second stage of the survey and understand the processes involved for storing the blood and how the sample may be used in the future. I also understand my right to withdraw consent for storing the blood sample.*

## SALIVA SAMPLE CONSENT

**S (A)**

Please initial box if consent given

1. *I consent to a qualified nurse/midwife collecting a sample of my saliva on behalf of the National Centre for Social Research/UCL Joint Health Surveys Unit.*

*This saliva sample will only be tested for cotinine, a derivative of nicotine. It will not be tested for substance abuse.*

*The purpose and procedure have been explained to me by the nurse/midwife and I have had an opportunity to discuss this with him/her.*

## URINE SAMPLE CONSENT

**U (A)**

Please initial box if consent given

1. *I consent to a qualified nurse/midwife collecting a sample of my urine on behalf of the National Centre for Social Research/UCL Joint Health Surveys Unit.*

*This urine sample will only be tested for sodium, potassium, creatinine and albumin. It will not be tested for substance abuse.*

*The purpose and procedure have been explained to me by the nurse/midwife and I have had an opportunity to discuss this with him/her.*

**Print name (respondent):** \_\_\_\_\_

**Signed (respondent):** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Print name (nurse):** \_\_\_\_\_

**Signed (nurse):** \_\_\_\_\_

**Date:** \_\_\_\_\_

You can cancel this permission at any time in the future by writing to us at the following address:  
National Centre for Social Research, 35 Northampton Square, London EC1V 0AX.

**THE HEALTH SURVEY FOR ENGLAND 2009**  
**DISPATCH NOTE FOR BLOOD AND SALIVA SAMPLES**  
 (LABORATORY COPY)

P8927

**Complete all sections CLEARLY and LEGIBLY and enclose with samples to lab.**

1. SERIAL NUMBER: **F**

2. SEX: Male  1  
 Female  2

3. DATE OF BIRTH: Day   Month   Year

4. AGE GROUP: 16+  1  
 TICK SAMPLE TUBES OBTAINED: Plain  EDTA  Citrate  Saliva  Urine

5. ETHNICITY: Black  1  
 Other/NA  2

6. DATE BLOODS/ SALIVA/ URINE TAKEN: Day   Month   Year

7. STORAGE CONSENT: Given  1  
 Not given/not applicable  2

8. NURSE NUMBER:

**LABELLING ON SAMPLE TUBES AND THIS FORM MUST CORRESPOND**  
**CHECK ALL DETAILS ABOVE ARE CORRECT BEFORE POSTING**

LAB USE ONLY

TUBES ENCLOSED:		✓ if rec'd	ACTION REQUIRED
Plain	Red	<input type="checkbox"/>	IF ITEM 4 ABOVE = 1 Total cholesterol HDL cholesterol C-reactive protein Creatinine eGFR Ferritin Store if item 7 does <b>NOT</b> = 2
EDTA	Purple	<input type="checkbox"/>	Haemoglobin Glycated haemoglobin
Citrate	Blue	<input type="checkbox"/>	Fibrinogen
Saliva		<input type="checkbox"/>	
Urine		<input type="checkbox"/>	Sodium / Potassium / Creatinine Microalbumin (Alb/Creat ratio)

**The Health Survey for England 2009**

P8927

**CONSENT BOOKLET 4-15 years**

Please use capital letters and write in ink

House / flat number (or name):  
\_\_\_\_\_

Postcode:  

--	--	--	--	--	--	--	--

Survey Month: \_\_\_\_\_

Serial No. 

--	--	--	--	--	--	--	--	--	--

DAY                      MONTH                      YEAR

Date schedule completed 

--	--	--	--	--	--

Nurse number: 

--

Full name of person giving sample  
\_\_\_\_\_

Sex: Male 1 Female 2

Full name of parent/ guardian  
\_\_\_\_\_

Date of birth: 

--	--	--	--	--	--	--	--

DAY                      MONTH                      YEAR

SUMMARY OF CONSENTS – CIRCLE APPROPRIATE CODE	YES	NO
a) Saliva sample to be collected	11	12

**The Health Survey for England 2009**

P8927

**CONSENT BOOKLET 4-15 years**

Please use capital letters and write in ink

House / flat number (or name):  
\_\_\_\_\_

Postcode:  

--	--	--	--	--	--	--	--

Survey Month: \_\_\_\_\_

Serial No. 

--	--	--	--	--	--	--	--	--	--

DAY                      MONTH                      YEAR

Date schedule completed 

--	--	--	--	--	--

Nurse number: 

--

Full name of person giving sample  
\_\_\_\_\_

Sex: Male 1 Female 2

Full name of parent/ guardian  
\_\_\_\_\_

Date of birth: 

--	--	--	--	--	--	--	--

DAY                      MONTH                      YEAR

SUMMARY OF CONSENTS – CIRCLE APPROPRIATE CODE	YES	NO
a) Saliva sample to be collected	11	12



THE HEALTH SURVEY FOR ENGLAND 2009  
**DISPATCH NOTE**  
FOR SALIVA SAMPLE CHILD AGED 4-15  
(OFFICE COPY)

P8927

1. AGE GROUP:

4-15

TICK SAMPLE TUBES OBTAINED:

Saliva

2. SALIVA TAKEN:

Day   Month   Year

3. SALIVA DISPATCHED:

Day   Month   Year

2

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Saliva

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Day   Month   Year

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Day   Month   Year

2

**The Health Survey for England 2009**

P8927

Serial No. **SALIVA CONSENT FORM (Child aged 4-15)**

1. I am the parent/ guardian of the child named on this booklet and I consent to a qualified nurse/ midwife collecting a sample of his/ her saliva on behalf of the National Centre for Social Research/ UCL.

*This saliva sample will only be tested for cotinine, a derivative of nicotine. It will not be tested for substance abuse.*

2. The purpose and procedure have been explained to me by the nurse/ midwife and I have had an opportunity to discuss this with him/ her.

Respondent (Child) name: \_\_\_\_\_ Parent/ Guardian name: \_\_\_\_\_

Parent/ Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

You can cancel this permission at any time in the future by writing to us at the following address:  
National Centre for Social Research, 35 Northampton Square, London EC1V 0AX.

3

**The Health Survey for England 2009**

P8927

Serial No. **SALIVA CONSENT FORM (Child aged 4-15)**

2. I am the parent/ guardian of the child named on this booklet and I consent to a qualified nurse/ midwife collecting a sample of his/ her saliva on behalf of the National Centre for Social Research/ UCL.

*This saliva sample will only be tested for cotinine, a derivative of nicotine. It will not be tested for substance abuse.*

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Respondent (Child) name: \_\_\_\_\_ Parent/ Guardian name: \_\_\_\_\_

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**THE HEALTH SURVEY FOR ENGLAND 2009  
DISPATCH NOTE FOR SALIVA SAMPLE CHILD AGED 4-15  
(LABORATORY COPY)**

P8927

Complete all sections CLEARLY and LEGIBLY and enclose with samples to lab.

1. SERIAL NUMBER **F**

MALE FEMALE DAY MONTH YEAR

2. SEX:  1  2      3. DATE OF BIRTH:

4. AGE GROUP: 4-15  2      TICK SAMPLE TUBE OBTAINED: Saliva

DAY MONTH YEAR

5. SALIVA TAKEN:

6. STORAGE CONSENT: Not applicable  2      7. NURSE NUMBER:

**LABELLING ON SAMPLE TUBES AND THIS FORM MUST CORRESPOND  
CHECK ALL DETAILS ABOVE ARE CORRECT BEFORE POSTING**

LAB USE ONLY:

	ACTION REQUIRED
<p><b>TUBES ENCLOSURED:</b> Saliva <input type="checkbox"/></p> <p>✓ if rec'd <input type="checkbox"/></p>	<p><b>THIS SAMPLE IS NOT FOR STORAGE</b></p>

**THE HEALTH SURVEY FOR ENGLAND 2009  
DISPATCH NOTE FOR SALIVA SAMPLE CHILD AGED 4-15  
(LABORATORY COPY)**

P8927

Complete all sections CLEARLY and LEGIBLY and enclose with samples to lab.

1. SERIAL NUMBER **F**

MALE FEMALE DAY MONTH YEAR

2. SEX:  1  2      3. DATE OF BIRTH:

4. AGE GROUP: 4-15  2      TICK SAMPLE TUBE OBTAINED: Saliva

DAY MONTH YEAR

5. SALIVA TAKEN:

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