

Low Income Diet and  
Nutrition Survey

2003-2005

List of variables

# List of Variables

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# Introduction

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This document is the most sensible starting point to analysing the LIDNS data, as it categorises all the variables stored on the datasets, and it is therefore easier to see the coverage of questions asked at this summary level, rather than ploughing straight into the documentation of the questionnaires and self-completion booklets.

Once you have found the appropriate variables that you want to analyse, you then need to look at the other documentation to see in more detail exactly how the question was asked in the study, or how a derived variable has been defined.

The source of each variable is indicated in the final column of each table of variables with abbreviations as follows:

HHold	Household CAPI Questionnaire
Indiv	Individual CAPI Questionnaire
SC2,3,4	Self-Completion Booklet: SC2 (8-12yrs), SC3 (13-15yrs) and SC4 (adults)
Lab	Results from laboratory, ie from saliva or serum testing
ARF	Address Record Form completed for each issued address
MFP	Main Food Provider module
Derived	A variable derived from other variables, and detailed in the Derived Variable Specification document
Nutrient	Variables from Person level nutrient and food datafile
Day	Results from Day level data
Food	Results from Food level data

# VARIABLE LIST BY TOPIC

## HOUSEHOLD FILE

Classification and Background		
Variable	Description	Source
shserial	Household serial number - scrambled	Hhold
NumAdult	Number of persons aged 16+ in household	Hhold
NumCh217	Number of children aged 2-17 in household	Hhold
Num18	Number of persons aged 18+ in household	Hhold
NumCh04	Number of children aged 0-4 in household	Hhold
NumChild	Number of children aged 0-17 in household	Hhold
HRPWrk	Whether HRP working	Hhold
R24Month	Month of first day of 24 hour recall	Hhold
ChResp	Person number answering for child	Hhold
LLord	Who is landlord	Hhold
Furn	Whether accommodation furnished	Hhold
HowManag	HHOLD:Cost of living situation	Hhold
PayGas	HHOLD:How gas is paid	Hhold
PayElec	HHOLD:How electricity is paid	Hhold
Credit1	HHOLD:Whether buys food on credit	Hhold
Credit2	HHOLD:Whether buys other items on credit	Hhold
Srclnc01	Source of household's income	Hhold
Srclnc02	Source of household's income	Hhold
Srclnc03	Source of household's income	Hhold
Srclnc04	Source of household's income	Hhold
Srclnc05	Source of household's income	Hhold
Srclnc06	Source of household's income	Hhold
Src3M01	Source of household's income 3 months ago	Hhold
Src3M02	Source of household's income 3 months ago	Hhold
Src3M03	Source of household's income 3 months ago	Hhold
Src3M04	Source of household's income 3 months ago	Hhold
Src3M05	Source of household's income 3 months ago	Hhold
Src3M06	Source of household's income 3 months ago	Hhold
Src3M07	Source of household's income 3 months ago	Hhold
Src3M08	Source of household's income 3 months ago	Hhold
Earnings	Amount of hhold's earnings from work (last take-home pay)	Hhold
FrqEarn	Period that earnings cover	Hhold
CBenAmt	Amount of child benefit received last payment date	Hhold
CBenPd	Period that child benefit covers	Hhold
CBenRec	Method of child benefit payment	Hhold
ISPCAmt	Amount income support/pension credit received last payment	Hhold
ISPCPd	Period that income support/pension credit covers	Hhold
ISPCRec	Method of income support/pension credit payment	Hhold
ISPCTime	Amount of time been receiving income support/pension credit	Hhold
WTCAmt	Amount of working tax credit received last payment date	Hhold
WTCPd	Period that working tax credit covers	Hhold
WTCRec	Method of payment for working tax credit	Hhold

CTCAmt	Amount of child tax credit received last payment date	Hhold
CTCPd	Period that child tax credit covers	Hhold
CTCRec	Method of payment for child tax credit	Hhold
JSAAmt	Amount of jobseeker's allowance received last payment date	Hhold
JSAPd	Period that jobseeker's allowance covers	Hhold
JSARec	Method of payment for jobseeker's allowance	Hhold
JSATime	Amount of time been receiving jobseeker's allowance	Hhold
SPenAmt	Amount state retirement pension received last payment date	Hhold
SPenPd	Period that state retirement pension covers	Hhold
SPenRec	Method of payment for state retirement pension	Hhold
EPenAmt	Amount of employer's pension received last payment date	Hhold
EPenPd	Period that employer's pension covers	Hhold
EPenRec	Method of payment for employer's pension	Hhold
PPenAmt	Amount of private pension received last payment date	Hhold
PPenPd	Period that private pension covers	Hhold
PPenRec	Method of payment for private pension	Hhold
DLAAmt	Amount of disability living allowance received last payment	Hhold
DLAPd	Period that disability living allowance covers	Hhold
DLARec	Method of payment for disability living allowance from card	Hhold
IncapAmt	Amount of incapacity benefit received last payment date	Hhold
IncapPd	Period that incapacity benefit covers	Hhold
IncapRec	Method of payment for incapacity benefit	Hhold
AttAmt	Amount of attendance allowance received last payment date	Hhold
AttPd	Period that attendance allowance covers	Hhold
AttRec	Method of payment for attendance allowance	Hhold
OthBAmt	Amount from other benefits received last payment date	Hhold
OthBPd	Period that other benefits cover	Hhold
OthBRec	Method of payment for other benefits	Hhold
PartnAmt	Amount from former/absent partner last payment date	Hhold
PartnPd	Period that former/absent partner payment covers	Hhold
PartnRec	Method of payment for former/absent partner payment	Hhold
GTSAmt	Amount of government training scheme money received last pay	Hhold
GTSPd	Period that government training scheme money covers	Hhold
GTSRec	Method of payment for government training scheme money	Hhold
EducAmt	Amount of grant/bursary received last payment date	Hhold
EducPd	Period that grant/bursary covers	Hhold
EducRec	Method of payment for grant/bursary	Hhold
IntAmt	Amount of interest received last payment date	Hhold
IntPd	Period that interest payment covers	Hhold
IntRec	Method of payment for interest	Hhold
RentAmt	Amount of rent received last payment date	Hhold
RentPd	Period that rent payment covers	Hhold
RentRec	Method of payment for rent	Hhold
ORegAmt	Amount of money from other sources last payment date	Hhold
ORegPd	Period that other source of payment covers	Hhold
ORegRec	Method of other source payment	Hhold
HBen	Whether receive housing benefit	Hhold
HowHB	Method of receiving housing benefit	Hhold
HBAmt	Amount of housing benefit received last payment date	Hhold
HBPd	Period that housing benefit covers	Hhold
HBCover1	Housing cost covered by housing benefit	Hhold
HBCover2	Housing cost covered by housing benefit	Hhold
HBCover3	Housing cost covered by housing benefit	Hhold

HHRent	Amount of rent paid last payment date	Hhold
CTBen	Whether receive council tax benefit	Hhold
Deduct1	Deductions taken from income or benefit	Hhold
Deduct2	Deductions taken from income or benefit	Hhold
Deduct3	Deductions taken from income or benefit	Hhold
Deduct4	Deductions taken from income or benefit	Hhold
GrossInc	HHOLD:Gross income band of household/catering unit	Hhold
UnExpt01	HHOLD:Coping strategy for unexpected expenses	Hhold
UnExpt02	HHOLD:Coping strategy for unexpected expenses	Hhold
UnExpt03	HHOLD:Coping strategy for unexpected expenses	Hhold
UnExpt04	HHOLD:Coping strategy for unexpected expenses	Hhold
UnExpt05	HHOLD:Coping strategy for unexpected expenses	Hhold
UnExpt06	HHOLD:Coping strategy for unexpected expenses	Hhold
UnExpt07	HHOLD:Coping strategy for unexpected expenses	Hhold
UnExpt08	HHOLD:Coping strategy for unexpected expenses	Hhold
UEFood	HHOLD:Whether unexpected expenses affect amount spent on food	Hhold
UEHow1	HHOLD:How unexpected expenses affect money spent on food	Hhold
UEHow2	HHOLD:How unexpected expenses affect money spent on food	Hhold
UEHow3	HHOLD:How unexpected expenses affect money spent on food	Hhold
UEHow4	HHOLD:How unexpected expenses affect money spent on food	Hhold
UEHow5	HHOLD:How unexpected expenses affect money spent on food	Hhold
UEHow6	HHOLD:How unexpected expenses affect money spent on food	Hhold
LackC601	HHOLD:How would spend extra £10 a week	Hhold
LackC602	HHOLD:How would spend extra £10 a week	Hhold
LackC603	HHOLD:How would spend extra £10 a week	Hhold
LackC604	HHOLD:How would spend extra £10 a week	Hhold
LackC605	HHOLD:How would spend extra £10 a week	Hhold
LackC606	HHOLD:How would spend extra £10 a week	Hhold
LackC607	HHOLD:How would spend extra £10 a week	Hhold
Phone	Whether has private telephone	Hhold
NewInc	Whether received payment since date given	Hhold
NewInc2	Whether received payment since date given	Hhold
NewInc3	Whether received payment since date given	Hhold
NewInc4	Whether received payment since date given	Hhold
NewInc5	Whether received payment since date given	Hhold
NewInc6	Whether received payment since date given	Hhold
NewInc7	Whether received payment since date given	Hhold
NewInc8	Whether received payment since date given	Hhold
NewInc9	Whether received payment since date given	Hhold
NewInc10	Whether received payment since date given	Hhold
NewInc11	Whether received payment since date given	Hhold
NewInc12	Whether received payment since date given	Hhold
NewInc13	Whether received payment since date given	Hhold
NewInc14	Whether received payment since date given	Hhold
NewInc15	Whether received payment since date given	Hhold
NewInc16	Whether received payment since date given	Hhold
NewInc17	Whether received payment since date given	Hhold
NewInc18	Whether received payment since date given	Hhold
NewInc19	Whether received payment since date given	Hhold
NewInc20	Whether received payment since date given	Hhold
OthInc	Whether received payment from any other source	Hhold
OIncAmt	Amount received from another source on this date	Hhold
OthInc2	Whether received payment from any other source	Hhold

OIncAmt2	Amount received from another source on this date	Hhold
OthInc3	Whether received payment from any other source	Hhold
OIncAmt3	Amount received from another source on this date	Hhold
MFPProx2	Whether proxy interview for MFP (part 2)	Hhold
NumDUs	Number of occupied dwelling units at address	Hhold
NumCUs	Number of catering units in selected household	Hhold
Translat	Whether used a translator	Hhold
area	Sample point-scrambled	Hhold

## Address Record Form (ARF)

Variable	Description	Source
Q14a	ARF:Whether ate wholegrain or high fibre breakfast cereal yesterday or day before yesterday	Hhold (ARF)
Q14b	ARF:Whether had whole milk (full fat, not skimmed/semi-skimmed), on its own, or in tea or coffee or on cereal yesterday	Hhold (ARF)
Q14c	ARF:Whether had sugar yesterday/day before yesterday (used in tea or coffee or on cereal or other foods at the table)	Hhold (ARF)
Q14d	ARF:Whether ate fruit yesterday or day before yesterday (fresh, tinned, dried or frozen)	Hhold (ARF)
Q14e	ARF: Whether drank fruit juice yesterday/day before yesterday (100% juice, not fruit juice drinks (e.g. Sunny delight), sq	Hhold (ARF)
Q14f	ARF:Whether ate burgers or kebabs yesterday or day before yesterday	Hhold (ARF)
Q14g	ARF:Whether ate meat pies and pastries (such as sausage rolls) yesterday or day before yesterday	Hhold (ARF)
Q14h	ARF:Whether ate oily fish (such as mackerel, tuna, trout, salmon or sardines) yesterday or day before yesterday	Hhold (ARF)
Q14i	ARF:Whether ate leafy green vegetables (such as cooked cabbage, greens, broccoli or spinach)	Hhold (ARF)
Q14j	ARF:Whether ate other green vegetables (such as peas or green beans) yesterday or the day before yesterday	Hhold (ARF)
Q14k	ARF:Whether ate raw vegetables, including salad vegetables yesterday or the day before yesterday	Hhold (ARF)
Q15	ARF:Whether any days when no main meal and get through day by just having a snack or a drink when feel hungry	Hhold (ARF)
Q16	ARF:Whether ever times when do not have enough food to eat because can t get to the shops	Hhold (ARF)
Q17	ARF:Whether ever worry that food will run out because do not have enough money to buy more	Hhold (ARF)
DScore	Household D score	Hhold (ARF)
HowD1	How calculated D score	Hhold (ARF)
HowD2	How calculated D score	Hhold (ARF)
HowD3	How calculated D score	Hhold (ARF)
HowD4	How calculated D score	Hhold (ARF)
HowD5	How calculated D score	Hhold (ARF)
HowD6	How calculated D score	Hhold (ARF)
HowD7	How calculated D score	Hhold (ARF)
ARF_Q29a	Household's average weekly net income (£) - banded	Hhold (ARF)

## Household Grid

Variable	Description	Source
GSex	HGRID1:Sex	Hhold
GDVAge	HGRID1:Age(Derived from DOB)	Hhold
GMarStat	HGRID1:Legal marital status	Hhold
GLivWth	HGRID1:Whether living together as couple	Hhold
GDVMarDF	HGRID1: De facto marital status	Hhold
GWrkStat	HGRID1: Economic status	Hhold
GEverWk	HGRID1:Whether ever had paid job	Hhold
GNatID	HGRID1:National Identity (GB)	Hhold
GNatNI	HGRID1:National Identity (NIR)	Hhold
GEthGrp	HGRID1:Ethnic group (GB)	Hhold
GEthNI	HGRID1:Ethnic group (NIR)	Hhold
GSex2	HGRID2:Sex	Hhold
GDVAge2	HGRID2:Age(Derived from DOB)	Hhold



GMarSta2	HGRID2:Legal marital status	Hhold
GLivWth2	HGRID2:Whether living together as couple	Hhold
GDVMarD2	HGRID2: De facto marital status	Hhold
GWrkSta2	HGRID2: Economic status	Hhold
GEverWk2	HGRID2:Whether ever had paid job	Hhold
GNatID2	HGRID2:National Identity (GB)	Hhold
GNatNI2	HGRID2:National Identity (NIR)	Hhold
GEthGrp2	HGRID2:Ethnic group (GB)	Hhold
GEthNI2	HGRID2:Ethnic group (NIR)	Hhold
GSex3	HGRID3:Sex	Hhold
GDVAge3	HGRID3:Age(Derived from DOB)	Hhold
GMarSta3	HGRID3:Legal marital status	Hhold
GLivWth3	HGRID3:Whether living together as couple	Hhold
GDVMarD3	HGRID3: De facto marital status	Hhold
GWrkSta3	HGRID3: Economic status	Hhold
GEverWk3	HGRID3:Whether ever had paid job	Hhold
GNatID3	HGRID3:National Identity (GB)	Hhold
GNatNI3	HGRID3:National Identity (NIR)	Hhold
GEthGrp3	HGRID3:Ethnic group (GB)	Hhold
GEthNI3	HGRID3:Ethnic group (NIR)	Hhold
GSex4	HGRID4:Sex	Hhold
GDVAge4	HGRID4:Age(Derived from DOB)	Hhold
GMarSta4	HGRID4:Legal marital status	Hhold
GLivWth4	HGRID4:Whether living together as couple	Hhold
GDVMarD4	HGRID4: De facto marital status	Hhold
GWrkSta4	HGRID4: Economic status	Hhold
GEverWk4	HGRID4:Whether ever had paid job	Hhold
GNatID4	HGRID4:National Identity (GB)	Hhold
GNatNI4	HGRID4:National Identity (NIR)	Hhold
GEthGrp4	HGRID4:Ethnic group (GB)	Hhold
GEthNI4	HGRID4:Ethnic group (NIR)	Hhold
GSex5	HGRID5:Sex	Hhold
GDVAge5	HGRID5:Age(Derived from DOB)	Hhold
GMarSta5	HGRID5:Legal marital status	Hhold
GLivWth5	HGRID5:Whether living together as couple	Hhold
GDVMarD5	HGRID5: De facto marital status	Hhold
GWrkSta5	HGRID5: Economic status	Hhold
GEverWk5	HGRID5:Whether ever had paid job	Hhold
GNatID5	HGRID5:National Identity (GB)	Hhold
GNatNI5	HGRID5:National Identity (NIR)	Hhold
GEthGrp5	HGRID5:Ethnic group (GB)	Hhold
GEthNI5	HGRID5:Ethnic group (NIR)	Hhold
GSex6	HGRID6:Sex	Hhold
GDVAge6	HGRID6:Age(Derived from DOB)	Hhold
GMarSta6	HGRID6:Legal marital status	Hhold
GLivWth6	HGRID6:Whether living together as couple	Hhold
GDVMarD6	HGRID6: De facto marital status	Hhold
GWrkSta6	HGRID6: Economic status	Hhold
GEverWk6	HGRID6:Whether ever had paid job	Hhold
GNatID6	HGRID6:National Identity (GB)	Hhold
GNatNI6	HGRID6:National Identity (NIR)	Hhold
GEthGrp6	HGRID6:Ethnic group (GB)	Hhold
GEthNI6	HGRID6:Ethnic group (NIR)	Hhold

GSex7	HGRID7:Sex	Hhold
GDVAge7	HGRID7:Age(Derived from DOB)	Hhold
GMarSta7	HGRID7:Legal marital status	Hhold
GLivWth7	HGRID7:Whether living together as couple	Hhold
GDVMarD7	HGRID7: De facto marital status	Hhold
GWrkSta7	HGRID7: Economic status	Hhold
GEverWk7	HGRID7:Whether ever had paid job	Hhold
GNatID7	HGRID7:National Identity (GB)	Hhold
GNatNI7	HGRID7:National Identity (NIR)	Hhold
GEthGrp7	HGRID7:Ethnic group (GB)	Hhold
GEthNI7	HGRID7:Ethnic group (NIR)	Hhold
GSex8	HGRID8:Sex	Hhold
GDVAge8	HGRID8:Age(Derived from DOB)	Hhold
GMarSta8	HGRID8:Legal marital status	Hhold
GLivWth8	HGRID8:Whether living together as couple	Hhold
GDVMarD8	HGRID8: De facto marital status	Hhold
GWrkSta8	HGRID8: Economic status	Hhold
GEverWk8	HGRID8:Whether ever had paid job	Hhold
GNatID8	HGRID8:National Identity (GB)	Hhold
GNatNI8	HGRID8:National Identity (NIR)	Hhold
GEthGrp8	HGRID8:Ethnic group (GB)	Hhold
GEthNI8	HGRID8:Ethnic group (NIR)	Hhold
GSex9	HGRID9:Sex	Hhold
GDVAge9	HGRID9:Age(Derived from DOB)	Hhold
GMarSta9	HGRID9:Legal marital status	Hhold
GLivWth9	HGRID9:Whether living together as couple	Hhold
GDVMarD9	HGRID9: De facto marital status	Hhold
GWrkSta9	HGRID9: Economic status	Hhold
GEverWk9	HGRID9:Whether ever had paid job	Hhold
GNatID9	HGRID9:National Identity (GB)	Hhold
GNatNI9	HGRID9:National Identity (NIR)	Hhold
GEthGrp9	HGRID9:Ethnic group (GB)	Hhold
GEthNI9	HGRID9:Ethnic group (NIR)	Hhold
GSex10	HGRID10:Sex	Hhold
GDVAge10	HGRID10:Age(Derived from DOB)	Hhold
GMarSt10	HGRID10:Legal marital status	Hhold
GLivWt10	HGRID10:Whether living together as couple	Hhold
GDVMar10	HGRID10: De facto marital status	Hhold
GWrkSt10	HGRID10: Economic status	Hhold
GEverW10	HGRID10:Whether ever had paid job	Hhold
GNatID10	HGRID10:National Identity (GB)	Hhold
GNatNI10	HGRID10:National Identity (NIR)	Hhold
GEthGr10	HGRID10:Ethnic group (GB)	Hhold
GEthNI10	HGRID10:Ethnic group (NIR)	Hhold
R02	Relationship of person 1 to person 2	Hhold
R03	Relationship of person 1 to person 3	Hhold
R04	Relationship of person 1 to person 4	Hhold
R05	Relationship of person 1 to person 5	Hhold
R06	Relationship of person 1 to person 6	Hhold
R07	Relationship of person 1 to person 7	Hhold
R08	Relationship of person 1 to person 8	Hhold
R09	Relationship of person 1 to person 9	Hhold
R10	Relationship of person 1 to person 10	Hhold

R11	Relationship of person 2 to person 1	Hhold
R13	Relationship of person 2 to person 3	Hhold
R14	Relationship of person 2 to person 4	Hhold
R15	Relationship of person 2 to person 5	Hhold
R16	Relationship of person 2 to person 6	Hhold
R17	Relationship of person 2 to person 7	Hhold
R18	Relationship of person 2 to person 8	Hhold
R19	Relationship of person 2 to person 9	Hhold
R20	Relationship of person 2 to person 10	Hhold
R21	Relationship of person 3 to person 1	Hhold
R22	Relationship of person 3 to person 2	Hhold
R24	Relationship of person 3 to person 4	Hhold
R25	Relationship of person 3 to person 5	Hhold
R26	Relationship of person 3 to person 6	Hhold
R27	Relationship of person 3 to person 7	Hhold
R28	Relationship of person 3 to person 8	Hhold
R29	Relationship of person 3 to person 9	Hhold
R30	Relationship of person 3 to person 10	Hhold
R31	Relationship of person 4 to person 1	Hhold
R32	Relationship of person 4 to person 2	Hhold
R33	Relationship of person 4 to person 3	Hhold
R35	Relationship of person 4 to person 5	Hhold
R36	Relationship of person 4 to person 6	Hhold
R37	Relationship of person 4 to person 7	Hhold
R38	Relationship of person 4 to person 8	Hhold
R39	Relationship of person 4 to person 9	Hhold
R40	Relationship of person 4 to person 10	Hhold
R41	Relationship of person 5 to person 1	Hhold
R42	Relationship of person 5 to person 2	Hhold
R43	Relationship of person 5 to person 3	Hhold
R44	Relationship of person 5 to person 4	Hhold
R46	Relationship of person 5 to person 6	Hhold
R47	Relationship of person 5 to person 7	Hhold
R48	Relationship of person 5 to person 8	Hhold
R49	Relationship of person 5 to person 9	Hhold
R50	Relationship of person 5 to person 10	Hhold
R51	Relationship of person 6 to person 1	Hhold
R52	Relationship of person 6 to person 2	Hhold
R53	Relationship of person 6 to person 3	Hhold
R54	Relationship of person 6 to person 4	Hhold
R55	Relationship of person 6 to person 5	Hhold
R57	Relationship of person 6 to person 7	Hhold
R58	Relationship of person 6 to person 8	Hhold
R59	Relationship of person 6 to person 9	Hhold
R60	Relationship of person 6 to person 10	Hhold
R61	Relationship of person 7 to person 1	Hhold
R62	Relationship of person 7 to person 2	Hhold
R63	Relationship of person 7 to person 3	Hhold
R64	Relationship of person 7 to person 4	Hhold
R65	Relationship of person 7 to person 5	Hhold
R66	Relationship of person 7 to person 6	Hhold
R68	Relationship of person 7 to person 8	Hhold
R69	Relationship of person 7 to person 9	Hhold

R70	Relationship of person 7 to person 10	Hhold
R71	Relationship of person 8 to person 1	Hhold
R72	Relationship of person 8 to person 2	Hhold
R73	Relationship of person 8 to person 3	Hhold
R74	Relationship of person 8 to person 4	Hhold
R75	Relationship of person 8 to person 5	Hhold
R76	Relationship of person 8 to person 6	Hhold
R77	Relationship of person 8 to person 7	Hhold
R79	Relationship of person 8 to person 9	Hhold
R80	Relationship of person 8 to person 10	Hhold
R81	Relationship of person 9 to person 1	Hhold
R82	Relationship of person 9 to person 2	Hhold
R83	Relationship of person 9 to person 3	Hhold
R84	Relationship of person 9 to person 4	Hhold
R85	Relationship of person 9 to person 5	Hhold
R86	Relationship of person 9 to person 6	Hhold
R87	Relationship of person 9 to person 7	Hhold
R88	Relationship of person 9 to person 8	Hhold
R90	Relationship of person 9 to person 10	Hhold
R91	Relationship of person 10 to person 1	Hhold
R92	Relationship of person 10 to person 2	Hhold
R93	Relationship of person 10 to person 3	Hhold
R94	Relationship of person 10 to person 4	Hhold
R95	Relationship of person 10 to person 5	Hhold
R96	Relationship of person 10 to person 6	Hhold
R97	Relationship of person 10 to person 7	Hhold
R98	Relationship of person 10 to person 8	Hhold
R99	Relationship of person 10 to person 9	Hhold

## Main Food Provider (MFP) module within Household questionnaire

Variable	Description	Source
MFP	Person number of main food provider	MFP
MFPProx	Whether proxy interview for MFP (part 1)	MFP
MProxWho	Person number of MFP proxy	MFP
Kitch	MFP:Whether have kitchen	MFP
KitUse	MFP:Whether use kitchen	MFP
HotMeal	MFP:Whether able to cook hot meal	MFP
Equip1	MFP:Kitchen equipment	MFP
Equip2	MFP:Kitchen equipment	MFP
Equip3	MFP:Kitchen equipment	MFP
Equip4	MFP:Kitchen equipment	MFP
Equip5	MFP:Kitchen equipment	MFP
FrigWork	MFP:Whether refrigerator works	MFP
FrezWork	MFP:Whether freezer works	MFP
MOveWork	MFP:Whether microwave works	MFP
HobWork	MFP:Whether hob works	MFP
OvenWork	MFP:Whether oven works	MFP
HobOK	MFP:Number of working hob rings	MFP
ShareKi1	MFP:Whether share kitchen	MFP
ShareKi2	MFP:Whether share kitchen	MFP
StoreOK	MFP:Whether food storage adequate	MFP
StoreOK1	MFP:Inadequate food storage	MFP

StoreOK2	MFP:Inadequate food storage	MFP
StoreOK3	MFP:Inadequate food storage	MFP
StoreOK4	MFP:Inadequate food storage	MFP
StoreOK8	MFP:Whether inadequate storage influences shopping	MFP
StoreOK9	MFP:How inadeq storage influences shopping	MFP
StoreO10	MFP:How inadeq storage influences shopping	MFP
StoreO11	MFP:How inadeq storage influences shopping	MFP
StoreO12	MFP:How inadeq storage influences shopping	MFP
StoreShr	MFP:Whether share food store	MFP
SShrInf	MFP:Whether sharing of food store influences shopping	MFP
BedRooms	MFP:Number of bedrooms	MFP
LivRooms	MFP:Number of living rooms	MFP
DinRoom	MFP:Whether have separate dining room	MFP
OthRooms	MFP:Other rooms than bedroom,living,dining,kitchen,bathroom	MFP
NOthRms	MFP:No. other rooms than bedroom,living,dining,bathroom,kitchen	MFP
CantUse	MFP:Whether any rooms not useable	MFP
NCantUse	MFP:Number of rooms that cannot be used	MFP
TotRooms	MFP:Total habitable rooms	MFP
Shop01	MFP:Where shop for food	MFP
Shop02	MFP:Where shop for food	MFP
Shop03	MFP:Where shop for food	MFP
Shop04	MFP:Where shop for food	MFP
Shop05	MFP:Where shop for food	MFP
Shop06	MFP:Where shop for food	MFP
Shop07	MFP:Where shop for food	MFP
Shop08	MFP:Where shop for food	MFP
Shop09	MFP:Where shop for food	MFP
NumShop	MFP:Number of different types of shop used	MFP
MainShp	MFP: Main shop	MFP
ShopFV	MFP:Whether buy fresh fruit & vegetables at main shop	MFP
FVOther	MFP:Where buy fresh fruit & vegetables (if not at main shop)	MFP
ShopFr	MFP:Whether other fresh food bought at main shop	MFP
FrOther	MFP:Where buy other fresh food (if not at main shop)	MFP
ShopWith	MFP:Whether shop alone, with someone else, or done by other	MFP
ShopWho1	MFP:Who helps shop	MFP
ShopWho2	MFP:Who helps shop	MFP
ShopWho3	MFP:Who helps shop	MFP
ShopWho4	MFP:Who helps shop	MFP
ShopWho5	MFP:Who helps shop	MFP
ShopWho6	MFP:Who helps shop	MFP
ShopWhyA	MFP:Whether other person provides help with shopping	MFP
ShopWhy1	MFP:Type of help they provide with shopping	MFP
ShopWhy2	MFP:Type of help they provide with shopping	MFP
ShopWhy3	MFP:Type of help they provide with shopping	MFP
ShopWhy4	MFP:Type of help they provide with shopping	MFP
ShopWhy5	MFP:Type of help they provide with shopping	MFP
ShopWhy6	MFP:Type of help they provide with shopping	MFP
ShopWhy7	MFP:Reason for help with shopping	MFP
ShopWhy8	MFP:Reason for help with shopping	MFP
ShopWhy9	MFP:Reason for help with shopping	MFP
ShopTime	MFP:Journey time to shop	MFP
ShopOf	MFP:Shopping frequency	MFP
ShopTrav	MFP:Transport from shop	MFP

ShopWit2	MFP:Whether shop alone, with someone else, or done by other	MFP
ShopWho7	MFP:Who helps shop	MFP
ShopWho8	MFP:Who helps shop	MFP
ShopWh16	MFP:Whether other person provides help with shopping	MFP
ShopWh17	MFP:Type of help they provide with shopping	MFP
ShopWh18	MFP:Type of help they provide with shopping	MFP
ShopWh19	MFP:Type of help they provide with shopping	MFP
ShopWh20	MFP:Type of help they provide with shopping	MFP
ShopWh21	MFP:Type of help they provide with shopping	MFP
ShopWh22	MFP:Type of help they provide with shopping	MFP
ShopWh23	MFP:Reason for help with shopping	MFP
ShopWh24	MFP:Reason for help with shopping	MFP
ShopTim2	MFP:Journey time to shop	MFP
ShopOf2	MFP:Shopping frequency	MFP
ShopTra2	MFP:Transport from shop	MFP
ShopMuch	MFP:How much spent on food & drink each week	MFP
List	MFP:Whether use a shopping list	MFP
ListHow	MFP:How make the shopping list	MFP
Offer	MFP:Whether buy special offers	MFP
OfferCh	MFP:Whether buy special offers in addition to or instead of food on list	MFP
OrgBuy	MFP:Whether buy organic food	MFP
OrgWha01	MFP:Organic products	MFP
OrgWha02	MFP:Organic products	MFP
OrgWha03	MFP:Organic products	MFP
OrgWha04	MFP:Organic products	MFP
OrgWha05	MFP:Organic products	MFP
OrgWha06	MFP:Organic products	MFP
OrgWha07	MFP:Organic products	MFP
OrgWha08	MFP:Organic products	MFP
OrgWha09	MFP:Organic products	MFP
OrgWha10	MFP:Organic products	MFP
OrgWha11	MFP:Organic products	MFP
OrgWha12	MFP:Organic products	MFP
OrgWha13	MFP:Organic products	MFP
OrgWha14	MFP:Organic products	MFP
OrgWha15	MFP:Organic products	MFP
MoreOrg	MFP:Whether desire more organic foods	MFP
WhyMOrg1	MFP:Reason for not buying more organic food	MFP
WhyMOrg2	MFP:Reason for not buying more organic food	MFP
WhyMOrg3	MFP:Reason for not buying more organic food	MFP
OrdFrVeg	MFP:Whether buy non-organic fruit & vegetables	MFP
Allot	MFP:Whether grow own fruit & vegetables	MFP
WhGrow1	MFP:Type of home-grown fruit or vegetables	MFP
WhGrow2	MFP:Type of home-grown fruit or vegetables	MFP
WhGrow3	MFP:Type of home-grown fruit or vegetables	MFP
WhGrow4	MFP:Type of home-grown fruit or vegetables	MFP
WhGrow5	MFP:Type of home-grown fruit or vegetables	MFP
Free	MFP:Whether eat free foods	MFP
FreeNam1	MFP:Type of free food eaten	MFP
FreeNam2	MFP:Type of free food eaten	MFP
FreeNam3	MFP:Type of free food eaten	MFP
FreeNam4	MFP:Type of free food eaten	MFP
FreeNam5	MFP:Type of free food eaten	MFP

FreeWho	MFP:Whether food given as gift	MFP
FreWhoB1	MFP:Who gives food as gift	MFP
FreWhoB2	MFP:Who gives food as gift	MFP
FreeWha1	MFP:Type of food given as gift	MFP
FreeWha2	MFP:Type of food given as gift	MFP
FreeWha3	MFP:Type of food given as gift	MFP
FreeWha4	MFP:Type of food given as gift	MFP
FreeWha5	MFP:Type of food given as gift	MFP
FreeWha6	MFP:Type of food given as gift	MFP
Animals	MFP:Whether keep animals for food provision	MFP
AnimFoo1	MFP:Type of food provided by animals	MFP
BeefPrep	MFP:How beef prepared	MFP
LambPrep	MFP:How lamb prepared	MFP
PorkPrep	MFP:How pork prepared	MFP
BacoPrep	MFP:How bacon prepared	MFP
SausPrep	MFP:How sausages prepared	MFP
Mince	MFP:Whether cook mince	MFP
MincF1	MFP:Whether buy mince with or without fat	MFP
MincF2	MFP:Whether fat strained off mince	MFP
FishPrep	MFP:How unbattered fish prepared	MFP
FshFPrep	MFP:How battered fish prepared	MFP
PotsPrep	MFP:How potatoes prepared (not chips)	MFP
GVegPrep	MFP:How green vegetables prepared	MFP
RootPrep	MFP:How root vegetables prepared	MFP
SaltChk1	MFP:Whether adds salt/salt substitute during cooking	MFP
hsalthow	MFP:How often adds salt during cooking	MFP
SlitSHow	MFP:How often adds salt substitute during cooking	MFP
FatTyp	MFP:Type of fat usually used when baking	MFP
FatTyp2	MFP:Type of fat usually used when preparing chapattis	MFP
FatTyp3	MFP:Type of fat usually used when preparing or serving stews	MFP
FatTyp4	MFP:Type of fat usually used when preparing or serving curries	MFP
FatTyp5	MFP:Type of fat usually used when preparing or serving soups	MFP
RiceFry	MFP:Type of fat rice fried in	MFP
ChipHow	MFP:How chips prepared	MFP
ChipFat	MFP:Type of fat chips fried in	MFP
hsklow	MFP:Whether can cook ready meals	MFP
hskmed	MFP:Whether can cook meal from ready-made ingredients	MFP
hskadv	MFP:Whether can cook meal from basic ingredients	MFP
hcook1	MFP:Where learnt to cook	MFP
hcook2	MFP:Where learnt to cook	MFP
hcook3	MFP:Where learnt to cook	MFP
hcook4	MFP:Where learnt to cook	MFP
hcook5	MFP:Where learnt to cook	MFP
hcook6	MFP:Where learnt to cook	MFP
hcook7	MFP:Where learnt to cook	MFP
Fresh	MFP:Whether can afford to eat as much fresh food as is wanted	MFP
FreshCh	MFP:Whether can afford to give children as much fresh food as is wanted	MFP
Enough	MFP:Whether had enough food in the last 12 months	MFP
NotEno01	MFP:Reason for not having enough to eat	MFP
NotEno02	MFP:Reason for not having enough to eat	MFP
NotEno03	MFP:Reason for not having enough to eat	MFP
NotEno04	MFP:Reason for not having enough to eat	MFP
NotEno05	MFP:Reason for not having enough to eat	MFP

NotEno06	MFP:Reason for not having enough to eat	MFP
QuaVar01	MFP:Reason for not having the quality/variety of food wanted	MFP
QuaVar02	MFP:Reason for not having the quality/variety of food wanted	MFP
QuaVar03	MFP:Reason for not having the quality/variety of food wanted	MFP
QuaVar04	MFP:Reason for not having the quality/variety of food wanted	MFP
QuaVar05	MFP:Reason for not having the quality/variety of food wanted	MFP
QuaVar06	MFP:Reason for not having the quality/variety of food wanted	MFP
QuaVar07	MFP:Reason for not having the quality/variety of food wanted	MFP
QuaVar08	MFP:Reason for not having the quality/variety of food wanted	MFP
QuaVar09	MFP:Reason for not having the quality/variety of food wanted	MFP
QuaVar10	MFP:Reason for not having the quality/variety of food wanted	MFP
Rank1QV	MFP:1st most important reason for not having the quality/variety	MFP
Rank2QV	MFP:2nd most important reason for not having the quality/variety	MFP
Rank3QV	MFP:3rd most important reason for not having the quality/variety	MFP
Worry	MFP:Whether worried in last 12 months that food would run out	MFP
NoDura	MFP:Whether in last 12 months food ran out due to no money	MFP
Expens	MFP:Whether in last 12 months couldn't afford balanced meals	MFP
Skip	MFP:Whether reduced portion size/skipped meals in last 12 months	MFP
XSkip	MFP:How often reduced portion size/skipped meals	MFP
EatLes	MFP:Ate less than should in last 12 months due to of lack of money	MFP
Hunger	MFP:Ever hungry in last 12 months due to lack of money for food	MFP
WtLos	MFP:Whether ever lost weight in last 12 months because no money to buy food	MFP
NotEat	MFP:Ever not eat for whole day in last 12 months due to lack of money	MFP
XNotEat	MFP:How often did not eat for whole day	MFP
Lo4Ch	MFP:Whether ever cut the size of childrens' meals in last 12 months	MFP
Lo4Mon	MFP:Whether ever cut the size of childrens' meals in last 12 months because no money for food	MFP
CSkip	MFP:Children ever skipped meals in last 12 months,as no money	MFP
XCSkip	MFP:How often children skipped meals	MFP
CHunger	MFP>Last 12 months children were hungry but could not afford food	MFP
CNotEat	MFP>Last 12 months children did not eat for a whole day as no money	MFP

## Household Reference Person (HRP)

Variable	Description	Source
HRPNum	Person number of HRP	Hhold
Stat	HRP: Whether employee or self-employed	Hhold
Manage	HRP: Whether any supervisory responsibilities	Hhold
EmpNo	HRP: Number of employees in workplace	Hhold
Solo	HRP: Whether works alone or has employees	Hhold
SENo	HRP: Number of people employed by respondent	Hhold
SOC2000a	HRP: 3 digit SOC2000 (without dots)	Hhold
NSSEC	HRP: NS-SEC - long version	Hhold
SEG	HRP: Socio-economic Group (old scheme)	Hhold
SC	HRP: Social Class (old scheme)	Hhold
SIC92	HRP: 2-digit SIC92 code	Hhold



# INDIVIDUAL FILE

General		
Variable	Description	Source
shserial	Household serial number - scrambled	Indiv
SerP	Respondent number (1 or 2)	Indiv
GNo	Person number of respondent in HH Grid	Indiv
SexP	Sex of respondent	Indiv
intexage	(D) Exact age at interview	Derived
SkLow	Whether can cook ready meals	Indiv
SkMed	Whether can cook meal from ready-made ingredients	Indiv
SkAdv	Whether can cook meal from basic ingredients	Indiv
Cook01	Where learnt to cook	Indiv
Cook02	Where learnt to cook	Indiv
Cook03	Where learnt to cook	Indiv
Cook04	Where learnt to cook	Indiv
Cook05	Where learnt to cook	Indiv
Cook06	Where learnt to cook	Indiv
Cook07	Where learnt to cook	Indiv
Sch4yrs	Whether child in school yet	Indiv
SchProv	Whether school provides food	Indiv
SchProv2	Whether child eats school meals	Indiv
SchSn	Whether school has snack shop	Indiv
SchSn2	Whether child buys food from school snack shop	Indiv
School01	Whether child receives school subsidy	Indiv
School02	Whether child receives school subsidy	Indiv
School03	Whether child receives school subsidy	Indiv
School04	Whether child receives school subsidy	Indiv
School2	Whether child entitled to free school meals	Indiv
School2i	Reason for not taking up free school meals	Indiv
SchOfst	Number of free school meals per week	Indiv
SchOfst2	Reason for not taking up free school meals at lunchtime	Indiv
PrScOfst	Number of free pre-school meals per week	Indiv
PoScOfst	Number of free after-school meals per week	Indiv
SchNot	How child eats when not at school	Indiv
MlkOfst	How many pints of milk exchanged for milk tokens per week	Indiv
CookCh	Whether had cookery lessons at school	Indiv
CkLesson	Whether prepared food in lesson at school	Indiv
CkWtSc1	Whether learnt to make cakes, buns or biscuits in lesson	Indiv
CkWtSc2	Whether learnt to make puddings in lesson	Indiv
CkWtSc3	Whether learnt to make bread in lesson	Indiv
CkWtSc4	Whether learnt to make pizza in lesson	Indiv
CookHome	Whether cook at home	Indiv
CookWith	Whether cook alone at home	Indiv
WithWho	With whom child cooks	Indiv
CkReg	Frequency of cooking at home	Indiv
CkWHom1	Whether able to butter bread alone	Indiv
CkWHom2	Whether able to chop vegetables alone	Indiv
CkWHom3	Whether able to make sandwiches alone	Indiv
CkWHom4	Whether able to cook ready meals alone	Indiv
CkWHom5	Whether able to cook meal from ready-made ingredients alone	Indiv

CkWHom6	Whether able to cook meal from basic ingredients alone	Indiv
WhyCk	Reason for cooking	Indiv
WkDHow1	Where eat on weekday	Indiv
WkDHow2	Where eat on weekday	Indiv
WkdWho1	Eat with whom on weekday	Indiv
WkdWho2	Eat with whom on weekday	Indiv
WkdWho3	Eat with whom on weekday	Indiv
DifSat1	Whether different on Saturday/Sunday from weekday	Indiv
DifSat2	Whether different on Saturday/Sunday from weekday	Indiv
SatHow1	Where eat on Saturday	Indiv
SatHow2	Where eat on Saturday	Indiv
SatWho1	Eat with whom on Saturday	Indiv
SatWho2	Eat with whom on Saturday	Indiv
SatWho3	Eat with whom on Saturday	Indiv
SunHow1	Where eat on Sunday	Indiv
SunHow2	Where eat on Sunday	Indiv
SunWho1	Eat with whom on Sunday	Indiv
SunWho2	Eat with whom on Sunday	Indiv
SunWho3	Eat with whom on Sunday	Indiv
IsolShr1	Whether eat with others	Indiv
IsolShr2	Whether eat with others	Indiv
ArrHome	Who supplies food when friends or relatives visit for meal	Indiv
ArrFr	Who supplies food when visit friends or relatives for meal	Indiv
IsolCaf1	Whether eats out alone	Indiv
IsolCaf2	Whether eats out alone	Indiv
FrROft	Whether eats out often	Indiv
OwnOft	How often eats out alone	Indiv
XCaf	Whether eats with other people somewhere else outside home	Indiv
XCaf21	Where eats with other people outside home	Indiv
XCaf22	Where eats with other people outside home	Indiv
MealWhel	Whether receives meals on wheels	Indiv
OftMW	How often receives meals on wheels	Indiv
IsolRels	Whether sees relatives outside of household at least weekly	Indiv
IsolFr	Whether sees friends outside of household at least weekly	Indiv
KnowSS	Whether heard of sure start programme	Indiv
DefnSS	Whether sure start programme in local area	Indiv
SSUse	Whether used sure start services	Indiv
SSAdv	Whether received advice on feeding children from sure start	Indiv
WEat1	Meal/snack times on a weekday	Indiv
WEat2	Meal/snack times on a weekday	Indiv
WEat3	Meal/snack times on a weekday	Indiv
WEat4	Meal/snack times on a weekday	Indiv
WEat5	Meal/snack times on a weekday	Indiv
WEat6	Meal/snack times on a weekday	Indiv
WEat7	Meal/snack times on a weekday	Indiv
WEat8	Meal/snack times on a weekday	Indiv
WEat9	Meal/snack times on a weekday	Indiv
EatDr1	Whether eat/drink early morning on weekday	Indiv
EatDr2	Whether eat/drink breakfast time on weekday	Indiv
EatDr3	Whether eat/drink mid-morning on weekday	Indiv
EatDr4	Whether eat/drink midday on weekday	Indiv
EatDr5	Whether eat/drink mid-afternoon on weekday	Indiv
EatDr6	Whether eat/drink late afternoon on weekday	Indiv

EatDr7	Whether eat/drink evening time on weekday	Indiv
EatDr8	Whether eat/drink late evening on weekday	Indiv
EatDr9	Whether eat/drink late night on weekday	Indiv
DifSS2	Whether mealtimes on Saturday are different from weekday	Indiv
WEat10	Meal/snack times on Saturday	Indiv
WEat11	Meal/snack times on Saturday	Indiv
WEat12	Meal/snack times on Saturday	Indiv
WEat13	Meal/snack times on Saturday	Indiv
WEat14	Meal/snack times on Saturday	Indiv
WEat15	Meal/snack times on Saturday	Indiv
WEat16	Meal/snack times on Saturday	Indiv
WEat17	Meal/snack times on Saturday	Indiv
WEat18	Meal/snack times on Saturday	Indiv
EatDr10	Whether eat/drink early morning on Sunday	Indiv
EatDr11	Whether eat/drink breakfast time on Sunday	Indiv
EatDr12	Whether eat/drink mid-morning on Sunday	Indiv
EatDr13	Whether eat/drink midday on Sunday	Indiv
EatDr14	Whether eat/drink mid-afternoon on Sunday	Indiv
EatDr15	Whether eat/drink late afternoon on Sunday	Indiv
EatDr16	Whether eat/drink evening time on Sunday	Indiv
EatDr17	Whether eat/drink late evening on Sunday	Indiv
EatDr18	Whether eat/drink late night on Sunday	Indiv
DifSS3	Whether mealtimes on Sunday are different from Saturday	Indiv
WEat19	Meal/snack times on Sunday	Indiv
WEat20	Meal/snack times on Sunday	Indiv
WEat21	Meal/snack times on Sunday	Indiv
WEat22	Meal/snack times on Sunday	Indiv
WEat23	Meal/snack times on Sunday	Indiv
WEat24	Meal/snack times on Sunday	Indiv
WEat25	Meal/snack times on Sunday	Indiv
WEat26	Meal/snack times on Sunday	Indiv
WEat27	Meal/snack times on Sunday	Indiv
EatDr19	Thinking now about [ITime] - would you_ch only eat something, only drink something, or eat and drink	Indiv
EatDr20	Thinking now about [ITime] - would you_ch only eat something, only drink something, or eat and drink	Indiv
EatDr21	Thinking now about [ITime] - would you_ch only eat something, only drink something, or eat and drink	Indiv
EatDr22	Thinking now about [ITime] - would you_ch only eat something, only drink something, or eat and drink	Indiv
EatDr23	Thinking now about [ITime] - would you_ch only eat something, only drink something, or eat and drink	Indiv
EatDr24	Thinking now about [ITime] - would you_ch only eat something, only drink something, or eat and drink	Indiv
EatDr25	Thinking now about [ITime] - would you_ch only eat something, only drink something, or eat and drink	Indiv
EatDr26	Thinking now about [ITime] - would you_ch only eat something, only drink something, or eat and drink	Indiv
EatDr27	Thinking now about [ITime] - would you_ch only eat something, only drink something, or eat and drink	Indiv
Choose01	Influences on choice of food from card GG	Indiv
Choose02	Influences on choice of food from card GG	Indiv
Choose03	Influences on choice of food from card GG	Indiv
Choose04	Influences on choice of food from card GG	Indiv
Choose05	Influences on choice of food from card GG	Indiv
Choose06	Influences on choice of food from card GG	Indiv
Choose07	Influences on choice of food from card GG	Indiv
Choose08	Influences on choice of food from card GG	Indiv
Choose09	Influences on choice of food from card GG	Indiv
Choose10	Influences on choice of food from card GG	Indiv
Choose11	Influences on choice of food from card GG	Indiv
Choose12	Influences on choice of food from card GG	Indiv

Choose13	Influences on choice of food from card GG	Indiv
Choose14	Influences on choice of food from card GG	Indiv
Choose15	Influences on choice of food from card GG	Indiv
Choose16	Influences on choice of food from card GG	Indiv
Rank1Ch	Most important influence on choice of food	Indiv
Rank2Ch	Second most important influence on choice of food	Indiv
Rank3Ch	Third most important influence on choice of food	Indiv
Change	Whether would like to change current diet	Indiv
CChWha01	Change in diet wanted	Indiv
CChWha02	Change in diet wanted	Indiv
CChWha03	Change in diet wanted	Indiv
CChWha04	Change in diet wanted	Indiv
CChWha05	Change in diet wanted	Indiv
CChWha06	Change in diet wanted	Indiv
CChhOW01	Factors necessary to make change in diet	Indiv
CChhOW02	Factors necessary to make change in diet	Indiv
CChhOW03	Factors necessary to make change in diet	Indiv
CChWhy01	Reason why no change in diet wanted	Indiv
CChWhy02	Reason why no change in diet wanted	Indiv
CChWhy03	Reason why no change in diet wanted	Indiv
CChWhy04	Reason why no change in diet wanted	Indiv
ChCh	Whether would like to change children's diet	Indiv
CChChW01	Change in children's diet wanted	Indiv
CChChW02	Change in children's diet wanted	Indiv
CChChW03	Change in children's diet wanted	Indiv
CChChW04	Change in children's diet wanted	Indiv
CChChW05	Change in children's diet wanted	Indiv
CChChW06	Change in children's diet wanted	Indiv
CChChH01	Factors necessary to make change in children's diet	Indiv
CChChH02	Factors necessary to make change in children's diet	Indiv
CChChH03	Factors necessary to make change in children's diet	Indiv
CChChW11	Reason why no change in children's diet wanted	Indiv
CChChW12	Reason why no change in children's diet wanted	Indiv
CHIEat01	What respondent considers healthy eating	Indiv
CHIEat02	What respondent considers healthy eating	Indiv
CHIEat03	What respondent considers healthy eating	Indiv
CHIEat04	What respondent considers healthy eating	Indiv
CHIEat05	What respondent considers healthy eating	Indiv
CHIEat06	What respondent considers healthy eating	Indiv
CHIEat07	What respondent considers healthy eating	Indiv
CHIEat08	What respondent considers healthy eating	Indiv
CHIEat09	What respondent considers healthy eating	Indiv
CHIEat10	What respondent considers healthy eating	Indiv
EatImp	How important healthy eating is from card HH	Indiv
CYeatI01	Why healthy eating is important to respondent	Indiv
CYeatI02	Why healthy eating is important to respondent	Indiv
CYeatI03	Why healthy eating is important to respondent	Indiv
CYeatI04	Why healthy eating is important to respondent	Indiv
CYNotI01	Why healthy eating is not important to respondent	Indiv
CYNotI02	Why healthy eating is not important to respondent	Indiv
NoCh	Whether agrees with statement that diet is already healthy, so no need to change	Indiv
EverCh	Whether ever changed eating habits	Indiv
TryEatH	Whether trying to eat more healthily	Indiv

TimHeat	Amount of time has been trying to eat more healthily	Indiv
MthCh	Whether thought about ways to eat healthier in last month	Indiv
DiffCh	Degree of difficulty to eat a healthier diet from card JJ	Indiv
ConfCh	Whether will make changes in next month to eat healthier	Indiv
PerBar01	Difficulties in eating more healthily from card LL	Indiv
PerBar02	Difficulties in eating more healthily from card LL	Indiv
PerBar03	Difficulties in eating more healthily from card LL	Indiv
PerBar04	Difficulties in eating more healthily from card LL	Indiv
PerBar05	Difficulties in eating more healthily from card LL	Indiv
PerBar06	Difficulties in eating more healthily from card LL	Indiv
PerBar07	Difficulties in eating more healthily from card LL	Indiv
PerBar08	Difficulties in eating more healthily from card LL	Indiv
PerBar09	Difficulties in eating more healthily from card LL	Indiv
PerBar10	Difficulties in eating more healthily from card LL	Indiv
PerBar11	Difficulties in eating more healthily from card LL	Indiv
PerBar12	Difficulties in eating more healthily from card LL	Indiv
PerBar13	Difficulties in eating more healthily from card LL	Indiv
Rank1PB	Greatest hindrance to eating more healthily	Indiv
Rank2PB	Second greatest hindrance to eating more healthily	Indiv
Rank3PB	Third greatest hindrance to eating more healthily	Indiv
MarStat	Legal marital status	Indiv
LiveWith	Whether living together with someone as a couple	Indiv
DVMarDF	De facto marital status	Indiv
NHr24	Number of 24 hour recalls done	Indiv
NHSCR	Whether signed NHSCR form	Indiv
IntLang	Language of the interview	Indiv
ILangWh1	Language used for interview	Indiv
ILangWh2	Language used for interview	Indiv
TLang1	Language of the translated documents	Indiv
TLang2	Language of the translated documents	Indiv

Nurse visit		
Variable	Description	Source
Nurse	Whether agreed to nurse visit	Indiv
NurMonth	Month of nurse visit	Indiv
NurYear	Year of nurse visit	Indiv
HHAge	Age of respondent at nurse visit	Indiv
NurseRe1	Reason for refusal of nurse visit	Indiv
NurseRe2	Reason for refusal of nurse visit	Indiv
NurseRe3	Reason for refusal of nurse visit	Indiv
NurseRe4	Reason for refusal of nurse visit	Indiv
PregNT	Whether currently pregnant 16+	Indiv
FolicA	Whether taking folic acid	Indiv
MedCNJD	Whether taking any prescribed medicines	Indiv
UPreg	Whether currently pregnant 10-15	Indiv
MedBIA	Whether medicine1 used in the last 7 days	Indiv
MedBIA2	Whether medicine2 used in the last 7 days	Indiv
MedBIA3	Whether medicine3 used in the last 7 days	Indiv
MedBIA4	Whether medicine4 used in the last 7 days	Indiv
MedBIA5	Whether medicine5 used in the last 7 days	Indiv
MedBIA6	Whether medicine6 used in the last 7 days	Indiv
MedBIA7	Whether medicine7 used in the last 7 days	Indiv

MedBIA8	Whether medicine8 used in the last 7 days	Indiv
MedBIA9	Whether medicine9 used in the last 7 days	Indiv
MedBIA10	Whether medicine10 used in the last 7 days	Indiv
MedBIA11	Whether medicine11 used in the last 7 days	Indiv
MedBIA12	Whether medicine12 used in the last 7 days	Indiv
MedBIA13	Whether medicine13 used in the last 7 days	Indiv
MedBIA14	Whether medicine14 used in the last 7 days	Indiv
MedBIA15	Whether medicine15 used in the last 7 days	Indiv
MedBIA16	Whether medicine16 used in the last 7 days	Indiv
MedBIA17	Whether medicine17 used in the last 7 days	Indiv
MedBIA18	Whether medicine18 used in the last 7 days	Indiv
MedBIA19	Whether medicine19 used in the last 7 days	Indiv
NumMeds	Total number of prescribed medicines taken currently	Indiv
Vita	Whether taking any unprescribed dietary supplements	Indiv
VitRecor	Whether supplement1 container consulted by interviewer, respondent or neither	Indiv
VitaForm	Form of dietary supplement1	Indiv
VitaDose	Dose of dietary supplement1: no.tablets, drops, 5ml sp	Indiv
VitaFreq	Frequency of taking dietary supplement1	Indiv
VitCat	Supplement1 code category	Indiv
VitOK	Supplement1 information accurate?	Indiv
VitReco2	Whether supplement2 container consulted by interviewer, respondent or neither	Indiv
VitaFor2	Form of dietary supplement2	Indiv
VitaDos2	Dose of dietary supplement2: no.tablets, drops, 5ml sp	Indiv
VitaFre2	Frequency of taking dietary supplement2	Indiv
VitCat2	Supplement2 code category	Indiv
VitOK2	Supplement2 information accurate?	Indiv
VitReco3	Whether supplement3 container consulted by interviewer, respondent or neither	Indiv
VitaFor3	Form of dietary supplement3	Indiv
VitaDos3	Dose of dietary supplement3: no.tablets, drops, 5ml sp	Indiv
VitaFre3	Frequency of taking dietary supplement3	Indiv
VitCat3	Supplement3 code category	Indiv
VitOK3	Supplement3 information accurate?	Indiv
VitReco4	Whether supplement4 container consulted by interviewer, respondent or neither	Indiv
VitaFor4	Form of dietary supplement4	Indiv
VitaDos4	Dose of dietary supplement4: no.tablets, drops, 5ml sp	Indiv
VitaFre4	Frequency of taking dietary supplement4	Indiv
VitCat4	Supplement4 code category	Indiv
VitOK4	Supplement4 information accurate?	Indiv
VitReco5	Whether supplement5 container consulted by interviewer, respondent or neither	Indiv
VitaFor5	Form of dietary supplement5	Indiv
VitaDos5	Dose of dietary supplement: no.tablets, drops, 5ml sp	Indiv
VitaFre5	Frequency of taking dietary supplement5	Indiv
VitCat5	Supplement5 code category	Indiv
VitOK5	Supplement5 information accurate?	Indiv
VitReco6	Whether supplement6 container consulted by interviewer, respondent or neither	Indiv
VitaFor6	Form of dietary supplement6	Indiv
VitaDos6	Dose of dietary supplement6: no.tablets, drops, 5ml sp	Indiv
VitaFre6	Frequency of taking dietary supplement6	Indiv
VitCat6	Supplement6 code category	Indiv
VitOK6	Supplement6 information accurate?	Indiv
VitReco7	Whether supplment7 container consulted by interviewer, respondent or neither	Indiv
VitaFor7	Form of dietary supplement7	Indiv
VitaDos7	Dose of dietary supplement7: no.tablets, drops, 5ml sp	Indiv

VitaFre7	Frequency of taking dietary supplement7	Indiv
VitCat7	Supplement7 code category	Indiv
VitOK7	Supplement7 information accurate?	Indiv
VitReco8	Whether supplement8 container consulted by interviewer, respondent or neither	Indiv
VitaFor8	Form of dietary supplement8	Indiv
VitaDos8	Dose of dietary supplement8: no.tablets, drops, 5ml sp	Indiv
VitaFre8	Frequency of taking dietary supplement8	Indiv
VitCat8	Supplement8 code category	Indiv
VitOK8	Supplement8 information accurate?	Indiv
AnyFruit	Any fruit or fruit juice in the last six hours	Indiv
DrC1	BNF code for Medicine1	Indiv
YTake11	Reason1 for taking medication1	Indiv
YTake12	Reason2 for taking medication1	Indiv
DrC2	BNF code for Medicine2	Indiv
YTake14	Reason1 for taking medication2	Indiv
YTake15	Reason2 for taking medication2	Indiv
DrC3	BNF code for Medicine3	Indiv
YTake17	Reason1 for taking medication3	Indiv
YTake18	Reason2 for taking medication3	Indiv
DrC4	BNF code for Medicine4	Indiv
YTake20	Reason1 for taking medication4	Indiv
YTake21	Reason2 for taking medication4	Indiv
DrC5	BNF code for Medicine5	Indiv
YTake23	Reason1 for taking medication5	Indiv
YTake24	Reason2 for taking medication5	Indiv
DrC6	BNF code for Medicine6	Indiv
YTake26	Reason1 for taking medication6	Indiv
YTake27	Reason2 for taking medication6	Indiv
DrC7	BNF code for Medicine7	Indiv
YTake29	Reason1 for taking medication7	Indiv
YTake30	Reason2 for taking medication7	Indiv
DrC8	BNF code for Medicine8	Indiv
YTake32	Reason1 for taking medication8	Indiv
YTake33	Reason2 for taking medication8	Indiv
DrC9	BNF code for Medicine9	Indiv
YTake35	Reason1 for taking medication9	Indiv
YTake36	Reason2 for taking medication9	Indiv
DrC10	BNF code for Medicine10	Indiv
YTake38	Reason1 for taking medication10	Indiv
YTake39	Reason2 for taking medication10	Indiv
YTake40	Reason3 for taking medication10	Indiv
DrC11	BNF code for Medicine11	Indiv
YTake41	Reason1 for taking medication11	Indiv
DrC12	BNF code for Medicine12	Indiv
YTake44	Reason1 for taking medication12	Indiv
DrC13	BNF code for Medicine13	Indiv
YTake47	Reason1 for taking medication13	Indiv
DrC14	BNF code for Medicine14	Indiv
YTake50	Reason1 for taking medication14	Indiv
DrC15	BNF code for Medicine15	Indiv
YTake53	Reason1 for taking medication15	Indiv
DrC16	BNF code for Medicine16	Indiv
YTake56	Reason1 for taking medication16	Indiv

DrC18	BNF code for Medicine18	Indiv
YTake62	Reason1 for taking medication18	Indiv
NurOutc	Nurse outcome code	Indiv
ReaRef	Reason why refuses nurse visit (to nurse)	Indiv
TransHlp	Whether translator used	Indiv
YGPBlank	Reason for no GP details	Indiv
drc1J	BNF code numeric	Indiv
drc2J	BNF code numeric	Indiv
drc3J	BNF code numeric	Indiv
drc4J	BNF code numeric	Indiv
drc5J	BNF code numeric	Indiv
drc6J	BNF code numeric	Indiv
drc7J	BNF code numeric	Indiv
drc8J	BNF code numeric	Indiv
drc9J	BNF code numeric	Indiv
drc10J	BNF code numeric	Indiv
drc11J	BNF code numeric	Indiv
drc12J	BNF code numeric	Indiv
drc13J	BNF code numeric	Indiv
drc14J	BNF code numeric	Indiv
drc15J	BNF code numeric	Indiv
drc16J	BNF code numeric	Indiv
drc18J	BNF code numeric	Indiv

## Relationships

Variable	Description	Source
rel1	Relationship to person 1 in HHold grid	Indiv
rel2	Relationship to person 2 in HHold grid	Indiv
rel3	Relationship to person 3 in HHold grid	Indiv
rel4	Relationship to person 4 in HHold grid	Indiv
rel5	Relationship to person 5 in HHold grid	Indiv
rel6	Relationship to person 6 in HHold grid	Indiv
rel7	Relationship to person 7 in HHold grid	Indiv
rel8	Relationship to person 8 in HHold grid	Indiv
rel9	Relationship to person 9 in HHold grid	Indiv
rel10	Relationship to person 10 in HHold grid	Indiv
R02	Relationship of person 1 to person 2	Indiv
R03	Relationship of person 1 to person 3	Indiv
R04	Relationship of person 1 to person 4	Indiv
R05	Relationship of person 1 to person 5	Indiv
R06	Relationship of person 1 to person 6	Indiv
R07	Relationship of person 1 to person 7	Indiv
R08	Relationship of person 1 to person 8	Indiv
R09	Relationship of person 1 to person 9	Indiv
R10	Relationship of person 1 to person 10	Indiv
R11	Relationship of person 2 to person 1	Indiv
R13	Relationship of person 2 to person 3	Indiv
R14	Relationship of person 2 to person 4	Indiv
R15	Relationship of person 2 to person 5	Indiv
R16	Relationship of person 2 to person 6	Indiv
R17	Relationship of person 2 to person 7	Indiv
R18	Relationship of person 2 to person 8	Indiv



R19	Relationship of person 2 to person 9	Indiv
R20	Relationship of person 2 to person 10	Indiv
R21	Relationship of person 3 to person 1	Indiv
R22	Relationship of person 3 to person 2	Indiv
R24	Relationship of person 3 to person 4	Indiv
R25	Relationship of person 3 to person 5	Indiv
R26	Relationship of person 3 to person 6	Indiv
R27	Relationship of person 3 to person 7	Indiv
R28	Relationship of person 3 to person 8	Indiv
R29	Relationship of person 3 to person 9	Indiv
R30	Relationship of person 3 to person 10	Indiv
R31	Relationship of person 4 to person 1	Indiv
R32	Relationship of person 4 to person 2	Indiv
R33	Relationship of person 4 to person 3	Indiv
R35	Relationship of person 4 to person 5	Indiv
R36	Relationship of person 4 to person 6	Indiv
R37	Relationship of person 4 to person 7	Indiv
R38	Relationship of person 4 to person 8	Indiv
R39	Relationship of person 4 to person 9	Indiv
R40	Relationship of person 4 to person 10	Indiv
R41	Relationship of person 5 to person 1	Indiv
R42	Relationship of person 5 to person 2	Indiv
R43	Relationship of person 5 to person 3	Indiv
R44	Relationship of person 5 to person 4	Indiv
R46	Relationship of person 5 to person 6	Indiv
R47	Relationship of person 5 to person 7	Indiv
R48	Relationship of person 5 to person 8	Indiv
R49	Relationship of person 5 to person 9	Indiv
R50	Relationship of person 5 to person 10	Indiv
R51	Relationship of person 6 to person 1	Indiv
R52	Relationship of person 6 to person 2	Indiv
R53	Relationship of person 6 to person 3	Indiv
R54	Relationship of person 6 to person 4	Indiv
R55	Relationship of person 6 to person 5	Indiv
R57	Relationship of person 6 to person 7	Indiv
R58	Relationship of person 6 to person 8	Indiv
R59	Relationship of person 6 to person 9	Indiv
R60	Relationship of person 6 to person 10	Indiv
R61	Relationship of person 7 to person 1	Indiv
R62	Relationship of person 7 to person 2	Indiv
R63	Relationship of person 7 to person 3	Indiv
R64	Relationship of person 7 to person 4	Indiv
R65	Relationship of person 7 to person 5	Indiv
R66	Relationship of person 7 to person 6	Indiv
R68	Relationship of person 7 to person 8	Indiv
R69	Relationship of person 7 to person 9	Indiv
R70	Relationship of person 7 to person 10	Indiv
R71	Relationship of person 8 to person 1	Indiv
R72	Relationship of person 8 to person 2	Indiv
R73	Relationship of person 8 to person 3	Indiv
R74	Relationship of person 8 to person 4	Indiv
R75	Relationship of person 8 to person 5	Indiv
R76	Relationship of person 8 to person 6	Indiv

R77	Relationship of person 8 to person 7	Indiv
R79	Relationship of person 8 to person 9	Indiv
R80	Relationship of person 8 to person 10	Indiv
R81	Relationship of person 9 to person 1	Indiv
R82	Relationship of person 9 to person 2	Indiv
R83	Relationship of person 9 to person 3	Indiv
R84	Relationship of person 9 to person 4	Indiv
R85	Relationship of person 9 to person 5	Indiv
R86	Relationship of person 9 to person 6	Indiv
R87	Relationship of person 9 to person 7	Indiv
R88	Relationship of person 9 to person 8	Indiv
R90	Relationship of person 9 to person 10	Indiv
R91	Relationship of person 10 to person 1	Indiv
R92	Relationship of person 10 to person 2	Indiv
R93	Relationship of person 10 to person 3	Indiv
R94	Relationship of person 10 to person 4	Indiv
R95	Relationship of person 10 to person 5	Indiv
R96	Relationship of person 10 to person 6	Indiv
R97	Relationship of person 10 to person 7	Indiv
R98	Relationship of person 10 to person 8	Indiv
R99	Relationship of person 10 to person 9	Indiv

## Ch2: Methodology and response

Response		
Variable	Description	Source
AgeP	Age of respondent	Indiv
NatID	National identity (GB)	Indiv
NatNI	National Identity (NIR)	Indiv
NatOth	Other national identity description	Indiv
EthGrp	Ethnic group (GB)	Indiv
EthNI	Ethnic group (NIR)	Indiv
NAGree	Agreement to nurse visit (to interviewer and to nurse)	Indiv
AgrNurse	(D) whether agreed nurse visit	Derived
ageg	(D) Age of respondent, grouped	Derived
agegr2	(D) Adult vs. child	Derived
Quarter4	(D) Quarter 1,2,3,4	Derived
hhcomp	(D) Household composition	Derived
region	(D)Country/region	Derived
ethgr5	(D) Ethnic group, 5 groups	Derived
ethgr2	(D) Ethnic group, 2 groups	Derived
ethgr4	(D) Ethnic group, 4 groups	Derived
WillBS	(D) Willing to have blood sample taken	Derived
BloodOC1	(D) Blood outcome	Derived
measweig	(D) Weight measured	Derived
measheig	(D) Height measured	Derived
Nvisit	(D) whether visited by AgrNurse	Derived

# Ch3: Characteristics of the LIDNS population

Illness		
Variable	Description	Source
LShpHow1	How illness limits shopping	Indiv
LShpHow2	How illness limits shopping	Indiv
LShpHow3	How illness limits shopping	Indiv
LShpHow4	How illness limits shopping	Indiv
LShpHow5	How illness limits shopping	Indiv
LimiPrep	Whether long standing illness limits food preparation	Indiv
LPrepHo1	Reason for illness limiting food preparation	Indiv
LPrepHo2	Reason for illness limiting food preparation	Indiv
LPrepHo3	Reason for illness limiting food preparation	Indiv
LPrepHo4	Reason for illness limiting food preparation	Indiv
LPrepHo5	Reason for illness limiting food preparation	Indiv
LPrepHo6	Reason for illness limiting food preparation	Indiv
LPrepHo7	Reason for illness limiting food preparation	Indiv
CutDown	Whether cut down activities in the last 2 weeks due to illness	Indiv
NDayCutD	Number of days affected by illness or injury	Indiv
Accid	Whether any accident req. doctor or hospital in last 12 months	Indiv
Operat	Whether had operation in last 12 months	Indiv
Hospit	Whether required hospital stay in last 12 months	Indiv
Weig	Whether weight increased/decreased over last year	Indiv
WeigInc	Amount weight increased by over last year	Indiv
StonInc	Increase in weight in stones	Indiv
PounInc	Increase in weight in pounds	Indiv
KiloInc	Increase in weight in kilograms	Indiv
IncWant	Whether intention to gain weight	Indiv
WeigDec	Amount weight decreased by over last year	Indiv
StonDec	Decrease in weight in stones	Indiv
PounDec	Decrease in weight in pounds	Indiv
KiloDec	Decrease in weight in kilograms	Indiv
DecWant	Whether intention to lose weight	Indiv
Weig10	Whether weight increased/decreased over last 10 years	Indiv
WeigCh10	Amount weight increased/decreased in last 10 years	Indiv
StonCh10	Change in weight in stones	Indiv
PounCh10	Change in weight in pounds	Indiv
KiloCh10	Change in weight in kilograms	Indiv
Heal	Whether has any long standing illness or disability	Indiv
LimitShp	Whether long standing illness prevents shopping	Indiv
Limit	Whether long standing illness limits activities	Indiv
limitill	(D) Whether have a limiting longstanding illness	Derived

Income, employment and education		
Variable	Description	Source
Srclnc01	Source of household's income	HHold
Srclnc02	Source of household's income	HHold
Srclnc03	Source of household's income	HHold
Srclnc04	Source of household's income	HHold

SrcInc05	Source of household's income	HHold
SrcInc06	Source of household's income	HHold
Src3M01	Source of household's income 3 months ago	HHold
Src3M02	Source of household's income 3 months ago	HHold
Src3M03	Source of household's income 3 months ago	HHold
Src3M04	Source of household's income 3 months ago	HHold
Src3M05	Source of household's income 3 months ago	HHold
Src3M06	Source of household's income 3 months ago	HHold
Src3M07	Source of household's income 3 months ago	HHold
Src3M08	Source of household's income 3 months ago	HHold
WrkStat	Economic Status	HHold
EverWk	Whether ever had paid job	HHold
Earnings	Amount of hhold's earnings from work (last take-home pay)	HHold
FrqEarn	Period that earnings cover	HHold
CBenAmt	Amount of child benefit received last payment date	HHold
CBenPd	Period that child benefit covers	HHold
CBenRec	Method of child benefit payment	HHold
ISPCAmt	Amount income support/pension credit received last payment	HHold
ISPCPd	Period that income support/pension credit covers	HHold
ISPCRec	Method of income support/pension credit payment	HHold
ISPCTime	Amount of time been receiving income support/pension credit	HHold
WTCAmt	Amount of working tax credit received last payment date	HHold
WTCPd	Period that working tax credit covers	HHold
WTCRec	Method of payment for working tax credit	HHold
CTCAmt	Amount of child tax credit received last payment date	HHold
CTCPd	Period that child tax credit covers	HHold
CTCRec	Method of payment for child tax credit	HHold
JSAAmt	Amount of jobseeker's allowance received last payment date	HHold
JSAPd	Period that jobseeker's allowance covers	HHold
JSARec	Method of payment for jobseeker's allowance	HHold
JSATime	Amount of time been receiving jobseeker's allowance	HHold
SPenAmt	Amount state retirement pension received last payment date	HHold
SPenPd	Period that state retirement pension covers	HHold
SPenRec	Method of payment for state retirement pension	HHold
EPenAmt	Amount of employer's pension received last payment date	HHold
EPenPd	Period that employer's pension covers	HHold
EPenRec	Method of payment for employer's pension	HHold
PPenAmt	Amount of private pension received last payment date	HHold
PPenPd	Period that private pension covers	HHold
PPenRec	Method of payment for private pension	HHold
DLAAmt	Amount of disability living allowance received last payment	HHold
DLAPd	Period that disability living allowance covers	HHold
DLARec	Method of payment for disability living allowance from card	HHold
IncapAmt	Amount of incapacity benefit received last payment date	HHold
IncapPd	Period that incapacity benefit covers	HHold
IncapRec	Method of payment for incapacity benefit	HHold
AttAmt	Amount of attendance allowance received last payment date	HHold
AttPd	Period that attendance allowance covers	HHold
AttRec	Method of payment for attendance allowance	HHold
OthBAmt	Amount from other benefits received last payment date	HHold
OthBPd	Period that other benefits cover	HHold
OthBRec	Method of payment for other benefits	HHold
PartnAmt	Amount from former/absent partner last payment date	HHold

PartnPd	Period that former/absent partner payment covers	HHold
PartnRec	Method of payment for former/absent partner payment	HHold
GTSAmt	Amount of government training scheme money received last pay	HHold
GTSPd	Period that government training scheme money covers	HHold
GTSTRec	Method of payment for government training scheme money	HHold
EducAmt	Amount of grant/bursary received last payment date	HHold
EducPd	Period that grant/bursary covers	HHold
EducRec	Method of payment for grant/bursary	HHold
IntAmt	Amount of interest received last payment date	HHold
IntPd	Period that interest payment covers	HHold
IntRec	Method of payment for interest	HHold
RentAmt	Amount of rent received last payment date	HHold
RentPd	Period that rent payment covers	HHold
RentRec	Method of payment for rent	HHold
ORegAmt	Amount of money from other sources last payment date	HHold
ORegPd	Period that other source of payment covers	HHold
ORegRec	Method of other source payment	HHold
HBen	Whether receive housing benefit	HHold
HowHB	Method of receiving housing benefit	HHold
HBAmt	Amount of housing benefit received last payment date	HHold
HBPd	Period that housing benefit covers	HHold
HBCover1	Housing cost covered by housing benefit	HHold
HBCover2	Housing cost covered by housing benefit	HHold
HBCover3	Housing cost covered by housing benefit	HHold
HHRent	Amount of rent paid last payment date	HHold
CTBen	Whether receive council tax benefit	HHold
Deduct1	Deductions taken from income or benefit	HHold
Deduct2	Deductions taken from income or benefit	HHold
Deduct3	Deductions taken from income or benefit	HHold
Deduct4	Deductions taken from income or benefit	HHold
Work	Whether employed in last 4 weeks	HHold
Educ	Whether attending college in past 4 weeks	HHold
Work	Whether employed in last 4 weeks	HHold
Educ	Whether attending college in past 4 weeks	HHold
EdHrs	Number of hours per week spent at college	HHold
Educ2	Age when finished full-time education	HHold
QualCh	Whether has any qualifications from school, college etc.	HHold
QuaYrs	Total no. of years in education if has no qualifications	HHold
Qual	Highest qualification listed on card AA	HHold
RegCas	Whether employment regular or occasional	HHold
RegHrs	Number of hours per week at work	HHold
Cashrs	Number of hours during last week in occasional job	HHold
TypCas	Whether number of hours in occasional work per week typical	HHold
NCasHrs	Typical number of hours per week in occasional work	HHold
Stat	HRP: Whether employee or self-employed	HRP
Manage	HRP: Whether any supervisory responsibilities	HRP
EmpNo	HRP: Number of employees in workplace	HRP
Solo	HRP: Whether works alone or has employees	HRP
SENo	HRP: Number of people employed by respondent	HRP
SOC2000a	HRP: 3 digit SOC2000 (without dots)	HRP
ES2000	HRP: Employment status	HRP
NSSEC	HRP: NS-SEC - long version	HRP
SEG	HRP: Socio-economic Group (old scheme)	HRP

SC	HRP: Social Class (old scheme)	HRP
SIC92	HRP: 2-digit SIC92 code	HRP
Work	Whether employed in last 4 weeks	HRP
oreg	(D) Other regular income	Derived
hb	(D) Housing benefit per week	Derived
netinc1	(D) Hhold's net income from all sources p.w., DK for some sources=0	Derived
netinc2	(D) Hhold's net income pw excl. DLA, Incap. ben. and AA, DK for some sources=0	Derived
netinc3	(D) Hhold's net income from all sources per week (valid values only)	Derived
netinc4	(D) Hhold's net income pw excl. DLA, Incap. ben. and AA (valid values only)	Derived
married	(D) Number of married/cohabiting people in Hhold	Derived
mcclcm	(D) McClements equivalence score	Derived
eqinc1	(D) Equiv. hhold net income pw, from all sources, DK=0	Derived
eqinc2	(D) Equiv. hhold net income pw excl. DLA, IB and AA, DK=0	Derived
eqinc3	(D) Equiv. hhold net income pw, from all sources, valid values only	Derived
eqinc4	(D) Equiv. hhold net income pw excl. DLA, IB & AA, valid values only	Derived
nssec7	(D) Nssec grouped	Derived
gcseac	(D) Above or below A-C at GCSE	Derived
sben	(D) Receive at least one state benefit	Derived
earn	(D) Earnings per week	Derived
cben	(D) Child benefit per week	Derived
wtc	(D) Working tax credit per week	Derived
ctc	(D) Child Tax Credit per week	Derived
jsa	(D) Job Seeker's Allowance per week	Derived
spen	(D) State Retirement Pension per week	Derived
epen	(D) Employer's pension per week	Derived
ppen	(D) Private Pension per week	Derived
incs	(D) Income support/pension credit per week	Derived
dla	(D) Disability Living Allowance per week	Derived
incap	(D) Incapacity Benefit, per week	Derived
att	(D) Attendance Allowance, per week	Derived
othb	(D) Other benefits, per week	Derived
partn	(D) Money from former partner, per week	Derived
gts	(D) Money from Government training schemes, per week	Derived
educm	(D) Educational grant, per week	Derived
int	(D) Interest from savings, per week	Derived
rent	(D) Rent from property/subletting	Derived

## Tenure

Variable	Description	Source
Ten1	Tenure	Indiv
LLord	Who is landlord	Indiv
Furn	Whether accommodation furnished	Indiv
tenure	(D) Tenure	Derived
ppr	(D) Persons per room	Derived
pprg	(D) Persons per room grouped	Derived

## Education

Variable	Description	Source
Educ	Whether attending college in past 4 weeks	Indiv
qual7	(D) Qualifications gained, grouped	Derived

educ2gr	(D) Age finished school grouped	Derived
eq1dec	(D) eqinc1 deciles	Derived

## Ch4: Food consumed

Food and drink		
Variable	Description	Source
Tea	Whether drinks tea	Indiv
TeaType	Type of tea	Indiv
TeaCup	Whether drinks tea from mug or cup	Indiv
TeaSwe	Whether sweetens tea	Indiv
TeaSug	Number of teaspoons of sugar/natural sweetener in tea	Indiv
TeaArt	Number of tablets/teaspoons of artificial sweetener in tea	Indiv
TeaMlk	Whether takes milk in tea	Indiv
TeaMlk2	Amount of milk in tea	Indiv
Cof	Whether drinks coffee	Indiv
CofCup	Whether drinks coffee from a mug or cup	Indiv
CofSwe	Whether sweetens coffee	Indiv
CofSug	Number of teaspoons of sugar/natural sweetener in coffee	Indiv
CofArt	Number of tablets/teaspoons of artificial sweetener in coffe	Indiv
CofMlk	Whether takes milk in coffee	Indiv
CofMlk2	Amount of milk in coffee	Indiv
Salt	Whether adds salt/salt substitute to food at table	Indiv
SaltHow	How often adds salt/salt substitute to food at table	Indiv
Bre	Whether eats bread	Indiv
Breloaf	Whether eats bread from a loaf	Indiv
BreType	Type of bread eaten	Indiv
LoafSz	Size of loaf of bread eaten	Indiv
LoafSl	Whether loaf of bread sliced or unsliced	Indiv
Slice	Whether loaf thin, medium or thick sliced	Indiv
Rol	Whether eats bread rolls	Indiv
RolType	Types of bread roll usually eaten	Indiv
RolSz	Picture representing size of roll	Indiv
Cha	Whether eats other bread (chappati/pitta)	Indiv
ChaType	Type of other bread	Indiv
FatB	Type of spreading fat used on bread	Indiv
XFatBr	Amount of spread used on bread (from Food Atlas)	Indiv
FatC	Type of spreading fat used on other bread	Indiv
XFatC	Amount of spread used on other bread	Indiv
MilkUse	Whether uses milk	Indiv
MlkType	Type of milk used	Indiv
CerEat	Whether eats breakfast cereal	Indiv
CerSug	Whether adds sugar/honey to breakfast cereal	Indiv
XCerSug	Amount of sugar/honey added to breakfast cereal	Indiv
CerMlk	Amount of milk on breakfast cereal	Indiv
PorEat	Whether eats porridge	Indiv
Porri1	Ingredients used to make porridge	Indiv
Porri2	Ingredients used to make porridge	Indiv
Porri3	Ingredients used to make porridge	Indiv
Porri4	Ingredients used to make porridge	Indiv

PorSug	Whether add salt/sugar/honey to porridge	Indiv
XPorSug	Amount of salt/sugar/honey added to porridge	Indiv
PorMlk	Amount of milk on porridge	Indiv
Meat	Whether eats meat	Indiv
MeatC	Whether remove skin on chicken	Indiv
MeatBf	Whether trim fat off beef steak	Indiv
MeatL	Whether trim fat off lamb chops	Indiv
MeatP	Whether trim fat off pork chops	Indiv
MeatB	Whether trim fat off bacon	Indiv
Rice	Whether eats rice	Indiv
RiceType	Type of rice eaten	Indiv
Pasta	Whether eats pasta	Indiv
PstaType	Type of pasta eaten	Indiv
OilFish	Whether eaten canned oily fish in last 12 months	Indiv
AmOilFA	Amount of canned oily fish eaten(Picture from Food Atlas)	Indiv
FrOFsh	Whether eaten fresh or frozen oily fish in the last 12 month	Indiv
AmFrOFA	Amount of fresh oily fish eaten(Picture from Food Atlas)	Indiv
ShFish	Whether eaten shellfish in the last 12 months	Indiv
AmtShF	Amount of shellfish eaten	Indiv
Offal	Whether eaten offal in the last 12 months	Indiv
AmOffa	Amount of offal eaten(Picture from Food Atlas)	Indiv
Veg	How often vegetables eaten in last month	Indiv
AmVeg	Amount of vegetables eaten (number of table spoons)	Indiv
VegTyp01	Types of vegetables eaten in last 7 days	Indiv
VegTyp02	Types of vegetables eaten in last 7 days	Indiv
VegTyp03	Types of vegetables eaten in last 7 days	Indiv
VegTyp04	Types of vegetables eaten in last 7 days	Indiv
VegTyp05	Types of vegetables eaten in last 7 days	Indiv
VegTyp06	Types of vegetables eaten in last 7 days	Indiv
VegTyp07	Types of vegetables eaten in last 7 days	Indiv
VegTyp08	Types of vegetables eaten in last 7 days	Indiv
VegTyp09	Types of vegetables eaten in last 7 days	Indiv
VegTyp10	Types of vegetables eaten in last 7 days	Indiv
VegTyp11	Types of vegetables eaten in last 7 days	Indiv
VegTyp12	Types of vegetables eaten in last 7 days	Indiv
VegTyp13	Types of vegetables eaten in last 7 days	Indiv
VegTyp14	Types of vegetables eaten in last 7 days	Indiv
VegTyp15	Types of vegetables eaten in last 7 days	Indiv
VegTyp16	Types of vegetables eaten in last 7 days	Indiv
VegTyp17	Types of vegetables eaten in last 7 days	Indiv
VegTyp18	Types of vegetables eaten in last 7 days	Indiv
VegTyp19	Types of vegetables eaten in last 7 days	Indiv
VegTyp20	Types of vegetables eaten in last 7 days	Indiv
VegTyp21	Types of vegetables eaten in last 7 days	Indiv
VegTyp22	Types of vegetables eaten in last 7 days	Indiv
VegTyp23	Types of vegetables eaten in last 7 days	Indiv
Fruit	How often fruit eaten in last month	Indiv
AmFru	Amount of fruit eaten (number of pieces)	Indiv
FruTyp01	Types of fruit eaten in last 7 days	Indiv
FruTyp02	Types of fruit eaten in last 7 days	Indiv
FruTyp03	Types of fruit eaten in last 7 days	Indiv
FruTyp04	Types of fruit eaten in last 7 days	Indiv
FruTyp05	Types of fruit eaten in last 7 days	Indiv



FruTyp06	Types of fruit eaten in last 7 days	Indiv
FruTyp07	Types of fruit eaten in last 7 days	Indiv
FruTyp08	Types of fruit eaten in last 7 days	Indiv
FruTyp09	Types of fruit eaten in last 7 days	Indiv
FruTyp10	Types of fruit eaten in last 7 days	Indiv
FruTyp11	Types of fruit eaten in last 7 days	Indiv
FruTyp12	Types of fruit eaten in last 7 days	Indiv
FruTyp13	Types of fruit eaten in last 7 days	Indiv
FruTyp14	Types of fruit eaten in last 7 days	Indiv
FruTyp15	Types of fruit eaten in last 7 days	Indiv
FruTyp16	Types of fruit eaten in last 7 days	Indiv
FruTyp17	Types of fruit eaten in last 7 days	Indiv
Appet	How appetite described	Indiv
Diet	Whether on special diet	Indiv
DietT1	Type of diet	Indiv
DietT2	Type of diet	Indiv
DietT3	Type of diet	Indiv
DietT4	Type of diet	Indiv
DrDiet	Whether diet prescribed by doctor or nurse	Indiv
DietEase	Whether diet easy to follow	Indiv
Veg2	Whether vegetarian, vegan or neither	Indiv
Dislike	Whether any types of foods avoided because of dislike	Indiv
Avoid01	Types of food avoided because of dislike	Indiv
Avoid02	Types of food avoided because of dislike	Indiv
Avoid03	Types of food avoided because of dislike	Indiv
Avoid04	Types of food avoided because of dislike	Indiv
Avoid05	Types of food avoided because of dislike	Indiv
Avoid06	Types of food avoided because of dislike	Indiv
Avoid07	Types of food avoided because of dislike	Indiv
Avoid08	Types of food avoided because of dislike	Indiv
Fuss	Variety of foods eaten	Indiv
WshNPot	Whether eat new potatoes with skins on	Indiv
WshPot	Whether eat other potatoes with skins on	Indiv
WshCarot	Whether eats carrots peeled or unpeeled	Indiv
WshAppl	Whether eats apples with skins on	Indiv
WshPear	Whether eats pears with skins on	Indiv
WshCitr	Whether eats citrus fruit peel	Indiv
Supgp1	(D) Supplement 1 taken on any day	Derived
Supgp2	(D) Supplement 2 taken on any day	Derived
Supgp3	(D) Supplement 3 taken on any day	Derived
Supgp4	(D) Supplements 4,5,8 or 10 taken on any day	Derived
Supgp5	(D) Supplements 6 or 9 taken on any day	Derived
Supgp6	(D) Supplements 7 or 11 taken on any day	Derived
Supgp7	(D) Supplement 12 taken on any day	Derived
frtport	(D) Fruit and fruit juice portions, juice counts once	Derived
vegbppo	(D) Total portions of veg, beans and pulses portion counts once only	Derived
frvegp	(D) Total fruit and veg portions	Derived
wta6fg1	(D) Pasta, rice, pizza and other cereals	Derived
wta6fg2	(D) White and other bread	Derived
wta6fg3	(D) Wholemeal bread	Derived
wta6fg4	(D) Wholegrain and high fibre cereals	Derived
wta6fg5	(D) Other breakfast cereals	Derived
wta6fg6	(D) Biscuits, fruit pies, buns, cakes and pastries	Derived

wta6fg7	(D) Puddings including ice cream	Derived
wta6fg8	(D) Milk and cream	Derived
wta6fg9	(D) Cheese	Derived
wta6fg10	(D) Yoghurt, fromage frais and dairy desserts	Derived
wta6fg11	(D) Eggs and egg dishes	Derived
wta6fg12	(D) Fats and oils	Derived
wta6fg13	(D) Meats and meat dishes, excluding processed meat	Derived
wta6fg14	(D) Processed meat including sausages, burgers, coated chicken	Derived
wta6fg15	(D) Fish and fish dishes, excluding oily fish	Derived
wta6fg16	(D) Oily fish and dishes	Derived
wta6fg17	(D) Vegetables excluding potatoes and baked bean	Derived
wta6fg18	(D) Baked beans	Derived
wta6fg19	(D) Chips, fried and roast potatoes and fried potato products	Derived
wta6fg20	(D) Other potatoes, potato salads and dishes, potato products cooked without fat	Derived
wta6fg21	(D) Crisps and savory snacks	Derived
wta6fg22	(D) Fruit, excluding fruit juice	Derived
wta6fg23	(D) Nuts and seeds	Derived
wta6fg24	(D) Sugar, preserves and confectionery	Derived
wta6fg25	(D) Fruit juice	Derived
wta6fg26	(D) Soft drinks, not diet	Derived
wta6fg27	(D) Soft drinks, diet	Derived
wta6fg28	(D) Alcoholic drinks, including low alcohol	Derived
wta6fg29	(D) Tea, coffee and water	Derived
wta6fg30	(D) Beverages(Dry wt), soups and sauces	Derived

## Ch5: Energy intake

Energy intake		
Variable	Description	Source
alcmja	(D) Average Energy content of alcohol consumed in MJ from food sources only	Derived
alckcala	(D) Average Energy content of alcohol consumed in kcal from food sources only	Derived
nf8bxala	(D) Average Energy (MJ excluding alcohol g) from food sources only	Derived
nf7xala	(D) Average Energy (kcal excluding alcohol g) from food sources only	Derived

## Ch6: Protein, carbohydrate, non-starch polysaccharides and alcohol intake

Protein, carbohydrate, non-starch polysaccharides & alcohol intake		
Variable	Description	Source
enfa4	(D) % food energy from protein	Derived
enfa6	(D) % food energy from total carbohydrate	Derived
enfa12	(D) % food energy from starch	Derived
enfa13	(D) % food energy from total sugars	Derived
enfa14	(D) % food energy from non-milk extrinsic sugars	Derived
enfa15	(D) % food energy from intrinsic and milk sugars	Derived
enfa1215	(D)% food energy from intrinsic sugars & milk sugars + starch	Derived

nfa10g	(D) Grouped Englyst fibre - grams	Derived
enta9a	(D) % total energy from alcohol	Derived
nfa9g	(D) Grouped Alcohol consumption in grams	Derived
ohflag	(D) Flag for alcohol consumption	Derived

## Ch7: Fat and fatty acids

### Fat & fatty acids

Variable	Description	Source
df5	(D) % food energy from fat	Derived
df22	(D) % food energy from Satd FA	Derived
df23	(D) % food energy from Cis-Mon FA	Derived
df24	(D) % food energy from Cis-n3 FA	Derived
df25	(D) % food energy from Cis-n6 FA	Derived
df26	(D) % food energy from Trans FA	Derived
df27	(D) % food energy from cis PUFA	Derived
df5drvp	(D) Energy from total fat (kcal/day food only) as % of DRV (35E%)	Derived
df22drvp	(D) Energy from SFA (kcal/day) as % of DRV (11E%)	Derived
df23drvp	(D) Energy from MUFA (kcal/day) as % of DRV (13E%)	Derived
df27drvp	(D) Energy from PUFA (kcal/day) as % of DRV (6.5E%)	Derived
df26drvp	(D) Energy from TRANS FA (kcal/day) as % of DRV (2E%)	Derived

## Ch8: Vitamins

### Vitamins

Variable	Description	Source
supnta28	(D) Retinol intake, all sources, sup taker	Derived
supnta33	(D) Vitamin A intake, all sources, sup taker	Derived
supnta35	(D) Thiamin intake, all sources, sup taker	Derived
supnta36	(D) Riboflavin intake, all sources, sup taker	Derived
supnta39	(D) Niacin equi intake, all sources, sup taker	Derived
supnta42	(D) B6 intake, all sources, sup taker	Derived
supnta43	(D) B12 intake, all sources, sup taker	Derived
supnta44	(D) Folate intake, all sources, sup taker	Derived
supnta45	(D) Pantothenic acid intake, all sources, sup taker	Derived
supnta46	(D) Biotin intake, all sources, sup taker	Derived
supnta40	(D) Vitamin C intake, all sources, sup taker	Derived
supnta34	(D) Vitamin D intake, all sources, sup taker	Derived
supnta41	(D) Vitamin E intake, all sources, sup taker	Derived
supnfa28	(D) Retinol intake, food sources, sup taker	Derived
supnfa33	(D) Vitamin A intake, food sources, sup taker	Derived
supnfa35	(D) Thiamin intake, food sources, sup taker	Derived
supnfa36	(D) Riboflavin intake, food sources, sup taker	Derived
supnfa39	(D) Niacin equi intake, food sources, sup taker	Derived
supnfa42	(D) B6 intake, food sources, sup taker	Derived
supnfa43	(D) B12 intake, food sources, sup taker	Derived
supnfa44	(D) Folate intake, food sources, sup taker	Derived

supnfa45	(D) Pantothenic acid intake, food sources, sup taker	Derived
supnfa46	(D) Biotin intake, food sources, sup taker	Derived
supnfa40	(D) Vitamin C intake, food sources, sup taker	Derived
supnfa34	(D) Vitamin D intake, food sources, sup taker	Derived
supnfa41	(D) Vitamin E intake, food sources, sup taker	Derived
NSnfa28	(D) Retinol intake, food sources, non sup taker	Derived
NSnfa33	(D) Vitamin A intake, food sources, non sup taker	Derived
NSnfa35	(D) Thiamin intake, food sources, non sup taker	Derived
NSnfa36	(D) Riboflavin intake, food sources, non sup taker	Derived
NSnfa39	(D) Niacin equi intake, food sources, non sup taker	Derived
NSnfa42	(D) B6 intake, food sources, non sup taker	Derived
NSnfa43	(D) B12 intake, food sources, non sup taker	Derived
NSnfa44	(D) Folate intake, food sources, non sup taker	Derived
NSnfa45	(D) Pantothenic acid intake, food sources, non sup taker	Derived
NSnfa46	(D) Biotin intake, food sources, non sup taker	Derived
NSnfa40	(D) Vitamin C intake, food sources, non sup taker	Derived
NSnfa34	(D) Vitamin D intake, food sources, non sup taker	Derived
NSnfa41	(D) Vitamin E intake, food sources, non sup taker	Derived
dflrni33	(D) <LRNI for vitamin A food only	Derived
dflrni35	(D) <LRNI for thiamin food only	Derived
dflrni36	(D) <LRNI for riboflavin food only	Derived
dflrni39	(D) <LRNI for niacin eq food only	Derived
dflrni42	(D) <LRNI for vitamin B6 food only	Derived
dflrni43	(D) <LRNI for vitamin B12 food only	Derived
dflrni44	(D) <LRNI for folate food only	Derived
dflrni40	(D) <LRNI for vitamin C food only	Derived
dfrnih45	(D) %>=7mg for pantothenic acid	Derived
dfrnil45	(D) %<3mg for pantothenic acid	Derived
dfrnih46	(D) %>=200ug for biotin	Derived
dfrnil46	(D) %<10ug for biotin	Derived
dfrni41	(D) %<SI for vitamin E	Derived
dflrt33	(D) <LRNI for vitamin A inc supplements	Derived
dflrt36	(D) <LRNI for riboflavin inc supplements	Derived
dflrt44	(D) <LRNI for folate inc supplements	Derived
under5	(D) aged 2, 3 or 4	Derived

## Ch9: Minerals

Minerals		
Variable	Description	Source
supnta52	(D) Iron intake, all sources, sup taker	Derived
supnta49	(D) Calcium intake, all sources, sup taker	Derived
supnta50	(D) Magnesium intake, all sources, sup taker	Derived
supnta56	(D) Zinc intake, all sources, sup taker	Derived
supnta55	(D) Copper intake, all sources, sup taker	Derived
supnta58	(D) Iodine intake, all sources, sup taker	Derived
supnta59	(D) Manganese intake, all sources, sup taker	Derived
supnfa52	(D) Iron intake, food only, sup taker	Derived
supnfa49	(D) Calcium intake, food only, sup taker	Derived
supnfa50	(D) Magnesium intake, food only, sup taker	Derived
supnfa56	(D) Zinc intake, food only, sup taker	Derived

supnfa55	(D) Copper intake, food only, sup taker	Derived
supnfa58	(D) Iodine intake, food only, sup taker	Derived
supnfa59	(D) Manganese intake, food only, sup taker	Derived
NSnfa52	(D) Iron intake, non sup taker	Derived
NSnfa49	(D) Calcium intake, non sup taker	Derived
NSnfa50	(D) Magnesium intake, non sup taker	Derived
NSnfa56	(D) Zinc intake, non sup taker	Derived
NSnfa55	(D) Copper intake, non sup taker	Derived
NSnfa58	(D) Iodine intake, non sup taker	Derived
NSnfa59	(D) Manganese intake, non sup taker	Derived
dflrni52	(D) <LRNI for total iron food only	Derived
dflrni49	(D) <LRNI for calcium food only	Derived
dflrni47	(D) <LRNI for sodium food only	Derived
dflrni48	(D) <LRNI for potassium food only	Derived
dflrni56	(D) <LRNI for zinc food only	Derived
dflrni58	(D) <LRNI for iodine food only	Derived
dflrni50	(D) <LRNI for magnesium food only	Derived
dflrni51	(D) <LRNI for phosphorus food only	Derived
dflrni57	(D) <LRNI for chloride food only	Derived
dfrni159	(D) %<SI manganese	Derived
ironsup	(D) Takes iron containing supplement	Derived
dflrt52	(D) <LRNI for total iron, inc supplements	Derived
dflrt49	(D) <LRNI for calcium inc supplements	Derived
dflrt48	(D) <LRNI for potassium inc supplements	Derived
dflrt56	(D) <LRNI for zinc inc supplements	Derived
dflrt58	(D) <LRNI for iodine inc supplements	Derived
dflrt50	(D) <LRNI for magnesium inc supplements	Derived

## Ch10: Comparisons with NDNS

Individual		
Variable	Description	Source
agegp3	(D) NDNS age groups	Derived
frtportN	(D) Fruit and fruit juice portions, juice counts once, NDNS method	Derived
vegbbpoN	(D) Total portions of veg, beans and pulses portion counts once only, NDNS method	Derived
frvegp0N	(D) Total fruit and veg portions, NDNS method	Derived
dtrni34	(D) >=RNI for vitamin D all sources	Derived
dfrni34	(D) >=RNI for vitamin D food only	Derived

## Ch11: Dietary reporting in LIDNS

Dietary reporting		
Variable	Description	Source
htok	(D) valid height	Derived
wtok	(D) valid weight	Derived
bmivg5	(D) Valid BMI (grouped:<18.5,18.5-25,25-30,30-40 40+)	Derived
bmiok	(D) valid BMI	Derived

bmicut	(D) UK BMI national classification standards (85th/95th centile)	Derived
bmicut2	(D) UK BMI status (ovrght inc. obese)	Derived
bmicut3	(D) UK BMI status (non-obese vs obese)	Derived
teeok	(D) valid TEE	Derived
lg2	(D) Type of reporter, confidence interval-based method, 3 groups	Derived
eatbalgp	(D) Overall intake level - grouped	Derived
dieter	(D) Weight reducing diet	Derived
teemj	(D) TEE or EER (mj)	Derived
eivstee	(D) Reported energy intake - (minus) TEE or EER (kcal)	Derived
eivstee2	(D) Reported energy intake - (minus) TEE or EER (MJ)	Derived
teedifp	(D) Difference as a percent of energy needs	Derived
eatbalok	(D) valid eatbalgp	Derived
Reporter	(D) Type of reporter - 4 groups, no missing eatbalgp	Derived
wta6fg31	(D) Supplements	Derived

## Ch12: Anthropometry

Height & weight admin		
Variable	Description	Source
RespHts	Whether height of respondent measured	Indiv
RelHite	Reliability of height measurement	Indiv
HiNRel	Reason for unreliable height measurement	Indiv
ResNHt	Reason for refusal of height measurement	Indiv
NoHtBC1	Reason for not obtaining height	Indiv
NoHtBC2	Reason for not obtaining height	Indiv
NoHtBC3	Reason for not obtaining height	Indiv
NoHtBC4	Reason for not obtaining height	Indiv
RespWts	Whether weight of respondent measured	Indiv
FloorC1	Scales placed on uneven floor	Indiv
FloorC2	Scales placed on carpet	Indiv
RelWaitB	Reliability of weight measurement	Indiv
ResNWt	Reason for refusal of weight measurement	Indiv
NoWtBC1	Reason for not obtaining weight	Indiv
NoWtBC2	Reason for not obtaining weight	Indiv
NoWtBC3	Reason for not obtaining weight	Indiv
BWeig	Whether birth weight estimated or actual	Indiv
BirthW	Whether actual birth weight imperial or metric	Indiv
BirthWP	Actual birth weight: pounds	Indiv
BirthWO	Actual birth weight: ounces	Indiv
BirthWk	Actual birth weight: kilograms	Indiv
BEstW	Whether estimated birth weight imperial or metric	Indiv
BEstWP	Estimated birth weight: pounds	Indiv
BEstWO	Estimated birth weight: ounces	Indiv
BEstWk	Estimated birth weight: kilograms	Indiv
measweig	(D) Weight measured	Derived
measheig	(D) Height measured	Derived
armok	(D) Whether ht measurements are valid	Derived
ConsBMI	Consent to send BMI to GP	Indiv

## Height & weight measurements

Variable	Description	Source
Height1	Height 1 of respondent in centimeters	Indiv
Height2	Height 2 of respondent in centimeters	Indiv
Height3	Height 3 of respondent in centimeters	Indiv
Height	(D) Computed height of respondent in centimeters	Derived
XWt1	Weight 1 of respondent in kilograms	Indiv
XWt2	Weight 2 of respondent in kilograms	Indiv
XWt3	Weight 3 of respondent in kilograms	Indiv
WtAd1	Weight 1 of adult in kilograms (for calculating child s weight)	Indiv
WtChA1	Weight 1 of child & adult combined in kilograms	Indiv
WtAd2	Weight 2 of adult in kilograms (for calculating child s weight)	Indiv
WtChA2	Weight 2 of child & adult combined in kilograms	Indiv
WtAd3	Weight 3 of adult in kilograms (for calculating child s weight)	Indiv
WtChA3	Weight 3 of child & adult combined in kilograms	Indiv
Weight	(D) Computed weight of respondent in kilograms	Derived
BMI	(D) Body mass index - replacement variable	Derived

## Waist Hip admin

Variable	Description	Source
WHIntro	Consent to waist and hips measurement	Indiv
RespWH	Whether waist and hip measurements obtained	Indiv
YNoWH	Reason for no waist/hip measurement	Indiv
WHPNABM1	Reason1 for no waist/hip measurement	Indiv
WJRel	Whether any problems with waist measurement	Indiv
ProbWJ	Whether problems increase/decrease waist measurement	Indiv
HJRel	Whether any problems with hip measurement	Indiv
ProbHJ	Whether problems increase/decrease hip measurement	Indiv
measWH	(D) WH measured	Derived
wstokb	(D) Whether waist measurements are valid	Derived
hipokb	(D) Whether hip measurements are valid	Derived
whokb	(D) Whether waist/hip measure is valid	Derived
WHOut	Outcome of waist and hip measurements	Indiv

## Waist Hip measurements

Variable	Description	Source
Waist	1st waist measurement	Indiv
Hip	1st hip measurement	Indiv
Waist2	2nd waist measurement	Indiv
Hip2	2nd hip measurement	Indiv
Waist3	3rd waist measurement	Indiv
Hip3	3rd hip measurement	Indiv
wstval	(D) Valid Mean Waist (cm)	Derived
hipval	(D) Valid Mean Hip (cm)	Derived
whval	(D) Valid Mean Waist/Hip ratio	Derived
menwhgp	(D) Male waist hip ratio groups	Derived
menwhhi	(D) Male high waist hip ratio	Derived
womwhgp	(D) Female waist hip ratio groups	Derived
womwhhi	(D) Female high waist hip ratio	Derived

mwsthi	(D) Male high waist circumference	Derived
fwsthi	(D) Female high waist circumference	Derived

## MUAC admin

Variable	Description	Source
MUACInt	Consent to MUAC measurement	Indiv
CUpArm	MUAC measurement1	Indiv
CUpRel	Reliability of 1st MUAC measurement	Indiv
CUpArm2	MUAC measurement2	Indiv
CUpRel2	Reliability of 2nd MUAC measurement	Indiv
CUpArm3	MUAC measurement3	Indiv
CUpRel3	Reliability of 3rd MUAC measurement	Indiv
CRespUp	Reason no MUAC measurement taken	Indiv
CUpMeas	How MUAC measurement was taken	Indiv

## MUAC measurements

Variable	Description	Source
measMUAC	(D) MUAC measured	Derived
armval	(D) Valid Mean MUAC (cm)	Derived

## Demi-span admin

Variable	Description	Source
SpanInt	Consent to demi-span measurement	Indiv
Span	1st demi-span measurement	Indiv
SpanRel	Reliability of 1st demi-span measurement	Indiv
Span2	2nd demi-span measurement	Indiv
SpanRel2	Reliability of 2nd demi-span measurement	Indiv
YNoSpan	Reason for no demi-span measurement	Indiv
NotAttM1	Reason1 for no demi-span measurement	Indiv
NotAttM2	Reason2 for no demi-span measurement	Indiv
SpnM1	How demi-span measurement was taken1	Indiv
SpnM2	How demi-span measurement was taken2	Indiv
DSOut	Outcome of demi-span measurement	Indiv

## Demi-span measurements

Variable	Description	Source
spanok	(D) Whether demi span measurements are valid	Derived
spanok1	(D) Valid demi span grouped	Derived
spanval	(D) Valid Mean span (cm)	Derived
spanht	(D) Height equivalent of demi span	Derived

# Ch13: Blood Pressure



## Admin

Variable	Description	Source
BPCnst	Consent to blood pressure measurement	Indiv
ConSubX1	Ate,smoked,drunk alcohol,vigorous exercise in last 30 mins: age 13+	Indiv
ConSubX2	Ate,smoked,drunk alcohol,vigorous exercise in last 30 mins: age 13+	Indiv
ConSubX3	Ate,smoked,drunk alcohol,vigorous exercise in last 30 mins: age 13+	Indiv
ConSubX4	Ate,smoked,drunk alcohol,vigorous exercise in last 30 mins: age 13+	Indiv
ConSubX5	Eaten or done vigorous exercise in last 30 mins: age 8-12	Indiv
ConSubX6	Eaten or done vigorous exercise in last 30 mins: age 8-12	Indiv
CufSize	Cuff size used for blood pressure measurement	Indiv
YNoBP	Reason for no full blood pressure measurements	Indiv
NAttBPD1	Reason1 for no blood pressure measurements	Indiv
NAttBPD2	Reason2 for no blood pressure measurements	Indiv
NAttBPD3	Reason3 for no blood pressure measurements	Indiv
DifBPC1	Problem1 taking blood pressure	Indiv
DifBPC2	Problem2 taking blood pressure	Indiv
DifBPC3	Problem3 taking blood pressure	Indiv
GPRegB	Whether registered with a GP	Indiv
GPSEND	Permission to send blood pressure readings to GP	Indiv
GPRefC1	Reason1 refusal to allow blood pressure readings to be sent	Indiv
GPRefC2	Reason2 refusal to allow blood pressure readings to be sent	Indiv
BPOut	Outcome of blood pressure measurement	Indiv
RespBPS	RespBPS	Indiv
measBP	(D) BP measured	Derived
bprespc	(D) Whether BP readings are valid	Derived

## Blood Pressure measurements

Variable	Description	Source
Sys	1st systolic reading	Indiv
Dias	1st diastolic reading	Indiv
Pulse	1st pulse reading	Indiv
Sys2	2nd systolic reading	Indiv
Dias2	2nd diastolic reading	Indiv
Pulse2	2nd pulse reading	Indiv
Sys3	3rd systolic reading	Indiv
Dias3	3rd diastolic reading	Indiv
Pulse3	3rd pulse reading	Indiv
diur	(D) Diuretics	Derived
beta	(D) Beta	Derived
aceinh	(D) Aceinh	Derived
calciumb	(D) calciumb	Derived
obpdrug	(D) obpdrug	Derived
lipid	(D) lipid	Derived
iron	(D) iron	Derived
bpmedc	(D) Whether taking drugs that affect BP	Derived
bpmedd	(D) Whether taking drugs prescribed for BP	Derived
omsysval	(D) Omron valid mean systolic BP	Derived
omdiaval	(D) Omron valid mean diastolic BP	Derived
hy140om	(D) Hypertensive categories: 140/90: all prescribed drugs FOR BP (Omron readings)	Derived

# Ch14: Analytes

Blood admin		
Variable	Description	Source
ClotB	Whether has clotting disorder	Indiv
Fit	Whether ever had fit	Indiv
AmetopUs	Whether want to use Ametop gel	Indiv
Allergy	Whether ever had reaction to anaesthetic	Indiv
CBSCnst	Parental consent to blood sample (8-15yrs)	Indiv
BSWill	Consent to blood sample	Indiv
RefBSC1	Reason1 why blood sample refused	Indiv
RefBSC2	Reason2 why blood sample refused	Indiv
RefBSC3	Reason3 why blood sample refused	Indiv
RefBSC4	Reason4 why blood sample refused	Indiv
NoAmetop	Consent to blood sample without ametop gel	Indiv
GuardCon	Parental consent to blood sample (16-17yrs)	Indiv
GPSam	Whether registered with a GP	Indiv
SendSam	Consent to send results of blood sample to GP	Indiv
SenSaC1	Reason1 why no consent to send blood sample results to GP	Indiv
SenSaC2	Reason2 why no consent to send blood sample results to GP	Indiv
ConStorB	Consent to store blood for future analysis	Indiv
SampF1	Whether 1st EDTA purple tube filled	Indiv
SampF2	Whether plain red tube filled	Indiv
SampF3	Whether Heparin green tube filled	Indiv
SampF4	Whether 2nd EDTA purple tube filled	Indiv
SampTak	Blood sample outcome	Indiv
SampArm	Which arm blood sample taken from	Indiv
SamDifC1	Problem1 taking blood sample	Indiv
SamDifC2	Problem2 taking blood sample	Indiv
SamDifC3	Problem3 taking blood sample	Indiv
SamDifC4	Problem4 taking blood sample	Indiv
NoBSC1	Reason1 why no blood sample obtained	Indiv
NoBSC2	Reason2 why no blood sample obtained	Indiv
SnDrSam	Whether respondent wants results of blood sample	Indiv
CONSN	Consent to store samples	Lab
SESTOR	Serum stored	Lab
EDSTOR	EDTA blood stored	Lab
RVIBlood	Outcome for main blood sample	Lab
IFRBlood	Outcome for IFR blood sample	Lab
WillBS	(D) Willing to have blood sample taken	Derived
BloodOC1	(D) Blood outcome	Derived

Blood sample measurements		
Variable	Description	Source
CHOL	Total cholesterol	Lab
HDL	HDL cholesterol	Lab
TRIG	Triglycerides	Lab
LDL	LDL cholesterol - calculated	Lab

RTIN	Ferritin	Lab
STRFR	Transferrin Receptor	Lab
TOTOHD	Vit D	Lab
HSCRCP	CRP	Lab
HGB	Haemoglobin	Lab
PLT	Platelet count	Lab
HCT	Haematocrit	Lab
RBC	Red blood cell count	Lab
MCV	Mean corpuscular volume	Lab
MCH	Mean corpuscular haemoglobin	Lab
MCHC	Mean corpuscular haemoglobin concentration	Lab
RDW	red cell distribution width	Lab
WBC	White blood cell count	Lab
NEUA	neutrophil %	Lab
LYA	lymphocyte %	Lab
MOA	monocyte %	Lab
EOSA	eosinophil %	Lab
BASA	basophil %	Lab
B12	Vitamin B12 (NB 2001 means > 2000)	Lab
Lutein	Lutein (umol/L)	Lab
Zeaxan	Zeaxanthin (umol/L)	Lab
bCrypt	b-Cryptoxanthin (umol/L)	Lab
Lycopene	Lycopene (umol/L)	Lab
bCarot	b-Carotene (umol/L)	Lab
aCarot	a-Carotene (umol/L)	Lab
Retinol	Retinol (umol/L)	Lab
aTocop	a-Tocopherol (umol/L)	Lab
CorrToco	Corrected a-tocopherol (umol/mmol cholesterol)	Lab
PlasmFol	Plasma Folate (nmol/L)	Lab
PlasmCor	Plasma corrected Red cell folate (nmol/L of rbc)	Lab
PlasmtHC	Plasma tHcy (umol/L)	Lab
VitC	Vitamin C (umol/L)	Lab

## Ch15: Physical Activity

Adults		
Variable	Description	Source
Active	Level of activity in job	Indiv
EdAct	Level of activity in college	Indiv
Housewrk	Whether done housework in past 4 weeks	Indiv
HWrkList	Whether done housework on card S in past 4 weeks	Indiv
HWrkX	Number of hours per week spent doing housework on card S	Indiv
HevyHWrk	Whether done heavy housework on card T in past 4 weeks	Indiv
HvHW30	Number of days in last 4 wks when did heavy housework for 30+ mins	Indiv
HvHWX	Number of hours per week spent doing heavy housework	Indiv
Garden	Whether done gardening, DIY, building work in past 4 wks	Indiv
GardList	Whether done any gardening, DIY on card U in past 4 wks	Indiv
GardX	Number of hours per wk spent doing gardening, DIY on card U	Indiv
ManWork	Whether done heavy gardening, DIY on card V in past 4 wks	Indiv
DIY30	Number of days in last 4 wks when did heavy gardening, DIY for 30+ mins	Indiv

ManWX	Number of hours per wk spent doing heavy gardening, DIY on card V	Indiv
Wlk5Int	Whether walked continuously at least 5 mins in past 4 wks	Indiv
Wlk30M	Whether walked continuously at least 30 mins in past 4 wks	Indiv
DWlk30	No. days in past 4 weeks walked continuously at least 30 min	Indiv
Wlk5X	Number of hours per week spent walking in past 4 weeks	Indiv
WalkPace	Walking pace of respondent	Indiv
ActPhy	Whether done any psysical activities on card W in past 4 weeks	Indiv
WhtAct01	Activity on card W done in last 4 weeks	Indiv
WhtAct02	Activity on card W done in last 4 weeks	Indiv
WhtAct03	Activity on card W done in last 4 weeks	Indiv
WhtAct04	Activity on card W done in last 4 weeks	Indiv
WhtAct05	Activity on card W done in last 4 weeks	Indiv
WhtAct06	Activity on card W done in last 4 weeks	Indiv
DayExc	No. of days did swimming for at least 15mins in last 4 wks	Indiv
ExcHrs	Number of hours spent on swimming each day	Indiv
ExcMin	Number of minutes spent on swimming each day	Indiv
ExcTim	Computed total mins spent on swimming each day	Indiv
ExcSwt	Whether out of breath/sweaty during swimming	Indiv
DayExc2	No. of days did cycling for at least 15mins in last 4 wks	Indiv
ExcHrs2	Number of hours spent on cycling each day	Indiv
ExcMin2	Number of minutes spent on cycling each day	Indiv
ExcTim2	Computed total mins spent on cycling each day	Indiv
ExcSwt2	Whether out of breath/sweaty during cycling	Indiv
DayExc3	No. of days did workout at gym for at least 15mins in last 4 wks	Indiv
ExcHrs3	Number of hours spent on workout at gym each day	Indiv
ExcMin3	Number of minutes spent on workout at gym each day	Indiv
ExcTim3	Computed total mins spent on workout at gym each day	Indiv
ExcSwt3	Whether out of breath/sweaty during workout at gym	Indiv
DayExc4	No. of days did aerobics for at least 15mins in last 4 wks	Indiv
ExcHrs4	Number of hours spent on aerobics each day	Indiv
ExcMin4	Number of minutes spent on aerobics each day	Indiv
ExcTim4	Computed total mins spent on aerobics each day	Indiv
ExcSwt4	Whether out of breath/sweaty during aerobics	Indiv
DayExc5	No. of days did other dancing for at least 15mins in last 4 wks	Indiv
ExcHrs5	Number of hours spent on other dancing each day	Indiv
ExcMin5	Number of minutes spent on other dancing each day	Indiv
ExcTim5	Computed total mins spent on other dancing each day	Indiv
ExcSwt5	Whether out of breath/sweaty during other dancing	Indiv
DayExc6	No. of days did running for at least 15mins in last 4 wks	Indiv
ExcHrs6	Number of hours spent on running each day	Indiv
ExcMin6	Number of minutes spent on running each day	Indiv
ExcTim6	Computed total mins spent on running each day	Indiv
ExcSwt6	Whether out of breath/sweaty during running	Indiv
DayExc7	No. of days played football for at least 15mins in last 4 wks	Indiv
ExcHrs7	Number of hours spent on football each day	Indiv
ExcMin7	Number of minutes spent on football each day	Indiv
ExcTim7	Computed total mins spent on football each day	Indiv
ExcSwt7	Whether out of breath/sweaty during football	Indiv
DayExc8	No. of days played badminton for at least 15mins in last 4 wks	Indiv
ExcHrs8	Number of hours spent on badminton each day	Indiv
ExcMin8	Number of minutes spent on badminton each day	Indiv
ExcTim8	Computed total mins spent on badminton each day	Indiv
ExcSwt8	Whether out of breath/sweaty during badminton	Indiv

DayExc9	No. of days played squash for at least 15mins in last 4 wks	Indiv
ExcHrs9	Number of hours spent on squash each day	Indiv
ExcMin9	Number of minutes spent on squash each day	Indiv
ExcTim9	Computed total mins spent on squash each day	Indiv
ExcSwt9	Whether out of breath/sweaty during squash	Indiv
DayExc10	No. of days did exercises for at least 15mins in last 4 wks	Indiv
ExcHrs10	Number of hours spent on exercises each day	Indiv
ExcMin10	Number of minutes spent on exercises each day	Indiv
ExcTim10	Computed total mins spent on exercises each day	Indiv
ExcSwt10	Whether out of breath/sweaty during exercises	Indiv
DayExc11	No. of days did activity COTHAC11 for at least 15mins in last 4 wks	Indiv
ExcHrs11	Number of hours spent on activity COTHAC11 each day	Indiv
ExcMin11	Number of minutes spent on activity COTHAC11 each day	Indiv
ExcTim11	Computed total mins spent on activity COTHAC11 each day	Indiv
ExcSwt11	Whether out of breath/sweaty during activity COTHAC11	Indiv
DayExc12	No. of days did activity COTHAC12 for at least 15mins in last 4 wks	Indiv
ExcHrs12	Number of hours spent on activity COTHAC12 each day	Indiv
ExcMin12	Number of minutes spent on activity COTHAC12 each day	Indiv
ExcTim12	Computed total mins spent on activity COTHAC12 each day	Indiv
ExcSwt12	Whether out of breath/sweaty during activity COTHAC12	Indiv
DayExc13	No. of days did activity COTHAC13 for at least 15mins in last 4 wks	Indiv
ExcHrs13	Number of hours spent on activity COTHAC13 each day	Indiv
ExcMin13	Number of minutes spent on activity COTHAC13each day	Indiv
ExcTim13	Computed total mins spent on activity COTHAC13 each day	Indiv
ExcSwt13	Whether out of breath/sweaty during activity COTHAC13	Indiv
OActQ11	Whether done any exercise not listed on card W	Indiv
OActQ12	Whether done any exercise not listed on card W	Indiv
OActQ13	Whether done any exercise not listed on card W	Indiv
OActQ14	Whether done any exercise not listed on card W	Indiv
OActQ15	Whether done any exercise not listed on card W	Indiv
OActQ16	Whether done any exercise not listed on card W	Indiv
COthAc11	Code for other sport or exercise	Indiv
COthAc12	Code for other sport or exercise	Indiv
COthAc13	Code for other sport or exercise	Indiv
WEActDo	Whether does activities on card ZA at weekend	Indiv
DWEact	Days at weekend when does activities from card ZA	Indiv
WEAct	Amount of time spent doing activity from card ZA on each wkend day	Indiv
WeActH	No. of hrs spent on activities from card ZA on each wkend day if 4+ hrs	Indiv
WeActM	No. of mins spent on activities from card ZA on each wkend day if 4+ hrs	Indiv
WeActT	Computed total mins spent on activity from card ZA on each wkend day if 4+ hrs	Indiv
WkActDo	Number of weekdays when does activities from card ZA	Indiv
WkAct	Amount of time spent doing activity from card ZA on each weekday	Indiv
WkActH	No. of hours spent on activities from card ZA on each weekday if 4+ hrs	Indiv
WkActM	No. of mins spent on activities from card ZA on each weekday if 4+ hrs	Indiv
WkActT	Computed total mins spent on activity from card ZA on each weekday if 4+ hrs	Indiv
DaysTot	Total number of days did any psysical activity in last week	Indiv
Usual	Whether activities were typical last week	Indiv
adhse30b	(D) Adults:Days/4weeks heavy housework 30 mins +	Derived
adhs30bg	(D) Adults:Days/4weeks heavy housework 30 mins+ (grouped)	Derived
anyhse	(D) Adults: Any heavy housework 30mins+	Derived
adman30b	(D) Adults:Days/4weeks heavy manual 30 mins +	Derived
admn30bg	(D) Adults:Days/4weeks heavy manual 30 mins +(grouped)	Derived
anyman	(D) Adults: Any heavy manual 30mins+	Derived
homeacty	(D) Adults: Housework/gardening activity level	Derived

wlkactyb	(D) Adults: Walking activity level	Derived
adwlk30b	(D) Adults:Days/4 weeks walking fast or brisk 30 mins +	Derived
adwk30bg	(D) Adults:Days/4 weeks walking fast or brisk 30 mins+ (grouped)	Derived
anywlk	(D) Adults: Any heavy walking 30mins+	Derived
act11	(D) Other sports intensity	Derived
act12	(D) Other sports intensity	Derived
act13	(D) Other sports intensity	Derived
act14	(D) Other sports intensity	Derived
act15	(D) Other sports intensity	Derived
act16	(D) Other sports intensity	Derived
hrsspt	(D) Adults: Average hours doing sport per week	Derived
hrssptg	(D) Adults: Average hours doing sports per week (grouped)	Derived
sprtacty	(D) Sport activity level	Derived
vig20sp	(D) Adults: No of days vigorous sports last 4 weeks	Derived
Adsp30	(D) Adults: Occasions/4 weeks sports 30 mins + moderate +	Derived
adsp30g	(D) Adults:Days/4 weeks sport 30 mins+ moderate + (grouped)	Derived
anyspt	(D) Adults: Any heavy walking 30mins+	Derived
activwc	(D) Reported levels of physical activity at work or at college	Derived
workact	(D) Adults: Job activity level	Derived
workactg	(D) Adults: Job activity level (grouped)	Derived
workd	(D) Adults: Occupational activity - days in 4 weeks	Derived
adtot30	(D) Adults: Total days/4 weeks active 30 mins + moderate +	Derived
adtot30c	(D) Adults: Total days per week active 30 mins + moderate +	Derived
adt30any	(D) Adults: Any activity 30 mins + moderate+	Derived
adt30gp	(D) New summary activity level	Derived
ch00tim	(D) Children: Time last week total activities - no lower limit	Derived
ch00tot	(D) Children: Days last week (no lower limit) total activities	Derived
ch00mpd	(D) Childrens min/day all activities - no lower limit	Derived
ch00mpdg	(D) Childrens min/day all activities - no lower limit (grouped)	Derived
ch00sum7	(D) Children: Summary classification activity levels - All activities, no lower limits (7 days X 60+mins)	Derived
dis_fil1	(D) LLSI filter variable	Derived
ageactiv	(D) Adult (>=16) / Child (<16) for physical activity	Derived
Metac	(D) Adults and children final MET value	Derived

Children		
Variable	Description	Source
Wlk5Ch	Whether child walked continuously at least 5 mins in last wk	Indiv
DaysWlk	No. days child walked continuously for at least 5 mins last wk	Indiv
DayWlkT	Total time child spent walking	Indiv
WlkHrs	Number of hours child spent walking per day if 4+ hrs	Indiv
WlkMin	Number of minutes child spent walking per day if 4+ hrs	Indiv
WlkTot	Computed total mins child spent walking each day if 4+ hrs	Indiv
ChPace	Walking pace of child	Indiv
HWkCh	Whether child has done at least 15 mins housework in last wk	Indiv
DHWkCh	No. days child did at least 15 mins housework in last wk	Indiv
THWk	Amount of time child spent doing housework each day	Indiv
HWkHrs	No. hours spent by child doing housework if 4+ hrs	Indiv
HwkMin	No. minutes spent by child doing housework if 4+ hrs	Indiv
HwkTot	Computed total mins child spent doing housework if 4+ hrs	Indiv
SportDo	Whether child has done activity on card Z in last week	Indiv
WESpDo	Whether child did activity from card Z at weekend	Indiv
DWESp	Which weekend day child did activity from card Z	Indiv

WeSpor	Amount of time child spent doing activity from card Z on each wkend day	Indiv
WeSpH	No. of hours child spent on activity from card Z on each wkend day if 4+ hrs	Indiv
WeSpM	No. of mins child spent on activity from card Z on each wkend day if 4+ hrs	Indiv
WeSpT	Computed total mins child spent on activity from card Z on each wkend day if 4+ hrs	Indiv
DaySp	Number of weekdays child spent on activity from card Z in last week	Indiv
WkSpor	Amount of time child spent on activity from card Z on each weekday	Indiv
WkSpH	Number of hrs child spent on activity from card Z on each weekday if 4+ hrs	Indiv
WkSpM	No. of mins child spent on activity from card Z on each weekday if 4+ hrs	Indiv
WkSpT	Computed total mins child spent on activity from card Z on each weekday if 4+ hrs	Indiv

## Ch16: Smoking and Drinking

Smoking		
Variable	Description	Source
CigEver	Whether ever smoked regularly	Indiv
CigUsed	Number of cigarettes used to smoke	Indiv
CigStop	Years since stopped smoking	Indiv
sc2Q1a	Age first tried smoking a cigarette	SC2
sc4Q3	Used to smoke regularly or occasionally	SC4
sc4Q6a	How many cigarettes used to smoke in a day	SC4
sc4Q6b	How long ago stopped regular cigarette smoking	SC4
smkevr	Whether ever smoked cigarette/cigar/pipe or anything with tobacco in it?	Indiv
cignow	Whether smoke cigarettes nowadays	Indiv
cigwdy	Number cigarettes smoke on weekday	Indiv
cigwed	Number cigarettes smoke on weekend day	Indiv
kcigevr	Whether ever smoked cigarettes (8-15s)	Indiv
kcigreg	Frequency and amount smoked (8-15s)	Indiv
kcigweek	Whether smoked in previous week (8-15s)	Indiv
kcignum	Number of cigarettes smoked last week (8-15s)	Indiv
cigdyl	(D) Number of cigarettes smoke a day - inc. non-smokers	Derived
cigsta	(D) Cigarette Smoking Status: Current/Ex-Reg/Never-Reg	Derived
cigst2	(D) Cigarette Smoking Status - Banded current smokers	Derived
kcigregg	(D) Frequency of cigarette smoking (8-15s) (grouped)	Derived

Drinking		
Variable	Description	Source
DnNow	Whether currently drinks alcohol	Indiv
DnAny	Whether never drinks or drinks occasionally	Indiv
DnOft	Frequency drinks alcohol	Indiv
DrinkL7	Whether drank alcohol in the last 7 days	Indiv
DrnkDay	On how many days drank alcohol in last 7 days	Indiv
DnWhDay1	Day of week alcoholic drink consumed	Indiv
DnWhDay2	Day of week alcoholic drink consumed	Indiv
DnWhDay3	Day of week alcoholic drink consumed	Indiv
DnWhDay4	Day of week alcoholic drink consumed	Indiv
DnWhDay5	Day of week alcoholic drink consumed	Indiv
DnWhDay6	Day of week alcoholic drink consumed	Indiv

DnWhDay7	Day of week alcoholic drink consumed	Indiv
DrnSame	Whether drank more alcoholic drinks on some days than others	Indiv
DofWeek	Day of week 1	Indiv
DrnkTyp1	Types of drink consumed on day 1	Indiv
DrnkTyp2	Types of drink consumed on day 1	Indiv
DrnkTyp3	Types of drink consumed on day 1	Indiv
NBMeas	Measure of normal strength beer, lager, stout, cider, shandy	Indiv
NBNum	Amount of normal strength beer, lager, stout, cider, shandy	Indiv
SBMeas	Measure of strong beer, lager, stout, cider or shandy drunk	Indiv
SBNum	Amount of strong beer, lager, stout, cider or shandy drunk	Indiv
SprLNum	Amount of spirits or liqueurs drunk on day 1	Indiv
ShryNum	Amount of sherry or martini drunk on day 1	Indiv
WineNum	Amount of wine drunk on day 1	Indiv
PopsMes	Amount of alcopops drunk on day 1	Indiv
PopsNum	Measure of alcopops drunk on day 1	Indiv
DofWeek2	Day of week 2	Indiv
DrnkTyp9	Types of drink consumed on day 2	Indiv
DrnkTy10	Types of drink consumed on day 2	Indiv
DrnkTy11	Types of drink consumed on day 2	Indiv
NBMeas2	Measure of normal strength beer, lager, stout, cider, shandy	Indiv
NBNum2	Amount of normal strength beer, lager, stout, cider, shandy	Indiv
SBMeas2	Measure of strong beer, lager, stout, cider or shandy drunk	Indiv
SBNum2	Amount of strong beer, lager, stout, cider or shandy drunk	Indiv
SprLNum2	Amount of spirits or liqueurs drunk on day 2	Indiv
ShryNum2	Amount of sherry or martini drunk on day 2	Indiv
WineNum2	Amount of wine drunk on day 2	Indiv
PopsMes2	Amount of alcopops drunk on day 2	Indiv
PopsNum2	Measure of alcopops drunk on day 2	Indiv
DofWeek3	Day of week 3	Indiv
DrnkTy17	Types of drink consumed on day 3	Indiv
DrnkTy18	Types of drink consumed on day 3	Indiv
DrnkTy19	Types of drink consumed on day 3	Indiv
NBMeas3	Measure of normal strength beer, lager, stout, cider, shandy	Indiv
NBNum3	Amount of normal strength beer, lager, stout, cider or shandy	Indiv
SBMeas3	Measure of strong beer, lager, stout, cider or shandy drunk	Indiv
SBNum3	Amount of strong beer, lager, stout, cider or shandy drunk	Indiv
SprLNum3	Amount of spirits or liqueurs drunk on day 3	Indiv
ShryNum3	Amount of sherry or martini drunk on day 3	Indiv
WineNum3	Amount of wine drunk on day 3	Indiv
PopsMes3	Amount of alcopops drunk on day 3	Indiv
PopsNum3	Measure of alcopops drunk on day 3	Indiv
DofWeek4	Day of week 4	Indiv
DrnkTy25	Types of drink consumed on day 4	Indiv
DrnkTy26	Types of drink consumed on day 4	Indiv
DrnkTy27	Types of drink consumed on day 4	Indiv
DrnkTy28	Types of drink consumed on day 4	Indiv
NBMeas4	Measure of normal strength beer, lager, stout, cider, shandy	Indiv
NBNum4	Amount of normal strength beer, lager, stout, cider, shandy	Indiv
SBMeas4	Measure of strong beer, lager, stout, cider or shandy drunk	Indiv
SBNum4	Amount of strong beer, lager, stout, cider or shandy drunk	Indiv
SprLNum4	Amount of spirits or liqueurs drunk on day 4	Indiv
ShryNum4	Amount of sherry or martini drunk on day 4	Indiv
WineNum4	Amount of wine drunk on day 4	Indiv



PopsMes4	Amount of alcopops drunk on day 4	Indiv
PopsNum4	Measure of alcopops drunk on day 4	Indiv
DofWeek5	Day of week 5	Indiv
DrnkTy33	Types of drink consumed on day 5	Indiv
DrnkTy34	Types of drink consumed on day 5	Indiv
DrnkTy35	Types of drink consumed on day 5	Indiv
NBMeas5	Measure of normal strength beer, lager, stout, cider, shandy	Indiv
NBNum5	Amount of normal strength beer, lager, stout, cider, shandy	Indiv
SBMeas5	Measure of strong beer, lager, stout, cider or shandy drunk	Indiv
SBNum5	Amount of strong beer, lager, stout, cider or shandy drunk	Indiv
SprLNum5	Amount of spirits or liqueurs drunk on day 5	Indiv
ShryNum5	Amount of sherry or martini drunk on day 5	Indiv
WineNum5	Amount of wine drunk on day 5	Indiv
PopsMes5	Amount of alcopops drunk on day 5	Indiv
PopsNum5	Measure of alcopops drunk on day 5	Indiv
DofWeek6	Day of week 6	Indiv
DrnkTy41	Types of drink consumed on day 6	Indiv
DrnkTy42	Types of drink consumed on day 6	Indiv
DrnkTy43	Types of drink consumed on day 6	Indiv
NBMeas6	Measure of normal strength beer, lager, stout, cider, shandy	Indiv
NBNum6	Amount of normal strength beer, lager, stout, cider, shandy	Indiv
SBMeas6	Measure of strong beer, lager, stout, cider or shandy drunk	Indiv
SBNum6	Amount of strong beer, lager, stout, cider or shandy drunk	Indiv
SprLNum6	Amount of spirits or liqueurs drunk on day 6	Indiv
ShryNum6	Amount of sherry or martini drunk on day 6	Indiv
WineNum6	Amount of wine drunk on day 6	Indiv
PopsMes6	Amount of alcopops drunk on day 6	Indiv
PopsNum6	Measure of alcopops drunk on day 6	Indiv
DofWeek7	Day of week 7	Indiv
DrnkTy49	Types of drink consumed on day 7	Indiv
DrnkTy50	Types of drink consumed on day 7	Indiv
DrnkTy51	Types of drink consumed on day 7	Indiv
NBMeas7	Measure of normal strength beer, lager, stout, cider, shandy	Indiv
NBNum7	Amount of normal strength beer, lager, stout, cider, shandy	Indiv
SBMeas7	Measure of strong beer, lager, stout, cider or shandy drunk	Indiv
SBNum7	Amount of strong beer, lager, stout, cider or shandy drunk	Indiv
SprLNum7	Amount of spirits or liqueurs drunk on day 7	Indiv
ShryNum7	Amount of sherry or martini drunk on day 7	Indiv
WineNum7	Amount of wine drunk on day 7	Indiv
PopsMes7	Amount of alcopops drunk on day 7	Indiv
PopsNum7	Measure of alcopops drunk on day 7	Indiv
sc2Q4	Whether ever had a whole alcoholic drink	SC2
sc2Q5	Whether ever had an alcoholic soft drink or alcopop	SC2
sc2Q6	Age first had a proper alcoholic drink	SC2
sc2Q7	How often usually have an alcoholic or soft alcoholic, drink	SC2
sc2Q8	When last had an alcoholic, or soft alcoholic, drink	SC2
sc3Q4	Whether ever had a whole alcoholic drink	SC3
sc3Q5	Whether ever had a soft alcoholic drink or alcopop	SC3
sc3Q6	How often usually have an alcoholic, or soft alcoholic, drink	SC3
sc3Q7	When last had alcoholic, or soft alcoholic, drink	SC3
sc3Q8a	Drunk beer, lager, cider or shandy in last 7 days	SC3
sc3Q8b1	How many pints beer,lager,cider,shandy drunk in last 7 days	SC3
sc3Q8b2	How many large cans beer,lager,cider,shandy drunk in last 7 days	SC3

sc3Q8b3	How many small cans beer,lager,cider,shandy drunk in last 7 days	SC3
sc3Q9a	Drunk spirits or liqueurs in last 7 days	SC3
sc3Q9b	How much spirits or liqueurs drunk in last 7 days	SC3
sc3Q10a	Drunk Sherry or martini in last 7 days	SC3
sc3Q10b	How much Sherry or martini drunk in last 7 days	SC3
sc3Q11a	Drunk wine, incl. babycham & champagne, in last 7 days	SC3
sc3Q11b	How much wine, inc. babycham & champagne, drunk in last 7 days	SC3
sc3Q12a	Drunk alcoholic soft drinks or alcopops in last 7 days	SC3
sc3Q12b1	How many large cans soft alcoholic drink drunk in last 7 days	SC3
sc3Q12b2	How many small cans soft alcoholic drink drunk in last 7 days	SC3
sc4Q7a	Whether ever drink alcohol nowadays	SC4
sc4Q7b	Whether never or just occasionally drink alcohol	SC4
sc4Q8a	How often drunk Normal strength beer in last yr	SC4
sc4Q8b1	How many pints normal strength beer usually drunk in a day	SC4
sc4Q8b2	How many large cans normal strength beer usually drunk in a day	SC4
sc4Q8b3	How many small cans normal strength beer usually drunk in a day	SC4
sc4Q9a	How often drunk Strong beer in last year	SC4
sc4Q9b1	How many pints strong beer usually drunk in a day	SC4
sc4Q9b2	How many large cans strong beer usually drunk in a day	SC4
sc4Q9b3	How many small cans strong beer usually drunk in a day	SC4
sc4Q10a	How often drunk spirits or liquers in last year	SC4
sc4Q10b	How much spirits or liqueurs usually drunk in a day	SC4
sc4Q11a	How often drunk sherry or martini in last year	SC4
sc4Q11b	How much sherry or martini usually drunk in a day	SC4
sc4Q12a	How often drunk wine, incl. babycham and champagne, in last year	SC4
sc4Q12b	How much wine, inc. babycham and champagne, usually drunk in a day	SC4
sc4Q13a	How often drunk alcoholic soft drinks, or alcopops, in last year	SC4
sc4Q13b	How many small cans soft alcoholic drink or alcopops usually drunk in a day	SC4
sc4Q14	Had any other alcoholic drink in the last year	SC4
sc4Q15	Had any other alcoholic drink in the last year	SC4
d7unit1	(D) Units drunk on day 1 in last week	Derived
d7unit2	(D) Units drunk on day 2 in last week	Derived
d7unit3	(D) Units drunk on day 3 in last week	Derived
d7unit4	(D) Units drunk on day 4 in last week	Derived
d7unit5	(D) Units drunk on day 5 in last week	Derived
d7unit6	(D) Units drunk on day 6 in last week	Derived
d7unit7	(D) Units drunk on day 7 in last week	Derived
d7totg	(D) Alcohol consumption units in last week	Derived

## Ch17: Oral Health

Oral Health		
Variable	Description	Source
AnyOwn	Whether have any own teeth	Indiv
DentUse	Whether use denture	Indiv
Chew	Ability to chew food	Indiv
SliceB	Whether could eat sliced bread	Indiv
CrustyB	Whether could eat crusty bread	Indiv
Cheese	Whether could eat cheese	Indiv
Tomat	Whether could eat tomatoes	Indiv

Carrot	Whether could eat raw carrots	Indiv
Greens	Whether could eat cooked green vegetables	Indiv
Lettuce	Whether could eat lettuce	Indiv
Meats	Whether could eat sliced cooked meats	Indiv
Steak	Whether could eat well-done steaks	Indiv
Apples	Whether could eat apples	Indiv
Orange	Whether could eat oranges	Indiv
Nuts	Whether could eat nuts	Indiv
Eatfod	Whether only able to eat soft or mashed food	Indiv

## Ch18: Environmental and economic factors

Environmental & economic factors		
Variable	Description	Source
mashgr	(D) Main shop groups	Derived
shtimgr	(D) Shopping time groups	Derived
shtig2B	(D) Shopping time two groups B	Derived
shofgr	(D) Shopping frequency groups	Derived
shofg2	(D) Shopping frequency 2 groups	Derived
shtrgr	(D) Transport to shops groups	Derived
shtrg2	(D) Transport two groups	Derived
fdexpg2	(D) percent spent on food, groups	Derived
adepren2	(D) IMD two groups	Derived
suburb	(D) suburban urban groups	Derived
allofr	(D) Gathers and grows food	Derived
Screen1	(D) Food security screener 1	Derived
lunfdgr	(D) Lunchtime food group	Day

## Ch19: Social factors and food choice

Social factors & food choice		
Variable	Description	Source
qual2	(D) Qualifications gained, grouped into two groups	Derived
qualp	(D) Qualifications of the parent	Derived
skills1	(D) Cooking skills of MFP: two levels	Derived

## Ch20: Food security

Food security		
Variable	Description	Source
Enough1	(D) MFP:Whether had enough food in last 12 mo - Coding score	Derived

Worry1	(D) MFP:Worried in last 12 mo food would run out - Coding score	Derived
Nodura1	(D) MFP:Whether in last 12 mo food ran out due to no money - Coding score	Derived
expens1	(D) MFP:Whether in last 12 mo could not afford balanced meals - Coding score	Derived
skip1	(D) MFP:Whether reduced portion/skipped meals in last 12mo - Coding score	Derived
xskip1	(D) MFP:How often reduced portion/skipped meals - Coding score	Derived
eatles1	(D) MFP:Ate less than should in last 12mo due to lack of money - Coding score	Derived
hunger1	(D) MFP:Ever hungry in last 12mo due to lack of money - Coding score	Derived
wtlos1	(D) MFP:Whether ever lost weight in last 12mo due to lack of money - Coding score	Derived
noteat1	(D) MFP:Ever not eaten for whole day in last 12mo due to lack of money - Coding score	Derived
xnoteat1	(D) MFP:How often did not eat for whole day in last 12mo due to lack of money - Coding score	Derived
Screen1	(D) Food security screener 1	Derived
Screen2	(D) Food security screener 2	Derived
score1	(D) Food security score 1 Q1-10, all households	Derived
scoreyn	(D) Is there a score1 assigned	Derived
FSgroup1	(D) Food security grouped, 3groups	Derived
fsgroup2	(D) Food security grouped, 2groups	Derived
hhcompac	(D) Household with or without children	Derived
lo4mon1	(D) MFP:Whether ever cut size of childrens meals in last 12mo because no money for food - Coding score	Derived
cskip1	(D) MFP:Children ever skipped meals in last 12mo because no money for food - Coding score	Derived
xcskip1	(D) MFP:How often have children ever skipped meals in last 12mo because no money for food - Coding score	Derived
chunger1	(D) MFP:Children were hungry in last 12mo but could not afford food - Coding score	Derived
cnoteat1	(D) MFP:Children did not eat for whole day in last 12mo because no money for food - Coding score	Derived
score2	(D) Food security score 2 Q11-15, childrens questions only	Derived
score3	(D) Food security score 3 Q1-15, all questions	Derived

## SAMPLE INFORMATION

Sample info		
Variable	Description	Source
IntYear	Year of interview	Hhold
IntMonth	Month of interview	Hhold
urban	(D) Degree of urbanization	Derived
adepren	(D) Area deprivation (quintiles) for England	Derived
adeprw	(D) Area deprivation (quintiles) for Wales	Derived
adeprni	(D) Area deprivation (quintiles) for Northern Ireland	Derived
adeprsc	(D) Area deprivation (quintiles) for Scotland	Derived
country	Country	Hhold
gor	Government office region	Hhold
urban	(D) Degree of urbanisation	Derived
adepren	(D) Area deprivation (quintiles) for England	Derived
adeprw	(D) Area deprivation (quintiles) for Wales	Derived
adeprni	(D) Area deprivation (quintiles) for Northern Ireland	Derived
adeprsc	(D) Area deprivation (quintiles) for Scotland	Derived

Weighting		
Variable	Description	Source
CU_wt	CU final NR and selection weight	Hhold

indiv_wt	Individual final NR and selection weight	Indiv
nurse_wt	Nurse final NR and selection weight	Indiv
blood_wt	final blood NR and selection weight	Indiv
CU_wt	CU final NR and selection weight	Indiv

# PERSON LEVEL NUTRIENT AND FOOD DATA

Variable	Label	Sub-category	Source
wta1fg1	Cereals and cereal products (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg2	Milk and milk products (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg3	Eggs and Egg dishes (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg4	Fat spreads (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg5	Meat and meat products (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg6	Fish and fish dishes (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg7	Vegetables (not potatoes & savoury snacks) (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg8	Potatoes & savoury snacks (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg9	Fruit and nuts (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg10	Sugar, preserves and confectionery (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg11	Total beverages (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg12	Miscellaneous (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta1fg13	Supplements (g/day)	AVERAGE: Food group 1a - 13 foods	nutrient
wta2fg1	Pasta, rice and other miscellaneous cereals (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg2	White bread (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg3	Wholemeal bread (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg4	Other breads (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg5	Wholegrain and high fibre breakfast cereals (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg6	Other breakfast cereals (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg7	Biscuits (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg8	Buns, cakes, pastries and fruit pies (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg9	Puddings (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg10	Whole milk (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg11	Semi-skimmed milk (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg12	Skimmed milk (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg13	Other milk and cream (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg14	Cheese (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg15	Yogurt, fromage frais and other dairy desserts (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg16	Eggs and egg dishes (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg17	Butter (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg18	Polyunsaturated margarine and oils (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg19	Low fat spread (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg20	Margarine and other cooking fats and oils NOT polyunsaturated (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg21	Reduced fat spread (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg22	Bacon and ham (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg23	Beef, veal and dishes (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg24	Lamb and dishes (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg25	Pork and dishes (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg26	Coated chicken and turkey (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg27	Chicken and turkey dishes (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg28	Liver, products and dishes (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg29	Burgers and kebabs (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg30	Sausages (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg31	Meat pies and pastries (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg32	Other meat and meat products (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg33	White fish coated or fried including fish fingers (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg34	Other white fish, shellfish and fish dishes (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg35	Oily fish (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg36	Salad and other raw vegetables (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient

wta2fg37	Vegetables (not raw) (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg38	Chips, fried and roast potatoes and potato products (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg39	Other potatoes, potato salads and dishes (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg40	Fruit (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg41	Sugars preserves and sweet spreads (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg42	Crisps and savoury snacks (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg43	Sugar confectionery (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg44	Chocolate confectionery (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg45	Fruit juice (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg47	Spirits and liqueurs (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg48	Wine (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg49	Beer lager cider and perry (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg50	Miscellaneous (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg51	Tea, coffee and water (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg52	Commerical toddlers foods and drinks (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg54	Dietary supplements (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg55	Artificial sweeteners (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg56	Nuts and seeds (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg57	Soft drinks, not diet (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta2fg58	Soft drinks, diet (g/day)	AVERAGE: Food group 2 - 58 foods	nutrient
wta3f1	Pasta (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f2	Rice (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f3	Pizza (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f4	Other cereals (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f5	White bread (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f6	Wholemeal bread (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f7	Softgrain bread (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f8	School sandwiches (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f9	Other breads (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f10	Wholegrain and high fibre breakfast cereals (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f11	Other breakfast cereals (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f12	Biscuits (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f13	Fruit pies (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f14	Buns, cakes and pastries (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f15	Cereal based milk puddings (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f16	Sponge puddings (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f17	Other puddings (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f18	Whole milk (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f19	Semi-skimmed milk (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f20	Skimmed milk (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f21	Infant formula (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f22	Cream (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f23	Other milk (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f24	Cottage cheese (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f25	Other cheese (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f26	Fromage frais (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f27	Yogurt (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f28	Other dairy desserts (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f29	Icecream (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f30	Eggs (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f31	Egg dishes (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f32	Butter (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f33	Polyunsaturated margarine (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f34	Polyunsaturated oils (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient

wta3f35	Low fat spread polyunsaturated (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f36	Low fat spread, not polyunsaturated (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f37	Block margarine (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f38	Soft margarine not polyunsaturated (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f39	Other cooking fats and oils, not polyunsaturated (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f40	Reduced fat spread, polyunsaturated (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f41	Reduced fat spread, not polyunsaturated (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f42	Bacon and ham (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f43	Beef, veal and dishes (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f44	Lamb and dishes (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f45	Pork and dishes (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f46	Coated chicken and turkey (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f47	Chicken and turkey dishes (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f48	Liver, products and dishes (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f49	Burgers and kebabs (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f50	Sausages (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f51	Meat pies and pastries (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f52	Other meat and meat products (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f53	White fish coated or fried including fish fingers (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f54	Other white fish and fish dishes (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f55	Shellfish (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f56	Oily fish (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f57	Carrots raw (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f58	Salad and other vegetables (raw) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f59	Tomatoes (raw) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f60	Peas (not raw) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f61	Green beans (not raw) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f62	Baked beans (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f63	Leafy green vegetables (not raw) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f64	Carrots (not raw) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f65	Tomatoes (not raw) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f66	Vegetable dishes (not raw) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f67	Other vegetables (not raw) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f68	Chips (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f69	Fried or roast potatoes and fried potato products (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f70	Potato products not fried, with fat, grilled or oven baked (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f71	Other potatoes, potato salads and dishes (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f72	Crisps and savoury snacks (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f73	Apples and pears not canned (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f74	Citrus fruit not canned (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f75	Bananas (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f76	Canned fruit in juice (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f77	Canned fruit in syrup (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f78	Other fruit, not canned (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f79	Nuts and seeds (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f80	Sugar (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f81	Preserves (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f82	Sweet spreads, fillings, icings (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f83	Sugar confectionery (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f84	Chocolate confectionery (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f85	Fruit juice (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f86	Liqueurs (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f87	Spirits (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f88	Wine (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient



wta3f89	Fortified wine (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f90	Low alcohol and alcohol free wine (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f91	Beers and lagers (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f92	Low alcohol and alcohol free lager and beer (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f93	Cider and perry (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f94	Low alcohol and alcohol free cider and perry (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f95	Alcoholic soft drinks (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f96	Coffee (made up) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f97	Tea (made up) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f98	Herbal tea (made up) (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f99	Bottled water (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f100	Tap water (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f101	Concentrated soft drinks not diet2 (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f102	Carbonated soft drinks not diet (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f103	Ready to drink soft drinks not diet (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f104	Concentrated soft drinks, diet 2 (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f105	Carbonated soft drinks, diet (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f106	Ready to drink soft drinks diet (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f107	Beverages(Dry weight) includes drinking chocolate, cocoa, ovaltine, horlicks, malted drinks etc. (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f108	Soups (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f109	Savoury sauces, pickles, gravies, condiments (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f110	Commercial toddlers drinks (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f111	Commercial toddlers foods (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f112	Tablets and capsules (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f113	Oils and syrups (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f114	Drops and powders (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f115	Nutritionally complete supplements (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta3f116	Artificial sweeteners (g/day)	AVERAGE: Food group 3 - 116 foods	nutrient
wta5fg1	Pasta (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg2	Rice (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg3	Pizza (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg4	Other cereals (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg5	White bread (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg6	Wholemeal bread (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg7	Other breads (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg8	Wholegrain and high fibre breakfast cereals (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg9	Other breakfast cereals (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg10	Biscuits (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg11	Fruit pies (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg12	Buns, cakes and pastries (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg13	Cereal based milk puddings, sponge and other puddings (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg14	Whole milk (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg15	Semi-skimmed milk (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg16	Skimmed milk (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg17	Other milk and cream (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg18	Cheese including cottage cheese (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg19	Yoghurt, fromage frais and other dairy desserts (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg20	Icecream (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg21	Eggs and egg dishes (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg22	Butter (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg23	Block margarine (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg24	Soft margarine not polyunsaturated (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg25	Polyunsaturated margarine (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg26	Other cooking fats and oils, not polyunsaturated (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient

wta5fg27	Reduced fat spread, not polyunsaturated (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg28	Reduced fat spread, polyunsaturated (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg29	Low fat spread, not polyunsaturated (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg30	Low fat spread polyunsaturated (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg31	Bacon and ham (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg32	Beef, veal, lamb and pork dishes (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg33	Coated chicken and turkey (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg34	Chicken and turkey dishes (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg35	Burgers and kebabs (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg36	Sausages (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg37	Meat pies and pastries (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg38	Other meat and meat products (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg39	Liver, products and dishes (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg40	White fish coated or fried including fish fingers (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg41	Other white fish and fish dishes (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg42	Shellfish and dishes (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg43	Tuna and dishes (canned)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg44	Oily fish and dishes (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg45	Carrots (raw) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg46	Salad and other vegetables (raw) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg47	Tomatoes (raw) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg48	Peas and green beans (not raw) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg49	Baked beans (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg50	Leafy green vegetables (not raw) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg51	Carrots (not raw) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg52	Tomatoes (not raw) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg53	Other vegetables and vegetable dishes (not raw) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg54	Chips, fried and roast potatoes and fried potato products (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg55	Other potatoes, potato salads and dishes, potato products cooked without fat (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg56	Crisps and savoury snacks (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg57	Apples and pears not canned (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg58	Citrus fruit not canned (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg59	Bananas (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg60	Other fruit including canned (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg61	Nuts and seeds (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg62	Sugar (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg63	Preserves, sweet spreads, fillings and icings (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg64	Sugar confectionery (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg65	Chocolate confectionery (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg66	Fruit juice (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg67	Concentrated soft drink as consumed and ready to drink soft drink, not diet (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg68	Carbonated soft drinks not diet (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg69	Concentrated soft drink as consumed and ready to drink soft drink, diet (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg70	Carbonated soft drinks, diet (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg71	Spirits and liquers (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg72	Wine including fortified, low alcohol and alcohol free (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg73	Beers and lager including low alcohol and alcohol free (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg74	Cider and perry (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg75	Alcoholic soft drinks (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg76	Coffee (made up) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg77	Tea (made up) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg78	Herbal tea (made up) (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg79	Tap and bottled water (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient

wta5fg80	Beverages(Dry weight) eg drinking choc, cocoa, horlicks (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg81	Soups (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg82	Savoury sauces, pickles, gravies, condiments (g/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg83	Supplements and toddler food codes not reassigned (g or units/day)	AVERAGE: Food group 5 - 84 foods	nutrient
wta5fg84	Artificial sweeteners (g or units/day)	AVERAGE: Food group 5 - 84 foods	nutrient
nfa1	Water(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa2	Total nitrogen(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa4	Protein(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa5	Fat(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa6	Carbohydrate(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa7	Energy(kcal/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa8	Energy(kJ/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa9	Alcohol(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa10	Englyst fibre(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa11	Southgate fibre(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa12	Starch(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa13	Total sugars(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa14	Non-milk extrinsic sugars(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa15	Intrinsic and milk sugars(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa16	Glucose(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa17	Fructose(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa18	Sucrose(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa19	Maltose(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa20	Lactose(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa21	Other sugars(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa22	Satd FA(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa23	Cis-Mon FA(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa24	Cis-n3 FA(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa25	Cis-n6 FA(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa26	Trans FA(g/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa27	Cholesterol(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa28	Retinol(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa29	Total carotene(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa30	Alpha-carotene(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa31	Beta-carotene(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa32	Beta cryptoxanthin(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa33	Vitamin A(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa34	Vitamin D(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa35	Thiamin(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa36	Riboflavin(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa37	Niacin(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa38	Tryptophan/60(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa39	Niacin equivalent(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa40	Vitamin C(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa41	Vitamin E(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa42	Vitamin B6(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa43	Vitamin B12(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa44	Folate(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa45	Pantothenic acid(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa46	Biotin(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa47	Sodium(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa48	Potassium(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa49	Calcium(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa50	Magnesium(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient

nfa51	Phosphorus(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa52	Iron(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa53	Haem iron(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa54	Non-haem iron(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa55	Copper(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa56	Zinc(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa57	Chloride(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa58	Iodine(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa59	Manganese(mg/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nfa60	Selenium(ug/day food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
wtfdfa	Total food weight, food only (g/day)	AVERAGE: Nutrient (unit/day food sources)	nutrient
nta1	Water (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta2	Total nitrogen (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta4	Protein (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta5	Fat (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta6	Carbohydrate (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta7	Energy (kcal/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta8	Energy (kJ/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta9	Alcohol (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta10	Englyst fibre (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta11	Southgate fibre (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta12	Starch (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta13	Total sugars (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta14	Non-milk extrinsic sugars (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta15	Intrinsic and milk sugars (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta16	Glucose (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta17	Fructose (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta18	Sucrose (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta19	Maltose (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta20	Lactose (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta21	Other sugars (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta22	Satd FA (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta23	Cis-Mon FA (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta24	Cis-n3 FA (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta25	Cis-n6 FA (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta26	Trans FA (g/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta27	Cholesterol (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta28	Retinol (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta29	Total carotene (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta30	Alpha-carotene (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta31	Beta-carotene (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta32	Beta cryptoxanthin (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta33	Vitamin A (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta34	Vitamin D (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta35	Thiamin (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta36	Riboflavin (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta37	Niacin (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta38	Tryptophan/60 (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta39	Niacin equivalent (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta40	Vitamin C (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta41	Vitamin E (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta42	Vitamin B6 (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta43	Vitamin B12 (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta44	Folate (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient

nta45	Pantothenic acid (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta46	Biotin (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta47	Sodium (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta48	Potassium (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta49	Calcium (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta50	Magnesium (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta51	Phosphorus (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta52	Iron (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta53	Haem iron (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta54	Non-haem iron (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta55	Copper (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta56	Zinc (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta57	Chloride (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta58	Iodine (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta59	Manganese (mg/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta60	Selenium (ug/day all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nta8b	Energy (MJ/day, all sources)	AVERAGE: Nutrient (unit/day all sources)	nutrient
nfa8b	Energy (MJ/day, food only)	AVERAGE: Nutrient (unit/day food sources)	nutrient
dfa4	average Protein (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa7	average Energy (% EAR, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa8b	average Energy (% EAR, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa33	average Vitamin A (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa34	average Vitamin D (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa35	average Thiamin (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa36	average Riboflavin (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa39	average Niacin equivalent (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa40	average Vitamin C (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfsia41	average Vitamin E (% Safe Intake, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa42	average Vitamin B6 (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa43	average Vitamin B12 (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa44	average Folate (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfsia45	average Pantothenic acid (% Safe Intake High, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfsia46	average Biotin (% Safe Intake High, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa47	average Sodium (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa48	average Potassium (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa49	average Calcium (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa50	average Magnesium (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa51	average Phosphorus (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa52	average Iron (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa55	average Copper (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa56	average Zinc (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa57	average Chloride (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa58	average Iodine (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfsia59	average Manganese (% Safe Intake, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfa60	average Selenium (% RNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa35	average Thiamin (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa36	average Riboflavin (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa39	average Niacin equivalent (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa42	average Vitamin B6 (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa43	average Vitamin B12 (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa44	average Folate (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa40	average Vitamin C (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa33	average Vitamin A (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa49	average Calcium (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient

dfloa50	average Magnesium (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa47	average Sodium (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa48	average Potassium (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa52	average Iron (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa56	average Zinc (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa60	average Selenium (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfloa58	average Iodine (% LRNI, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfsila45	average Pantothenic acid (% Safe Intake Low, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dfsila46	average Biotin (% Safe Take Low, food only)	AVERAGE: Nutrient (% DRV, food sources)	nutrient
dta4	average Protein (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta7	average Energy (% EAR, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta8b	average Energy (% EAR, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta33	average Vitamin A (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta34	average Vitamin D (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta35	average Thiamin (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta36	average Riboflavin (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta39	average Niacin equivalent (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta40	average Vitamin C (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtzia41	average Vitamin E (% Safe Intake, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta42	average Vitamin B6 (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta43	average Vitamin B12 (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta44	average Folate (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtzia45	average Pantothenic acid (%Safe Intake High, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtzia46	average Biotin (% Safe Intake High, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta47	average Sodium (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta48	average Potassium (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta49	average Calcium (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta50	average Magnesium (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta51	average Phosphorus (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta52	average Iron (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta55	average Copper (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta56	average Zinc (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta57	average Chloride (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta58	average Iodine (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtzia59	average Manganese (% Safe Intake, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dta60	average Selenium (% RNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa35	average Thiamin (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa36	average Riboflavin (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa39	average Niacin equivalent (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa42	average Vitamin B6 (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa43	average Vitamin B12 (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa44	average Folate (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa40	average Vitamin C (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa33	average Vitamin A (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa49	average Calcium (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa50	average Magnesium (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa47	average Sodium (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa48	average Potassium (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa52	average Iron (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa56	average Zinc (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa60	average Selenium (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa58	average Iodine (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtzila45	average Pantothenic acid (% Safe Intake Low, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtzila46	average Biotin (% Safe Intake Low, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient

dfloa51	average P (% LRNI, food only)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dfloa57	average CI (% LRNI, food only)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa51	average P (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
dtloa57	average CI (% LRNI, all source)	AVERAGE: Nutrient (% DRV, all sources)	nutrient
Supgp1	(D) Supplement 1 taken on any day		nutrient
Supgp2	(D) Supplement 2 taken on any day		Derived
Supgp3	(D) Supplement 3 taken on any day		Derived
Supgp4	(D) Supplements 4,5,8 or 10 taken on any day		Derived
Supgp5	(D) Supplements 6 or 9 taken on any day		Derived
Supgp6	(D) Supplements 7 or 11 taken on any day		Derived
Supgp7	(D) Supplement 12 taken on any day		Derived
frtport	(D) Fruit and fruit juice portions, juice counts once		Derived
vegbbpo	(D) Total portions of veg, beans and pulses portion counts once only		Derived
frvegpo	(D) Total fruit and veg portions		Derived
wta6fg1	(D) Pasta, rice, pizza and other cereals		Derived
wta6fg2	(D) White and other bread		Derived
wta6fg3	(D) Wholemeal bread		Derived
wta6fg4	(D) Wholegrain and high fibre cereals		Derived
wta6fg5	(D) Other breakfast cereals		Derived
wta6fg6	(D) Biscuits, fruit pies, buns, cakes and pastries		Derived
wta6fg7	(D) Puddings including ice cream		Derived
wta6fg8	(D) Milk and cream		Derived
wta6fg9	(D) Cheese		Derived
wta6fg10	(D) Yoghurt, fromage frais and dairy desserts		Derived
wta6fg11	(D) Eggs and egg dishes		Derived
wta6fg12	(D) Fats and oils		Derived
wta6fg13	(D) Meats and meat dishes, excluding processed meat		Derived
wta6fg14	(D) Processed meat including sausages, burgers, coated chicken		Derived
wta6fg15	(D) Fish and fish dishes, excluding oily fish		Derived
wta6fg16	(D) Oily fish and dishes		Derived
wta6fg17	(D) Vegetables excluding potatoes and baked bean		Derived
wta6fg18	(D) Baked beans		Derived
wta6fg19	(D) Chips, fried and roast potatoes and fried potato products		Derived
wta6fg20	(D) Other potatoes, potato salads and dishes, potato products cooked without fat		Derived
wta6fg21	(D) Crisps and savory snacks		Derived
wta6fg22	(D) Fruit, excluding fruit juice		Derived
wta6fg23	(D) Nuts and seeds		Derived
wta6fg24	(D) Sugar, preserves and confectionery		Derived
wta6fg25	(D) Fruit juice		Derived
wta6fg26	(D) Soft drinks, not diet		Derived
wta6fg27	(D) Soft drinks, diet		Derived
wta6fg28	(D) Alcoholic drinks, including low alcohol		Derived
wta6fg29	(D) Tea, coffee and water		Derived
wta6fg30	(D) Beverages(Dry wt), soups and sauces		Derived
alcmja	(D) Average Energy content of alcohol consumed in MJ from food sources only		Derived
alckcala	(D) Average Energy content of alcohol consumed in kcal from food sources only		Derived
nf8bxala	(D) Average Energy (MJ excluding alcohol g) from food sources only		Derived
nf7xala	(D) Average Energy (kcal excluding alcohol g) from food sources only		Derived
enfa4	(D) % food energy from protein		Derived
enfa6	(D) % food energy from total carbohydrate		Derived
enfa12	(D) % food energy from starch		Derived

enfa13	(D) % food energy from total sugars		Derived
enfa14	(D) % food energy from non-milk extrinsic sugars		Derived
enfa15	(D) % food energy from intrinsic and milk sugars		Derived
enfa1215	(D)% food energy from intrinsic sugars & milk sugars + starch		Derived
nfa10g	(D) Grouped Englyst fibre - grams		Derived
enta9a	(D) % total energy from alcohol		Derived
nfa9g	(D) Grouped Alcohol consumption in grams		Derived
ohflag	(D) Flag for alcohol consumption		Derived
df5	(D) % food energy from fat		Derived
df22	(D) % food energy from Satd FA		Derived
df23	(D) % food energy from Cis-Mon FA		Derived
df24	(D) % food energy from Cis-n3 FA		Derived
df25	(D) % food energy from Cis-n6 FA		Derived
df26	(D) % food energy from Trans FA		Derived
df27	(D) % food energy from cis PUFA		Derived
df5drvp	(D) Energy from total fat (kcal/day food only) as % of DRV (35E%)		Derived
df22drvp	(D) Energy from SFA (kcal/day) as % of DRV (11E%)		Derived
df23drvp	(D) Energy from MUFA (kcal/day) as % of DRV (13E%)		Derived
df27drvp	(D) Energy from PUFA (kcal/day) as % of DRV (6.5E%)		Derived
df26drvp	(D) Energy from TRANS FA (kcal/day) as % of DRV (2E%)		Derived
supnta28	(D) Retinol intake, all sources, sup taker		Derived
supnta33	(D) Vitamin A intake, all sources, sup taker		Derived
supnta35	(D) Thiamin intake, all sources, sup taker		Derived
supnta36	(D) Riboflavin intake, all sources, sup taker		Derived
supnta39	(D) Niacin equi intake, all sources, sup taker		Derived
supnta42	(D) B6 intake, all sources, sup taker		Derived
supnta43	(D) B12 intake, all sources, sup taker		Derived
supnta44	(D) Folate intake, all sources, sup taker		Derived
supnta45	(D) Pantothenic acid intake, all sources, sup taker		Derived
supnta46	(D) Biotin intake, all sources, sup taker		Derived
supnta40	(D) Vitamin C intake, all sources, sup taker		Derived
supnta34	(D) Vitamin D intake, all sources, sup taker		Derived
supnta41	(D) Vitamin E intake, all sources, sup taker		Derived
supnfa28	(D) Retinol intake, food sources, sup taker		Derived
supnfa33	(D) Vitamin A intake, food sources, sup taker		Derived
supnfa35	(D) Thiamin intake, food sources, sup taker		Derived
supnfa36	(D) Riboflavin intake, food sources, sup taker		Derived
supnfa39	(D) Niacin equi intake, food sources, sup taker		Derived
supnfa42	(D) B6 intake, food sources, sup taker		Derived
supnfa43	(D) B12 intake, food sources, sup taker		Derived
supnfa44	(D) Folate intake, food sources, sup taker		Derived
supnfa45	(D) Pantothenic acid intake, food sources, sup taker		Derived
supnfa46	(D) Biotin intake, food sources, sup taker		Derived
supnfa40	(D) Vitamin C intake, food sources, sup taker		Derived
supnfa34	(D) Vitamin D intake, food sources, sup taker		Derived
supnfa41	(D) Vitamin E intake, food sources, sup taker		Derived
NSnfa28	(D) Retinol intake, food sources, non sup taker		Derived
NSnfa33	(D) Vitamin A intake, food sources, non sup taker		Derived
NSnfa35	(D) Thiamin intake, food sources, non sup taker		Derived
NSnfa36	(D) Riboflavin intake, food sources, non sup taker		Derived
NSnfa39	(D) Niacin equi intake, food sources, non sup taker		Derived
NSnfa42	(D) B6 intake, food sources, non sup taker		Derived
NSnfa43	(D) B12 intake, food sources, non sup taker		Derived
NSnfa44	(D) Folate intake, food sources, non sup taker		Derived



NSnfa45	(D) Pantothenic acid intake, food sources, non sup taker	Derived
NSnfa46	(D) Biotin intake, food sources, non sup taker	Derived
NSnfa40	(D) Vitamin C intake, food sources, non sup taker	Derived
NSnfa34	(D) Vitamin D intake, food sources, non sup taker	Derived
NSnfa41	(D) Vitamin E intake, food sources, non sup taker	Derived
dflrni33	(D) <LRNI for vitamin A food only	Derived
dflrni35	(D) <LRNI for thiamin food only	Derived
dflrni36	(D) <LRNI for riboflavin food only	Derived
dflrni39	(D) <LRNI for niacin eq food only	Derived
dflrni42	(D) <LRNI for vitamin B6 food only	Derived
dflrni43	(D) <LRNI for vitamin B12 food only	Derived
dflrni44	(D) <LRNI for folate food only	Derived
dflrni40	(D) <LRNI for vitamin C food only	Derived
dfrnih45	(D) %>=7mg for pantothenic acid	Derived
dfrnil45	(D) %<3mg for pantothenic acid	Derived
dfrnih46	(D) %>=200ug for biotin	Derived
dfrnil46	(D) %<10ug for biotin	Derived
dfrni41	(D) %<SI for vitamin E	Derived
dflrt33	(D) <LRNI for vitamin A inc supplements	Derived
dflrt36	(D) <LRNI for riboflavin inc supplements	Derived
dflrt44	(D) <LRNI for folate inc supplements	Derived
under5	(D) aged 2, 3 or 4	Derived
supnta52	(D) Iron intake, all sources, sup taker	Derived
supnta49	(D) Calcium intake, all sources, sup taker	Derived
supnta50	(D) Magnesium intake, all sources, sup taker	Derived
supnta56	(D) Zinc intake, all sources, sup taker	Derived
supnta55	(D) Copper intake, all sources, sup taker	Derived
supnta58	(D) Iodine intake, all sources, sup taker	Derived
supnta59	(D) Manganese intake, all sources, sup taker	Derived
supnfa52	(D) Iron intake, food only, sup taker	Derived
supnfa49	(D) Calcium intake, food only, sup taker	Derived
supnfa50	(D) Magnesium intake, food only, sup taker	Derived
supnfa56	(D) Zinc intake, food only, sup taker	Derived
supnfa55	(D) Copper intake, food only, sup taker	Derived
supnfa58	(D) Iodine intake, food only, sup taker	Derived
supnfa59	(D) Manganese intake, food only, sup taker	Derived
NSnfa52	(D) Iron intake, non sup taker	Derived
NSnfa49	(D) Calcium intake, non sup taker	Derived
NSnfa50	(D) Magnesium intake, non sup taker	Derived
NSnfa56	(D) Zinc intake, non sup taker	Derived
NSnfa55	(D) Copper intake, non sup taker	Derived
NSnfa58	(D) Iodine intake, non sup taker	Derived
NSnfa59	(D) Manganese intake, non sup taker	Derived
dflrni52	(D) <LRNI for total iron food only	Derived
dflrni49	(D) <LRNI for calcium food only	Derived
dflrni47	(D) <LRNI for sodium food only	Derived
dflrni48	(D) <LRNI for potassium food only	Derived
dflrni56	(D) <LRNI for zinc food only	Derived
dflrni58	(D) <LRNI for iodine food only	Derived
dflrni50	(D) <LRNI for magnesium food only	Derived
dflrni51	(D) <LRNI for phosphorus food only	Derived
dflrni57	(D) <LRNI for chloride food only	Derived
dfrnil59	(D) %<SI manganese	Derived
ironsup	(D) Takes iron containing supplement	Derived

dfprt52	(D) <LRNI for total iron, inc supplements		Derived
dfprt49	(D) <LRNI for calcium inc supplements		Derived
dfprt48	(D) <LRNI for potassium inc supplements		Derived
dfprt56	(D) <LRNI for zinc inc supplements		Derived
dfprt58	(D) <LRNI for iodine inc supplements		Derived
dfprt50	(D) <LRNI for magnesium inc supplements		Derived
agegp3	(D) NDNS age groups		Derived
frtprtN	(D) Fruit and fruit juice portions, juice counts once, NDNS method		Derived
vegbbpoN	(D) Total portions of veg, beans and pulses portion counts once only, NDNS method		Derived
frvegpN	(D) Total fruit and veg portions, NDNS method		Derived
dtrni34	(D) >=RNI for vitamin D all sources		Derived
dftrni34	(D) >=RNI for vitamin D food only		Derived
htok	(D) valid height		Derived
wtok	(D) valid weight		Derived
bmivg5	(D) Valid BMI (grouped:<18.5,18.5-25,25-30,30-40 40+)		Derived
bmiok	(D) valid BMI		Derived
bmicut	(D) UK BMI national classification standards (85th/95th centile)		Derived
bmicut2	(D) UK BMI status (ovrght inc. obese)		Derived
bmicut3	(D) UK BMI status (non-obese vs obese)		Derived
teeok	(D) valid TEE		Derived
lg2	(D) Type of reporter, confidence interval-based method, 3 groups		Derived
eatbalgp	(D) Overall intake level - grouped		Derived
dieter	(D) Weight reducing diet		Derived
teemj	(D) TEE or EER (mj)		Derived
eivstee	(D) Reported energy intake - (minus) TEE or EER (kcal)		Derived
eivstee2	(D) Reported energy intake - (minus) TEE or EER (MJ)		Derived
teedifp	(D) Difference as a percent of energy needs		Derived
eatbalok	(D) valid eatbalgp		Derived
Reporter	(D) Type of reporter - 4 groups, no missing eatbalgp		Derived
wta6fg31	(D) Supplements		Derived

# DAY LEVEL DATA

wt1afg1	Cereals and cereal products (g/day)	Day
wt1afg2	Milk and milk products (g/day)	Day
wt1afg3	Eggs and Egg dishes (g/day)	Day
wt1afg4	Fat spreads (g/day)	Day
wt1afg5	Meat and meat products (g/day)	Day
wt1afg6	Fish and fish dishes (g/day)	Day
wt1afg7	Vegetables (not potatoes & savoury snacks) (g/day)	Day
wt1afg8	Potatoes & savoury snacks (g/day)	Day
wt1afg9	Fruit and nuts (g/day)	Day
wt1afg10	Sugar, preserves and confectionery (g/day)	Day
wt1afg11	Total beverages (g/day)	Day
wt1afg12	Miscellaneous (g/day)	Day
wt1afg13	Supplements (g/day)	Day
wt2fg1	Pasta, rice and other miscellaneous cereals (g/day)	Day
wt2fg2	White bread (g/day)	Day
wt2fg3	Wholemeal bread (g/day)	Day
wt2fg4	Other breads (g/day)	Day
wt2fg5	Wholegrain and high fibre breakfast cereals (g/day)	Day
wt2fg6	Other breakfast cereals (g/day)	Day
wt2fg7	Biscuits (g/day)	Day
wt2fg8	Buns, cakes, pastries and fruit pies (g/day)	Day
wt2fg9	Puddings (g/day)	Day
wt2fg10	Whole milk (g/day)	Day
wt2fg11	Semi-skimmed milk (g/day)	Day
wt2fg12	Skimmed milk (g/day)	Day
wt2fg13	Other milk and cream (g/day)	Day
wt2fg14	Cheese (g/day)	Day
wt2fg15	Yogurt, fromage frais and other dairy desserts (g/day)	Day
wt2fg16	Eggs and egg dishes (g/day)	Day
wt2fg17	Butter (g/day)	Day
wt2fg18	Polyunsaturated margarine and oils (g/day)	Day
wt2fg19	Low fat spread (g/day)	Day
wt2fg20	Margarine and other cooking fats and oils NOT polyunsaturated (g/day)	Day
wt2fg21	Reduced fat spread (g/day)	Day
wt2fg22	Bacon and ham (g/day)	Day
wt2fg23	Beef, veal and dishes (g/day)	Day
wt2fg24	Lamb and dishes (g/day)	Day
wt2fg25	Pork and dishes (g/day)	Day
wt2fg26	Coated chicken and turkey (g/day)	Day
wt2fg27	Chicken and turkey dishes (g/day)	Day
wt2fg28	Liver, products and dishes (g/day)	Day
wt2fg29	Burgers and kebabs (g/day)	Day
wt2fg30	Sausages (g/day)	Day
wt2fg31	Meat pies and pastries (g/day)	Day
wt2fg32	Other meat and meat products (g/day)	Day
wt2fg33	White fish coated or fried including fish fingers (g/day)	Day
wt2fg34	Other white fish, shellfish and fish dishes (g/day)	Day
wt2fg35	Oily fish (g/day)	Day
wt2fg36	Salad and other raw vegetables (g/day)	Day
wt2fg37	Vegetables (not raw) (g/day)	Day

wt2fg38	Chips, fried and roast potatoes and potato products (g/day)	Day
wt2fg39	Other potatoes, potato salads and dishes (g/day)	Day
wt2fg40	Fruit (g/day)	Day
wt2fg41	Sugars preserves and sweet spreads (g/day)	Day
wt2fg42	Crisps and savoury snacks (g/day)	Day
wt2fg43	Sugar confectionery (g/day)	Day
wt2fg44	Chocolate confectionery (g/day)	Day
wt2fg45	Fruit juice (g/day)	Day
wt2fg47	Spirits and liqueurs (g/day)	Day
wt2fg48	Wine (g/day)	Day
wt2fg49	Beer lager cider and perry (g/day)	Day
wt2fg50	Miscellaneous (g/day)	Day
wt2fg51	Tea, coffee and water (g/day)	Day
wt2fg52	Commerical toddlers foods and drinks (g/day)	Day
wt2fg54	Dietary supplements (g/day)	Day
wt2fg55	Artificial sweeteners (g/day)	Day
wt2fg56	Nuts and seeds (g/day)	Day
wt2fg57	Soft drinks, not diet (g/day)	Day
wt2fg58	Soft drinks, diet (g/day)	Day
wt3fg1	Pasta (g/day)	Day
wt3fg2	Rice (g/day)	Day
wt3fg3	Pizza (g/day)	Day
wt3fg4	Other cereals (g/day)	Day
wt3fg5	White bread (g/day)	Day
wt3fg6	Wholemeal bread (g/day)	Day
wt3fg7	Softgrain bread (g/day)	Day
wt3fg8	School sandwiches (g/day)	Day
wt3fg9	Other breads (g/day)	Day
wt3fg10	Wholegrain and high fibre breakfast cereals (g/day)	Day
wt3fg11	Other breakfast cereals (g/day)	Day
wt3fg12	Biscuits (g/day)	Day
wt3fg13	Fruit pies (g/day)	Day
wt3fg14	Buns, cakes and pastries (g/day)	Day
wt3fg15	Cereal based milk puddings (g/day)	Day
wt3fg16	Sponge puddings (g/day)	Day
wt3fg17	Other puddings (g/day)	Day
wt3fg18	Whole milk (g/day)	Day
wt3fg19	Semi-skimmed milk (g/day)	Day
wt3fg20	Skimmed milk (g/day)	Day
wt3fg21	Infant formula (g/day)	Day
wt3fg22	Cream (g/day)	Day
wt3fg23	Other milk (g/day)	Day
wt3fg24	Cottage cheese (g/day)	Day
wt3fg25	Other cheese (g/day)	Day
wt3fg26	Fromage frais (g/day)	Day
wt3fg27	Yogurt (g/day)	Day
wt3fg28	Other dairy desserts (g/day)	Day
wt3fg29	Icecream (g/day)	Day
wt3fg30	Eggs (g/day)	Day
wt3fg31	Egg dishes (g/day)	Day
wt3fg32	Butter (g/day)	Day
wt3fg33	Polyunsaturated margarine (g/day)	Day
wt3fg34	Polyunsaturated oils (g/day)	Day

wt3fg35	Low fat spread polyunsaturated (g/day)	Day
wt3fg36	Low fat spread, not polyunsaturated (g/day)	Day
wt3fg37	Block margarine (g/day)	Day
wt3fg38	Soft margarine not polyunsaturated (g/day)	Day
wt3fg39	Other cooking fats and oils, not polyunsaturated (g/day)	Day
wt3fg40	Reduced fat spread, polyunsaturated (g/day)	Day
wt3fg41	Reduced fat spread, not polyunsaturated (g/day)	Day
wt3fg42	Bacon and ham (g/day)	Day
wt3fg43	Beef, veal and dishes (g/day)	Day
wt3fg44	Lamb and dishes (g/day)	Day
wt3fg45	Pork and dishes (g/day)	Day
wt3fg46	Coated chicken and turkey (g/day)	Day
wt3fg47	Chicken and turkey dishes (g/day)	Day
wt3fg48	Liver, products and dishes (g/day)	Day
wt3fg49	Burgers and kebabs (g/day)	Day
wt3fg50	Sausages (g/day)	Day
wt3fg51	Meat pies and pastries (g/day)	Day
wt3fg52	Other meat and meat products (g/day)	Day
wt3fg53	White fish coated or fried including fish fingers (g/day)	Day
wt3fg54	Other white fish and fish dishes (g/day)	Day
wt3fg55	Shellfish (g/day)	Day
wt3fg56	Oily fish (g/day)	Day
wt3fg57	Carrots raw (g/day)	Day
wt3fg58	Salad and other vegetables (raw) (g/day)	Day
wt3fg59	Tomatoes (raw) (g/day)	Day
wt3fg60	Peas (not raw) (g/day)	Day
wt3fg61	Green beans (not raw) (g/day)	Day
wt3fg62	Baked beans (g/day)	Day
wt3fg63	Leafy green vegetables (not raw) (g/day)	Day
wt3fg64	Carrots (not raw) (g/day)	Day
wt3fg65	Tomatoes (not raw) (g/day)	Day
wt3fg66	Vegetable dishes (not raw) (g/day)	Day
wt3fg67	Other vegetables (not raw) (g/day)	Day
wt3fg68	Chips (g/day)	Day
wt3fg69	Fried or roast potatoes and fried potato products (g/day)	Day
wt3fg70	Potato products not fried, with fat, grilled or oven baked (g/day)	Day
wt3fg71	Other potatoes, potato salads and dishes (g/day)	Day
wt3fg72	Crisps and savoury snacks (g/day)	Day
wt3fg73	Apples and pears not canned (g/day)	Day
wt3fg74	Citrus fruit not canned (g/day)	Day
wt3fg75	Bananas (g/day)	Day
wt3fg76	Canned fruit in juice (g/day)	Day
wt3fg77	Canned fruit in syrup (g/day)	Day
wt3fg78	Other fruit, not canned (g/day)	Day
wt3fg79	Nuts and seeds (g/day)	Day
wt3fg80	Sugar (g/day)	Day
wt3fg81	Preserves (g/day)	Day
wt3fg82	Sweet spreads, fillings, icings (g/day)	Day
wt3fg83	Sugar confectionery (g/day)	Day
wt3fg84	Chocolate confectionery (g/day)	Day
wt3fg85	Fruit juice (g/day)	Day
wt3fg86	Liqueurs (g/day)	Day
wt3fg87	Spirits (g/day)	Day

wt3fg88	Wine (g/day)	Day
wt3fg89	Fortified wine (g/day)	Day
wt3fg90	Low alcohol and alcohol free wine (g/day)	Day
wt3fg91	Beers and lagers (g/day)	Day
wt3fg92	Low alcohol and alcohol free lager and beer (g/day)	Day
wt3fg93	Cider and perry (g/day)	Day
wt3fg94	Low alcohol and alcohol free cider and perry (g/day)	Day
wt3fg95	Alcoholic soft drinks (g/day)	Day
wt3fg96	Coffee (made up) (g/day)	Day
wt3fg97	Tea (made up) (g/day)	Day
wt3fg98	Herbal tea (made up) (g/day)	Day
wt3fg99	Bottled water (g/day)	Day
wt3fg100	Tap water (g/day)	Day
wt3fg101	Concentrated soft drinks not diet2 (g/day)	Day
wt3fg102	Carbonated soft drinks not diet (g/day)	Day
wt3fg103	Ready to drink soft drinks not diet (g/day)	Day
wt3fg104	Concentrated soft drinks, diet 2 (g/day)	Day
wt3fg105	Carbonated soft drinks, diet (g/day)	Day
wt3fg106	Ready to drink soft drinks diet (g/day)	Day
wt3fg107	Beverages(Dry weight) eg drinking choc, cocoa, horlicks (g/day)	Day
wt3fg108	Soups (g/day)	Day
wt3fg109	Savoury sauces, pickles, gravies, condiments (g/day)	Day
wt3fg110	Commercial toddlers drinks (g/day)	Day
wt3fg111	Commercial toddlers foods (g/day)	Day
wt3fg112	Tablets and capsules (base units/day)	Day
wt3fg113	Oils and syrups (base units/day)	Day
wt3fg114	Drops and powders (base units/day)	Day
wt3fg115	Nutritionally complete supplements (base units/day)	Day
wt3fg116	Artificial sweeteners (base units/day)	Day
wt5fg1	Pasta (g/day)	Day
wt5fg2	Rice (g/day)	Day
wt5fg3	Pizza (g/day)	Day
wt5fg4	Other cereals (g/day)	Day
wt5fg5	White bread (g/day)	Day
wt5fg6	Wholemeal bread (g/day)	Day
wt5fg7	Other breads (g/day)	Day
wt5fg8	Wholegrain and high fibre breakfast cereals (g/day)	Day
wt5fg9	Other breakfast cereals (g/day)	Day
wt5fg10	Biscuits (g/day)	Day
wt5fg11	Fruit pies (g/day)	Day
wt5fg12	Buns, cakes and pastries (g/day)	Day
wt5fg13	Cereal based milk puddings, sponge and other puddings (g/day)	Day
wt5fg14	Whole milk (g/day)	Day
wt5fg15	Semi-skimmed milk (g/day)	Day
wt5fg16	Skimmed milk (g/day)	Day
wt5fg17	Other milk and cream (g/day)	Day
wt5fg18	Cheese including cottage cheese (g/day)	Day
wt5fg19	Yoghurt, fromage frais and other dairy desserts (g/day)	Day
wt5fg20	Icecream (g/day)	Day
wt5fg21	Eggs and egg dishes (g/day)	Day
wt5fg22	Butter (g/day)	Day
wt5fg23	Block margarine (g/day)	Day
wt5fg24	Soft margarine not polyunsaturated (g/day)	Day

wt5fg25	Polyunsaturated margarine (g/day)	Day
wt5fg26	Other cooking fats and oils, not polyunsaturated (g/day)	Day
wt5fg27	Reduced fat spread, not polyunsaturated (g/day)	Day
wt5fg28	Reduced fat spread, polyunsaturated (g/day)	Day
wt5fg29	Low fat spread, not polyunsaturated (g/day)	Day
wt5fg30	Low fat spread polyunsaturated (g/day)	Day
wt5fg31	Bacon and ham (g/day)	Day
wt5fg32	Beef, veal, lamb and pork dishes (g/day)	Day
wt5fg33	Coated chicken and turkey (g/day)	Day
wt5fg34	Chicken and turkey dishes (g/day)	Day
wt5fg35	Burgers and kebabs (g/day)	Day
wt5fg36	Sausages (g/day)	Day
wt5fg37	Meat pies and pastries (g/day)	Day
wt5fg38	Other meat and meat products (g/day)	Day
wt5fg39	Liver, products and dishes (g/day)	Day
wt5fg40	White fish coated or fried including fish fingers (g/day)	Day
wt5fg41	Other white fish and fish dishes (g/day)	Day
wt5fg42	Shellfish and dishes (g/day)	Day
wt5fg43	Tuna and dishes (canned)	Day
wt5fg44	Oily fish and dishes (g/day)	Day
wt5fg45	Carrots (raw) (g/day)	Day
wt5fg46	Salad and other vegetables (raw) (g/day)	Day
wt5fg47	Tomatoes (raw) (g/day)	Day
wt5fg48	Peas and green beans (not raw) (g/day)	Day
wt5fg49	Baked beans (g/day)	Day
wt5fg50	Leafy green vegetables (not raw) (g/day)	Day
wt5fg51	Carrots (not raw) (g/day)	Day
wt5fg52	Tomatoes (not raw) (g/day)	Day
wt5fg53	Other vegetables and vegetable dishes (not raw) (g/day)	Day
wt5fg54	Chips, fried and roast potatoes and fried potato products (g/day)	Day
wt5fg55	Other potatoes, potato salads and dishes, potato products cooked without fat (g/day)	Day
wt5fg56	Crisps and savoury snacks (g/day)	Day
wt5fg57	Apples and pears not canned (g/day)	Day
wt5fg58	Citrus fruit not canned (g/day)	Day
wt5fg59	Bananas (g/day)	Day
wt5fg60	Other fruit including canned (g/day)	Day
wt5fg61	Nuts and seeds (g/day)	Day
wt5fg62	Sugar (g/day)	Day
wt5fg63	Preserves, sweet spreads, fillings and icings (g/day)	Day
wt5fg64	Sugar confectionery (g/day)	Day
wt5fg65	Chocolate confectionery (g/day)	Day
wt5fg66	Fruit juice (g/day)	Day
wt5fg67	Concentrated soft drink as consumed and ready to drink soft drink, not diet (g/day)	Day
wt5fg68	Carbonated soft drinks not diet (g/day)	Day
wt5fg69	Concentrated soft drink as consumed and ready to drink soft drink, diet (g/day)	Day
wt5fg70	Carbonated soft drinks, diet (g/day)	Day
wt5fg71	Spirits and liquers (g/day)	Day
wt5fg72	Wine including fortified, low alcohol and alcohol free (g/day)	Day
wt5fg73	Beers and lager including low alcohol and alcohol free (g/day)	Day
wt5fg74	Cider and perry (g/day)	Day
wt5fg75	Alcoholic soft drinks (g/day)	Day
wt5fg76	Coffee (made up) (g/day)	Day
wt5fg77	Tea (made up) (g/day)	Day

wt5fg78	Herbal tea (made up) (g/day)	Day
wt5fg79	Tap and bottled water (g/day)	Day
wt5fg80	Beverages(Dry weight) eg drinking choc, cocoa, horlicks (g/day)	Day
wt5fg81	Soups (g/day)	Day
wt5fg82	Savoury sauces, pickles, gravies, condiments (g/day)	Day
wt5fg83	Supplements and toddler food codes not reassigned (g or units/day)	Day
wt5fg84	Artificial sweeteners (g or units/day)	Day
wt1afd	Sum of food weights, fg1a	Day
wt2fd	Sum of food weights, fg2	Day
wt3fd	Sum of food weights, fg3	Day
wt5fd	Sum of food weights, fg5	Day
nt1	Water (g/day all sources)	Day
nt2	Total nitrogen (g/day all sources)	Day
nt4	Protein (g/day all sources)	Day
nt5	Fat (g/day all sources)	Day
nt6	Carbohydrate (g/day all sources)	Day
nt7	Energy (kcal/day all sources)	Day
nt8	Energy (kJ/day all sources)	Day
nt9	Alcohol (g/day all sources)	Day
nt10	Englyst fibre (g/day all sources)	Day
nt11	Southgate fibre (g/day all sources)	Day
nt12	Starch (g/day all sources)	Day
nt13	Total sugars (g/day all sources)	Day
nt14	Non-milk extrinsic sugars (g/day all sources)	Day
nt15	Intrinsic and milk sugars (g/day all sources)	Day
nt16	Glucose (g/day all sources)	Day
nt17	Fructose (g/day all sources)	Day
nt18	Sucrose (g/day all sources)	Day
nt19	Maltose (g/day all sources)	Day
nt20	Lactose (g/day all sources)	Day
nt21	Other sugars (g/day all sources)	Day
nt22	Satd FA (g/day all sources)	Day
nt23	Cis-Mon FA (g/day all sources)	Day
nt24	Cis-n3 FA (g/day all sources)	Day
nt25	Cis-n6 FA (g/day all sources)	Day
nt26	Trans FA (g/day all sources)	Day
nt27	Cholesterol (mg/day all sources)	Day
nt28	Retinol (ug/day all sources)	Day
nt29	Total carotene (ug/day all sources)	Day
nt30	Alpha-carotene (ug/day all sources)	Day
nt31	Beta-carotene (ug/day all sources)	Day
nt32	Beta cryptoxanthin (ug/day all sources)	Day
nt33	Vitamin A (ug/day all sources)	Day
nt34	Vitamin D (ug/day all sources)	Day
nt35	Thiamin (mg/day all sources)	Day
nt36	Riboflavin (mg/day all sources)	Day
nt37	Niacin (mg/day all sources)	Day
nt38	Tryptophan/60 (mg/day all sources)	Day
nt39	Niacin equivalent (mg/day all sources)	Day
nt40	Vitamin C (mg/day all sources)	Day
nt41	Vitamin E (mg/day all sources)	Day
nt42	Vitamin B6 (mg/day all sources)	Day
nt43	Vitamin B12 (ug/day all sources)	Day



nt44	Folate (ug/day all sources)	Day
nt45	Pantothenic acid (mg/day all sources)	Day
nt46	Biotin (ug/day all sources)	Day
nt47	Sodium (mg/day all sources)	Day
nt48	Potassium (mg/day all sources)	Day
nt49	Calcium (mg/day all sources)	Day
nt50	Magnesium (mg/day all sources)	Day
nt51	Phosphorus (mg/day all sources)	Day
nt52	Iron (mg/day all sources)	Day
nt53	Haem iron (mg/day all sources)	Day
nt54	Non-haem iron (mg/day all sources)	Day
nt55	Copper (mg/day all sources)	Day
nt56	Zinc (mg/day all sources)	Day
nt57	Chloride (mg/day all sources)	Day
nt58	Iodine (ug/day all sources)	Day
nt59	Manganese (mg/day all sources)	Day
nt60	Selenium (ug/day all sources)	Day
Wtfdt	Total food weight all sources (g+base/day)	Day
nf1	Water(g/day food only)	Day
nf2	Total nitrogen(g/day food only)	Day
nf4	Protein(g/day food only)	Day
nf5	Fat(g/day food only)	Day
nf6	Carbohydrate(g/day food only)	Day
nf7	Energy(kcal/day food only)	Day
nf8	Energy(kJ/day food only)	Day
nf9	Alcohol(g/day food only)	Day
nf10	Englyst fibre(g/day food only)	Day
nf11	Southgate fibre(g/day food only)	Day
nf12	Starch(g/day food only)	Day
nf13	Total sugars(g/day food only)	Day
nf14	Non-milk extrinsic sugars(g/day food only)	Day
nf15	Intrinsic and milk sugars(g/day food only)	Day
nf16	Glucose(g/day food only)	Day
nf17	Fructose(g/day food only)	Day
nf18	Sucrose(g/day food only)	Day
nf19	Maltose(g/day food only)	Day
nf20	Lactose(g/day food only)	Day
nf21	Other sugars(g/day food only)	Day
nf22	Satd FA(g/day food only)	Day
nf23	Cis-Mon FA(g/day food only)	Day
nf24	Cis-n3 FA(g/day food only)	Day
nf25	Cis-n6 FA(g/day food only)	Day
nf26	Trans FA(g/day food only)	Day
nf27	Cholesterol(mg/day food only)	Day
nf28	Retinol(ug/day food only)	Day
nf29	Total carotene(ug/day food only)	Day
nf30	Alpha-carotene(ug/day food only)	Day
nf31	Beta-carotene(ug/day food only)	Day
nf32	Beta cryptoxanthin(ug/day food only)	Day
nf33	Vitamin A(ug/day food only)	Day
nf34	Vitamin D(ug/day food only)	Day
nf35	Thiamin(mg/day food only)	Day
nf36	Riboflavin(mg/day food only)	Day

nf37	Niacin(mg/day food only)	Day
nf38	Tryptophan/60(mg/day food only)	Day
nf39	Niacin equivalent(mg/day food only)	Day
nf40	Vitamin C(mg/day food only)	Day
nf41	Vitamin E(mg/day food only)	Day
nf42	Vitamin B6(mg/day food only)	Day
nf43	Vitamin B12(ug/day food only)	Day
nf44	Folate(ug/day food only)	Day
nf45	Pantothenic acid(mg/day food only)	Day
nf46	Biotin(ug/day food only)	Day
nf47	Sodium(mg/day food only)	Day
nf48	Potassium(mg/day food only)	Day
nf49	Calcium(mg/day food only)	Day
nf50	Magnesium(mg/day food only)	Day
nf51	Phosphorus(mg/day food only)	Day
nf52	Iron(mg/day food only)	Day
nf53	Haem iron(mg/day food only)	Day
nf54	Non-haem iron(mg/day food only)	Day
nf55	Copper(mg/day food only)	Day
nf56	Zinc(mg/day food only)	Day
nf57	Chloride(mg/day food only)	Day
nf58	Iodine(ug/day food only)	Day
nf59	Manganese(mg/day food only)	Day
nf60	Selenium(ug/day food only)	Day
wtfdf	Total food weight food only (g/day)	Day
haverec	Whether 24 hour recall record for Day	Day
dofwk	Day of week recalled (R24)	Day
suppsyn	Whether had dietary supplements on the day recalled (R24)	Day
whsupps1	Dietary supplement taken, response 1 (R24)	Day
whsupps2	Dietary supplement taken, response 2 (R24)	Day
whsupps3	Dietary supplement taken, response 3 (R24)	Day
whsupps4	Dietary supplement taken, response 4 (R24)	Day
whsupps5	Dietary supplement taken, response 5 (R24)	Day
whsupps6	Dietary supplement taken, response 6 (R24)	Day
whsupps7	Dietary supplement taken, response 7 (R24)	Day
supno	Supplement number (R24)	Day
supnam	Supplement name (R24)	Day
supbr	Supplement Brand (R24)	Day
supstr	Supplement Strength (R24)	Day
supuni	Supplement - unit of strength (R24)	Day
supnum	Supplement - number of units (R24)	Day
supno2	Supplement number (R24)	Day
supnam2	Supplement name (R24)	Day
supbr2	Supplement Brand (R24)	Day
supstr2	Supplement Strength (R24)	Day
supuni2	Supplement - unit of strength (R24)	Day
supnum2	Supplement - number of units (R24)	Day
supno3	Supplement number (R24)	Day
supnam3	Supplement name (R24)	Day
supbr3	Supplement Brand (R24)	Day
supstr3	Supplement Strength (R24)	Day
supuni3	Supplement - unit of strength (R24)	Day
supnum3	Supplement - number of units (R24)	Day

supno4	Supplement number (R24)	Day
supnam4	Supplement name (R24)	Day
supbr4	Supplement Brand (R24)	Day
supstr4	Supplement Strength (R24)	Day
supuni4	Supplement - unit of strength (R24)	Day
supnum4	Supplement - number of units (R24)	Day
supno5	Supplement number (R24)	Day
supnam5	Supplement name (R24)	Day
supbr5	Supplement Brand (R24)	Day
supstr5	Supplement Strength (R24)	Day
supuni5	Supplement - unit of strength (R24)	Day
supnum5	Supplement - number of units (R24)	Day
supno6	Supplement number (R24)	Day
supnam6	Supplement name (R24)	Day
supbr6	Supplement Brand (R24)	Day
supstr6	Supplement Strength (R24)	Day
supuni6	Supplement - unit of strength (R24)	Day
supnum6	Supplement - number of units (R24)	Day
supno7	Supplement number (R24)	Day
supnam7	Supplement name (R24)	Day
supbr7	Supplement Brand (R24)	Day
supstr7	Supplement Strength (R24)	Day
supuni7	Supplement - unit of strength (R24)	Day
supnum7	Supplement - number of units (R24)	Day
supno8	Supplement number (R24)	Day
supnam8	Supplement name (R24)	Day
supbr8	Supplement Brand (R24)	Day
supstr8	Supplement Strength (R24)	Day
supuni8	Supplement - unit of strength (R24)	Day
supnum8	Supplement - number of units (R24)	Day
supno9	Supplement number (R24)	Day
supnam9	Supplement name (R24)	Day
supbr9	Supplement Brand (R24)	Day
supstr9	Supplement Strength (R24)	Day
supuni9	Supplement - unit of strength (R24)	Day
supnum9	Supplement - number of units (R24)	Day
supno10	Supplement number (R24)	Day
supnam10	Supplement name (R24)	Day
supbr10	Supplement Brand (R24)	Day
supstr10	Supplement Strength (R24)	Day
supuni10	Supplement - unit of strength (R24)	Day
supnum10	Supplement - number of units (R24)	Day
supno11	Supplement number (R24)	Day
supnam11	Supplement name (R24)	Day
supbr11	Supplement Brand (R24)	Day
supstr11	Supplement Strength (R24)	Day
supuni11	Supplement - unit of strength (R24)	Day
supnum11	Supplement - number of units (R24)	Day
supno12	Supplement number (R24)	Day
supnam12	Supplement name (R24)	Day
supbr12	Supplement Brand (R24)	Day
supstr12	Supplement Strength (R24)	Day
supuni12	Supplement - unit of strength (R24)	Day

supnum12	Supplement - number of units (R24)	Day
foodam	Whether ate more or less than usual on the day recalled (R24)	Day
foodles	Main reason for eating less than usual on the day recalled (R24)	Day
foodmor	Main reason for eating more than usual on the day recalled (R24)	Day
drnkam	Whether drank more or less than usual on day recalled (R24)	Day
drless	Main reason for drinking less than usual on day recalled (R24)	Day
drmore	Main reason for drinking more than usual on day recalled (R24)	Day
whoans	Primary respondent in a childs 24-hr recall (R24)	Day
reltoc	Relationship of primary respondent to child (R24)	Day
mfp4ch	Whether primary resp. in a child recall is main food provider for the child (R24)	Day
presen1	Others present in 24hr recall, response 1 (R24)	Day
presen2	Others present in 24hr recall, response 2 (R24)	Day
presen3	Others present in 24hr recall, response 3 (R24)	Day
presen4	Others present in 24hr recall, response 4 (R24)	Day
tend24	Time at which interview FINISHED (24 hour clock) (R24)	Day
teleint	Whether 24hr recall conducted in person or by telephone (R24)	Day
langint	Language used during 24hr recall (R24)	Day
firstl	Whether 24hr recall conducted in respondents first language (R24)	Day
diffic	Whether interviewer or respondent had difficulty with 24hr recall (R24)	Day
whatdif1	Reasons for difficulty with 24hr recall, response 1 (R24)	Day
whatdif2	Reasons for difficulty with 24hr recall, response 2 (R24)	Day
whatdif3	Reasons for difficulty with 24hr recall, response 3 (R24)	Day
whatdif4	Reasons for difficulty with 24hr recall, response 4 (R24)	Day
whatdif5	Reasons for difficulty with 24hr recall, response 5 (R24)	Day
whatdif6	Reasons for difficulty with 24hr recall, response 6 (R24)	Day
overall	How well 24hr record reflects dietary habits over this 24hr period (R24)	Day

# FOOD LEVEL DATA

Variable	Label	Sub-category	Source
dayno	Day Number	24hr recall	food
time	Enter Time (24 hour clock)	24hr recall	food
place	Place. A - Home, own food supply B	24hr recall	food
foodcode	Food code. Enter food code entered b	24hr recall	food
recipe	Food code or recipe	24hr recall	food
n	Number of items consumed. ^FDesc F	24hr recall	food
phw	How was weight/portion size recorded. En	24hr recall	food
portionc	Portion code: ^PorFil 99999 for po	24hr recall	food
weighti	Weight on plate - computed	24hr recall	food
portionl	Photograph code for left overs. If the	24hr recall	food
weightl	Weight left over - computed	24hr recall	food
weightf	Weight consumed - computed	24hr recall	food
wtfoot1	Final food weight for computation	24hr recall	food
fddescdb	Food description	24hr recall	food
foodcat	Food category (food or recipe)	24hr recall	food
fdbase	Food base (for computation)	24hr recall	food
foodgp	Food group (string variable equivalent to fg3)	Food groups	food
fgfl	Food group flag for fg4	Food groups	food
fg1	Food groups: databank least detailed (n=12)	Food group 1	food
fg1a	Food groups: databank least detailed (n=13)	Food group 1a	food
fg2	Food groups: databank middle level (n=58-2)	Food group 2	food
fg3	Food groups: databank most detailed (n=116)	Food group 3	food
fg4	Food group: food level most detailed (n=124)	Food group 4	food
fg5	Food group: main analytical (n=84)	Food group 5	food
nc1	Water (g/base)	Nutrient (unit/base)	food
nc2	Total nitrogen (g/base)	Nutrient (unit/base)	food
nc3	Nitrogen conversion factor	Nutrient (unit/base)	food
nc4	Protein (g/base)	Nutrient (unit/base)	food
nc5	Fat (g/base)	Nutrient (unit/base)	food
nc6	Carbohydrate (g/base)	Nutrient (unit/base)	food
nc7	Energy (kcal) (kcal/base)	Nutrient (unit/base)	food
nc8	Energy (kJ) (kJ/base)	Nutrient (unit/base)	food
nc9	Alcohol (g/base)	Nutrient (unit/base)	food
nc10	Englyst fibre (g/base)	Nutrient (unit/base)	food
nc11	Southgate fibre (g/base)	Nutrient (unit/base)	food
nc12	Starch (g/base)	Nutrient (unit/base)	food
nc13	Total sugars (g/base)	Nutrient (unit/base)	food
nc14	Non-milk extrinsic sugars (g/base)	Nutrient (unit/base)	food
nc15	Intrinsic and milk sugars (g/base)	Nutrient (unit/base)	food
nc16	Glucose (g/base)	Nutrient (unit/base)	food
nc17	Fructose (g/base)	Nutrient (unit/base)	food
nc18	Sucrose (g/base)	Nutrient (unit/base)	food
nc19	Maltose (g/base)	Nutrient (unit/base)	food
nc20	Lactose (g/base)	Nutrient (unit/base)	food
nc21	Other sugars (g/base)	Nutrient (unit/base)	food
nc22	Satd FA (g/base)	Nutrient (unit/base)	food
nc23	Cis-Mon FA (g/base)	Nutrient (unit/base)	food
nc24	Cis-n3 FA (g/base)	Nutrient (unit/base)	food
nc25	Cis-n6 FA (g/base)	Nutrient (unit/base)	food

nc26	Trans FA (g/base)	Nutrient (unit/base)	food
nc27	Cholesterol (mg/base)	Nutrient (unit/base)	food
nc28	Retinol (ug/base)	Nutrient (unit/base)	food
nc29	Total carotene (ug/base)	Nutrient (unit/base)	food
nc30	Alpha-carotene (ug/base)	Nutrient (unit/base)	food
nc31	Beta-carotene (ug/base)	Nutrient (unit/base)	food
nc32	Beta cryptoxanthin (ug/base)	Nutrient (unit/base)	food
nc33	Vitamin A (ug/base)	Nutrient (unit/base)	food
nc34	Vitamin D (ug/base)	Nutrient (unit/base)	food
nc35	Thiamin (mg/base)	Nutrient (unit/base)	food
nc36	Riboflavin (mg/base)	Nutrient (unit/base)	food
nc37	Niacin (mg/base)	Nutrient (unit/base)	food
nc38	Tryptophan/60 (mg/base)	Nutrient (unit/base)	food
nc39	Niacin equivalent (mg/base)	Nutrient (unit/base)	food
nc40	Vitamin C (mg/base)	Nutrient (unit/base)	food
nc41	Vitamin E (mg/base)	Nutrient (unit/base)	food
nc42	Vitamin B6 (mg/base)	Nutrient (unit/base)	food
nc43	Vitamin B12 (ug/base)	Nutrient (unit/base)	food
nc44	Folate (ug/base)	Nutrient (unit/base)	food
nc45	Pantothenic acid (mg/base)	Nutrient (unit/base)	food
nc46	Biotin (ug/base)	Nutrient (unit/base)	food
nc47	Sodium (mg/base)	Nutrient (unit/base)	food
nc48	Potassium (mg/base)	Nutrient (unit/base)	food
nc49	Calcium (mg/base)	Nutrient (unit/base)	food
nc50	Magnesium (mg/base)	Nutrient (unit/base)	food
nc51	Phosphorus (mg/base)	Nutrient (unit/base)	food
nc52	Iron (mg/base)	Nutrient (unit/base)	food
nc53	Haem iron (mg/base)	Nutrient (unit/base)	food
nc54	Non-haem iron (mg/base)	Nutrient (unit/base)	food
nc55	Copper (mg/base)	Nutrient (unit/base)	food
nc56	Zinc (mg/base)	Nutrient (unit/base)	food
nc57	Chloride (mg/base)	Nutrient (unit/base)	food
nc58	Iodine (ug/base)	Nutrient (unit/base)	food
nc59	Manganese (mg/base)	Nutrient (unit/base)	food
nc60	Selenium (ug/base)	Nutrient (unit/base)	food
np1	Water (g/portion)	Nutrient (unit/portion)	food
np2	Total nitrogen (g/portion)	Nutrient (unit/portion)	food
np3	Nitrogen conversion factor (/portion)	Nutrient (unit/portion)	food
np4	Protein (g/portion)	Nutrient (unit/portion)	food
np5	Fat (g/portion)	Nutrient (unit/portion)	food
np6	Carbohydrate (g/portion)	Nutrient (unit/portion)	food
np7	Energy (kcal/portion)	Nutrient (unit/portion)	food
np8	Energy (kJ/portion)	Nutrient (unit/portion)	food
np9	Alcohol (g/portion)	Nutrient (unit/portion)	food
np10	Englyst fibre (g/portion)	Nutrient (unit/portion)	food
np11	Southgate fibre (g/portion)	Nutrient (unit/portion)	food
np12	Starch (g/portion)	Nutrient (unit/portion)	food
np13	Total sugars (g/portion)	Nutrient (unit/portion)	food
np14	Non-milk extrinsic sugars (g/portion)	Nutrient (unit/portion)	food
np15	Intrinsic and milk sugars (g/portion)	Nutrient (unit/portion)	food
np16	Glucose (g/portion)	Nutrient (unit/portion)	food
np17	Fructose (g/portion)	Nutrient (unit/portion)	food
np18	Sucrose (g/portion)	Nutrient (unit/portion)	food
np19	Maltose (g/portion)	Nutrient (unit/portion)	food

np20	Lactose (g/portion)	Nutrient (unit/portion)	food
np21	Other sugars (g/portion)	Nutrient (unit/portion)	food
np22	Satd FA (g/portion)	Nutrient (unit/portion)	food
np23	Cis-Mon FA (g/portion)	Nutrient (unit/portion)	food
np24	Cis-n3 FA (g/portion)	Nutrient (unit/portion)	food
np25	Cis-n6 FA (g/portion)	Nutrient (unit/portion)	food
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np31	Beta-carotene (ug/portion)	Nutrient (unit/portion)	food
np32	Beta cryptoxanthin (ug/portion)	Nutrient (unit/portion)	food
np33	Vitamin A (ug/portion)	Nutrient (unit/portion)	food
np34	Vitamin D (ug/portion)	Nutrient (unit/portion)	food
np35	Thiamin (mg/portion)	Nutrient (unit/portion)	food
np36	Riboflavin (mg/portion)	Nutrient (unit/portion)	food
np37	Niacin (mg/portion)	Nutrient (unit/portion)	food
np38	Tryptophan/60 (mg/portion)	Nutrient (unit/portion)	food
np39	Niacin equivalent (mg/portion)	Nutrient (unit/portion)	food
np40	Vitamin C (mg/portion)	Nutrient (unit/portion)	food
np41	Vitamin E (mg/portion)	Nutrient (unit/portion)	food
np42	Vitamin B6 (mg/portion)	Nutrient (unit/portion)	food
np43	Vitamin B12 (ug/portion)	Nutrient (unit/portion)	food
np44	Folate (ug/portion)	Nutrient (unit/portion)	food
np45	Pantothenic acid (mg/portion)	Nutrient (unit/portion)	food
np46	Biotin (ug/portion)	Nutrient (unit/portion)	food
np47	Sodium (mg/portion)	Nutrient (unit/portion)	food
np48	Potassium (mg/portion)	Nutrient (unit/portion)	food
np49	Calcium (mg/portion)	Nutrient (unit/portion)	food
np50	Magnesium (mg/portion)	Nutrient (unit/portion)	food
np51	Phosphorus (mg/portion)	Nutrient (unit/portion)	food
np52	Iron (mg/portion)	Nutrient (unit/portion)	food
np53	Haem iron (mg/portion)	Nutrient (unit/portion)	food
np54	Non-haem iron (mg/portion)	Nutrient (unit/portion)	food
np55	Copper (mg/portion)	Nutrient (unit/portion)	food
np56	Zinc (mg/portion)	Nutrient (unit/portion)	food
np57	Chloride (mg/portion)	Nutrient (unit/portion)	food
np58	Iodine (ug/portion)	Nutrient (unit/portion)	food
np59	Manganese (mg/portion)	Nutrient (unit/portion)	food
np60	Selenium (ug/portion)	Nutrient (unit/portion)	food