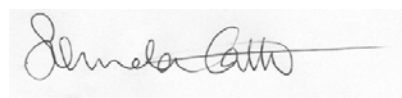Ref: JN/Serial

Month 2007

Dear Sir/Madam

NHS Health Scotland (formerly Health Education Board for Scotland) is carrying out a major survey of Scottish people's views on health. The results from this survey will provide a valuable contribution to planning and developing health promotion initiatives in Scotland which are relevant to people's needs. We therefore need to speak to as many people as possible, and we have commissioned BMRB, an independent research agency, to carry out the survey for us.

In order to obtain a representative sample of the Scottish population, your address has been randomly selected from a list of postal addresses. We would like one member of your household (aged between 16 and 74) to take part in the survey, and this person will also be randomly selected. All information given in the survey will be completely confidential.

The opinion of your household is vital to the success of the survey, and this is a real opportunity to give your views. The Scottish population is made up of many different types of people and we need to represent them as fully as possible for this survey. The results will be most representative if everyone we approach participates in the study, and we therefore hope you will agree to contribute.

A representative from Kantar Operations, working on behalf of BMRB, will be calling at your address in the next few weeks to interview a member of your household. They will provide identification when they call. **If you have any queries about the survey, or your participation, please call Claire Bassett at BMRB on 020 8433 4404 between 9:30am and 5pm.** Thank you in advance for your co-operation, and we look forward to hearing your opinion.

Yours faithfully,

Sonnda Catto
Public Health Surveys Manager
NHS Health Scotland

SCOTTISH HEALTH 13/14   JN 45104573/4
SELECTION GRID

Use this grid to select a dwelling to contact where there are two or more dwellings at the address you have been given.

Read along the row which corresponds to the number of dwellings at that address, until it meets the column which corresponds with the last digit of the address serial number. The number in the box where they intersect is the number of the dwelling, on the list you have written on the contact record sheet, that you need to contact.

No. of dwellings	LAST DIGIT OF ADDRESS SERIAL NUMBER									
	0	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**
2	1	2	1	2	1	2	1	2	1	2
3	2	3	1	2	3	1	2	3	1	2
4	3	4	1	2	3	4	1	2	3	4
5	1	2	3	4	5	1	2	3	4	5
6	3	4	5	6	1	2	3	4	5	6
7	5	6	7	1	2	3	4	5	6	7
8	2	3	4	5	6	7	8	1	2	3
9	7	8	9	1	2	3	4	5	6	7
10	1	2	3	4	5	6	7	8	9	10
11	4	5	6	7	8	9	10	11	1	2
12	10	11	12	1	2	3	4	5	6	7
13	2	3	4	5	6	7	8	9	10	11
14	10	11	12	13	14	1	2	3	4	5
15	6	7	8	9	10	11	12	13	14	15
16	3	4	5	6	7	8	9	10	11	12
17	9	10	11	12	13	14	15	16	17	1
18	2	3	4	5	6	7	8	9	10	11
19	5	6	7	8	9	10	11	12	13	14
20	15	16	17	18	19	20	1	2	3	4

SCOTTISH HEALTH
ADDRESS CONTACT SHEET

JN xxxxxxxx

2007

WAVE NO.	**1**	**4**

	0	1	2	3
Final Outcome				

(OFFICE USE ONLY)

Selected Respondent Name		**Telephone No.**	
Area Code		**Interviewer Code**	
Serial Number		**Interviewer Name**	
CHECK NUMBER		**Supervisor**	
Screen Number	0	**Date accompanied**	

CALLS RECORD (note **all contacts and attempts to contact** household & respondent in person or by 'phone even if no reply)

CALL NO.	TIME / DATE	R E S U L T
1	Time: Date:	
2	Time: Date:	
3	Time: Date:	
4	Time: Date:	
5	Time: Date:	
6	Time: Date:	
7	Time: Date:	
8	Time: Date:	
9	Time: Date:	
10	Time: Date:	
11	Time: Date:	
12	Time: Date:	

(For office use only)

Total No. Calls

Date of final visit

Day Day   Mth Mth

Police Station Registered at

C1.   IS ADDRESS <u>TRACEABLE, RESIDENTIAL AND OCCUPIED?</u>

Yes	A	**GO TO C2**
No	B	**CODE FINAL OUTCOME AT C5**

IF 'YES' AT C1

C2.   ESTABLISH NO. OF <u>OCCUPIED</u> DWELLING UNITS COVERED BY ADDRESS (IF NOT KNOWN, TREAT AS OCCUPIED)

IF NECESSARY ASK : Can I just check, is this house/bungalow/building occupied as a single dwelling or is it split up into separate units?

How many units are occupied at present?

NO. OF OCCUPIED UNITS		
1 only	A	**GO TO C4**
2 or more	B	**GO TO C3**

C3.   ENTER <u>TOTAL</u> NO OF OCCUPIED UNITS AT ADDRESS

(e.g.: 2 = | **0** | **2** |) | | |

USE **SELECTION GRID** TO SELECT UNIT FOR INTERVIEW ACCORDING TO INSTRUCTIONS

IF 2 OR MORE OCCUPIED UNITS, LIST ALL:
- in flat/room number order

OR:
- from bottom to top of building, left to right, front to back

OCCUPIED UNIT	**CODE NO**	**OCCUPIED UNIT**	**CODE NO**
	01		**07**
	02		**08**
	03		**09**
	04		**10**
	05		**11**
	06		**12**

ENTER CODE NO. OF <u>SELECTED</u> UNIT: | | |

RECORD FLAT OR ROOM NUMBER DETAILS OF LOCATION OF SELECTED UNIT BELOW:

C4. **CONTACT RESPONSIBLE ADULT AT DWELLING UNIT AND INTRODUCE SURVEY**

> Good afternoon/evening. I am carrying out a survey about the health of Scottish people for NHS Health Scotland, and I am calling on behalf of the British Market Research Bureau.
>
> You should have received a letter about this survey from NHS Health Scotland, explaining that we would be contacting you.

SHOW COPY OF LETTER IF NECESSARY

For this survey we are only interviewing people aged between 16 and 74. Can I just check, how many people aged 16-74 live in this household?

ENTER NUMBER OF PEOPLE AGED 16-74 (e.g. NONE = 00)

(Exclude student living away from home in term time
and anyone away for over 6 months)

IF NO-ONE ELIGIBLE, THANK AND CLOSE. **USE CODE 32 AS FINAL OUTCOME AT C5**

IF ONLY ONE PERSON ELIGIBLE, **GO TO MAIN QUESTIONNAIRE**

IF 2+ PEOPLE ELIGIBLE, CONTINUE:

To make sure that I interview a representative sample of people, can you tell me which of these people last had a birthday?

And no-one else aged 16-74 had had a birthday since then?

**WRITE IN MONTH OF
LAST BIRTHDAY**

(e.g. Jan = 01, Dec. = 12)

ASK TO SPEAK TO PERSON WHO HAD LAST BIRTHDAY

NB – IF SELECTED RESPONDENT IS 16-17 YRS PLEASE REMEMBER PARENTAL PERMISSION REQUIRED FOR INTERVIEW.

IF NECESSARY, ARRANGE TO CALL BACK.

ENTER NAME OF SELECTED RESPONDENT AND, IF POSSIBLE, TELEPHONE NUMBER ON FRONT PAGE.

C5 FINAL OUTCOME

((Cross relevant box))

	Original issue	For Re-Issues ONLY		
		1st	2nd	3rd

ADDRESS INELIGIBLE

1. Insufficient address/address not traced	☐	☐	☐	☐

(COMPLETE C6 AND CALL OFFICE BEFORE RETURNING)

2. Not yet built/not ready for occupation	☐	☐	☐	☐
3. Derelict/demolished	☐	☐	☐	☐
4. Empty/not occupied	☐	☐	☐	☐
5. Business/industrial only (no private dwellings)	☐	☐	☐	☐
6. Institution only (no private dwellings)	☐	☐	☐	☐
7. Other (PLEASE DESCRIBE)	☐	☐	☐	☐

_____

NO ELIGIBLE RESPONDENT

32. Contact made but **no-one in household aged 16-74**	☐	☐	☐	☐

NO CONTACT

16. **No contact made with responsible adult** in household after 5+ calls	☐	☐	☐	☐
25. **No contact made** after 5+ calls but **keeping Area Contact Sheet**	☐	☐	☐	☐
35. Respondent selected but **no direct contact** after 5+ calls	☐	☐	☐	☐

REFUSAL (SEE ALSO C7)

31. **Office refusal** (by phone or letter)	☐	☐	☐	☐
17. Contact made with household but **information about occupants refused**	☐	☐	☐	☐
36. **Personal refusal** by selected respondent	☐	☐	☐	☐
37. **Proxy refusal** (on behalf of selected person)	☐	☐	☐	☐

OTHER UNSUCCESSFUL

39. **Broken appointment**, no recontact	☐	☐	☐	☐
40. **Ill/incapacitated** at home during survey period	☐	☐	☐	☐
41. **Away/ in hospital** during survey period	☐	☐	☐	☐
43. Inadequate **English**	☐	☐	☐	☐
44. Other reason (PLEASE DESCRIBE)	☐	☐	☐	☐

_____

IF 'ADDRESS NOT TRACED' (CODE 01 AT C5)

C6 WHAT METHODS WERE USED TO FIND ADDRESS?

Asked local people	☐
Asked at Post Office	☐
Asked at Sorting Office	☐
Asked Police	☐
Asked Kantar Operations Office	☐
Other (PLEASE DESCRIBE)	☐

_____

C7 IF 'REFUSAL' CODE REASON FOR REFUSAL

Doesn't believe in surveys/ anti-surveys	☐
Concerns about confidentiality/ privacy	☐
Suspicion/fear of strangers coming into house	☐
Dislike/lack of interest in subject of survey	☐
Can't be bothered	☐
Genuinely too busy	☐
Temporarily too busy	☐
Personal problems	☐
About to go away	☐
Other (PLEASE DESCRIBE)	☐

_____

	Orig issue	For Reissues only		
		1st	2nd	3rd
INTERVIEW OBTAINED				
51. **Full** interview	☐	☐	☐	☐
52. **Partial** interview	☐	☐	☐	☐

C8 Electronic report Sent - date [_____]

Notes Page

For any unproductive interviews, please give us as much information as you can about the reason no interview was obtained. This information will help if the address is re-issued. For example:

- If refusal, or other unsuccessful please give full explanation for outcome

- Best time to call to get someone in

- Any other reasons why you haven't got an interview yet

- If the address was difficult to find, any helpful directions

- Information on respondent e.g. disabilities, whether work shifts

_____

_____

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RE-ISSUE INFORMATION

	Name of interviewer	Interviewer No.	Total no. calls	Date of final visit			
RE-ISSUE 1							
				Day (01 – 31)		Mth (01 – 12)	

	Name of interviewer	Interviewer No.	Total no. calls	Date of final visit			
RE-ISSUE 2							
				Day (01 – 31)		Mth (01 – 12)	

	Name of interviewer	Interviewer No.	Total no. calls	Date of final visit			
RE-ISSUE 3							
				Day (01 – 31)		Mth (01 – 12)	

HEPS 2007 - COMBINED QUESTIONNAIRE

Questions highlighted red were included at Wave 13 only

---

qoccNOW PLEASE ENTER THE TOTAL NUMBER OF OCCUPIED DWELLING UNITS AT THIS ADDRESS FROM C2 / C3

    IF OCCUPIED AS A SINGLE DWELLING ENTER "1"

(1611 - 1612)

Numeric Range _____

Permitted Range
1 TO 99 (Numeric Range)

IF qocc > 17

QUANCEPT ITEM:

End of Filter Iocc

---

qnoel   NOW ENTER THE TOTAL NUMBER OF ADULTS AGED BETWEEN 16 AND 74 FROM C4

(1613 - 1614)

Numeric Range _____

Permitted Range
1 TO 99 (Numeric Range)

IF qnoel > 7

QUANCEPT ITEM:

End of Filter Inoel

qage   What was your age last birthday?

(3241 - 3242)

Numeric Range _____
Don't Know   Y   (3241)
Refused   Z

Permitted Range
16 TO 74 (Numeric Range)

IF   qage = Don't Know   OR   qage = Refused
THEN ASK: qageban

qageban   Can you tell me in which of these age groups you are. Stop me when I mention the correct one

        READ OUT

16-17   1   (3243)
18-24   2
25-34   3
35-44   4
45-54   5
55-64   6
65-74   7
75 and over   8
Don't Know   Y
Refused   Z

Termin2
IF   qageban = 75 and over   OR   qageban = Don't Know   OR   qageban = Refused   OR   qage = Don't Know
OR   qage = Refused   -   Termination without data (Abandon)

        I'm afraid we can only interview people who are between the ages of 16 and 74.@@

        THANK AND CLOSE

End of Filter sage

Termin1
IF   qageban = 75 and over   OR   qageban = Don't Know   OR   qageban = Refused   OR   qage = Don't Know
OR   qage = Refused   -   Termination without data (Abandon)

        I'm afraid we can only interview people who are between the ages of 16 and 74.@@

        THANK AND CLOSE

qsexINTERVIEWER PLEASE CODE SEX OF RESPONDENT

Male	1	(1615)
Female	2	

NOW BEGIN MAIN INTERVIEW WITH RESPONDENT

Section 1 - General Health

First of all I'd like to ask you a few general questions about your own health

---

PLEASE SHOW SCREEN UNTIL OTHERWISE INSTRUCTED

---

qghov   How good is your health overall?

Very good	1	(1616)
Good	2	
Fair	3	
Poor	4	
Very poor	5	
Don't Know	Y	

---

qghls   Do you have any long-standing illness, disability, or infirmity? By long standing I mean anything that has troubled you, or that is likely to affect you OVER A PERIOD OF TIME.

Yes	1	(1617)
No	2	
Don't Know	Y	

IF   qghls = Yes
THEN ASK: qghpb, qghla

qghpb   What is the problem you have been having with your health?
        PROBE: What else?

                                                                            (1618 - 1622)

                                            Don't Know   Y   (1618)

---

qghla   Does this limit your activities in any way?

                                            Yes   1   (1623)
                                            No   2
                                            Don't Know   Y

End of Filter ighls

ASK ALL

---

qghin   How much influence do you think people can have on their own health, by the way they choose to live their
        lives?

                                            A lot   1   (1624)
                                            A little   2
                                            None at all   3
                                            Don't Know   Y

---

qghbe   Which of the following best describes the life you lead?

                                            Very healthy   1   (1625)
                                            Fairly healthy   2
                                            Fairly unhealthy   3
                                            Very unhealthy   4
                                            Don't Know   Y

---

qghan   Do you feel there is anything you can do to make your own life healthier?

                                            Yes   1   (1626)
                                            No   2
                                            Don't Know   Y

IF   qghan = Yes
THEN ASK: qghfe

qghfe   What do you feel you can do to make your life healthier?
PROBE: What else?

(1627 - 1631)

Don't Know   Y   (1627)

End of Filter ighan

ASK ALL

Qghpa1 In the past year, have you TRIED to make any of the following changes in your lifestyle to improve your health, even if only for a short time?

Cut down smoking	1	(3129)
Stop smoking	2	
Cut down the amount of alcohol I drink	3	
Increase the amount of exercise I take	4	
Control weight	5	
Eat more healthily	6	
Reduce level of stress	7	
Don't Know	Y	
None of these	X	

IF   qghpa1 = Cut down smoking OR   qghpa1 = Stop smoking OR   qghpa1 = Cut down the amount of alcohol I drink OR   qghpa1 = Increase the amount of exercise I take OR   qghpa1 = Control weight OR qghpa1 = Eat more healthily OR   qghpa1 = Reduce level of stress
THEN ASK: qghma, Qghma1

Qghma1   And which, if any, have you managed to maintain?

Cut down smoking	1	(3130)
Stop smoking	2	
Cut down the amount of alcohol I drink	3	
Increase the amount of exercise I take	4	
Control weight	5	
Eat more healthily	6	
Reduce level of stress	7	
Don't Know	Y	
None of these	X	

End of Filter ighpa

ASK ALL

Qghli1   Which of these changes, if any, would you like to make?

Cut down smoking	1	(3131)
Stop smoking	2	
Cut down the amount of alcohol I drink	3	
Increase the amount of exercise I take	4	
Control weight	5	
Eat more healthily	6	
Reduce level of stress	7	
Don't Know	Y	
None of these	X	

IF   Qghli1 = Cut down smoking OR   Qghli1 = Stop smoking OR   Qghli1 = Cut down the amount of alcohol I drink OR   Qghli1 = Increase the amount of exercise I take OR   Qghli1 = Control weight OR   Qghli1 = Eat more healthily OR   Qghli1 = Reduce level of stress
THEN ASK: qghth, Qghth1

Qghth1 Of the changes you would LIKE to make which are you thinking of making in the next six months?

Cut down smoking	1	(3132)
Stop smoking	2	
Cut down the amount of alcohol I drink	3	
Increase the amount of exercise I take	4	
Control weight	5	
Eat more healthily	6	
Reduce level of stress	7	
Don't Know	Y	
None of these	X	

End of Filter ighsi

ASK ALL

qghst   Which of these statements best describes the amount of stress or pressure you have experienced in the past year?

Completely free of stress	1	(1643)
Small amount of stress	2	
Moderate amount of stress	3	
Large amount of stress	4	
Don't Know	Y	

IF   qghst = Small amount of stress   OR   qghst = Moderate amount of stress   OR   qghst = Large amount of stress
THEN ASK: qghha

qghha   How harmful would you say the amount of stress you have experienced has been to your health? Has it been...

Very harmful	1	(1644)
Fairly harmful	2	
Not particularly harmful	3	
Don't Know	Y	

End of Filter ighst

QUANCEPT ITEM:

QUANCEPT ITEM:

Section 3a - Nutrition

ASK ALL

Now I'd like to ask you some questions about food and nutrition.

I'm going to read out some different types of food. For each one, please tell me how frequently you eat each type of food.

INTERVIEWER CONTINUE TO SHOW SCREEN UNTIL INSTRUCTED OTHERWISE

qnu2   How frequently do you eat ...?

Several times a day	1	(3018)
About once a day	2	
Several times a week	3	
About once a week	4	
Less often	5	
Never	6	
Don't Know	Y	

This question is repeated for the following loop values:

- Fruit, salad and vegetables - not including potatoes
- Starchy foods such as bread, potatoes, rice and pasta
- Sugar and foods containing a lot of sugar, such as cakes, sweet pastries, biscuits, sweets and soft drinks
- Fatty or fried foods such as crisps or chips
- Fish - not fried
- Oily fish e.g. salmon, sardines, mackerel, herring, fresh tuna (not tinned tuna)

A total of 6 iterations occupying columns (3018) to (3023)

qnuch   SHOWCARD 1
     Over the past year have you tried to make any of the changes listed on the card - even if only for a short time?

Eating less generally	1	(1725)
Eating more generally	2	
Eating less fatty or fried foods such as crisps or chips	3	
Eating more fruit and vegetables	4	
Eating less processed and 'convenience' foods	5	
Eating less sugar and foods containing a lot of sugar, @such as cakes, sweet pastries, biscuits, sweets and soft drinks	6	
Eating more foods containing fibre, such as@ wholemeal bread or breakfast cereals	7	
Using low fat foods such as skimmed or semi-skimmed milk, @low fat spread or low fat cheese	8	
Don't Know	Y	
None of these	X	
Something else	0	

Other specify...	(1726 - 1730)

qnus   Are you still ...?

Yes	1	(1731)
No	2	
Don't Know	Y	

This question is repeated for the following loop values:

- Eating less generally
- Eating more generally
- Eating less fatty or fried foods such as crisps or chips
- Eating more fruit and vegetables
- Eating less processed and 'convenience' foods
- Eating less sugar and foods containing a lot of sugar, @such as cakes, sweet pastries, biscuits, sweets and soft drinks
- Eating more foods containing fibre, such as@ wholemeal bread or breakfast cereals
- Using low fat foods such as skimmed or semi-skimmed milk, @low fat spread or low fat cheese

A total of 8 iterations occupying columns (1731) to (1738)

qnuhe   Thinking overall about the things you eat, which of these best describes what you eat nowadays.

Very healthy	1	(1739)
Fairly healthy	2	
Fairly unhealthy	3	
Very unhealthy	4	
Don't Know	Y	

qnubar Here are some things which might discourage people from eating more healthy foods. Which do you think might PREVENT you from eating more healthy foods?

   INTERVIEWER: PAGE UP & DOWN TO VIEW ALL RESPONSES

Family discouraging or unsupportive	1	(2771)
Friends discouraging or unsupportive	2	
People at work discouraging or unsupportive	3	
Not knowing what changes to make	4	
Not knowing how to cook more healthy foods	5	
Poor choice of healthy foods in canteens and restaurants	6	
Poor choice of healthy foods in places where you shop	7	
Healthy foods are too expensive	8	
Healthy foods take too long to prepare	9	
Healthy foods too boring	0	(2772)
Lack of will-power	1	
Don't like the taste/ don't enjoy healthy foods	2	
Don't Know	Y	(2771)
None of these	X	
Other	0	

Other specify...   (2773 - 2776)

qnufr   Thinking just about YESTERDAY can you tell me how many portions of fruit - fresh, frozen or tinned - you ate?

                                                                                                          (1740 - 1741)

Numeric Range _____		
Don't Know	Y	(1740)
None	X	

Permitted Range
1 TO 20 (Numeric Range)

qnupo   And still thinking about YESTERDAY, can you tell me how many portions of salad and vegetables - fresh, frozen or tinned, but not including potatoes - you ate?

Numeric Range _____
Don't Know   Y
None   X

Permitted Range
1 TO 20 (Numeric Range)

---

qnuto   How many portions IN TOTAL of fruit, vegetables and salad do you think people SHOULD eat EACH DAY for a healthy balance of foods?
        (IF LESS THAN ONE A DAY, BUT MORE THAN NONE, THEN PLEASE ENTER AS 1)

Numeric Range _____
Don't Know   Y
None   X

Permitted Range
1 TO 20 (Numeric Range)

QUANCEPT ITEM:

Section 3b - Nutrition - Attitudes to healthy eating

QUANCEPT ITEM:

The following statements are things some people have said about healthy eating. Please could you tell me how much you agree or disagree with each one?

qhge ...
REMINDER OF QUESTION: HOW MUCH DO YOU AGREE OR DISAGREE WITH THIS STATEMENT?

Strongly agree	1	(2958)
Tend to agree	2	
Tend to disagree	3	
Strongly disagree	4	
Don't Know	Y	

This question is repeated for the following loop values:

- I tend to think about my health when I'm deciding what to eat
- It's really interesting to hear so much about healthy eating in the media
- It's easy to find healthy food in the shops these days
- It's easy to get information about healthy eating these days

A total of 4 iterations occupying columns (2958) to (2961)

Qathlim Which of these is the most important source of information for you about healthy eating?
CODE ONE ANSWER ONLY.

Personal knowledge	1	(2962)
Media such as radio, television or newspapers	2	
Books/Magazines	3	
Professionals such as GPs or community dieticians	4	
Friends or family	5	
Leaflets/Booklets	6	
Internet websites	7	
Telephone advice line	8	
Don't Know	Y	
None of these	X	
Other	0	

Other specify...	(2963 - 2966)

The following statements are things some people have said about healthy living. Please could you tell me how much you agree or disagree with each one?

qchi ...
REMINDER OF QUESTION: HOW MUCH DO YOU AGREE OR DISAGREE WITH THIS STATEMENT?

Strongly agree	1	(2967)
Tend to agree	2	
Tend to disagree	3	
Strongly disagree	4	
Don't Know	Y	

This question is repeated for the following loop values:

- It's not easy to make healthy choices in my day to day life
- I'm willing to go out of my way to have a healthy lifestyle

A total of 2 iterations occupying columns (2967) to (2968)

---

qaguard   Are you the parent or guardian of any children aged under 16 who are living with you?

Yes	1	(2969)
No	2	
Don't Know	Y	

IF   qaguard = Yes

The following statements are things some people have said about healthy living amongst children. Please could you tell me how much you agree or disagree with each one?

---

qach   ...
REMINDER OF QUESTION: HOW MUCH DO YOU AGREE OR DISAGREE WITH THIS STATEMENT?

Strongly agree	1	(2970)
Tend to agree	2	
Tend to disagree	3	
Strongly disagree	4	
Don't Know	Y	

This question is repeated for the following loop values:

- It's easy for parents to get their children to have a healthy lifestyle
- I'm prepared to make a stand to ensure my children have a healthy diet
- I'm prepared to make a stand to ensure my children get enough exercise

A total of 3 iterations occupying columns (2970) to (2972)

End of Filter iachild

Section 4 - Breastfeeding

The following statements are things some people have said about breastfeeding. Please could you tell me how much you agree or disagree with each one?

qbrf ...
REMINDER OF QUESTION: HOW MUCH DO YOU AGREE OR DISAGREE WITH THIS STATEMENT?

Strongly agree	1	(1747)
Tend to agree	2	
Tend to disagree	3	
Strongly disagree	4	
Don't Know	Y	

This question is repeated for the following loop values:

- Women should be made to feel comfortable breastfeeding their babies in public
- Women should only breastfeed their babies at home or in private
- I would feel embarrassed seeing a woman breastfeeding her baby

A total of 3 iterations occupying columns (1747) to (1749)

Section 5a - Physical Activity

DO NOT SHOW SCREEN UNTIL OTHERWISE INSTRUCTED

Now I'd like to ask you some questions about physical activity and exercise

qpawa In an average day, how much time do you spend WALKING OUT OF DOORS? Do not include leisure time walking such as hillwalking, rambling or golf.

N.B. If necessary: We are thinking about an average day at the moment or in the last month or so

0 - 14 minutes	1	(1823)
15 - 29 minutes	2	
30 - 44 minutes	3	
45 - 59 minutes	4	
1 hour or more	5	
Not Mobile	6	
Don't Know	Y	

qpapr   Would you like to walk more than you do at present?

Yes	1	(1824)
No	2	
Not mobile	3	
Don't Know	Y	

SHOW SCREEN UNTIL OTHERWISE INSTRUCTED

qpawo   I would like to ask you about any physical activity you have done in the LAST WEEK, NOT INCLUDING DAY TO DAY WALKING.
   In a TYPICAL WEEK, which, if any, of the following physical activities have you done to the point where you were BREATHING FASTER THAN USUAL through physical exertion?
   CODE ALL MENTIONED

Cycling	1	(1825)
Exercise e.g., keep fit, aerobics, @weight training etc.	2	
Swimming	3	
Running / jogging	4	
Sports e.g., football, tennis etc	5	
Leisure time walking e.g. hillwalking, @golf, rambling	6	
Dancing	7	
Heavy gardening	8	
Heavy work around the home, @e.g. housework, DIY	9	
Heavy manual work as part of @your job	0	(1826)
Don't Know	Y	(1825)
None of these	X	
Other	0	

Other specify...   (1827 - 1831)

qpau   Thinking now about ..., how many times do you usually do this activity in a week?

<div align="right">(1832 - 1833)</div>

Numeric Range _____
Don't Know   Y   (1832)

Permitted Range
1 TO 10 (Numeric Range)

This question is repeated for the following loop values:

- Cycling
- Exercise e.g., keep fit, aerobics, @weight training etc.
- Swimming
- Running / jogging
- Sports e.g., football, tennis etc
- Leisure time walking e.g. hillwalking, @golf, rambling
- Dancing
- Heavy gardening
- Heavy work around the home, @e.g. housework, DIY
- Heavy manual work as part of @your job

A total of 10 iterations occupying columns (1832 - 1833) to (1850 - 1851)

qpae   Still thinking about ..., do you USUALLY put enough effort into this activity to make you sweaty and out of breath?

Yes   1   (1852)
No   2
Don't Know   Y

This question is repeated for the following loop values:

- Cycling
- Exercise e.g., keep fit, aerobics, @weight training etc.
- Swimming
- Running / jogging
- Sports e.g., football, tennis etc
- Leisure time walking e.g. hillwalking, @golf, rambling
- Dancing
- Heavy gardening
- Heavy work around the home, @e.g. housework, DIY
- Heavy manual work as part of @your job

A total of 10 iterations occupying columns (1852) to (1861)

qpam   Still thinking about ..., how long on average do you do this activity on each occasion?
      RECORD ANSWER IN MINUTES
      1 HOUR = 60 MINS, 2 HOURS = 120 MINS, 3 HOURS = 180 MINS, 4 HOURS = 240 MINS, 5 HOURS = 300
  MINS, 6 HOURS = 360 MINS.

                        (1862 - 1864)

Numeric Range _____

Don't Know   Y   (1862)

Permitted Range
1 TO 360 (Numeric Range)

This question is repeated for the following loop values:

- Cycling
- Exercise e.g., keep fit, aerobics, @weight training etc.
- Swimming
- Running / jogging
- Sports e.g., football, tennis etc
- Leisure time walking e.g. hillwalking, @golf, rambling
- Dancing
- Heavy gardening
- Heavy work around the home, @e.g. housework, DIY
- Heavy manual work as part of @your job

A total of 10 iterations occupying columns (1862 - 1864) to (1917 - 1919)

Section 5c - Physical activity - Knowledge Section

qpaw   In the past year, how frequently have you ...? Would you say you did this ...

Always   1   (1920)
Sometimes   2
Never   3
Don't Know   Y

This question is repeated for the following loop values:

- Walked or cycled a short journey instead of taking the car, bus or taxi
- Used the stairs instead of taking the lift or escalators

A total of 2 iterations occupying columns (1920) to (1921)

qpaun   How physically fit would you say you are compared to other people of your age?

Very unfit	1	(1922)
Fairly unfit	2	
Fairly fit	3	
Very fit	4	
Don't Know	Y	

qpati   How many TIMES A WEEK do you think someone needs to exercise to STAY PHYSICALLY FIT? By exercise I mean spending about half an hour playing sport, swimming, cycling, aerobics etc.
    TYPE IN NUMBER OF TIMES PER WEEK

(1923 - 1924)

Numeric Range _____
Don't Know   Y   (1923)

Permitted Range
1 TO 21 (Numeric Range)

qpamo I would now like you to think about MODERATE PHYSICAL ACTIVITY, that is brisk walking or heavy gardening etc,
    How much TIME PER DAY do you think somebody needs to engage in moderate physical activity to help them to stay healthy?
    ENTER TIME IN MINUTES
    1 HOUR = 60 MINS, 2 HOURS = 120 MINS, 3 HOURS = 180 MINS, 4 HOURS = 240 MINS, 5 HOURS = 300 MINS, 6 HOURS = 360 MINS

(1925 - 1927)

Numeric Range _____
Don't Know   Y   (1925)

Permitted Range
1 TO 999 (Numeric Range)

Qpamoti   Still thinking about MODERATE PHYSICAL ACTIVITY. How many times a week do you think someone needs to be physically active to stay healthy?
    By MODERATE PHYSICAL ACTIVITY I mean spending about half an hour walking briskly or doing gardening etc, to a level that makes you breath slightly faster than usual

(2973 - 2974)

Numeric Range _____
Don't Know   Y   (2973)

Permitted Range
1 TO 21 (Numeric Range)

qpahe   For your age, do you think you do enough physical activity to stay healthy?

Yes	1	(1928)
No	2	
Not mobile	3	
Don't Know	Y	

IF Qghpa1 = Increase the amount of exercise I take OR   Qghth1 = Increase the amount of exercise I take THEN ASK: qpaea, Qpareas

Qpareas   Which of these reasons, if any, was the main reason for you to decide to take more exercise?
        CODE ONE ANSWER ONLY.

To reduce stress	1	(2975)
To feel better generally	2	
To lose weight	3	
To prevent disease or ill health	4	
To feel healthier and fitter	5	
To look better/improve shape	6	
To enjoy myself	7	
Don't Know	Y	
None of these	X	
Other	0	

Other specify...   (2976 - 2979)

End of Filter ipapa

ASK ALL

Qpabarr   Here are a number of reasons why people find it difficult to take more exercise. Which, if any, are the most important to you?
CODE UP TO THREE ANSWERS

Lack of time due to other @commitments	1	(3008)
Prefer to do other things	2	
Ill health, injury or disability	3	
I feel too fat/overweight	4	
I do not enjoy exercise	5	
Lack of suitable local facilities	6	
I am too old	7	
Lack of money	8	
Lack of transport	9	
I have nobody to go with	0	(3009)
Traffic, road safety or the @environment puts me off	1	
The weather puts me off	2	
I don't have the skills or @confidence to do it	3	
Don't Know	Y	(3008)
None of these	X	

Section 5d - Attitudes to physical activity

The following statements are things some people have said about physical activity. Please could you tell me how much you agree or disagree with each one?

qpaa   ...
REMINDER OF QUESTION: HOW MUCH DO YOU AGREE OR DISAGREE WITH THIS STATEMENT?

Strongly agree	1	(3010)
Tend to agree	2	
Tend to disagree	3	
Strongly disagree	4	
Don't Know	Y	

This question is repeated for the following loop values:

- It's really interesting to hear so much about physical activity in the media
- It's easy to find opportunities to be physically active these days
- It's easy to get information about physical activity these days

A total of 3 iterations occupying columns (3010) to (3012)

qpaaimp   Which of these is the most important source of information for you about physical activity?
CODE ONE ANSWER ONLY.

Personal knowledge	1	(3013)
Media such as radio, television or newspapers	2	
Books/Magazines	3	
Professionals such as GPs or health visitors	4	
Friends or family	5	
Leaflets/Booklets	6	
Internet websites	7	
Telephone advice line	8	
Don't Know	Y	
None of these	X	
Other	0	

Other specify...	(3014 - 3017)

Section 6 - Alcohol

Now I would like to ask you some questions about drinking alcohol.

---

qalye   Thinking about the last year, how often do you have an alcoholic drink? Please include drinks that are drunk both in and out of the home.

Every day	1	(1930)
5 or 6 days a week	2	
3 or 4 days a week	3	
Once or twice a week	4	
Less than once a week but at least once a month	5	
Once every couple of months	6	
Once or twice a year	7	
Never in the past year	8	
Don't Know	Y	

IF   qalye = Less than once a week but at least once a month   OR   qalye = Once every couple of months   OR qalye = Once or twice a year
THEN ASK: qaldr

qaldr   Have you had an alcoholic drink in the last seven days?

Yes	1	(1931)
No	2	
Don't Know	Y	

End of Filter ialse

**IF   qalye = Never in the past year
THEN ASK: qalnd**

End of Filter ialco

**IF   qalye = Every day OR   qalye = 5 or 6 days a week OR   qalye = 3 or 4 days a week OR   qalye = Once or twice a week OR   qaldr = Yes
THEN ASK: qaldk**

qalp In the last seven days, how many did you drink of the following - ...?
        CODE "NULL" FOR NONE
        CODE "REF" FOR LESS THAN ONE

(1933 - 1934)

Numeric Range _____		
Don't Know	Y	(1933)
Less than one	Z	
None	X	

Permitted Range
1 TO 99 (Numeric Range)

This question is repeated for the following loop values:

- Pints of normal strength beer, lager or cider
- Pints of extra strong beer, lager or cider
- Glasses of martini / sherry / port (not wine)
- Single measures of spirits / liqueur such as whisky, gin, vodka etc.
- Glasses of wine

A total of 5 iterations occupying columns (1933 - 1934) to (1941 - 1942)

qaldk   Have you drunk any OTHER alcoholic drinks in the last 7 days which do not fit into any of these categories, such as designer drinks or alcoholic lemonade?

Yes	1	(1943)
No	2	
Don't Know	Y	

qaldn   What did you drink?

Castaway	1	(1944)
Red/Reef/Metz/Hoopers Hooch	2	
Vodka Source/Bacardi Breezer/Rigo	3	
Red Square/Smirnoff Ice/Mule	4	
MD 20/20	5	
Buckfast	6	
Don't Know	Y	
Something else	0	

Other specify...	(1945 - 1949)

IF   qaldn = Castaway OR   qaldn = Red/Reef/Metz/Hoopers Hooch OR   qaldn = Vodka Source/Bacardi Breezer/Rigo OR   qaldn = Red Square/Smirnoff Ice/Mule OR   qaldn = MD 20/20 OR   qaldn = Buckfast

qalh How many glasses / cans or bottles of ... did you drink?
        RECORD DETAILS OF QUANTITY

(1950 - 1951)

Numeric Range _____		
Don't Know	Y	(1950)

Permitted Range
1 TO 60 (Numeric Range)

This question is repeated for the following loop values:

- Castaway
- Red/Reef/Metz/Hoopers Hooch
- Vodka Source/Bacardi Breezer/Rigo
- Red Square/Smirnoff Ice/Mule
- MD 20/20
- Buckfast

A total of 6 iterations occupying columns (1950 - 1951) to (1960 - 1961)

End of Filter ialdd

ASK ALL

INTERVIEWER PLEASE DO NOT SHOW SCREEN UNTIL OTHERWISE INSTRUCTED

qalal As you know, some drinks contain more alcohol than others. The amount is sometimes measured in terms of 'units of alcohol'. Have you heard about measuring alcohol in units?

Yes	1	(1962)
No	2	
Don't Know	Y	

IF   qalal = Yes
THEN ASK: qalap, qalcr

qalcr   What do you think the current recommended limits for alcohol consumption are for MEN in terms of units of alcohol?
INTERVIEWER - FIRST PLEASE CODE HOW GIVING LIMIT (DO NOT PROMPT)

Daily	1	(1964)
Weekly	2	
Other way	3	
Don't Know what limits are	Y	

IF   qalcr = Daily
THEN ASK: qaliy

qaliy RECORD DAILY LIMIT IN UNITS

IF NECESSARY REMIND: What do you think the current daily recommended limits for alcohol consumption are for MEN in units?

(1965 - 1966)

Numeric Range _____
Don't Know   Y   (1965)

Permitted Range
0 TO 25 (Numeric Range)

End of Filter ialda

**IF   qalcr = Weekly
THEN ASK: qalwe**

---

qalwe   RECORD WEEKLY LIMIT IN UNITS

　　IF NECESSARY REMIND: What do you think the current weekly recommended limits for alcohol consumption are for MEN in units?

(1967 - 1968)

Numeric Range _____
Don't Know　　　　　　　　　　Y　　　　(1967)

Permitted Range
0 TO 50 (Numeric Range)

End of Filter iwere

**IF   qalcr = Other way
THEN ASK: qaler**

---

qaler   RECORD WHAT THINK CURRENT LIMITS ARE FOR MEN

　　IF NECESSARY REMIND: What do you think the current recommended limits for alcohol consumption are for MEN?

(1969 - 1973)

Don't Know　　　　　　　　　　Y　　　　(1969)

End of Filter ialot

qalcw   What do you think the current recommended limits for alcohol consumption are for WOMEN in terms of units of alcohol?

INTERVIEWER - FIRST PLEASE CODE HOW GIVING LIMIT (DO NOT PROMPT)

Daily	1	(1974)
Weekly	2	
Other way	3	
Don't Know what limits are	Y	

IF   qalcw = Daily
THEN ASK: qalwd

---

qalwd   RECORD DAILY LIMIT IN UNITS

IF NECESSARY REMIND: What do you think the current daily recommended limits for alcohol consumption are for WOMEN in units?

(1975 - 1976)

Numeric Range _____		
Don't Know	Y	(1975)

Permitted Range
0 TO 25 (Numeric Range)

End of Filter ifalwd

IF   qalcw = Weekly
THEN ASK: qalww

---

qalww   RECORD WEEKLY LIMIT IN UNITS

IF NECESSARY REMIND: What do you think the current weekly limits for alcohol consumption are for WOMEN in units?

(1977 - 1978)

Numeric Range _____		
Don't Know	Y	(1977)

Permitted Range
0 TO 50 (Numeric Range)

End of Filter ifqalww

IF   qalcw = Other way
THEN ASK: qalwo

---

qalwo   RECORD WHAT THINK CURRENT LIMITS ARE FOR WOMEN

     IF NECESSARY REMIND: What do you think the current recommended limits for alcohol consumption are for WOMEN?

(2008 - 2012)

Don't Know   Y   (2008)

End of Filter ifalwo

End of Filter ialyp

IF   qalye = Every day OR   qalye = 5 or 6 days a week OR   qalye = 3 or 4 days a week OR   qalye = Once or twice a week OR   qalye = Less than once a week but at least once a month OR   qalye = Once every couple of months OR   qalye = Once or twice a year

---

IF   qalal = No

End of Filter ifkunit

&vunit& unit of alcohol is half a pint of normal strength beer, a glass of wine, a single measure of spirits or a small glass of sherry.

IF   qsex = Male

End of Filter imen

qalti SHOWCARD 2
     How many times did you drink &vmen& units or more ON ONE OCCASION during the LAST MONTH? Just
     read out the letter.
     IF NECESSARY, ADD: &vmen& units is &vmen1& pints of normal strength beer or lager or &vmen&
     measures of spirits or glasses of wine.

     INTERVIEWER - THE RESPONDENT WILL ALSO NEED SHOWCARD 2 FOR THE NEXT QUESTION.

A	1	(2013)
B	2	
C	3	
D	4	
E	5	
F	6	
G	7	
H	8	
Don't Know	Y	

IF   qsex = Male

End of Filter Imen2

Qalti2   SHOWCARD 2
     And how many times did you drink &vmen2& units or more ON ONE OCCASION during the LAST MONTH?
     Just read out the letter.
     IF NECESSARY, ADD: &vmen2& units is &vmen3& pints of normal strength beer or lager or &vmen2&
     measures of spirits or glasses of wine.

A	1	(3250)
B	2	
C	3	
D	4	
E	5	
F	6	
G	7	
H	8	
Don't Know	Y	

INTERVIEWER PLEASE SHOW SCREEN UNTIL OTHERWISE INSTRUCTED

qalvl Thinking about the amount you drink now, which of these best describes you?

A very light or occasional drinker	1	(2014)
A light but regular drinker	2	
A moderate drinker	3	
Quite a heavy drinker	4	
A very heavy drinker	5	
Don't Know	Y	

End of Filter ialtw

Section 7 - Smoking

Now I would like to ask you some questions about smoking.

qsmci   Have you ever smoked cigarettes - including roll ups?

Yes	1	(2015)
No	2	
Don't Know	Y	

IF   qsmci = Yes
THEN ASK: qsmno

qsmno Do you smoke cigarettes - including roll ups, nowadays, even if only occasionally?
    IF YES PROMPT - Would you say you smoked regularly or occasionally?

Yes, regularly	1	(2016)
Yes, occasionally	2	
No	3	
Don't Know	Y	

IF   qsmno = Yes, regularly OR   qsmno = Yes, occasionally
THEN ASK: qsmwe, qsmwd, Qlstcig, qsmco

qsmwe About how many cigarettes do you usually smoke on a WEEKDAY?
CODE "NULL" FOR NONE / I DON'T USUALLY SMOKE ON WEEKDAYS
CODE "REF" FOR LESS THAN ONE A DAY

(2017 - 2019)

Numeric Range _____
Don't Know   Y   (2017)
Less than one a day   Z
None / I don't usually smoke
   on weekdays   X

Permitted Range
1 TO 200 (Numeric Range)

qsmwd And at WEEKENDS about how many cigarettes do you usually smoke A DAY?
CODE "NULL" FOR NONE / I DON'T USUALLY SMOKE ON WEEKENDS
CODE "REF" FOR LESS THAN ONE A DAY

(2020 - 2022)

Numeric Range _____
Don't Know   Y   (2020)
Less than one a day   Z
None / I don't usually smoke
   on weekends   X

Permitted Range
1 TO 200 (Numeric Range)

Qlstcig How many days ago did you last have a cigarette?

Less than 1 day   1   (3133)
1 day   2
2 days   3
3 days   4
4 days   5
5 days   6
More than 5 days   7
Don't Know   Y

End of Filter ismro

End of Filter ismev

qsmcp Have you ever smoked cigars or a pipe?

Yes	1	(2032)
No	2	
Don't Know	Y	

IF   qsmcp = Yes
THEN ASK: qsme

qsme   Do you smoke cigars or a pipe regularly nowadays?
      IF "Yes" PROBE: "Which?"

Pipe	1	(2033)
Cigars	2	
Both pipe and cigars	3	
Neither	4	
Don't Know	Y	

End of Filter iyyy

IF   qsmno = No
THEN ASK: qsmex

qsmex   When did you stop smoking cigarettes?

Less than a month ago	1	(2034)
A month, but less than 6 months ago	2	
6 months but less than 12 months ago	3	
12 months or more	4	
Can't remember / Don't know	5	

INTERVIEWER DO NOT SHOW SCREEN UNTIL OTHERWISE INSTRUCTED

IF   Qsmex = Less than a month ago   OR   Qsmex = A month, but less than 6 months ago   OR   Qsmex = 6 months but less than 12 months ago
THEN ASK: Qwquit, QHRT

Qwquit What was the main thing that prompted you to quit?

      DO NOT PROMPT. CODE ONE ANSWER ONLY.

Concerns about my health	1	(3134)
I'm pregnant	2	
Concerns about my children's health	3	
Concerns about other people's health	4	
Concerns about money	5	
Because of smoke free legislation (smoking ban) on 26th March 2006	6	
Don't Know	Y	
Other	0	

Other specify...	(3135 - 3138)

QHRT Are you currently taking Nicotine Replacement Therapy (NRT)?

      INTERVIEWER NOTE - THIS INCLUDES PATCHES, GUM OR MICROTAB

Yes	1	(3139)
No	2	
Don't Know	Y	

End of Filter lsmoyr

End of Filter ismex

IF qghth1 = Stop smoking
THEN ASK: Qwhnqui, Qmnplan

Qwhnqui You said earlier that you were thinking of giving up smoking in the next six months. Can I just check, are you planning to stop in the next 30 days?

Yes	1	(3140)
No	2	
Don't Know	Y	

Qmnplan   What is the main thing that has motivated you to think seriously about quitting at this time?

   DO NOT PROMPT. CODE ONE ANSWER ONLY.

Concerns about my health	1	(3141)
I'm pregnant	2	
Concerns about my children's health	3	
Concerns about other people's health	4	
Concerns about money	5	
Because of smoke free legislation (smoking ban) on 26th March 2006	6	
Don't Know	Y	
Other	0	

Other specify...   (3142 - 3145)

End of Filter Iqsmo

IF   qsmci = No OR   qsmno = Yes, occasionally   OR   qsmno = No

---

INTERVIEWER READ OUT

   I would like to know where you have been exposed to other people's tobacco smoke over the last week.

INTERVIEWER SHOW SCREEN TO RESPONDENT

QUANCEPT ITEM:

Section 13 - Attitudes to smoking

Qspdis2   I would like you to think about the things that people do. Take a look at the list below and tell me which you would STRONGLY DISAPPROVE of.

Smoking cigarettes with a child in the room	1	(3039)
Smoking cigarettes with a child in the car	2	
Parking in a disabled parking space without an orange badge	3	
Using a mobile phone while driving	4	
Not giving up their seat on a train or bus to someone who is less able to stand	5	
Dropping litter in the street	6	
Driving under the influence of alcohol	7	
Smoking while pregnant	8	
Smoking while pushing a child in a pram or pushchair	9	
Smoking in a non-smoking area / in a non-smoking premises	0	(3040)
Don't Know	Y	(3039)
None of these	X	

Qspmo2   Of these, which one do you disapprove of the most?

Smoking cigarettes with a child in the room	1	(3041)
Smoking cigarettes with a child in the car	2	
Parking in a disabled parking space without an orange badge	3	
Using a mobile phone while driving	4	
Not giving up their seat on a train or bus to someone who is less able to stand	5	
Dropping litter in the street	6	
Driving under the influence of alcohol	7	
Smoking while pregnant	8	
Smoking while pushing a child in a pram or pushchair	9	
Smoking in a non-smoking area / in a non-smoking premises	0	(3042)
Don't Know	Y	(3041)
None of these	X	

Qpart   Do you have a husband, wife or partner who lives with you?

	Yes	1	(3216)
	No	2	
	Don't Know	Y	

IF   Qpart = Yes
THEN ASK: Qpsmo

IF (qsmno = Yes, regularly) OR   (qsmno = Yes, occasionally) OR   (qsme = Pipe) OR   (qsme = Cigars)
OR   (qsme = Both pipe and cigars)
THEN ASK: Qspadul, Qapchil

Qspadul   If you are in a room with adults who don't smoke, do you...

	Smoke the same number of cigarettes as usual	1	(2825)
	Smoke fewer cigarettes	2	
	Or do you not smoke at all?	3	
	Don't Know	Y	
	Other	0	

Other specify...	(2826 - 2829)

Qapchil And if you are in a room with children, do you...

	Smoke the same number of cigarettes as usual	1	(2830)
	Smoke fewer cigarettes	2	
	Or do you not smoke at all?	3	
	Don't Know	Y	
	Other	0	

Other specify...	(2831 - 2834)

End of Filter ispadul

INSTRUCTION SCREEN:

> THE NEXT QUESTIONS ARE FOR SELF COMPLETION BY THE RESPONDENT.

> YOU READ THE INTRODUCTION, GO THROUGH BOTH EXAMPLE QUESTIONS WITH THEM, AND THEN TURN THE COMPUTER TOWARDS THE RESPONDENT. PLEASE ASK THE RESPONDENT TO COMPLETE THIS SECTION WITHOUT ANY HELP OR INFLUENCE FROM ANYONE ELSE. YOU MAY HELP THEM IF NEEDED.

> CHECK THE RESPONSES TO THE FIRST TWO EXAMPLE QUESTIONS TO MAKE SURE THE RESPONDENT HAS UNDERSTOOD THE INSTRUCTIONS.

> PLEASE ALSO MENTION THAT FOR "OTHER SPECIFY" QUESTIONS, IF THEIR ANSWER IS OTHER, THEY SHOULD TYPE IN THE NUMBER NEXT TO THE "OTHER" BOX, THEN TYPE IN THEIR ANSWER - PLEASE ASK THEM TO PUT "_" AROUND THE ANSWER THEY TYPE IN.

> IN ADDITION PLEASE MENTION THAT THEY HAVE TO ENTER "DK" FOR "DON'T KNOW", "NULL" FOR "NONE OF THESE" AND THAT THEY CAN REFUSE TO ANSWER ANY PARTICULAR QUESTION BY TYPING "REF", BUT EXPLAIN THAT YOU CAN DO THIS FOR THEM IF THEY WISH

The next set of questions are to be completed by yourself. There are no right or wrong answers - we just want you to be as accurate and honest as you can as you answer about yourself. None of the answers will be traced back to any individual taking part in this survey.

> **I would like you to read the questions for yourself and type in your answers. Please answer each question even if the answer is "Never" or "Don't Know". Take as much time as you like.**

> **DO NOT READ OUT:**

> **MOVE TO NEXT SCREEN AND DETERMINE HOW SECTION WILL BE ANSWERED. THEN USE THE NEXT TWO QUESTIONS AS EXAMPLES. ONCE RESPONDENT UNDERSTANDS, LET THEM COMPLETE WHOLE SERIES OF QUESTIONS.**

---

qscdo   HOW WILL SELF COMPLETION SECTION BE DONE?

Respondent will do self completion themselves	1	(2324)
Respondent asks interviewer to type for them	2	
Respondent refuses to do self completion at all	3	

IF   qscdo = Respondent will do self completion themselves
THEN ASK: qscex, qsce2

qscex   EXAMPLE 1
How old were you on your last birthday?
Please choose the number beside the answer which you want to give.
TYPE THE NUMBER, PRESS THE F2 KEY TO MOVE ONTO THE NEXT SCREEN. IF YOU HAVE A
PROBLEM THE INTERVIEWER WILL EXPLAIN WHAT TO DO

16-17	1	(2325)
18-24	2	
25-34	3	
35-44	4	
45-54	5	
55-64	6	
65 or older	7	
Don't Know	Y	
Refused	Z	

qsce2   EXAMPLE 2
Which of these TV channels do you ever watch?
Please choose the number beside the answers which you want to give. You can select as many as you like.
TYPE THE NUMBER AND PRESS THE SPACEBAR AND A CROSS SHOULD APPEAR BY THE ANSWER.
TO SELECT ANOTHER ANSWER, TYPE THAT NUMBER AND PRESS SPACEBAR AGAIN AND A CROSS
SHOULD APPEAR BY THIS ANSWER AS WELL. WHEN YOU HAVE CHOSEN ALL THE CHANNELS WHICH
YOU HAVE WATCHED, PRESS THE F2 KEY TO MOVE ON TO THE NEXT SCREEN. IF YOU HAVE A
PROBLEM THE INTERVIEWER WILL EXPLAIN WHAT TO DO.

BBC1	1	(2326)
BBC2	2	
ITV	3	
Channel 4	4	
Sky	5	
ON Digital	6	
Cable channels	7	
Some other channel	8	
I never watch television	9	
Don't Know	Y	
Refused	Z	

GIVE COMPUTER TO RESPONDENT

IF AT ANY POINT YOU DON'T WANT TO ANSWER A QUESTION, PLEASE TYPE REF

End of Filter iscex

IF   qscdo = Respondent asks interviewer to type for them

AS YOU WILL BE ENTERING THE ANSWERS, THE PRACTICE QUESTIONS HAVE BEEN SKIPPED

End of Filter iscas

IF   qscdo = Respondent will do self completion themselves   OR   qscdo = Respondent asks interviewer to type for them
THEN ASK: qscba, qscsl, qscus, qscfc, qsccu, qscod, qscna, qscyp, qscud, qscco, qscwo, qscrh, qsotp, qsodc, qscsg, qscdc, qscsu, qscdi, qscwh, qscps, qscoa, qscpa, qsowb, qsous, qsone, qsote, qsodp, qsoda, qsoli, qsoup, qsofc, qsopl, qsoia, qsolf, qsoth, qsohn, qsoss, qsoge, qsolo, qsopo, qsoem, qshbj

The next few questions are about the way you have been feeling over the last few weeks. For each question please select the number next to the answer that BEST suits the way you have felt.

PRESS THE F2 KEY WHEN YOU ARE READY FOR THE FIRST QUESTION

qscba   Have you recently been able to concentrate on what you are doing?

Better than usual	1	(2327)
Same as usual	2	
Less than usual	3	
Much less than usual	4	
Don't Know	Y	
Refused	Z	

qscsl   Have you recently lost much sleep over worry?

Not at all	1	(2328)
No more than usual	2	
Rather more than usual	3	
Much more than usual	4	
Don't Know	Y	
Refused	Z	

qscus   Have you recently felt that you were playing a useful part in things?

More than usual	1	(2329)
Same as usual	2	
Less than usual	3	
Much less than usual	4	
Don't Know	Y	
Refused	Z	

qscfc   Have you recently felt capable of making decisions about things?

More so than usual	1	(2330)
Same as usual	2	
Less so than usual	3	
Much less capable	4	
Don't Know	Y	
Refused	Z	

qsccu   Have you recently felt constantly under strain?

Not at all	1	(2331)
No more than usual	2	
Rather more than usual	3	
Much more than usual	4	
Don't Know	Y	
Refused	Z	

qscod   Have you recently felt that you couldn't overcome your difficulties?

Not at all	1	(2332)
No more than usual	2	
Rather more than usual	3	
Much more than usual	4	
Don't Know	Y	
Refused	Z	

qscna   Have you recently been able to enjoy your normal day-to-day activities?

More than usual	1	(2333)
Same as usual	2	
Less so than usual	3	
Much less than usual	4	
Don't Know	Y	
Refused	Z	

qscyp   Have you recently been able to face up to problems?

More so than usual	1	(2334)
Same as usual	2	
Less able than usual	3	
Much less able	4	
Don't Know	Y	
Refused	Z	

qscud   Have you recently been feeling unhappy and depressed?

Not at all	1	(2335)
No more than usual	2	
Rather more than usual	3	
Much more than usual	4	
Don't Know	Y	
Refused	Z	

qscco   Have you recently been losing confidence in yourself?

Not at all	1	(2336)
No more than usual	2	
Rather more than usual	3	
Much more than usual	4	
Don't Know	Y	
Refused	Z	

qscwo   Have you recently been thinking of yourself as a worthless person?

Not at all	1	(2337)
No more than usual	2	
Rather more than usual	3	
Much more than usual	4	
Don't Know	Y	
Refused	Z	

qscrh   Have you recently been reasonably happy, all things considered?

More so than usual	1	(2338)
Same as usual	2	
Less so than usual	3	
Much less than usual	4	
Don't Know	Y	
Refused	Z	

Section 22 - WEMWBS Questions

The following statements are about feelings and thoughts.

PRESS THE F2 KEY WHEN YOU ARE READY FOR THE FIRST QUESTION

Qmws   For each of the following statements, please select the option that best describes your experience over the last two weeks

    ...

None of the time	1	(3269)
Rarely	2	
Some of the time	3	
Often	4	
All of the time	5	
Refused	Z	

This question is repeated for the following loop values:

- I've been feeling optimistic about the future
- I've been feeling useful
- I've been feeling relaxed
- I've been feeling interested in other people   *(Wave 13 only)*
- I've had energy to spare   *(Wave 13 only)*
- I've been dealing with problems well
- I've been thinking clearly
- I've been feeling good about myself   *(Wave 13 only)*
- I've been feeling close to other people
- I've been feeling confident   *(Wave 13 only)*
- I've been able to make up my own mind about things
- I've been feeling loved
- I've been interested in new things   *(Wave 13 only)*
- I've been feeling cheerful   *(Wave 13 only)*

A total of 14 iterations occupying columns (3269) to (3309)

A number of statements that people have made to describe how they feel are given below. Please read each one and select the number next to the answer which best describes how frequently you have felt that way in the past seven days, including today.

Some statements describe positive feelings and some describe negative feelings. You may have experienced both positive and negative feelings at different times during the past seven days.

PRESS THE F2 KEY WHEN YOU ARE READY TO CONTINUE

Section 26 - HIV and AIDS

Next a series of topics to do with sexual health will appear. For each one, please indicate whether you feel you have adequate knowledge or information about it, or whether you would like to know more.

qhiv Do you feel you have adequate knowledge or information about the following topics, or would you like to know more?

...

Know enough	1	(2471)
Want more information	2	
Don't Know	Y	
Refused	Z	

This question is repeated for the following loop values:

- Ways in which HIV (the AIDS virus) can be passed on
- Contraception / birth control
- Emergency ('morning after') contraception
- How to have a satisfying sex life
- Recognising symptoms of sexually transmitted diseases
- Abortion
- Having a blood test for HIV
- How to use a condom
- Safer sex

A total of 9 iterations occupying columns (2471) to (2479)

qhivd   Have you changed your own sexual lifestyle in any way, or made any decisions about sex, because of concern about catching HIV (the AIDS virus)?
      CHOOSE ONE NUMBER ONLY

Yes	1	(2509)
No	2	
My sexual lifestyle has changed, but not because of AIDS	3	
Don't Know	Y	
Refused	Z	

IF   qhivd = Yes
THEN ASK: qhidd

qhidd   In which of these ways have you changed or decided to change?
         Choose all that apply

Not having sex	1	(2510)
Having fewer partners	2	
Finding out more about a person before having sex	3	
Using a condom	4	
Sticking to one partner	5	
Avoiding some sexual practices	6	
Don't Know	Y	
Refused	Z	
Other	0	

Other specify...   (2511 - 2515)

End of Filter ihiye

ASK ALL

The following are a number of things people have said about condoms and HIV (the AIDS virus). Please indicate how much you agree or disagree with each one.

qhic ...
          REMINDER: HOW MUCH DO YOU AGREE OR DISAGREE?

Strongly agree	1	(2516)
Tend to agree	2	
Tend to disagree	3	
Strongly disagree	4	
Don't Know / Not applicable	Y	
Refused	Z	

This question is repeated for the following loop values:

- If I wanted to have sexual intercourse with a new partner, I would stop if we had no condoms
- It is necessary to use a condom with a new partner to protect against HIV (the AIDS virus) even if you are using some other method of contraception
- Once a new sexual partner has become a regular partner, I would not really feel the need to use condoms for protection against HIV (the AIDS virus)
- A woman who is known to be carrying condoms would not have a good image
- Buying condoms is still an embarrassing experience these days
- It is the man's responsibility to carry condoms
- The risk for someone like me getting HIV (the AIDS virus) has been exaggerated by Government and health officials

A total of 7 iterations occupying columns (2516) to (2522)

Section 27 - Drugs Self Completion

The next set of questions are about drugs or solvents which people are not supposed to take unless they have a doctor's prescription.

First the names of several drugs will appear on the screen. For each one please will you indicate whether you have heard of them or not.

The next set of questions are about cannabis.

Qdra1   Have you heard of cannabis? It is also known as marijuana, grass, hash, ganja, blow or dope.

Yes	1	(3125)
No	2	
Don't Know	Y	
Refused	Z	

IF   Qdra1 = Yes
THEN ASK: qdrev1

qdrev1 Have you EVER taken cannabis, even if it was a long time ago?

Yes	1	(3126)
No	2	
Don't Know	Y	
Refused	Z	

End of Filter ifcan

IF   qdrev1 = Yes
THEN ASK: Qdr121

Qdr121 And have you taken cannabis in the last 12 months?

Yes	1	(3127)
No	2	
Don't Know	Y	
Refused	Z	

End of Filter Ican

IF   Qdra1 = Yes AND   qdrev1 = No
THEN ASK: Qdrfb1

End of Filter Incan

IF   Qdra1 = Yes
THEN ASK: Qcanu

End of Filter ican2

Finally there will appear some things other people have said about drugs. For each one, please read the statement and then say how much you agree or disagree with it.

qdre ...

How much do you agree or disagree?

Strongly agree	1	(2563)
Tend to agree	2	
Tend to disagree	3	
Strongly disagree	4	
Don't Know	Y	
Refused	Z	

This question is repeated for the following loop values:

- All use of drugs is wrong, unless with a doctor's prescription
- It's OK to use soft drugs like cannabis but not hard drugs, like heroin
- Some illegal drugs do less harm to your health than drinking or smoking
- Most young people will try drugs at some time
- I don't know enough about the risks of taking drugs
- Taking drugs would be safer if you could be sure of their quality

A total of 6 iterations occupying columns (2563) to (2568)

THIS IS THE LAST OF THIS SERIES OF QUESTIONS. PLEASE TURN THE COMPUTER BACK TO THE INTERVIEWER.

End of Filter iscse

Section 28 - Demographics

SHOW SCREEN UNTIL INSTRUCTED OTHERWISE

> **Now a few questions about you and your household .**

qfut Would you be willing to be recontacted to take part in further research about health issues for NHS Health Scotland (formerly the Health Education Board for Scotland)?

Yes	1	(2569)
No	2	
Don't Know	Y	

qhou How many people aged 16 or over live in this household, including yourself?

(2570 - 2571)

Numeric Range _____		
Don't Know	Y	(2570)

Permitted Range
1 TO 20 (Numeric Range)

qho2 How many people aged under 16 live in this household?

CODE NULL IF NO PEOPLE UNDER 16 IN HOUSEHOLD

(2572 - 2573)

Numeric Range _____		
Don't Know	Y	(2572)
None	X	

Permitted Range
1 TO 20 (Numeric Range)

qtea At what age did you finish full time education, or are you still in full time education?

14 or younger	1	(2574)
15	2	
16	3	
17	4	
18	5	
19	6	
20	7	
21	8	
22 or older	9	
Still in full time education	0	(2575)
Don't Know	Y	(2574)

qfrid Which of the following do you have in your household?

Telephone	1	(2576)
Car	2	
Fridge or fridge freezer	3	
Microwave	4	
Cooker with oven	5	
Don't Know	Y	
None of these	X	

qten SHOWCARD 3 Which of these best describes your home?

Owned outright	1	(2577)
Being bought on a mortgage	2	
Rented from council	3	
Rented from Scottish Homes	4	
Rented from Housing Association/Trust	5	
Rented from private landlord	6	
Rented from another organisation	7	
Live rent free/comes with the job	8	
Don't Know	Y	

WHITE CARDS

JN.45104573/4

1. Eating less generally

2. Eating more generally

3. Eating less fatty or fried foods such as crisps or chips

4. Eating more fruit and vegetables

5. Eating less processed and 'convenience' foods

6. Eating less sugar and foods containing a lot of sugar, such as cakes, sweet pastries, biscuits, sweets and soft drinks

7. Eating more foods containing fibre, such as wholemeal bread or breakfast cereals

8. Using low fat foods such as skimmed or semi-skimmed milk, low fat spread or low fat cheese

9. Something else (PLEASE SAY WHAT)

SHOWCARD 1

9. Something else (PLEASE SAY WHAT)

8. Using low fat foods such as skimmed or semi-skimmed milk, low fat spread or low fat cheese

7. Eating more foods containing fibre, such as wholemeal bread or breakfast cereals

6. Eating less sugar and foods containing a lot of sugar, such as cakes, sweet pastries, biscuits, sweets and soft drinks

5. Eating less processed and 'convenience' foods

4. Eating more fruit and vegetables

3. Eating less fatty or fried foods such as crisps or chips

2. Eating more generally

1. Eating less generally

SHOWCARD 1

C. None

F. Once

B. Two or three times

G. Four or five times

A. Six to ten times

H. Eleven to fifteen times

D. Sixteen to twenty times

E. More than twenty times

E. More than twenty times

D. Sixteen to twenty times

H. Eleven to fifteen times

A. Six to ten times

G. Four or five times

B. Two or three times

F. Once

C. None

SHOWCARD 2

SHOWCARD 2

1. Own home outright

2. Being bought on a mortgage

3. Rent from council

4. Rent from Scottish Homes

5. Rent from housing association / trust

6. Rent from private landlord

7. Rent from other organisation

8. Live rent free / comes with job etc.

8. Live rent free / comes with job etc

7. Rent from other organisation

6. Rent from private landlord

5. Rent from housing association / trust

4. Rent from Scottish Homes

3. Rent from council

2. Being bought on a mortgage

1. Own home outright.

SHOWCARD 3

SHOWCARD 3

1. Single

3. Widowed / divorced / separated

2. Married / living as couple

2. Married / living as couple

3. Widowed / divorced / separated

1. Single

SHOWCARD 4

SHOWCARD 4

1. Working in a paid job 30+ hours

2. Working in a paid job 8 - 29 hours

3. Working in a paid job less than 8 hours

4. Self-employed

5. Not in paid employment / looking after house or home

6. Full-time student at school

7. Full-time student at university, polytechnic or college.

8. Unemployed

9. Retired from paid employment

10. Other

10. Other

9. Retired from paid employment

8. Unemployed

7. Full-time student at university, polytechnic or college.

6. Full-time student at school

5. Not in paid employment / looking after house or home

4. Self-employed

3. Working in a paid job less than 8 hours

2. Working in a paid job 8 - 29 hours

1. Working in a paid job 30+ hours

SHOWCARD 5

A. Retired – gets pension from previous job

B. Unemployed 2 months or less

C. Sick – still receiving pay or statutory pay from job

D. Widow receiving pension from husband's previous job

E. Divorced/ separated receiving maintenance from ex-husband

F. Full-time student

G. Not working – with private means

H. Unemployed more than 2 months

I. Only receive income support

J. Receiving state pension only

J. Receiving state pension only

I. Only receive income support

H. Unemployed more than 2 months

G. Not working – with private means

F. Full-time student

E. Divorced/ separated receiving maintenance from ex-husband

D. Widow receiving pension from husband's previous job

C. Sick – still receiving pay or statutory pay from job

B. Unemployed 2 months or less

A. Retired – gets pension from previous job

SHOWCARD 6

PER YEAR	PER MONTH	PER WEEK	PER YEAR	PER MONTH	PER WEEK
F. Under £2,500	Under £200	Under £50	**F**. Under £2,500	Under £200	Under £50
E. £2,500 - £4.999	£200 - £399	£50 - £99	**E**. £2,500 - £4.999	£200 - £399	£50 - £99
B. £5,000 - £9,999	£400 - £849	£100 - £199	**B**. £5,000 - £9,999	£400 - £849	£100 - £199
C. £10,000 - £14,999	£850 - £1249	£200 - £299	**C**. £10,000 - £14,999	£850 - £1249	£200 - £299
G. £15,000 - £19,999	£1250 - £1649	£300 - £399	**G**. £15,000 - £19,999	£1250 - £1649	£300 - £399
A. £20,000 - £29,999	£1650 - £2499	£400 - £599	**A**. £20,000 - £29,999	£1650 - £2499	£400 - £599
D. £30,000 or more	£2500 or more	£600 or more	**D**. £30,000 or more	£2500 or more	£600 or more

SHOWCARD 7   SHOWCARD 7

1. Very easy

2. Fairly easy

3. Manageable

4. Fairly difficult

5. Very difficult

5. Very difficult

4. Fairly difficult

3. Manageable

2. Fairly easy

1. Very easy

SHOWCARD 8

SCOTTISH HEALTH WAVE 14
INTERVIEWER INSTRUCTIONS

THESE ARE NEW INSTRUCTIONS FOR THIS WAVE.
PLEASE READ THESE INSTRUCTIONS CAREFULLY.

1. BACKGROUND

This is the 14th wave of the survey commissioned by NHS Health Scotland, formerly the Health Education Board for Scotland to establish the attitudes of the Scottish population on health issues. The survey focuses mainly on attitudes rather than behaviour, and covers all aspects of health. The survey is repeated twice a year in order to track changes in attitude over time. It is a very important survey for NHS Health Scotland, as it will help them to plan their activities over the coming years to best suit the needs of the local population.

2. EXECUTIVES AT BMRB

The executives at head office are Nick Gilby and Claire Bassett. However, if problems arise please contact the Manchester office in the usual way.

3. WHAT YOU SHOULD HAVE

In your workpack:

1	Assignment sheet
23	Address Contact Sheets (minus any opt outs received before despatch)
1	Interviewer Instructions
1	Questionnaire changes memo
1	Selection grid
1	Set of white show cards
23	Advance letters (one for each address)
10	Examples of advance letter
1	Copy of the advance letter in plastic wallet
5	Pre-paid return envelopes (for contact sheets)
1	Final Sheet
5	Return slips
2	Police forms
1	Pay memo/paychart

1   Result Summary Sheet
1   Parental permission card
1   Batch of appointment+calling cards
15   Social Research Leaflets
1   Offshore worker/ empty properties memo

If anything is missing from your workpack, please call your contact in Manchester IMMEDIATELY.

4. GETTING YOUR QUESTIONNAIRE

Your questionnaire will be available in your mailbox after 7pm on the 24th August. The name of the questionnaire which should be in your mailbox is **SCOT14.**

If you have problems getting the questionnaire, wait 10 minutes and try again a couple of times. Standard instructions on using CAPI are contained in your Interviewer Manual. If problems persist, please call the CAPI Helpline.

You must do at least 2 practice interviews with the main questionnaire before starting your assignment.

5. WHERE TO INTERVIEW

You may only interview at the **23** addresses you have been issued with. You have an advance letter for each of these addresses from NHS Health Scotland in your workpack to notify residents that an interviewer will be calling on behalf of BMRB.

When you receive your addresses they will not be in any kind of order as they have been randomly chosen from the Postcode Address File. It is therefore important to look through your addresses in advance of starting work, and sort out a sensible plan of attack. Sort the addresses into manageable groups, and plan your fieldwork carefully.

6. WHEN TO INTERVIEW

All fieldwork should take place during the afternoon/evening (all weekday fieldwork should take place during the hours 1.30 – 9.00p.m. on weekdays, unless a respondent requests an earlier or later appointment) or during the day at the weekend*. **However, we do recommend that you make a 10am start on day 1 of your assignment, to cover as many addresses as possible.** As with all random probability surveys, you must be flexible about your hours of work to fit in with respondents needs.

7. YOUR TASK - Summary

You have been issued with **23** addresses. Overall, we expect to achieve a 75% response rate to the survey, which means that, on average we expect you to carry out a minimum of **14 full interviews** (assuming c.4-5 addresses are ineligible or 'deadwood'). A high response rate is CRUCIAL on this survey.

- You must attempt to conduct an interview with a person in each household aged **16-74** who last had a birthday.

- You must account for every address, giving a full record of all calls made, and the final outcome.

- Any final outcomes MUST be reported daily by using the electronic reporting system (see later and further notes in workpack). This is VITAL to track the progress of the survey.

- It is essential that you send your paper contact record sheets back to the Spa Park Office in the envelopes provided, when a final outcome at that address has been reached.

- All final outcomes must be noted on your Results Summary Sheet before contact sheets are returned to the Spa Park Office.

8. CONTACT PROCEDURE

You should make at least **five** attempts to achieve a contact at each address you have been given. These calls should be made on a variety of days and times of day. At least two of these must be in the evenings after 7.00 pm or at weekends.

There are two stages of contact,

- selection of household (where there is more than one unit at the address)
- selection of the respondent in the household (where there is more than one person in the household)

Selecting the Household
Initially you need to establish how many dwellings there are at the address given. If there is more than one, a dwelling has to be selected in which the interview will take place.

In most cases you will find there is only one dwelling at that address and therefore you simply need to contact that household. However where there is more than one dwelling these need to be listed out and a selection made of one of them.

All dwellings at an address need to be listed systematically, either in flat/room number order(e. g. Flat 1, Flat 2, Flat 3 etc. or 10a, 10b, 10c etc.)
OR
if there is no such labelling system list them from the bottom to the top of the building, left to right, front to back.

For example:
Where there is one flat per floor list in the following order:-

```
        /\
       /  \
      /____\
      |  3  |
      |-----|
      |  2  |
      |-----|
      |  1  |
      |_____|
```
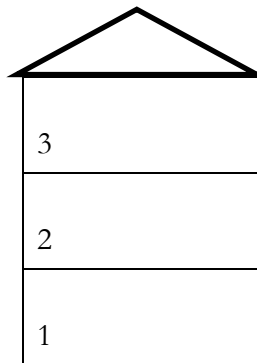
Where there is a number of flats on one floor:-

```
           /\
        /      \
     /            \
  /_____\
  | 1 | 2 | 3 | 4 |
  |___|___|___|___|
```
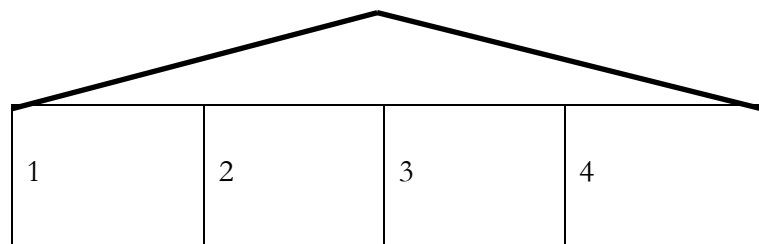
Where there are a number of flats over a number of floors:-

```
        /\
       /  \
      /____\
     | 5 | 6 |
     |---|---|
     | 3 | 4 |
     |   |   |
```
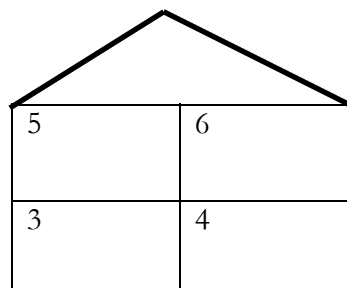
1	2

Having listed the dwellings on the contact record sheets you will need to select one of the dwellings at which to interview using the selection grid provided.

Looking along the row which corresponds with the number of dwellings there are at that address, you will need to read off the number in the column which corresponds with the last digit in the address serial number.

For example:

There are three dwellings, at address serial number 010311. You would look along the row 3 (number of dwellings) under column 1 (last digit of address serial number.

	Last digit of address serial number				
No. of dwellings	**0**	**1**	**2**	**3**	**etc**
2	1	2	1	2	
3	1	**2**	3	1	
4	1	2	3	4	
etc					

In this case you would take dwelling number 2 on your list as the eligible address.

Selection of respondent

Having selected your dwelling you need to select the person to be interviewed. Only those aged between **16** and **74** years old are eligible. There may not be anybody in the household in that age range in which case please code this as the final outcome. If there is only one person in the eligible age range you interview them. _However_ where there is more than one eligible resident you need to select the one who last had a birthday.

9. PARENTAL PERMISSION

You will need to obtain parental permission before interviewing any 16 or 17 year old respondents and we have provided a card showing the sorts of topics covered for you to show to parents, as well as the letter about the survey which can be shown to the parents. Please remember that you must take the name of the consenting adult in the classification section of the interview, putting the name of the 16 or 17 year old respondent in brackets (the questionnaire will prompt you to do this).

10. ADVANCE LETTER

A letter from NHS Health Scotland, explaining the survey, is included in your workpack for all addresses. You have also been provided with a laminated copy of this letter to show respondents if they have not seen it and several paper copies of this letter to leave with respondents if necessary.

11. APPOINTMENT/CALLING CARDS

You have been given a set of appointment/calling cards.

If you arrange an appointment with a respondent to return on another occasion to complete an interview, please leave a completed appointment card.
If after a minimum of two calls you have still not made contact with anyone in the household, please complete a calling card (on the back of the appointment card) and put it through the letterbox.

12. NOTIFICATION OF THE POLICE

You will need to notify the local police that you are interviewing in the area, due to the subject and a form has been provided for this purpose (as well as a spare copy to show respondents if necessary).

13. INTERVIEW

The interview will take around an hour to complete, including the self completion section at the end. The self completion section is in CAPI but if anybody has difficulty with this you may help them complete it.

Please note – at the beginning of ALL real interviews you MUST enter the unique serial number and check number for each address. This is vital information that is used to link the interview with the pre-selected address and it is ESSENTIAL that it is completed correctly for each interview.

14. RESULTS SUMMARY SHEET

In your workpack you should find a Results Summary Sheet. This document is for you to record the final outcome that you achieve at each address and the date these were

reported electronically. You should also record the date the Address Contact Sheet was posted to the Spa Park Office. There is also a space for you to make note of any comments you may have about each address.

We need you to keep this form at home in a safe place as we may need to ask you for information about your addresses after you have returned them to the Spa Park Office (ie. if contact sheets are lost in the post). **It is not a form to be sent to the Area Office.**

15. REPORTING

We will be using an electronic reporting system for reporting outcomes on Scottish Health. You **MUST** report daily, any final outcomes achieved. **EACH FINAL OUTCOME MUST ONLY BE REPORTED ONCE.**

As well as the final outcome you must also report electronically the date of final visit to each address and the number of calls made.

All entered information will then be returned to BMRB electronically once you connect up your modem and carry out an upload/download.

Please note that the outcomes include 2 types of successful interview:
        Code 51: Full interview
        Code 52: Partial interview

Please check carefully to ensure that you have reported the correct outcome.

Full instructions on using the system are in your workpack and will be explained further in the briefing.

All information that is being reported is crucial information needed throughout the survey to enable us to monitor the progress of fieldwork.

If you are having any problems with your assignment or have 3 refusals, please call Interviewer Support Line IMMEDIATELY for advice.

16. RETURN OF WORK

- All **CAPI questionnaires** should be returned as usual via your modem, overnight. It is VITAL that you also complete a dayrec, including how many hours you have worked that day. A dayrec should be completed each time you work on the survey, even if you have not completed any interviews but spent all your day trying to make contact at the addresses.

- Each time you achieve a final outcome at an address, you must send back an **electronic report** of that final outcome.

- Please return paper contact sheets as final outcomes are achieved and reported. These need to be sent along with a return slip to the Spa Park Office in the pre-paid envelopes provided. **Before returning contact sheets, please check the final outcome details have been noted on your Results Summary Sheet (NB. This document should not be returned to** Spa Park **Office).**

When you return your last batch of contact sheets, please include the final sheet to indicate that you have returned all your contact sheets and your assignment is completed. **Please do not return** any non contacts until Manchester Office instructs you to do so. **PLEASE KEEP HOLD OF ALL FIELDWORK DOCUMENTS, AS YOU MAY NEED TO USE THEM IF YOU ARE ASKED TO WORK ON RE-ISSUES.**

17. FIELDWORK DATES

Fieldwork starts on the 28th August, although you may begin on 27th August (Bank Holiday) if you wish. You must complete your original contacts by 1st October 2007.

18. PAYMENT

This survey is Payment by Results and is paid electronically. You have been sent a Payment Chart giving full details of the payment for this survey. The cover fee is payable for achieving a final outcome at all addresses.

On each occasion that you electronically report a set of final outcomes you may claim a fee of £3.

Any *expenses* completed by **17/09 will** be paid on the **26/09**
Any interviews completed by **01/10 will** be paid on the **10/10**

Any *expenses* completed by **15/10 will** be paid on the **26/10**
Any interviews completed by **29/10 will** be paid on the **09/11/07**

And then every two weeks thereafter.

For more details please look at your Paychart memo.

<u>PLEASE NOTE</u> – You MUST complete your DAYREC accurately, with special regard to the hours/days worked. If this is not correct, your subsistence allowance will also be incorrect and you are likely to experience problems/delays in payment for this survey.

If you have any queries regarding electronic pay on Random Probability surveys, please call your contact in the Manchester office.

GOOD LUCK!

Scottish Health Wave 13 and 14 – Codeframe

qghpb - Problem have been having with health
1. Arthritis/ rheumatoid arthritis / Spondylitis (arthritis of spine)
2. Asthma
3. Diabetes
4. Heart problems/ angina
5. High blood pressure
6. Back problems/ Sciatica
7. Thyroid problems
8. Depression/ nerves/ stress/ mental health problems
9. Diverticutis/ Irritable bowel/ Crohns / Coeliac disease/Bowel problems
10. Eye problems/ Glaucoma/ Cataract
11. Bronchitis/ Emphysema/ Lung problems
Other

qghfe - what can do to keep life healthier
1. Cut down or stop smoking
2. Cut down on the amount of alcohol drunk
3. Increase exercise taken
4. Control weight / lose weight
5. Eat more healthily/ better diet (generally)
6. Eat more healthy foods - fruit, vegetables etc
7. Eat less unhealthy foods - junk food, sweets, etc
8. Reduce level of stress
9. Change working habits/ hours
10. Take more care at work (physically)
11. Sleep more
12. Get more fresh air/ Get out more
13. More/ Regular check-ups
14. Need more money
Other

Qnuch
Over the past year have you tried to make any of the changes listed on the card – even if only for a short time?
No extra codes in addition to questionnaire

Qnubar
Here are some things which might discourage people from eating more healthy foods. Which do you think might PREVENT you from eating more healthy foods?
No extra codes in addition to questionnaire

Qathlim – Most important source of information about healthy eating
No extra codes in addition to questionnaire

Qpawo - In a typical week, which, if any, of the following physical activities have you done to the point where you were breathing faster than usual through physical exertion?
No extra codes in addition to questionnaire
Yoga included as exercise
Badminton, skiing, horse riding included as sports
'Running machine' included as exercise

Qpareas – Main reason for deciding to take more exercise
No extra codes in addition to questionnaire

Qpaaimp – Most important source of information about physical activity
No extra codes in addition to questionnaire

Qaldn - What did you drink
No extra codes in addition to questionnaire

Qaler - Record what think current limits are for men (alcohol)
No extra codes in addition to questionnaire

Qalwo - Record what think current limits are for women (alcohol)
No extra codes in addition to questionnaire

Qwquit – What was the main thing that prompted you to quit?
No extra codes in addition to questionnaire

Qmnplan – What is the main thing that has motivated you to think seriously about quitting this time?
No extra codes in addition to questionnaire

Qspadul – whether smoke in room with adults who don't smoke
No extra codes in addition to questionnaire

Qapchil – whether smoke in room with children
No extra codes in addition to questionnaire

Qhidd - In which of these ways have you changed or decided to change?
No extra codes in addition to questionnaire

Calculation of weekly alcohol intake

Pint of normal strength beer, lager or cider = 2 units
Pint of extra strong beer, lager or cider = 3 units
Glass of martini/ sherry/ port = 1 unit
Single measures of spirits/ liqueurs = 1 unit
Glass of wine = 1 unit

Castaway = 1 unit
Red/Reef/Metz/ Hoopers Hooch = 1.5 units
Vodka Source/ Bacardi Breezer/ Rigo = 1.5 units
Red Square/ Smirnoff Ice/ Mule = 1.5 units
MD 20/20 = 2.5 units
Buckfast = 2 units

ALCOHOL RISK is 22 or more units for women, 29 or more units for men.

This document includes definitions of all derived variables for the 2007 SPSS.

1) Physical activity (For SPSS variables FINPOT2 and RISK3)

This includes definitions for:

a) Physical activity summary table rows / classification table rows.
b) 'Sedentary' risk factor (see section 2 below), part of the 'risk factors' breaks.

Will need to define new variables vig and mod in order to calculate (see below)

Note qpae1 represents qpae **Iteration 1** etc.

IF (qpae1 = 1 & qpam1 >= 20) vig1 = qpau1 .

IF (qpae1 ~= 1 & qpam1 >= 30) mod1 = qpau1 .

IF (qpae2 = 1 & qpam2 >= 20) vig2 = qpau2 .

IF (qpae2 ~= 1 & qpam2 >= 30) mod2 = qpau2 .

IF (qpae3 = 1 & qpam3 >= 20) vig3 = qpau3 .

IF (qpae3 ~= 1 & qpam3 >= 30) mod3 = qpau3 .

IF (qpae4 = 1 & qpam4 >= 20) vig4 = qpau4 .

IF (qpae4 ~= 1 & qpam4 >= 30) mod4 = qpau4 .

IF (qpae5 = 1 & qpam5 >= 20) vig5 = qpau5 .

IF (qpae5 ~= 1 & qpam5 >= 30) mod5 = qpau5 .

IF (qpae6 = 1 & qpam6 >= 20) vig6 = qpau6 .

IF (qpae6~= 1 & qpam6 >= 30) mod6 = qpau6 .

IF (qpae7 = 1 & qpam7 >= 20) vig7 = qpau7 .

IF (qpae7 ~= 1 & qpam7 >= 30) mod7 = qpau7 .

IF (qpam8 >= 30) mod8 = qpau8 .

IF (qpam9 >= 30) mod9 = qpau9 .

IF (pae10 = 1 & qpam10 >= 20) vig10 = qpau10 .

IF (pae10 ~= 1 & qpam10 >= 30) mod10 = qpau10 .

IF (qpae1 = 1 & qpam1 < 20) vig1 = 0 .

IF (qpae1 ~= 1 & qpam1 < 30) mod1 = 0 .

IF (qpae2 = 1 & qpam2 < 20) vig2 = 0 .

IF (qpae2 ~= 1 & qpam2 < 30) mod2 = 0 .

IF (qpae3 = 1 & qpam3 < 20) vig3 = 0 .

IF (qpae3 ~= 1 & qpam3 < 30) mod3 = 0 .

IF (qpae4 = 1 & qpam4 < 20) vig4 = 0 .

IF (qpae4 ~= 1 & qpam4 < 30) mod4 = 0.

IF (qpae5 = 1 & qpam5 < 20) vig5 = 0 .

IF (qpae5 ~= 1 & qpam5 < 30) mod5 = 0 .

IF (qpae6 = 1 & qpam6 < 20) vig6 = 0 .

IF (qpae6 ~= 1 & qpam6 < 30) mod6 = 0 .

IF (qpae7 = 1 & qpam7 < 20) vig7 = 0 .

IF (qpae7 ~= 1 & qpam7 < 30) mod7 = 0 .

IF (qpam8 < 30) mod8 = 0.

IF (qpam9 < 30) mod9 = 0 .

IF (qpae10 = 1 & qpam10 < 20) vig10 = 0 .

IF (qpae10 ~= 1 & qpam10 < 30) mod10 = 0 .

modtot = SUM(mod1, mod2 , mod3, mod4 , mod5, mod6 , mod7 ,mod8, mod9 ,mod10) .

vigtot = SUM(vig1,vig2,vig3,vig4,vig5,vig6,vig7,vig10) .

DEFINITIONS:

'Sedentary' vigtot = 0 AND modtot = 0 **(This is Sedentary as defined for risk factors)**

'Irregular moderate' (vigtot = 0 AND modtot = 1-4) OR (vigtot = 1-2 AND modtot = 0-4)

'Regular moderate' (vigtot = 0 and modtot = 5+) OR (vigtot = 1-2 AND modtot = 5+)

'Regular vigorous' = vigtot = 3+

2) Risk factors (For SPSS variables RISK1, RISK2, RISK3, RISK4, RISKQ)

Risk factors break:
0
1
2
3/4

Count number of risks for each respondent (ie number of risks 1 to 4 for each respondent). Details of how to calculate follow:

Each Risk factor counted as '1' for RISKQ.

RISK1 – Smoking regularly

QSMNO(1)

RISK2 – alcohol units

First calculate number of units per week from QALP and QALH – treat DK, null and ref as ZERO values at these questions

TOTAL UNITS IS SUM OF FOLLOWING:

2 X (QALP it1)
3 X (QALP it2)
1 X (QALP it3)
1 X (QALP it4)
1 X (QALP it5)
1 X (QALH it 1)
1.5 X (QALH it 2)
1.5 X (QALH it 3)
1.5 X (QALH it 4)
2.5 X (QALH it 5)
2 X (QALH it 6)

ALCOHOL RISK is 22 or more units for women, 29 or more units for men.

RISK3 – Sedentary

No sessions of moderate exercise 30 mins plus (breathing faster than usual) and No sessions of vigorous exercise 20 mins plus (sweaty and out of breath).

Defined from QPAE and QPAM (see section 1 'physical activity' above).

RISK4 – Not eating fruit and veg daily
QNU2 iteration 1 – not codes 1 or 2
3) Perceived Alcohol Limits

Needed for calculation of SPSS variables QALW (**raw**) and QALWB (**banded**).

(NB – **raw** means assign code in the SPSS so that an answer of value 1 is assigned a value of 1 in SPSS, an answer of value 2 is assigned a value of 2 in SPSS etc. So for example if the answer is '1 unit of alcohol' this is assigned a value of 1. Answer 0 or 'don't know' should be assigned a value of 0 in SPSS. 'Not stated' should be assigned a value of –99.99 (system missing) in SPSS.

'Perception of current recommended limits for alcohol consumption for men – weekly equivalent'.

Base: All expressing current alcohol limit for men in units per day or units per week (qalcr = Daily or Weekly).

Please multiply answers at qaliy by 7. Combine answers with those for qalwe and tabulate as for qalwe.

b) Needed for calculation of SPSS variables QALWDN (raw) and QALWDNB (banded).

'Perception of current recommended limits for alcohol consumption for women – weekly equivalent'

Base: All expressing current alcohol limit for women in units per day or units per week (qalcw = Daily or Weekly)

Definition: Please multiply answers at qalwd by 7. Combine answers with those for qalww and tabulate as for qalww

4) GHQ12 (For SPSS variable MOODX)

Calculated variable (As for break GHQ12 score) Assign a value of 1 to all of the following responses:
QSCBA (3), (4)
QSCSL (3), (4)
QSCUS (3), (4)
QSCFC (3), (4)
QSCCU (3), (4)
QSCOD (3), (4)
QSCNA (3), (4)
QSCYP (3), (4)
QSCUD (3), (4)
QSCCO (3), (4)
QSCWO (3), (4)
QSCRH (3), (4)

Then calculate sum and put into following ranges (SPSS):
0
1
2
3
etc
12

The GHQ12 Score break needs to be banded as follows:
0
1
2
3-6
7-12

5) Alcohol Consumption (For SPSS variable TOTDR2)

Also for table 'Approximate number of units drunk per week' insert after table for qalh

CALCULATED VARIABLE:

First calculate number of units per week from QALP and QALH – treat DK, null and ref as ZERO values at these questions

TOTAL UNITS IS SUM OF FOLLOWING:

2 X (QALP it1)
3 X (QALP it2)
1 X (QALP it3)
1 X (QALP it4)
1 X (QALP it5)
1 X (QALH it 1)
1.5 X (QALH it 2)
1.5 X (QALH it 3)
1.5 X (QALH it 4)
2.5 X (QALH it 5)
2 X (QALH it 6)

Rows in table:
1
2
3
etc
28
29-30
31-35
36-40
41-45
46-50
51-55
56-60
61+

6) WEMWBS Statements (For SPSS variables QMWS1 to QMWS14)
(For Wave 14 - SPSS variables QMWS1,QMWS2, QMWS3, QMWS6, QMWS7, QMWS9, QMWS11, QMWS 12 ONLY)

Please include an extra table after the individual statements. It should be called **Warwick Edinburgh Mental Wellbeing Scale Score**.

A score needs to be calculated for <u>each individual</u> as follows:
None of the time = 1
Rarely =2
Some of the time =3
Often =4
All of the time =5

Each respondents scores must then be added up so there will be a score for each respondent. Eg 1+2+4+2etc. The score should lie between 0 and 70 (For wave 14 the score should lie between 0 and 40).

Wave 13: If a respondent has refused to answer any of the questions QMWS1 to QMWS14 they should be **excluded from the total (but included in the variables for each question)**.

Wave 14: If a respondent has refused to answer any of the following questions QMWS1,QMWS2, QMWS3, QMWS6, QMWS7, QMWS9, QMWS11, QMWS 8 they should be **excluded from the total (but included in the variables for each question)**.

7) Age bands (10 years) (For SPSS variable AGE10)

This is calculated from AGE (numeric) and AGEBAND (single coded age ranges).

8) DEPCAT (For SPSS). SPSS variable 'DEPCAT'.

This is based on the Carstairs index.

Descriptives

	DEPCAT91		Statistic
CARST91	1	Minimum	-5.53
		Maximum	-3.99
	2	Minimum	-3.98
		Maximum	-2.439
	3	Minimum	-2.4388
		Maximum	-0.854
	4	Minimum	-0.853
		Maximum	1.27
	5	Minimum	1.275
		Maximum	2.95
	6	Minimum	2.96
		Maximum	5.81
	7	Minimum	5.98
		Maximum	12.54

For SPSS include all DEPCAT values (1-7) separately.

WEIGHTING INSTRUCTIONS

Multiple occupancy indicator

We need to correct for mismatches between multiple occupancy indicator and the number of dwellings noted by interviewer.

Weight by: No. of dwellings   (QOCC)
                    Multiple occupancy indicator (from sample)

ie. if there is no discrepancy, the weight at this stage is one.

Weighting by household size

We need to weight respondents according to the size of the household, ie. those in one-person households get a weight of one, two-person get a weight of two, etc. (QNOEL)

This will give you a weighted base of more than the unweighted, which will need to be scaled down so that they are the same (or as close as possible).

Demographic weighting

	Sex	
	Male	**Female**
Age	%	%
16 - 24	7.84	7.52
25 - 34	10.31	10.16
35 - 44	10.25	10.35
45 - 54	8.73	8.94
55 - 64	6.80	7.42
65 - 74	5.21	6.47
Total	49.14	50.86

Source: National Statistics Population estimates mid-1999

HEALTH EDUCATION
POPULATION SURVEY

Wave 13 and 14 of the second survey

Technical Report

December 2007

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NHS Health Scotland

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 APPENDICES

A   - Weighting procedures

B   - Contact questionnaire

C   - Main questionnaire (including self completion section)

D   - Other fieldwork documents

E   - Codeframes derived from open questions

Introduction

HEBS commissioned BMRB to conduct the second Health Education Population Survey every March and September until September 2005 (ten waves in total). Fieldwork was commissioned for four further waves, the thirteenth wave was completed between January and April 2007 and the fourteenth wave was completed between August and November 2007.

1 Description of sampling methodology

The research employs a random probability sampling technique. The Postcode Address File is used as the basic sampling frame. The universe was first defined as the Scottish Mainland, excluding **all** islands rather than just the Island areas.

The remaining Postal Sectors in Scotland were extracted and all addresses were stratified by Carstairs index (a measure of social deprivation) within Health region. This process took into account the Multiple Occupancy Indicator so that, for example, where an address was known to be occupied by two separate households, it was counted twice in the total number of addresses.

At the first wave, two sets of 35 sectors (A and B) were selected with probability proportional to the total number of addresses.

Within each postcode sector one address was selected at random, and then every 20th address subsequently, with 22 addresses being selected in each postcode sector, giving rise to a total of 1,540 addresses.

At the next wave a further set of 35 sectors (C) was selected and 770 addresses systematically selected in the same way. A further 770 addresses were also selected from set B. Subsequent waves were interlocked in the same way so that half of the addresses were in the same postcode sectors as half of the addresses from the previous wave, thereby improving the ability to track changes in data over time.

When a set of sectors was used for the second time, the sample interval was still 20, but the starting point was so that each new address selected fell in the midpoint of the original addresses.

At wave 7 an extra two sectors were added to combat rising deadwood and ensure that we would get 900 interviews. At wave 7, 36 sectors were matched to sectors selected at wave 6 and 36 new sectors were chosen making the total sample size 1,584. For waves 8 to 11 the total sample size selected is 1,584.

At wave 12, an additional six sectors were added during fieldwork, in order to account for a higher proportion of deadwood and ineligibles. This brought the total issued sample size to 1,716.

At wave 13, 72 areas were issued (as previously), each with one additional address (23 instead of 22) giving a total of 1,656 addresses to help overcome the problem of increased deadwood and ineligible sample. Half of these areas were matched with half of the original 72 areas issued at wave 12. Six further areas were issued to achieve a minimum of a further 40 interviews to counter the shortfall at wave 12. Half of these six areas were matched with half of the extra areas issued at wave 12.

At wave 14 (this wave), 72 areas were issued, each with 23 addresses, giving a total of 1,656 addresses as at wave 13. Half of these areas were matched with the sample from wave 13.

Around one week before fieldwork was due to start, a letter from NHS Health Scotland was sent to all the selected addresses informing the occupier that the household had been chosen to take part in the survey. The purpose of the survey was explained and householders were notified that a BMRB interviewer would be calling on them in the near future.

At the beginning of this wave of the survey, one full-day interviewer briefing was held. The briefing covered background to the project and the contact procedures for selecting the household and for selecting the individual within the household. We then went through the interview to familiarize interviewers with the questionnaire, taking the opportunity to highlight any difficult areas.

The first stage of their assignment was for interviewers to attempt to trace each of the 23 addresses and to establish whether they were occupied as a single dwelling or split into separate units. Where an address did have multiple occupancy, interviewers followed random procedures to select one unit at which to interview.

The next stage was for interviewers to gain contact with an adult at each of the addresses. From this adult they established the total number of eligible adults (aged 16-74) living in the household (if any).

In trying to establish initial contact at each address, interviewers made at least five personal calls. These were spread over different times of the day and different days of the week, and at least two of these calls were made after 7pm or at the weekend.

In households where there was more than one eligible adult, one individual was selected using the last birthday rule. No substitutes were accepted. If it could not

be administered there and then, interviewers made at least three further calls to obtain a full interview.

2 The interview

At the thirteenth wave, an interview was obtained at 71% of eligible addresses (a full interview at 69% and a partial interview at 2% of addresses). At the fourteenth wave, a full interview was obtained at 71% of eligible addresses.

Interviews were conducted using Computer Assisted Personal Interviewing (CAPI). The CAPI system enables the questionnaire to be contained on a laptop computer. The questions appear on the screen and the interviewer enters answers via the keyboard. The advantage of CAPI is that routing from one question to another (which may vary depending on the answers given) is automatic; therefore complex filtering, which would be difficult to administer using a paper questionnaire, is straightforward. Another advantage of CAPI is that data are transmitted via a modem from the interviewer's house to BMRB head office overnight, so "clean" data are immediately available, omitting the need for the punching and editing stages.

There was a self-completion element to the interview in which respondents were asked to self-key the responses to questions on sensitive issues directly on to the laptop. The areas covered in this section were mental health, sexual health and drugs.

At the thirteenth wave, 66% of respondents agreed to self-key responses, whilst a further 25% asked the interviewer to type for them. 9% of respondents refused to answer these questions at all.

At the fourteenth wave, 71% of respondents agreed to self-key responses, whilst a further 21% asked the interviewer to type for them. 8% of respondents refused to answer these questions at all.

The questionnaire and fieldwork documents are provided in the appendices.

3 Response analysis

The following table gives a breakdown of response for the thirteenth wave of the survey.

		%	
Sample issued	**1,696**	**100**	
'Deadwood'	**328**	**19**	
- Address ineligible	143	8	
Address not traced	7	*	
Not yet built	2	*	
Derelict/demolished	19	1	
Empty/not occupied	82	5	
Business/industrial	15	1	
Institution	9	*	
Other	9	*	
- Respondent ineligible	185	11	
			%
Eligible sample	**1,368**	**81%**	**100**
- Full Interviews	948	56	69
- Partial Interviews	28	2	2
- Refusals	218	13	16
Office refusals	27	2	2
Info about occupants refused	34	2	2
Personal refusal	129	8	9
Proxy refusal	28	2	2
- Non contact	100	6	7
No contact with responsible adult	84	5	6
Respondent selected but no direct contact	16	1	1
- Others	74	4	5
Broken appointment	31	2	2
Ill/incapacitated	18	1	1
Away/in hospital	15	1	1
Inadequate English	4	*	*
Other	6	*	*

The following table gives a breakdown of response for the fourteenth wave of the survey.

		%	
Sample issued	**1,656**	**100**	
'Deadwood'	**315**	**19**	
- Address ineligible	142	9	
Address not traced	14	1	
Not yet built	3	*	
Derelict/demolished	9	*	
Empty/not occupied	81	5	
Business/industrial	20	1	
Institution	7	*	
Other	8	*	
- Respondent ineligible	173	10	
			%
Eligible sample	**1,341**	**81%**	**100**
- Full Interviews	947*	57	71
- Partial Interviews	1	*	*
- Refusals	209	13	16
Office refusals	38	2	3
Info about occupants refused	32	2	2
Personal refusal	115	7	9
Proxy refusal	24	1	2
- Non contact	96	6	7
No contact with responsible adult	70	4	5
Respondent selected but no direct contact	26	2	2
- Others	86	5	6
Broken appointment	45	3	3
Ill/incapacitated	7	*	*
Away/in hospital	21	1	2
Inadequate English	6	*	*
Other	7	*	*

* One interview subsequently deleted at respondent's request.

4 Weighting procedures

Weights have been applied to the data to correct for:

a) Different probabilities of selection of addresses caused by discrepancies between the multiple occupancy indicator supplied with the sample and the number of dwellings noted by interviewer.

b) Different probabilities of selection of individuals due to the fact that only one interview was attempted at each household - thus individuals in larger households were given a greater weight than those in small households. This corrected for the fact that those in small households were more likely to be interviewed.

c) Minor demographic differences, which were identified when the sample profile was compared with the profile of the Scottish population based on census data.

Full details of the weighting procedures are provided in the appendix to this volume.