

## ADULT DIETARY SURVEY

## BRAND CODE LIST

Round 4: July 1987

Page	Brands for Food Group
	Alcoholic drinks
B107	Beer, lager and cider
B116	Port, sherry, spirits, vermouth etc
B113	Wines and coolers
B94	Beverages
B15	Biscuits
B8	Bread and rolls
B12	Breakfast cereals
B28	Cakes, buns and pastries
B38	Cheese
B46	Cheese dishes
B86	Confectionery
B46	Egg dishes
B47	Fats
B61	Fish and fish products
B76	Fruit
B52	Meat and meat products
B34	Milk and cream
B126	Miscellaneous
B79	Nuts
B1	Own brands
B4	Pasta, rice and grains
B83	Preserves and sweet sauces
B31	Puddings and fruit pies
B120	Sauces, pickles and savoury spreads
B98	Soft drinks, fruit and vegetable juices
B125	Soups
B81	Sugars and artificial sweeteners
B65	Vegetables
B106	Water
B42	Yoghurt and ice cream

The following items do not have brand names and should be coded 9999 in the 'brand coding column'

1. Items which are sold loose, not pre-packed.

Fresh pasta, sold loose  
 Unwrapped bread and rolls; unbranded bread and rolls  
 Fresh cakes, buns and pastries, NOT pre-packed  
 Fresh fruit pies and puddings, NOT pre-packed  
 Cheese, NOT pre-packed  
 Fresh egg dishes, and fresh cheese dishes (ie not frozen), NOT pre-packed;  
 includes fresh items purchased from delicatessen counter  
 Fresh meat and meat products, NOT pre-packed; includes fresh items  
 purchased from delicatessen counter  
 Fresh fish and fish products, NOT pre-packed  
 Fish cakes, fish fingers and frozen fish SOLD LOOSE  
 Nuts, sold loose, NOT pre-packed

11. Fresh fruit  
 Fresh vegetables  
 Fresh eggs  
 Doorstep deliveries of bottled milk

111. Tap water  
 Vitamin or mineral supplements in any form (food code 2526)  
 Medicines in any form (food code 2527)

Plates and containers

Summary of instructions for brand coding:

1. Foods eaten at home (except takeaway foods) and foods prepared at home but eaten away

Fresh	:	9999
Brand recorded and in code list	:	use brand code
Brand recorded, not in code list	:	6000
Brand name not recorded	.	9998
Homemade recipe	:	9997
Composite food	:	brand code the main component

2. Foods eaten away from home; takeaway foods eaten at home or away from home

Fresh	.	9999
Brand recorded and in code list	:	use brand code
Brand recorded, not in code list	:	6000
Brand name not recorded	:	9990
Recipe items	:	9990
Composite foods	:	brand code the main component if branch given; otherwise 9990

## OWN BRANDS

NB: do not code 'own brand' biscuits, wine, or bottled water from this list; refer to relevant 'food' section for these 'brand' codes.

1	Argyle stores
2	Asda
56	Avo
57	Baseline
39	Basics, Presto
70	Batley
3	Bejam
60	Best Buy
4	Bishops
5	Boots
6	British Home Stores
7	Budgen
73	Burger King
65	Capital Foods
8	Carrefour
9	Caters
10	Consort
11	Co-op; all Co-op stores
76	Country Choice
12	Cullens
13	Dalgety
14	David Greig
15	Family Choice
16	Fine Fare
78	Fortnum and Mason
75	G T Smith
17	Gateway
18	Grandways

NB: do not code 'own brand' biscuits, wine, or bottled water from this list; refer to relevant 'food' section for these 'brand' codes.

14 David Greig  
54 Happy Shopper  
19 Harrods  
20 Hillards  
66 Hintons  
21 Holland and Barrett  
79 Iceland  
22 International  
23 Jacksons  
74 Kentucky Fried Chicken  
24 Key Markets  
25 Keynote, Littlewoods  
26 Kwik-Save  
27 Landmark  
28 Laws  
29 Leo  
30 Linfood  
31 Liptons  
25 Littlewoods Keynote  
58 Lo Cost  
32 Loñdis  
33 W M Low  
34 William Low  
69 Mace  
35 Maid Marian  
36 Marks and Spencer, St Michael  
72 McDonalds  
37 Morrisons  
59 My Mums  
68 NAAFI

B2

Own brands

4

NB do not code 'own brand' biscuits, wine, or bottled water from this list; refer to relevant 'food' section for these 'brand' codes.

80 NISA  
67 Normans  
38 Nurdin and Peacock  
77 Peacock  
39 Presto (Presto Basics)  
40 Redrose  
41 Safeway  
42 Sainsbury  
36 St Michael, Marks and Spencer  
43 Selfridges  
55 Shop Local  
44 Shoppers Paradise  
75 G T Smith  
45 Spar  
46 Sterling  
47 Superdrug  
48 Tesco  
49 VG  
50 Victor Value  
51 Waitrose  
52 Wavy Line  
34 William Low  
71 Wimpy  
53 Winfield (Woolworths)  
33 W M Low  
53 Woolworths (Winfield)

PASTA, RICE AND GRAINS

9999 Fresh pasta, sold loose, NOT pre-packed  
101 Agnesi  
102 Allinson  
103 Arrigoni  
4942 Atora  
104 Audisio  
105 Batchelors  
106 Barilla  
107 Be-ro  
108 Bertagni  
109 Bevelynn  
110 Birds  
111 Birds Eye  
196 Braibant  
112 Brown & Polson  
113 Buitoni  
114 Chef  
115 Chiltern Herbs  
116 Cirio  
117 Costa  
118 Country Basket  
119 Country Fayre  
120 Country Life  
121 Creamola  
122 Crosse and Blackwell  
123 Dauphin  
124 De Sortis  
125 Di Martino  
126 Doll Brand  
127 A Donatantonio

197 Egret  
198 Elephant  
128 Enco  
129 Encona  
130 Euvita  
199 Fasta  
131 Findus  
132 Frima  
133 Froqual  
134 Fulcreem  
135 Godess  
136 Ghigi  
137 Go Gourmet  
4000 Golden Fry  
138 Golden Sheaf  
4001 Golden Wonder  
139 Great Scot  
141 Harvest Gold  
163 Mr Harveys  
140 Haven  
142 Heinz  
143 Helios  
144 Henry Jones  
145 Hero  
146 Homepride  
147 HP  
148 Hovis Stoneground  
144 Henry Jones  
149 Jordans  
150 Kelloggs  
151 Koka

B5

Pasta/rice

152 Kraft  
153 Lensi  
154 Lily  
155 Lupa  
156 Marriage  
157 Marshalls  
125 Di Martino  
158 McDougalls  
159 McVitie  
160 Mennucci  
161 Mornflake  
162 Morpac Brand  
163 Mr Harveys  
4599 Nagrir  
164 Napolina  
165 Natco  
4706 Nissin  
166 Norfolk Village  
167 Osem  
168 Pasta Master  
169 Paxo  
4002 Pezzulo  
170 Ponte  
171 Prewetts  
172 Quaker  
173 Rakusen  
174 Realeat  
175 Record  
176 Ross  
177 Rossi  
178 Rowntree Mackintosh  
4003 S and B



179 Sharwood  
180 Signor Rossi  
181 Sitoni  
182 Smedley  
183 Soho Brand  
4004 Sona  
124 De Sortis  
184 Soubry  
185 Sovereign  
186 SPL Label  
195 Spaghetti House  
4915 Summergold  
4005 Swan  
187 Tilda  
4609 Tolley Boy  
4546 Top Hat Foods  
188 Uncle Bens  
189 Valpk  
4949 Vesta  
190 Vulcano  
191 The Watermill  
4067 Waymill  
192 Whisk and Serve  
193 Whitworths  
194 Windmill Foods

BREAD AND ROLLS

9999 All unwrapped bread and rolls; unbranded bread and rolls  
4541 Allied Bakeries  
201 Allinson  
4758 Alpha Bakeries  
202 Arnaouti Dak  
4606 Artos Bakeries  
4652 Associated Family Baker  
245 Avonvale  
203 Bagels  
204 Bahlsen  
246 Beta Bake  
247 Better Bake  
4863 Botley Mill  
278 Brinisa  
279 Broomfields  
280 Buitoni  
205 Catering  
275 Champion  
206 Chollas  
281 Coombes  
207 Country Pride  
248 Country Baked  
208 Crofters Kitchen  
266 Crusty Bayke  
209 Crusty Gold  
249 Daisy Fresh  
250 Dale Farm  
4884 Don Millers  
210 Dove Farm  
211 Excelsior

251 Farmers Wife  
244 Fine Lady  
4553 Flecks  
252 Fletchers  
253 Fresha  
4611 Georgeys  
212 Golden Fry  
213 Granny Smiths  
267 Goswell  
254 Greggs  
4505 Haganbachs  
255 Hamiltons  
4794 Harvest Mill  
256 Harvestime  
214 Hawkhill  
257 Homebake  
215 Homepride  
216 Hovis  
217 Howards  
4554 Johnstones  
268 Justin de Blank  
282 Juvela  
218 Krucks  
219 Lion  
220 MacKechnies  
221 Mighty White  
4576 Mortons  
222 Mothers Pride  
223 Muffin Man  
224 Nimble

225 North Staffs  
226 Panalex  
4501 Panateira  
4637 Parisienne  
273 Pearts  
227 Pennine  
228 Pitta King  
229 Prairie Bold  
230 Prewetts  
260 Rathbones  
261 Richardsons  
277 Rite-Diet  
269 Roberts  
4555 Robertsons  
231 Ruskoline  
283 Rustic  
232 Rustikal  
233 Schlunder  
234 Sharwoods  
4744 Slaters  
235 Slimcea  
236 Soreen  
270 Springhill  
4805 Stantons  
284 Subahdar  
237 Sunblest  
258 Sunmaid  
4610 Sun Malt  
262 Sunshine  
259 Sun Wheel  
238 Supercook

4579 Thurstons  
271 Tobias  
263 Tunog Gold  
274 Turkestan  
285 Veetaswamys  
239 Vitbe  
240 Vitbe Hi-Bran  
264 Village Bakery  
241 Vogel  
265 Warburtons  
242 Whitworths  
243 Windmill  
272 Zermansky

BREAKFAST CEREALS

- 301 Allinsons
- 302 Alpen
- 303 Bemax
- 304 Bird's Grapenuts
- 305 Bran Fare
- 306 Cheerios
- 307 Cheshire Wholefood
- 308 Energen Bran Crunch
- 309 Familia
- 310 Farmhouse Bran, Weetabix
- 354 Farmhouse Toasted Bran
- 311 Force
- 312 General Mills
- 313 Granose
- 304 Grapenuts (Bird's)
- 314 Holly Mill
- 315 James Marshall
- 316 Jordans Country Bran
- 317 Jordans Country Muesli
- 318 Jordans Original Crunchy
- 319 Jordans Special Recipe Muesli
- 320 Kelloggs
- 321 Kelloggs All Bran
- 322 Kelloggs Bran Buds
- 323 Kelloggs Bran Flakes
- 324 Kelloggs Coco-Pops
- 325 Kelloggs Country Store
- 326 Kelloggs Crunchy Nut Cornflakes
- 327 Kelloggs Frosties

328 Kelloggs Fruit'n'Fibre  
329 Kelloggs Honey Smacks  
330 Kelloggs Ricicles  
331 Kelloggs Special K  
332 Kelloggs Start  
333 Kelloggs Sultana Bran  
334 Kelloggs Summer Orchard  
335 Life and Health Food  
363 Lyons Coco Brek  
364 Lyons Golden Brek  
336 Lyons Ready Brek  
337 Mapletons  
315 James Marshall  
338 Meadow Farm Toasted Bran  
339 Mornflakes  
340 Nabisco Cubs  
341 Nabisco Harvest Home Branflakes  
342 Nabisco Shreddies  
343 Nabisco Shredded Wheat  
344 Norfolk Village  
345 Pearce Duff  
346 Prewetts  
347 Quaker Harvest Crunch  
348 Quaker Oat Krunchies  
349 Quaker Puffed Wheat  
350 Quaker Oats  
351 Quaker Sugar Puffs  
336 Ready Brek, Lyons  
4574 Ryecroft

352      Scotts, Quaker  
353      Table Eight  
354      Toasted Farmhouse Bran  
355      The Watermill  
356      Weetabix  
310      Weetabix Farmhouse Bran  
357      Weetaflakes  
4750     Weigh 'n' Save  
358      Whites  
359      Whitworths  
360      Whole Earth  
361      Windmill



BISCUITS

Code 'own brand' biscuits from list below, NOT from 'own brand' code list

- 401 Abbey crunch
- 402 Abbey crunch creams
- 403 Abernethy
- 404 All butter
- 405 All butter fruit
- 4100 All butter shortbread
- 406 All butter thins
- 408 Almond shortie
- 438 Animals
- 409 Apple - bran original
- 4101 Apple creams
- 4102 Apple crisps
- 4103 Apple and date bar
- 4104 Apple, fruit and nut bar
- 4105 Apricot bar
- 4106 Apricot creams
- 692 Arrowroot
- 410 Assorted creams - variety pack not individual flavours
- 413 Bakewell creams
- 4107 Banana bar
- 4108 Banana fruit and nut bar
- 414 Bandit
- 416 Barley bran
- 417 Bath Oliver
- 418 Barbary
- 421 "Biscuits for Cheese" - Assortment
- 693 Bisks
- 422 Blackcurrant cream

424 Blue Cheese Bites  
425 Blue Riband  
426 Boudoir  
427 Bourbon  
439 Bournville  
429 Braemar  
694 Bran  
4109 Bran crunch  
430 Bran oat crunchy  
4110 Bran thins  
7020 Bran wholewheat biscuits  
431 Brandy snaps  
7042 Breadsticks  
432 Breakaway, milk chocolate  
433 Breakaway, plain chocolate  
434 Burford  
435 Butter crinkle  
436 Butter Edinburgh  
437 Butter puffs  
4111 Butter shorties  
443 Cafe Noir  
446 Caramel cookie  
447 Caramel logs  
448 Caramel rings  
449 Caramel wafers  
4112 Carob bar  
450 Carob crunch  
451 Carribean coconut creams  
4113 Celery and sesame crackers  
4114 Cereal and nut crunchy bar

452 Cheddars  
453 Mini Cheddars  
454 Cheese Curls  
455 Cheese and ham flavour bites  
4115 Cheese Sandwich  
4116 Cheese Savors  
456 "Cheese savouries"  
7024 Cheese snips  
457 Cheese sticks  
458 Cheese thins  
4117 Cheesy Buttons  
459 Cheeselets  
4118 Choc Chip Nut shortie  
7050 Chocolate chip chewy cereal bar  
460 Chocolate chip cookies  
463 Chocolate chip gingers  
7038 Chocolate chip shortbread  
461 Chocolate chip and caramel cookies  
462 Chocolate chip and orange cookies  
7023 Chocolate chip, oat and coconut biscuits  
7046 Chocolate coated sandwich biscuit  
695 Chocolate coconut  
440 Chocolate fingers  
464 Chocolate fruit and nut cookies  
465 Chocolate ginger cookies  
466 Chocolate ginger crunchies  
467 Chocolate oat cookies  
468 Chocolate Oliver  
444 Chocolate orange  
469 Chocolate orange cookies  
470 Chocolate orange crunchies  
696 Chocolate shortbread

471 Chocolate teacakes  
472 Chocolate wafers  
473 Choco Leibniz  
539 Choice  
474 Chokini  
7011 Classic chocolate sandwich  
7001 Club, coffee  
475 Club fruit  
7014 Club, milk chocolate  
476 Club mint  
477 Club orange  
478 Club plain chocolate  
479 Club wafer  
480 Cluster, apple and hazelnut  
481 Cluster, hazelnut and raisin  
482 Cluster, peanut and almond  
483 Coasters  
7051 Cocktail snacks  
484 Coconut cookies  
485 Coconut crumble creams  
486 Coconut macaroon  
487 Coconut mallows  
488 Coconut ring  
7001 Coffee Club  
489 Coffee cream  
490 Coffee wafers  
491 Continentals, assortment  
4119 Cornish creams  
7036 Cornish shortie  
492 Cornish Wafers  
494 Country crunch  
697 Country cookies  
495 Cracottes

496 Brown wheat cracottes  
497 Crackerbread  
498 Cream crackers  
7018 Crisp toasts  
499 Crunchy bar coconut and honey  
698 Crunchy biscuits  
500 Currant crisp  
501 Currant crunch creams  
502 Custard creams  
503 Dairy cream finger  
504 Danish butter cookies  
505 Danish luxury cookies  
4120 Danish shortcake  
4121 Date and fig bar  
506 Date nougat and walnut cookies  
507 Delice  
4122 Demerara crunch creams  
508 Devon creams  
509 Digestive  
510 Digestive creams  
511 Digestive sweetmeal  
4123 Digestive toffee flavoured creams  
7017 Digestive wholemeal  
597 Milk chocolate digestive sweetmeal  
622 Plain chocolate digestive sweetmeal  
4124 Dutch crispbake  
4125 Extra thin rye  
512 Farls, chocolate  
513 Farls, golden  
514 Farls, shortbread  
515 Farmhouse  
516 Favourites

517 Fig rolls  
440 Fingers, chocolate coated  
4126 Finger creams  
4127 Finger ginger  
518 Fivers  
4128 5-4-3-2-1  
4129 Flaked almond squares  
519 Fox triple  
520 French toasts  
521 Fruit bar  
522 Fruit crunch  
7019 Fruit crunch biscuit bar  
524 Fruit oat crunchy  
525 Fruit rings  
526 Fruit shrewsbury  
527 Fruit shortcake  
523 Fruit and chocolate chip  
4130 Fruit and nut bar  
7032 Fruit and nut bar with sunflower seeds  
7022 Fruit and nut creams  
528 Funbank  
529 Garibaldi  
530 Gingerbread  
531 Ginger crunch  
532 Ginger crunch creams  
533 Ginger knobs  
534 Ginger nuts  
4131 Ginger snap  
535 Gipsy creams  
536 Golden crunch  
537 Golden crunch, half chocolate coated  
538 Golden crunch creams

543 Golden harvest  
7039 Granny Ann high fibre biscuits  
445 Ground ginger and hazelnut  
545 Happy Faces  
546 Harvest crunch, biscuit  
547 Harvest crunch bars  
548 Harvest crunch, almond and honey  
549 Harvest crunch, chocolate and hazelnut  
550 Harvest crunch, peanut  
551 Hazelnut  
552 Hazelnut crunchy  
553 Hazelnut wafers  
4132 Herb Thins  
544 High fibre  
554 Hi-Lo crackers  
555 Hob-Nobs  
556 Honey  
557 Honey and almond  
558 Honey and oatmeal cookies  
559 Hovis crackers  
560 Iced Gems  
4133 Iced nursery rhymes  
7044 Iced shorties  
561 Iced sport  
562 Ideal bran  
563 Jaffa cakes  
4134 Jam sandwich creams  
564 Jamborees  
565 Jam rings  
566 Jammie Dodgers  
567 Jersey creams

568 Jump cereal bar with apple  
569 Jump cereal bar with chocolate chips  
570 Jump cereal bar with raisins  
7007 Kavli crispbread  
572 Kipferl  
573 Kracka Wheat  
574 Krispen  
699 Krisprolls  
4135 Krispwheat  
575 Lemon cookies  
576 Lemon crisp  
577 Lemon puff  
578 Licorice bar  
579 Licorice All  
4136 Limmits  
580 Lincoln biscuits  
581 Luxury Assorted, variety pack  
582 MacVita  
587 Mallows  
4137 Malt crunch creams  
588 Malted milk  
589 Malted milk creams  
4138 Malties  
598 Milk chocolate malted milk  
590 Marie  
7015 Marshmallow teacake  
591 Maryland  
592 Matzo  
593 Meadow Farm  
594 Melba toast  
595 Meringues  
4139 Micromeal, Univite



596 Milk chocolate  
 7004 Milk chocolate caramel wafer  
 7014 Milk chocolate club  
 597 Milk chocolate digestive sweetmeal  
 584 Milk chocolate homewheat  
 7009 Milk chocolate mallows  
 598 Milk chocolate malted milk  
 4140 Milk chocolate orange cream  
 7008 Milk chocolate sport  
 599 Moalloms  
 4141 Molasses and honey bar  
 600 Morning coffee  
 4142 Muesli bar  
 601 Muesli biscuits, NOT Natural Choice  
 602 Muesli cookies  
 603 Muesli fruit bar  
 585 Munchmallow  
 606 Natural Choice, fruit and nut  
 411 Natural Choice, muesli  
 605 Natural Choice, wholemeal  
 7027 Natural Choice, wholewheat and dried fruit  
 412 Natural Choice, yoghurt creams  
 607 New Tea Time  
 608 Nice  
 609 Nut crunch bar  
 4143 Oatcakes  
 4144 Oat apple and raisin bar  
 4145 Oat apricot and almond bar  
 4146 Oaten crunch  
 4147 Oaten crunch creams  
 4148 Oatmeal bran

610 Oatmeal  
611 Oatmeal cookies  
7047 Oatmeal crunch  
612 Oatmeal and honey cookies  
613 Orange creams, NOT chocolate coated  
442 Orange creams, Cadburys  
614 Orchard cream biscuits  
417 Original Bath Oliver  
4149 Original Crunchy, honey and almond  
4150 Original Crunchy, honey and coconut  
4151 Original Crunchy, bran and apple  
7000 Original Crunchy, orange and carob  
7005 Original treacle cookie  
615 Party Rings  
7031 Peanut bar  
616 Peanut crunch  
617 Penguin  
618 Perkins  
4152 Petit Beurre  
4153 Petit Beurre creams  
619 Petticoat Tails  
620 Pink wafers  
621 Pizza crackers  
622 Plain chocolate digestive sweetmeal  
7041 Plain chocolate fully coated ginger  
586 Plain chocolate homewheat  
624 Poppy and sesame seed crackers  
540 Preludes, cheese  
541 Preludes, herb  
542 Preludes, pizza

626 Raisin bran  
627 Raspberry flavoured bar  
628 Rice  
7037 Rice cakes  
629 Rich coconut  
630 Rich shortie  
631 Rich Tea  
632 Ritz  
633 Ritz cheese sandwich  
634 Ritz cheese and onion  
635 Roka  
4154 Rogga  
636 Rolled oat cookies  
637 Round shortcake  
4155 Royal Dukes  
625 Rye bran  
639 Ryking  
640 Ryvita  
641 Scanda  
642 Scotch ginger perkins  
4156 Sesame bar  
643 Sesame crunch  
4157 Sesame seed crackers  
644 Sesame snaps  
4158 Shortbread  
646 Shortcake  
7012 Shortcake sandwich  
647 Simmers Capital oatcakes  
7006 Sixer  
648 Six Grain  
649 Skanda bread

650 Skanda Crisp  
4159 Slymbred  
4160 Snack  
651 Snack cracker  
4161 Snax  
652 Snowballs  
653 Soft bake coconut  
654 Solar  
655 Spicy fruit  
4162 Strawberry creams  
656 Strawberry crumble creams  
657 Striker  
658 Sultana cookies  
659 Sultana ginger and lemon cookies  
4163 Sunflower fruit and nut bar  
660 Sunny wheat  
661 Sweda wheat  
4164 Swiss style muesli bar  
7016 Tangy Citrus Bar  
662 Taxi  
663 Tea  
664 Teatime creams  
665 Thin arrowroot  
7013 Toasted golden crisp cracker  
7025 Toasted wheat crisp  
666 Toffee creams  
667 Toffypops  
668 Treacle crunch creams  
669 Trio  
670 Tuc  
4165 Tuc savoury sandwich  
671 Tuilles Amandes

672 Twiglets  
673 United  
7035 Viennese fancy  
674 Viennese fingers  
675 Viennese fingers, half coated  
676 Yoghurt biscuits  
677 Yoyo  
678 Viscount mint  
679 Viscount orange  
680 Wafers  
4166 Wafers, chocolate coated  
4165 Wafers, chocolate flavour  
4167 Wafers, lemon sherbet  
620 Wafers, pink  
4168 Wafers, strawberry flavour  
681 Wagon Wheels  
682 Walnut  
683 Water  
684 Wheat crackers, bran  
685 Wheat crackers, savoury  
686 Wholegrain wheat  
687 Wholemeal bran  
4169 Wholemeal crispbread, Allinsons  
688 Wholemeal honey sandwich  
4170 Wholemeal fruit and nut  
4171 Wholemeal krispwheat  
689 Wholemeal shortbread  
4172 Wholemeal thins  
690 Wholesnacks, half coated  
691 Wholewheat bran  
676 Yoghurt biscuits  
677 Yoyo

CAKES, BUNS AND PASTRIES

9999 Cakes, buns and pastries, fresh, NOT pre-packed  
755 Allinsons  
701 Askeys  
4568 Avon Foods  
702 Bahlsen  
703 Bennetts  
4578 Berry Haven  
704 Betty Crocker  
755 Birds Eye  
705 Bisquick  
706 Blakey's  
707 Bradfords  
708 Broadhurst  
709 Burton  
710 Cadburys  
768 Carrs  
711 Celtic Cottage  
712 Continental Patisserie  
4945 Cotswold Cakes  
756 Crawfords  
704 Betty Crocker  
713 Danecake  
714 Delacre  
4937 Don Millers  
715 Edlers  
756 Findus  
716 Finelite  
757 Fletchers  
766 Fleur de Lys  
4746 Gateaux

4717 Ginster  
717 Golden Delicious  
718 Golden Shred  
4531 Granny Perkins  
719 Granny Smith, Nabisco  
720 Greens  
721 Hales  
758 Heather Cameron  
4688 Heinzel  
722 Huntley and Palmers  
4898 Jeanette  
4783 Kaysens  
4607 Khatai  
723 Kirriemuir  
724 Krisbat  
759 Lady Cake  
4503 Ladywell  
725 Lancashire Fayre  
726 Lyons  
727 Manor House  
728 Marc Antonio  
4951 Mariettas  
729 Mary Baker, Nabisco  
730 Matthew Walker  
731 McIlchere  
732 McVities  
4535 Medina Bakeries  
733 Memory Lane  
4937 Don Millers  
4536 Mother Hubbard  
734 Mothers Pride

735 Molly O'Rourke  
736 Mr Kipling  
719 Nabisco Granny Smith  
729 Nabisco Mary Baker  
737 Nestle  
738 North Staffs  
760 Nuthalls Bakery  
739 Ormo  
740 Osem  
741 Ottaman  
742 Park Cakes  
743 Parrys  
744 R and K  
4784 Ravensbergen  
757 Ross  
745 Royal  
761 Sara Lee  
746 Sharwoods  
747 Skels  
748 Simmers  
749 Soreen  
750 Sunblest  
762 Sunmaid  
751 Thrums  
763 Tobias  
752 Trustin  
764 Tunnock  
753 Viota  
730 Matthew Walker  
4707 Walls  
765 Windmill  
754 Wise



PUDDINGS AND FRUIT PIES

9999 Puddings and fruit pies, fresh, NOT pre-packed  
4862 Alpine  
801 Ambrosia  
802 Angel Delight  
803 Batchelors  
804 Berisford  
858 Birds  
805 Birds Eye  
806 Biros  
807 Blintzes  
808 Broadhursts  
809 Brown and Polson  
810 Burton  
811 Chambourcy  
812 Chivers  
4813 Cremola  
813 Crosse and Blackwell  
4769 Dairy Farm  
814 Dairy Tops  
815 Dalemans  
859 Dorset Foods  
860 Ediston  
861 Eden Vale  
4598 Emblem  
858 Findus  
816 Fleur de Lys  
817 Goblin  
818 Golden Wonder  
862 Grange Farm  
819 Granny Smiths

820 Greens  
821 Hales  
822 Heinz  
878 Heinz Weight Watchers  
823 Heinzels  
863 Hoppers Farmhouse  
824 Jackyfruit  
825 Jus Rol  
826 Kool  
848 Sara Lee  
827 Libbys  
864 Little Miss Jellies  
865 Loseley  
828 Lyons  
829 Matthew Walker  
866 Maynards  
831 McDougalls  
879 McVities  
832 Memory Lane  
833 Mette Munk  
867 Milram  
834 Mr Kipling  
868 Mr Men  
877 Mrs Crimble  
835 Mrs Peeks  
836 Morpac  
837 Osem  
838 Palethorpes  
839 Pearce Duff

869 Percy Ingle  
840 Plamil  
841 Plumville  
4850 Provamel  
870 Purdy  
842 RHM  
843 R and K Wise  
871 Robertson  
844 Ross  
845 Royal  
846 Rowntrees  
847 Safari  
872 St Ivel  
848 Sara Lee  
849 Saxby  
850 Schwartau  
851 Snowcrest  
873 Soreen  
852 Springs  
853 Stefanie  
4511 Stillmore  
874 Sudmilch  
854 Tiffany  
855 Valpk  
875 Unigate  
829 Matthew Walker  
876 Wander  
856 Whitworths  
843 R and K Wise  
857 Youngs

MILK AND CREAM

9999 Doorstep deliveries of bottled milk  
901 Alpro  
902 Anchor  
4861 Aro  
971 Balance, Unigate  
903 Birds  
804 Birds Eye  
905 Birmingham Dairies  
4856 Breaktime  
906 Burger Express  
908 Cadburys Coffee Compliment  
909 Cadburys Marvel  
910 Carnation  
911 Carnation Coffee Mate  
912 Casey Jones  
4700 Cavendale Associated Foods  
980 Cereal Mate  
913 Chambourcy  
4643 Cheshire House  
4880 Clayland  
4882 Claymore  
914 Cliffords  
908 Coffee Compliment, Cadburys  
911 Coffee Mate, Carnation  
937 Coffee Top, Kenco  
944 Compleat, Melitta  
915 Cool  
916 Co-op  
917 Country Maid  
980 Cravendale

918 Crazymilk (St Ivel)  
981 Cricketers  
4842 Crown Crest  
919 Dairy Crest  
4581 Dairygate  
982 Dairytime  
4528 Dawn  
920 Dessert Farm  
983 Dale Farm  
921 Eden Vale  
4591 Edinburgh and Dumfries  
922 Elmfarm  
923 Elmlea  
4737 Emblem  
924 Equal  
925 Express  
4664 Fine'n'Fresh  
926 Fit'n'Lite  
965 Five Pints, St Ivel  
927 Flite  
928 Funtime  
929 Fussells  
930 Goldtop  
931 Granose  
4551 Grays  
4715 Hamiltons Dairy  
4641 A Heald Ltd  
932 Healtheries  
4696 Homevale  
933 Huckleberries  
934 Ideal (Nestle)  
935 Job's

937 Kenco Coffee Top  
987 Kennerty's Dairies  
988 Kerrygold  
938 Lancashire Dairies  
4764 Land Gold  
939 Langdales  
4806 Langley Farm  
940 Light Gold  
941 Libbys  
4827 Lord Raleigh's Dairies  
984 Loseley  
942 Mars  
909 Marvel, Cadburys  
944 Melitta Compleat  
945 Millac  
966 Milquik, St Ivel  
946 Mr Big  
947 Nairobi  
948 Nesquik  
949 Nestle  
934 Nestle Ideal  
4751 Northern Dairies  
4860 Overton Farm  
4650 Tom Parker  
951 Pickerings  
952 Pinta Plus  
977 Plamil  
4911 Plumrose  
986 Provamel  
953 Raines  
4827 Lord Raleigh's Dairies  
954 Richs

955 Roselle  
964 St Ivel  
918 St Ivel Crazy Milk  
965 St Ivel 5 pints  
966 St Ivel Milquik  
967 St Ivel Shape  
956 Scottish Farm  
957 Scottish Pride  
967 Shape, St Ivel  
958 Slimcea Light Milk  
959 Slimilk  
960 Slimmers  
961 Slimminex  
4870 Slim'n'Lite  
962 Smilk  
963 Soyagen  
978 Sunrise  
4875 Super Life  
968 Super Shake  
985 Tip Top  
4650 Tom Parker  
989 Total  
969 Trimilk  
970 Unigate  
971 Unigate Balance  
4698 United Dairies  
972 Valpk  
973 Wendy  
979 White Wave  
975 Woodlands Park  
4513 Woolner Bros  
976 Youngs

B37

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Milk

CHEESE

9999 Cheese, NOT pre-packed  
1083 Adams  
1001 Alpenhof  
1002 Anchor  
1003 Auguste Noel  
1084 Baby Bel  
1004 Bismarck  
1005 Black Diamond  
4826 Bladen  
1006 Blooms  
1007 Blue King  
1008 Bonbel  
1009 Bon Tesse  
1010 Boursin  
1011 Bresse  
1012 Bressot  
1096 Buitoni  
1013 Buko  
1014 Cantadou  
1085 Cambozola  
4712 Carricks  
4677 Cathedral  
1015 Chambourcy  
1016 Cheesemaster  
4881 Claymore  
1017 Cornflower  
4916 Cracker Barrel  
1018 Crediou  
1019 Crema  
1020 Crowsons  
1021 Dairy Crest



1022 Dalesman  
1086 Delta  
1023 Dessert Farm  
1024 Deux Capucins  
1025 Dofu  
4718 Dunsters Farm  
1026 Eden Vale  
4543 Express Catering Foods  
4839 Family Circle  
1027 Forrester  
1087 Freeway  
1028 Frico  
1029 Frohweins  
1030 Fromalp  
1031 Fromoux  
1032 Galbani  
4527 Galloway  
1033 Galtee  
1034 Giglio  
1035 Golden Counties  
4605 Golden Maiden  
1089 Grynland  
4954 Heinz  
1036 Heinz Weightwatchers  
1037 Hico  
1038 Hochland  
4674 Ilyha  
1039 Isigny  
1040 Ivydale  
1041 Jacky  
1042 Jarlsberg  
1043 Kalvi, Primula

1044 Kerrygold  
1045 Katies Kitchen  
1046 Kiri  
1047 Kraft  
1090 Langley Farm  
1048 La Rochelle  
1049 Laughing Cow  
1050 Le Roitelet  
1051 Louis Rigal  
1052 Lupa  
4585 Mans Choice  
1053 Mattesons  
1054 Matilde  
1091 Medley  
1055 Milram  
1056 Miree  
1057 Mitchelstown  
1058 Moulin de Gaye  
1092 Olympia  
1059 Petit Pont  
4811 Pompadour  
1060 President  
1061 Prewetts  
1062 Primula  
1043 Primula Kalvi  
1051 Louis Rigal  
1048 La Rochelle  
1050 Le Roitelet  
1063 Rondele  
1064 Rupp

1065 St Ivel  
1066 St Ivel Shape  
1067 Saint Julien  
1068 Saga  
1069 Samson  
1070 Selecta  
1071 Senoble  
1066 Shape, St Ivel  
1072 Silhouette  
1073 Snowcrest  
1074 Soderasens  
4577 Stewarts of Kinross  
1075 Sunny Hills  
1076 Sun Pat  
1077 Supercook  
1078 Tartare  
1079 Tendale  
1080 Tiger  
1081 Valbreso  
1082 Val d'Enza  
4909 Vonk  
1036 Weightwatchers, Heinz  
1094 Wyke  
1095 Yoplait

YOGHURT AND ICE CREAM

1101 Ambrosia  
1102 Ashfords  
1103 Ashfords Fiesta  
1104 Bauer  
1105 Bertorelli  
1106 Birds Eye  
4838 Blackmore Vale Farm  
1107 Bridge Farm, Dairytime  
1173 Burgess  
1151 Caberet, St Ivel  
1108 Cairngorm  
1109 Carnival  
4592 Cassonova  
4614 Caterfast  
1174 Cema Bavarian Biogarde  
1110 Chambourcy  
1111 Chambourcy Bonjour  
1112 Chambourcy Chambor  
1113 Chambourcy Kremly  
1114 Chambourcy Nouvelle  
1115 Chambourcy Robot  
1116 Chambourcy Waistline  
4665 Cheshire Creameries  
1175 Chilton  
4837 Churchfields  
1188 Classic  
1176 Cordon Bleu  
1117 Country Love  
1118 Creamery Fare  
1119 Dairybell  
1120 Dairy Crest

1121 Dairytime  
1107 Dairytime Bridge Farm  
1122 Dayvilles  
4851 De Roma  
1177 Delta  
1123 Dessert Farm  
1157 Diet Ski  
1124 Eden Vale  
1125 Emerdale Farm  
1178 Express  
1103 Fiesta, Ashfords  
1189 Fredericks  
1126 Frigi  
1127 Fruit Basket  
1128 Frutti  
1129 General Foods  
1158 Gold Ski  
1179 Grange Farm  
1130 Hamlet  
1131 Herdgate  
1187 Heinzels  
1132 Hermesetas  
4625 Home Choice  
1133 Hortons  
4608 Hunts  
1134 Jackpots  
1135 Jeffreys  
1136 Kirkland Natural  
1180 Kool  
4667 Lakeland  
1181 La Linea

4920 Lewis  
1137 Loseley  
1138 Lyons Maid  
1139 Marc Antonio  
1140 Mister Rak's  
1141 Mr Freeze  
1142 Mr Men  
1143 Munch Bunch  
1190 New England  
1182 Nisa  
1144 Pavev  
1145 Pearce Duff  
1146 Pendletons  
1147 Pixie  
1152 Prize, St Ivel  
1148 Prospero  
4662 Rainbow, St Ivel  
1153 Real, St Ivel  
4640 Reema  
4851 De Roma  
1149 Ross  
4893 Rossi's  
1150 St Ivel  
1151 St Ivel Caberet  
1152 St Ivel Prize  
4662 St Ivel Rainbow  
1153 St Ivel Real  
1186 St Ivel Shape  
1154 Scholler  
1155 Scottish Pride  
1186 Shape, St Ivel  
4900 Sherbourne  
1156 Ski

1157 Diet Ski  
1158 Gold Ski  
1159 Snowcrest  
1160 Star Wars  
4757 Stella Products  
4793 Stock Meadow Farm  
1161 Sudmilch  
1162 Sun Cream  
1163 Sun Lolly  
1183 Sunrise  
1164 Superted  
1165 Tetley  
1166 Tops  
1184 Top Taste  
1167 Total  
1168 Treats  
1185 Veloute  
4520 Verrechia  
1169 Walls  
4645 Windsor Creameries  
1170 Woodland Park  
1171 Yop  
1172 Yoplait

EGG DISHES AND CHEESE DISHES

- 9999 Egg dishes and cheese dishes, fresh, NOT pre-packed incl. from delicatessen counter
- 9999 Eggs, all
- 1201 Birchtrent
- 1202 Birds Eye
- 1203 Bowyers
- 1214 Buitoni
- 1204 Cuisine
- 1205 Dorset Foods
- 1206 Findus
- 4786 Forest of Foods
- 1207 Hollands
- 1215 Katies Kitchen
- 1208 McCain
- 1209 McKenzie's
- 1210 McVities
- 1216 Natasha
- 1217 Palethorpes
- 1218 Pan Baked
- 1219 Perfect Pizza
- 1220 Pizza Express
- 1221 Pizza Hut
- 1222 Pizza Land
- 1223 Ross
- 1211 Rowleys
- 1224 St Nicholas
- 1212 Sutherland
- 1213 Vegetable Feasts



FATS

1301 Adams  
4006 Acorn  
1302 Alfonal  
1303 Alvin1  
4007 Anchor  
4013 Anchor Freeway  
1304 Ashland  
1305 Atora  
1306 Bamfords  
1307 Banquet  
1308 Banquet Gold Blend  
1309 Benedicta  
1310 Bertolli  
1371 Big Fry, Pura  
1311 Blue Band  
4008 Blue Leap  
4009 Broadland  
1312 Carbonell  
1313 Clover  
4556 Coral Reef  
1314 Cookeen  
1315 Cornish Cottage  
1316 Costa  
1317 Country Fare  
1318 Country Life  
4542 Country Range  
4010 Craigmiller  
4011 Dairy Blend  
4725 Dairy Crest Willow  
4012 Dairy Maid

1319 Daisy Brand  
4923 Dale Farm  
1369 Percy Daltons  
1320 Danelard  
4068 Danelite  
4604 Dawn  
1321 Delight  
1322 Devon Cottage  
1323 Dove  
1324 Duchesse  
1325 Dufrais  
4630 Dunsters Farm  
1326 Echo  
4540 Eden Vale  
1327 Eros  
1328 Farmlea  
1329 Flora  
1398 Flora, white  
1330 Frediani  
4013 Freeway  
1331 Fresh Fields  
1377 Gold, St Ivel  
1332 Gold Blend  
1333 Gold Cup  
1334 Golden Churn, Kraft  
1335 Golden Fields  
1336 Golden Meadow  
1337 Golden Rose  
1338 Golden Vale

4825 Good Life  
1339 Granose  
4014 Green Meadow  
1340 Guliva  
4590 Heinz  
4015 Holly Bush  
1341 Jean Rochele  
1342 Kerrygold  
1343 Khanum  
1344 Kilverts  
1345 Kraft  
1334 Kraft Golden Churn  
1346 Kraft Luxury  
1347 Kraft Special Soft  
1348 Kraft Superfine  
1349 Kraft Vitalite  
1380 Krisp'n Dry, Spry  
1350 Krona  
1351 Krona Silver  
1352 Laburnum  
1353 Langdales  
1354 Life  
1355 Lin-O-Saf  
1356 Longboat  
1357 Lupa  
4741 Lupin  
1358 Lurpak  
1359 Manley Ratcliffe  
1360 Martlet  
1361 Mazchik

1362 Mazola  
1363 Medyna  
1364 Mennucci  
1365 Morrell  
1366 Napolina  
1367 Normandy  
1368 Outline  
1369 Percy Daltons  
1370 Prewetts  
1371 Pura Big Fry  
1372 Pura Soft Lard  
1373 Pura Solid Vegetable Oil  
1374 Pura Vegetable Lard  
1375 Rakusen Kosher  
4016 Rooly  
1376 Rydes  
4567 St Ivel  
1377 St Ivel Gold  
4017 St Luke's  
4018 Scottish Pride  
4878 Scots Vale  
1378 Shirgar  
4829 Slimmers Gold  
1379 Somerset Cottage  
1380 Spry Krisp'n'Dry  
4019 Staple Dairy  
1381 Stork  
1382 Stork SB  
4020 Suma  
1383 Summer County  
1384 Sun

1385 Sun-O-Life  
1386 E T Sutherland  
1387 Swish  
1388 Telma  
1389 Tomor  
1390 Trex  
4021 Trex Solid Vegetable Oil  
4597 Unecol  
1391 Valpk  
1392 Velda  
1393 Vitalite, Kraft  
4022 Vitaquelle  
1394 Weight Watchers  
1395 Welsh Cottage  
1396 Wheelbarrow  
1397 White Cap  
1398 White Flora  
4725 Willow, Dairy Crest  
1399 Ymenyn Cymru  
4660 Yorkshire Dairy

MEAT AND MEAT PRODUCTS

9999 Meat and meat products, fresh NOT pre-packed, incl from delicatessen counter

1401 Adams

1402 Alcisia

1403 Alivini, Villani

1404 Andrews

1405 Armour

4507 Arthur J Harris

1406 Artland

4586 Ashleys

1407 Barilla

1408 Batchelors

1557 Batesby

1409 Baxters

4854 Belchers

4773 Bentley

1410 Berisfords

1411 Berkeley

1412 Bernard Matthews

4570 Beta Bake

1558 Bingham

1413 Birchtreant

1414 Birds Eye

1415 Blooms

1559 Boekos

1416 Bon Meats

1417 Bowyers

1418 Brains

4726 Brays

1560 Bristol  
1419 Broadhursts  
4683 Budgeons  
1420 Buitoni  
1599 Burgerland  
4632 Busy Bee  
4761 Butchers Boy  
1562 Butterball  
1421 Buxted  
4672 C and B  
4932 Calden Millerfield  
1422 Campbells  
1423 Casserole Brand  
1424 Caugant  
4936 Cauldron Foods  
1425 Celebrity  
1426 Chad Valley  
1563 Cherry Vale  
1427 Chesswood  
4620 Chubbley  
1428 Chuckie  
1429 Chunky Chicken  
4759 Colemans Meats  
1564 Continental Savouries  
1430 Continental Wholesale  
4533 Country Fare  
4545 Countryside Foods  
1431 Crosse and Blackwell  
1432 Cuisine  
1433 Culrose  
1434 Dak  
4529 Dale-pak

1565 Daloon  
1435 Dana  
1436 Danepak  
1566 Danish  
1437 Danoxa  
1438 David A Hall  
1567 Davids Crown  
1568 Dawson  
1569 Daxa  
1570 Dedham Vale  
1439 De Haan  
4222 Deko  
1440 Derwent  
1441 Devon  
4876 Dewhurst  
1442 Dorset Foods  
1443 Doyenne de Lanvaux  
1571 Ekro  
1444 Elysee  
1445 Emblem  
1446 Empire  
1572 English Charter  
1447 Erica  
1448 Evis  
1449 Farmhouse  
1450 Far North  
1451 Festival  
1452 Findus  
4515 Fleur de Lys  
1453 Flow Food  
1454 Forrester  
1455 Fray Bentos



4947 Freesia Foods  
1456 Freshbake  
4941 Fridgeway  
4929 Fritham  
1457 Galbani  
1458 Galtee  
1459 Gillot  
1460 Ginsters  
1461 Goblin  
1462 Gold Dish  
4224 Golden Wonder  
1463 Gold'n'Crunchy  
4833 Grandways  
1464 Granose  
1465 Grants  
1466 Greenspans  
1439 De Haan  
1467 Hafnia  
1438 David A Hall  
1543 Trevor Hammond  
1468 Harris  
4507 Arthur J Harris  
1469 Harveys  
1470 Hebrew National  
4225 Hebro  
1573 Heinz  
1471 Henaff  
1472 Henry Telfer  
1473 Herdsman  
4735 Hereward  
1474 Hi-Co

1475 Highland  
4560 Hilliers  
1476 Hofels  
1477 Hollands  
1478 Hygrade  
1479 John West  
1480 Jubilee  
1481 Katie's Kitchen  
1482 KP  
1483 Kraft  
1485 Lanes  
1575 Laurel Farm  
1486 Lawson  
1487 Libbys  
1488 Links and Green Labels  
4519 Linnells  
4855 Lloyd Maunder  
1489 Lockwoods  
1490 Marshalls  
1491 Mattesons  
1412 Bernard Matthews  
1492 May and Raeburn  
1493 McKellar  
1494 McKellar Watt  
1495 McLaren  
1496 Mecia and Brockwurst  
1577 Memory Lane  
4703 Mendip  
1497 Millers  
1498 Morrell  
4594 Mortons Bakery

4532 Moy Park  
1499 Mortier  
1578 Mr Changs  
1500 Nash's  
1501 Normeat  
4596 Norries  
1502 New Forge  
1503 Old El Paso  
4569 Old Oak  
1504 Orbit  
1505 Oxo Beanfeast  
1506 Padley  
1507 Palace  
1508 Palethorpes  
1579 Pan Krisp  
1509 Parmalat  
4697 Parrs  
1510 Pastoral  
4728 Peaks  
1511 Pek  
1580 Peters Pies  
1512 Pickerings  
4661 Pickwick  
1581 Pieper  
1513 Pietro Negroni  
1582 Pittington  
1514 Plumrose  
1515 Plumtree  
1583 Poppadoms  
1516 Pork Farm  
1517 Prego  
4226 Prime Cuts

1518 Princes  
1519 Provia  
4227 Pyke Biggs  
1584 Raj Food  
4853 Rea Valley  
1520 Richmond  
4946 Roach Foods  
1521 Robirch  
1522 Rondimport  
1523 Ross  
1585 Royal Crest  
1524 Royal Dane  
1586 Roys  
1587 S and B  
4780 Saxon Farm  
1525 Scotbeef  
4223 Selfar  
1526 Sharwoods  
1527 Ship Brand  
1528 Shippams  
1529 Simpsons  
1588 Skeltons  
1530 Slaters  
4692 Smedleys  
4836 Somer West  
1531 Soysos  
1589 Sovereign  
1532 Spam  
1590 Spaghetti House

4514 Steak Express  
4666 Stevens and Brotherton  
1533 Suffolk Feast  
4844 Sun Valley  
1591 Sunbird  
1534 Sunrose  
1535 Sussex Farm  
1536 E T Sutherland  
1537 Swifts  
1538 Table Eight  
1539 Tatler  
1472 Henry Telfer  
1540 Telfers  
4864 Telfords  
1592 Thornhill  
1541 Tiffany  
4547 Top Hat Foods  
1542 Topsail  
1543 Trevor Hammond  
1544 Tudor Queen  
1545 Tulip  
1546 Turners  
1593 Twydale  
1547 Tyne Brand  
1548 U M Brand  
1549 Uncle Wong  
4228 Unger  
1594 Upper Crust  
1550 Valley Farm, Walls  
1595 Veeraswamys

1551 Vesta  
1403 Villani Alivini  
1552 Walls  
1550 Walls Valley Farm  
1479 John West  
1596 Wendy  
4931 Wessex Sunday Best  
1553 Westlers  
1554 Wilsons  
1555 Wragg  
1556 Ye Olde Oak  
4517 York  
1598 Zand

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FISH AND FISH PRODUCTS

9999 Fish and fish products, fresh, NOT pre-packed (incl. fish cakes, fish fingers, and frozen fish sold loose)

1601 Admiral

1602 Aimcalm

1603 American Original

1604 Anchovette

1605 Armour

1606 Arrow

1607 Berisfords

1608 Birds Eye

4868 Blue Crest

4539 Brambley Cottage

1628 Georges Bruck

1610 Burgess

4588 Captains Choice

1611 Carnation

1612 Channel

4891 Cool Quality

1688 Cornish Cove

1613 Costa

1614 Crosse and Blackwell

1615 Cuan

1616 Cucumber Brand

1617 Dacur

1618 Dan Maid

1619 Dawnfresh

1620 Deep Blue

1621 Del Monte

1689 Delta

1622 Empire

1623 Eskimo

1690 Faroe

1624 Far North  
1625 Findus  
1626 Flying Goose  
1627 Freelands (Freelands Pride)  
1628 Georges Bruck  
1629 Gillot  
1630 Glenryck  
1631 Glyngore  
1632 Golden Bridge  
1691 Golden Label  
1633 Hales  
1634 Harvest Frozen Foods  
1635 Helmsman  
1636 Henaff  
1637 Huckleberries  
1638 Iceland Water  
1693 Icelandic  
1639 Isle of Man  
1640 John West  
1641 Jonah  
1694 Joy to Eat  
1642 Kibun  
4522 King Frost  
4695 Kingfisher  
1643 La Montegasque  
1644 Launis  
1645 Limfjord  
1646 Lupa  
1648 Macrae  
1649 Manischewitz  
1650 Marie Elisabeth



1651 Marina  
1652 Marr  
4772 Matthesons  
1653 May and Raeburn  
1654 MFF  
1643 La Montegasque  
1655 Musketeer  
1656 Oakleaf  
1657 Ocean Crest  
1658 Opies  
1659 Osprey  
1660 Parsons  
1661 Pinney  
4787 Plumrose  
1662 Porters  
1663 Princes  
1664 Prisco  
1665 Puffin  
1666 Rayner  
1667 Red Sail  
1668 Ross  
1669 Royal  
1670 Royal Court  
1695 Royal Crown  
4600 Seafrost  
1671 Severnside  
1672 Sharwoods  
1673 Shearwater  
1698 Sheltie  
1674 Shippams

4549 Snow King  
1675 Socra  
1676 Starfish  
1677 Surfer  
1678 Sutherlands  
1679 Tartan  
1680 TK  
1696 Tulip  
1681 Van Smirren  
1682 Vesta  
1683 Victoria  
1697 Wendy  
1640 John West  
1684 W G White  
1685 Wilsons  
1687 Youngs

VEGETABLES

9999 Vegetables, fresh  
1701 Aimcalm  
1702 Alien Spacers, KP  
1703 Allinson Wheateats  
1704 Alpino  
1705 Anglia  
4694 Anglian Aristocrat  
4618 Armour  
4589 Ashleys  
1706 Bahlsen  
1895 Bains  
1896 Baron  
1707 Batchelors  
1708 Beckman  
1709 Bensons  
1730 Bensons Crown  
4230 Bensons Natural Choice  
1710 Berisford  
1897 Birds Eye  
1711 Birtrent  
1712 Bond  
1713 Bonduelle  
4771 Brake Brothers  
4537 Brambley Cottage  
1714 Bran Krisps  
4621 Buitoni  
1745 Burtons Fish 'n' Chips  
1715 Cadburys Criss Cross  
1716 Cadburys Smash

1717 Cadburys Stackers  
1718 Campbells  
1719 Cana  
1898 Carlton Farm  
1720 Chambourcy  
1721 Champs  
4064 Cheesers, Smiths  
1722 Cheeseey Curls, Tuckers  
1899 Chefs Choice  
4023 Chesswood  
4024 Chipmunk  
1723 Chipsticks, Smiths  
1724 Chomps, Richmond  
1725 Cirio  
4762 Cordon Bleu  
4730 Cortina  
4025 Costa  
1726 Country Corner  
4877 Country Cottage  
4026 Country Fair  
4624 Country Life  
4582 Country Range  
4748 Cream of the Crop  
1727 Crispie Crunchies, Hunters  
1715 Criss Cross, Cadburys  
1728 Crispy Tubes, Smiths  
1729 Crosse and Blackwell  
1730 Crown, Bensons  
1731 Crunchy Shells, KP  
1732 Crunchy Waffles, KP  
1733 Cuisine

1734 Culina  
1735 Cypressa  
4733 Danoxa  
1736 Del Monte  
4231 Dietburger  
1737 Discos, KP  
4027 Dominic  
1738 Doritos  
4753 Dougies  
1739 Dragon  
4028 Drustans Farm  
1740 Dunns River  
1741 Eden  
4029 Eden Vale  
1742 Encona  
4651 Everest  
1743 Farina  
4030 Farm Frites  
4795 Farmers Pride  
1744 Farrows  
4031 Findus  
1745 Fish'n'Chips, Burtons  
1746 Flodor  
1747 Foodfinder  
4063 Football Crazy, Smiths  
1748 Foremost  
1749 Foresight  
1750 Formosan  
1751 Frazzles, Smiths  
1752 French Fries, Walkers  
1753 Freshlike  
4177 Fri-d' Or

1754 Fritos  
1755 Froqual  
4032 Garden Pride  
4593 Goblin  
1756 Go Gourmet  
1757 Golden Bridge  
4033 Golden Label  
1853 Golden Wonder Spiderman  
4034 Golden Wonder Odduns  
1834 Golden Wonder Ringos  
1858 Golden Wonder Stix  
1862 Golden Wonder Superman  
1890 Golden Wonder Wotsits  
1758 Golden Wonder  
4035 Grace  
1759 Granose  
1760 Great Scot  
1761 Green Giant  
1762 Groko  
4232 Groovers, Sooner  
1763 Hartleys  
4036 Harvest  
4822 Harvest Gold  
1764 Haven  
4647 Haywards  
4037 Hazelwoods  
1765 Heinz  
4828 Heinz Weight Watchers  
1766 Hellmanns  
1767 Hera  
4038 Heron  
1768 Holco

1769 House of Natural Food  
1770 HP  
1771 Hula Hoops, KP  
1772 Hunters  
1727 Hunters Crispie Crunchies  
1861 Hunters Super Fries  
1887 Hunters Whoops  
4704 Hunts  
4040 Jack Fulton  
1773 Japanese Rice Snacks  
1774 Jaws, Murphys  
1775 Jeco  
1776 John West  
1777 Jus Rol  
1778 Kanda  
1779 Kauffman  
1780 Kepier  
1702 KP Alien Spacers  
1731 KP Crunchy Shells  
1732 KP Crunchy Waffles  
1737 KP Discos  
1771 KP Hula Hoops  
1876 KP Twirlers  
1781 KP  
1782 KP Low Fat  
1783 Krunchi  
4558 La Soleil  
4041 Laurel Farm  
1784 Leisure  
1785 Leo  
1786 Lin-Can  
1787 Lincolnshire  
1788 Lockwoods

1789 Londina  
4808 Lord  
1790 Lotus  
1791 Lupa  
1792 Lutece  
4042 Lychgate  
1793 Manju Karia  
4043 Market Day  
4544 Maytree  
1794 McCain  
1795 McCormicks  
1796 McKenzie  
1797 Mennucci  
1798 Merit  
1799 Mister Rak's  
1800 Monster Munch, Smiths  
1801 Morinaga  
1802 Montali  
4788 Morrell  
1803 Morton  
1804 Mr Mash  
1721 Murphys Champs  
1774 Murphys Jaws  
1810 Murphys Nik-Naks  
1843 Murphys Seyshells  
1883 Murphys Wheat Crunchies  
1805 Murphys  
1806 Napolina  
1807 Natco  
1808 Natura  
4044 Natures Snack

B70

72

Vegetables



4872 Newforge  
1809 Nibb It  
1810 Nik-Naks  
1811 Noels  
4921 Norfolk King  
1812 Norfolk Village  
4045 Norwester  
4601 Nubrand  
1815 Nut Kernel Onion Rings  
1826 Nut Kernel Prairie Wheels  
1846 Nut Kernel Shrimps  
1869 Nut Kernel Thingamebobs  
1870 Nut Kernel Thingamejigs  
1893 Nut Kernel Yankees  
1813 Nut Kernel  
4034 Odduns, Golden Wonder  
1814 Old El Paso  
4046 Old English  
1815 Onion Rings, Nut Kernel  
4047 Oven Bake  
1816 Phileas Fogg Calif/Corn Chips  
1817 Phileas Fogg Java Crackers  
1818 Phileas Fogg Mignons Morceaux  
1819 Piglets Bacon and Bean  
1820 Piglets Pickled Onion flavour  
1821 Piglets Smokey Bacon flavour  
1822 Planters  
1823 Planters Pride  
1824 Polka  
4048 Poppadoms  
1825 Potato Waffles  
1826 Prairie Wheels, Nut Kernel

1827 Prego  
1828 Prewetts  
1829 Princes  
4049 Protoveg  
1830 Pulcinella  
1831 Quavers, Smiths  
4050 Raj Foods  
1724 Richmonds Chomps  
1885 Richmonds Whoppers  
1832 Richmonds  
1833 Rileys  
1834 Ringo's, Golden Wonder  
1835 RMJ Wholefoods  
4051 Rosalinds Cookery  
4052 Ross  
4065 Rounders, Sooner  
1836 Royal Norfolk  
4053 Roys  
1837 S and W  
1838 St Ivel  
1895 St Ivel Shape  
4054 St Nicholas  
1839 Scampi Fries, Smiths  
1840 Schnefrost  
1841 Scotfresh  
4055 Scottish Harvest  
4595 Scotts  
4056 Sea Brook  
1842 Sea Isle  
1843 Seyshells, Murphys  
4895 Shape, St Ivel  
1844 Sharwoods

4573 Shield Ness  
 1845 Ship  
 1846 Shrimps, Nut Kernel  
 1847 Skips  
 4743 Slaters  
 1716 Smash, Cadburys  
 1848 Smax Smokey Bacon  
 1849 Smedley  
 1723 Smiths Chipsticks  
 4064 Smiths\_Cheesers  
 1728 Smiths Crispy Tubes  
 1751 Smiths Frazzles  
 4063 Smiths Football Crazy  
 1800 Smiths Monster Munch  
 1831 Smiths Quavers  
 1839 Smiths Scampi Fries  
 4062 Smiths Square Crisps  
 4233 Smiths Sweet and Sour Pork Flavour Fries  
 1850 Smiths  
 1851 Snaps, Walkers  
 1852 Snowcrest  
 4558 La\_Soleil  
 4058 Sona  
 4232 Sooner Groovers  
 4065 Sooner Rounders  
 4057 Sooner  
 4059 Spaghetti House  
 1853 Spiderman, Golden Wonder  
 4234 Springhill Farm  
 1854 Springs  
 1855 SPL Label

1856 Spud-u-Like  
1857 Square Crisps  
1717 Stackers, Cadburys  
1858 Stix, Golden Wonder  
1859 Stixi  
4719 Stratford  
4749 Streamline  
4617 Summer Gold  
4914 Sun Valley  
4060 Sunrise  
1860 Supercook  
1861 Super Fries, Hunters  
1862 Superman, Golden Wonder  
1863 Surprise  
4233 Sweet and Sour Pork Flavour Fries, Smiths  
1864 Swel  
1865 Talpe  
1866 Tarantella  
4557 Target  
1867 Tartan  
4865 Telfords  
1868 Tendafrost  
1869 Thingamebobs, Nut Kernel  
1870 Thingamejigs, Nut Kernel  
1871 TK  
1872 Tucker Foods  
1722 Tuckers Cheesy Curls  
4235 Tuckers Natures Choice  
1873 Tuckers, Walkers  
1874 Tudor  
4571 Turners  
1875 Twiglets  
1876 Twirlers, KP

4638 Ungers  
1877 Valpk  
4061 Valfrutta  
1878 Vege Burger  
4236 Vegetable Feasts  
1879 Vegetarian Feast  
4237 Veosen Pate Snacks  
4948 Vesta  
1880 Vico  
1881 Vulcano  
1752 Walkers French Fries  
1851 Walkers Snaps  
1873 Walkers Tuckers  
1882 Walkers  
4828 Weight Watchers, Heinz  
1776 John West  
4731 West Gate Foods Ltd  
1883 Wheat Crunchies  
1884 Whitworths  
1885 Whoppers, Richmond  
1887 Whoops, Hunters  
1888 Wilcox and Lomer  
1889 Wilsons  
1890 Wotsits, Golden Wonder  
1891 Wye Valley  
1892 XL  
1893 Yankees, Nut Kernel  
1894 Yeoman

FRUIT

9999 Fruit, fresh.  
1901 Australian Gold  
1902 Batchelors  
1903 Belmonte  
4831 Berisfords  
4804 Bernards  
1904 Blue Dragon  
1905 Cana  
1975 Carmel  
1906 Chivers  
1907 Cirio  
1908 Continental  
4756 Country Garden  
1965 Crespo  
1909 Crest Brand  
1910 Del Monte  
1966 Delta  
1976 Dole  
4910 Farm King  
1911 Fruta  
1912 Golden Knight  
1967 Golden Label  
1913 Goldreef  
1968 Grace  
1914 Hartley  
1969 Harvest  
1915 Haven  
1916 Hazelwoods  
1917 Heinz  
4687 Heinzl  
1918 Hero

1919 House of Natural Foods, HNF  
4686 Jaffa Gold Brand  
1963 Jiff  
1920 John West  
1921 Kepier  
1922 Krakus  
1923 La Sorrentins  
1924 Libbys  
1925 Lin-Can  
1926 Lockwoods  
1927 Londina  
1928 Lotus  
1929 Lupa  
1970 Lychgate  
1930 Morton  
1931 Napolina  
1932 Natura  
1933 Oberon  
1934 Pan Yan  
1935 Pickerings  
2696 PLJ  
1936 Princes  
1971 Prize Winner  
1937 Quantock  
2702 Realemon  
1938 Red Sail  
1939 Rene  
1940 Renshaw  
1941 Ribena  
4792 Robertsons

1942 Royal Norfolk  
1943 S and B  
1944 Scotts  
1945 Sharwoods  
1946 Shearway  
1947 Silver Leaf  
1972 Silver Spoon  
4705 Skyline  
1948 Smedleys  
4917 Southern Gold  
1973 Star Pride  
1923 La Sorrentins  
1949 Stute  
4619 Summer Gold  
1964 Summer Pride  
1950 Sunbeam  
1951 Sundora  
1952 Sun-Maid  
1953 Swel  
1954 Tarantella  
1955 Tendafrost  
1956 TK  
1957 Turban  
1962 Valfrutta  
1958 Valpk  
1959 Watties  
1920 John West  
1960 Whitworth  
1961 Windmill



NUTS

9999 Nuts, NOT pre-packed  
2001 Aria  
2002 Bahlsten  
2003 Big 'D'  
2004 Burton  
2005 Christies  
2052 Chirpy Chippy  
2006 Clement Faugiere  
4846 Cypressa  
2030 Percy Daltons  
2007 Dormen  
2008 Elsenham  
2009 Emperor  
2010 Ethos  
2011 Fosters  
2012 3 F  
2013 Gales  
2053 Golden Twin  
2014 Golden Wonder  
2015 Granose  
2016 Harlen  
2017 Harmony  
2018 Haven  
2019 Hofels  
2020 House of Natural Food, HNF  
2021 Hovena  
2054 Jose  
2022 Knorr  
2023 KP  
2024 Mauna Loa

2025 Mellow  
2026 Murphys  
2027 Natco  
2028 Norfolk Village  
2029 Nutty  
2030 Percy Daltons  
2031 Phileas Fogg  
2032 Planters  
2033 Polly Nut  
2034 Prewetts  
2035 Rainbow  
2036 Readifood  
2037 Ridpath  
2038 Sharwoods  
2039 Skippy  
2040 Smiths  
2041 Sooner Foods  
2042 Suma  
2043 Sunpat  
2044 Sunwheel  
2055 Super-Cook  
2045 Teegee  
2012 3 F  
2046 Turban  
2047 Valley Farm  
2048 Walkers  
2049 Whitworths  
2050 Whole Earth  
2051 Windmill

SUGARS AND ARTIFICIAL SWEETENERS

2101 Appleford  
2102 Billingtons  
2103 Birds  
2104 Canderel  
2105 Canderel Spoonful  
2106 Candico  
2107 Cantassium  
4636 Country Range  
2108 Dietade Fruit Sugar  
2109 Fowlers  
2110 Fructofin  
2111 Glucodin, Farley  
2112 Heath & Heather  
2113 Hermesetas, Blue  
2114 Hermesetas, Gold  
2115 Hermesetas, liquid  
2116 Hermesetas, Sprinkle Sweet  
2117 Kelloggs  
2118 Lyles  
2119 Mapletons  
4925 Napier  
2120 Natrena  
2140 Natrena, liquid  
4852 Nucross  
2121 Old Ranchouse  
2122 Prewetts  
2123 Pumphreys  
2124 Renshaw  
2125 Rowse  
2126 Rusco

2 127 Saxin  
2 128 Sharwood  
2 129 Silver Spoon  
2 130 Sionon  
2 142 Sucron  
2 143 Sucron minilumps  
2 131 Supercook  
2 132 Sugarlite  
2 133 Sugatwin  
2 134 Sweetex  
2 144 Sweetex, granulated  
2 135 Sweetex Plus  
2 146 Sweet'n'Lite  
2 136 Sweet'n'Low  
2 137 Sweet'n'Slim  
2 138 Tate and Lyle  
2 145 Uni-Chem  
2 139 Whitworths

PRESERVES AND SWEET SAUCES

- 2201 Appleford
- 2202 Arran
- 2203 Baxters
- 2204 Bel Orchard, Ledbury
- 2205 Burton
- 2206 Cadburys
- 2207 Cardinal Cap
- 4933 Carmarthen
- 2208 Chivers
- 2160 Chivers Hartley
- 2209 Clifton
- 2210 Costa
- 2255 Cottage Farm
- 4845 Country Goodness
- 4583 Country Range
- 4653 Crofters
- 4902 Cullens
- 2211 Cut Comb
- 2212 Delicia
- 2213 Del'Ora
- 2214 Devon & Cornwall, Tamar
- 2215 Duerrs
- 2216 Edna May
- 2217 Elsenham
- 4814 Epicure
- 2218 Fellows
- 2219 Food Finder
- 4781 Fruit Royal
- 4944 Fruit Royale
- 2220 Gales
- 2249 Thomas Garraways

4689 Gingham  
2221 Golden Shred, Robertsons  
2222 Granose  
2223 Hartleys  
2224 Heinz  
2225 Hero  
2226 Highland  
2227 Jacksons  
4905 Judges  
2228 Keiller  
2229 Krakus  
2204 Ledbury Bel Orchard  
4702 Lothian  
2230 Mamade  
2231 Margetts  
2232 Matthew Walker  
2233 Moorehouse  
2234 Natureland  
2235 Nelsons  
4930 Newtime  
2256 Nutrament  
2259 Nutella  
2236 Ratcliffes  
2237 Robertsons; NOT Robertsons Golden Shred  
2221 Robertsons Golden Shred  
2238 Roses  
4779 Rouse  
2239 S and B  
2257 S and M  
2240 Scotts  
2241 Silver Leaf  
2242 Snowcrest

2243 Sona  
2244 Spring  
2245 Stute  
2246 Sunny Spread  
4866 Sunshine  
2247 Sun Pat  
2248 Sun Wheel  
2249 Thomas Garraways  
2250 Tiptree  
2251 Thursday Cottage  
2252 Todays Recipe  
2253 Valpk  
2232 Matthew Walker  
2258 Weight Watchers  
2254 Whole Earth  
4899 Wilkins and Sons

CONFECTIONERY

2301 Aero  
2302 After Eight Mints  
2401 All Gold, Terrys  
2303 Animal Bar  
4800 Anton Berg  
2427 Atkinson  
2428 Banjo  
4798 Bards  
2429 Barker and Dobson  
2304 Barratt  
2305 Bassetts  
2312 Beechs  
2306 Bendicks  
4938 Bennets  
2430 Benson  
4800 Anton Berg  
2307 Black Magic  
2308 Blue Bird  
2431 Blue Ribbon  
4738 Bonds  
2309 Bounty  
2310 Bournville Dark  
2311 Butterkist  
2432 Cabana, Rowntrees  
2433 Cadburys Bar Six  
2313 Cadburys Boost  
2310 Cadburys Bournville  
2314 Cadburys Brazil Nut  
2315 Cadburys Buttons  
2316 Cadburys Caramel



2473 Cadburys Caramel Milk  
2317 Cadburys Creme Egg  
2318 Cadburys Crunchie  
2319 Cadburys Curly Wurly  
2337 Cadburys Dairy Milk  
2320 Cadburys Double Decker  
2434 Cadburys Eclairs  
2321 Cadburys Flake  
2322 Cadburys Fruit and Nut  
2323 Cadburys Fudge  
2324 Cadburys Milk Tray  
2325 Cadburys Picnic  
2327 Cadburys Roast Almond  
2328 Cadburys Roses  
2435 Cadburys Skippy  
2329 Cadburys Sultana  
2474 Cadburys Turkish  
2475 Cadburys Walnut and Orange  
2330 Cadburys Wholenut  
2436 Cadburys Wildlife  
2331 Cadburys Wispa  
2332 Callard and Bowser  
2437 Caramac  
2333 Chewits  
2619 Chilly-Willy  
2471 Cool mints  
2334 Comanche  
2335 Cote D'Or  
4670 Cravens  
2336 Cypressa  
4648 Daintee

4918 Dairy Box, Rowntrees  
2438 Dairy Crunch, Nestles  
2337 Dairy Milk, Cadburys  
2338 Daniels  
2339 Danoxa  
2472 Dentyn  
2439 Dime  
2340 Drifter, Rowntrees  
2440 Droste  
4516 Eagle Crest  
2341 Elizabeth Shaw  
2342 Famous Names  
2343 Ferrero Rocher  
2441 Fishermans Friends  
2344 Figaro  
2345 Fox's Glacier Mints  
2442 Fox's Glacier Fruits  
2346 Freedent  
2347 Fruitella  
2348 Frys Chocolate Cream  
2443 Frys Peppermint Cream  
2445 Frys Five Centres  
2349 Frys Turkish Delight  
2350 Galaxy  
2326 Galaxy Ripple  
2351 Gambit  
2446 Hacks  
2447 Halls  
2352 Halva  
4518 Harveys  
2353 Hellas  
2448 Henri Nestle

2354 Hersheys  
2355 Hubba-Bubba  
2652 Ice Pops  
2476 Itonas Chunky Bars  
2477 Itonas Nutty  
2449 Kalibu  
2356 Keiller  
2357 Kinder  
2358 Kit Kat, Rowntrees  
2450 Langdales  
2451 Lees  
2359 Lindt  
2360 Lion Bar  
4506 Locketts  
2366 Long Matchmakers  
2361 Logger, Terrys  
2452 Macs  
2362 Maltesers  
2363 Marabu  
2364 Marathon  
2365 Mars Bar  
2366 Matchmakers  
2470 Maynard  
2367 Meltis Newberry Fruits  
2371 Meltis  
2368 Menier  
4913 Menos Van Melle  
2369 Mentos  
4572 Milady  
2370 Milka  
2372 Milky Bar

2373 Milky Way  
2374 Minstrels  
2375 Mintoes  
2453 Mintolas  
2454 Mirabell  
4736 Morrisa  
2455 Munchies  
2376 Murray Mints  
2456 Needlers  
2438 Nestles Dairy Crunch  
2372 Nestles Milk bar  
2367 Newberry Fruits, Meltis  
4810 Newtons  
2378 Norfolk Village  
2478 Nougat Supreme  
2457 Novo  
2379 Nuts  
2458 Nuttalls  
2479 Oh Yes  
2380 Opal Fruits  
2381 Orbit  
2382 Orchard Blossom  
2459 Pacers  
2460 Panda  
4943 Parkinsons  
2383 Paynes  
2384 Peanut Treets  
2325 Picnic  
2385 Polo mints  
2386 Quality Street  
2387 Quiggin  
2388 Regina

2389 Revels  
2326 Ripple, Galaxy  
2390 Ritter Sport  
4713 Rolls  
2393 Rolo, Rowntrees  
2328 Roses, Cadburys  
2432 Rowntrees Cabana  
4918 Rowntrees Dairy Box  
2340 Rowntrees Drifter  
4843 Rowntrees Eclipse  
2391 Rowntrees Fruit Gums  
2392 Rowntrees Fruit Pastilles  
2393 Rowntrees Rolo  
2394 Rowntrees Toffo  
2461 Ruffle  
2395 Scotbloc  
4896 Servous Bonbons  
2396 Sharps  
2397 Sharps Softmints  
2341 Elizabeth Shaw  
2427 Slush Puppy  
2399 Smarties  
2400 Smith Kendon  
4897 Squirrel  
2481 Stampede  
2462 Star Bar  
4934 Storck  
2463 Strepsils  
2401 Suchard  
2733 Sun Lolly  
2410 Terrys All Gold  
2403 Terrys Bitz  
2404 Terrys Chocolate Orange, Terrys Chocolate orange bar

2405 Terrys Fruit Pastilles  
2406 Terrys Harlequins  
2361 Terrys Logger  
2408 Terrys Moonlight  
2409 Terrys Neapolitans  
2464 Terrys Spartan  
2465 Terrys Waifa  
2466 Texan  
2411 Thorntons  
2412 Tic-Tac  
2413 Tobler  
2414 Toblerone  
2415 Toffee Crisp  
2394 Toffo, Rowntrees  
2467 Tooty Frooties  
2468 Tooty mints  
2416 Topic  
2417 Trebor  
2384 Treets, Peanut  
2418 Tubble  
2469 Tunes  
4727 Tunnocks  
2419 Twix  
2420 Ulmer  
2480 Velamints  
2421 Walkers  
2422 Walnut Whip  
2423 Weekend

4908 Whitakers  
4502 Wilkinsons  
2424 Wrigleys  
2425 Yorkie  
2426 Zentis

BEVERAGES

Code all vending machine drinks 2571, except 'Max-Pax' - 2562

4873 Aristocrat  
2501 Barley Cup  
2573 Bedtime  
4890 Berisfords  
2558 Big T  
2529 Birds Mellow  
2502 Bournvita  
4774 Brazilian Blend  
2503 Brooke Bond  
2559 Brooke Bond D  
2504 Brooke Bond Choice  
2505 Brooke Bond Coffee Time  
2548 Brooke Bond PG Tips  
2506 Brooke Bond Red Mountain  
2507 Cadburys  
2575 Cadburys Chocolate Break  
2508 Cafe Hag Decaffeinated  
2574 Calypsa  
2509 Camp  
2560 Cardwines  
2510 Carnation  
2511 Carnation Mellora  
2512 Caro  
4789 Carte Noire  
2626 Crusha  
4580 Douwe Egberts  
4671 Dunhuang T1 Khan Yin  
4711 Eduscho



4709 Fireside 80  
2513 Fresh Brew  
2514 Fresh Pak  
2515 Glengettie  
4659 Gold Cup  
4760 Grandos  
2508 Hag Decaffeinated; Cafe Hag  
2516 Heath and Heather  
2517 Horlicks  
2561 Hornimans  
2518 Instant Horlicks  
2519 Jacksons  
4807 Jacqmotte  
4821 Joshua Taylor  
2520 Kenco Ground  
4679 King Cup  
4858 Kneipp  
2521 Lavazza  
2522 Lift  
4680 London Herb and Spice Co  
2576 Luaka  
2523 Lyons  
4649 MacLeods  
4729 Maison du Cafe  
2524 Mantunna  
2527 Master Blend, Maxwell House  
2562 Max Pax  
2525 Maxwell House  
2563 Maxwell House Granules and Ground

2526 Maxwell House Decaffeinated  
2527 Maxwell House Master Blend  
2528 Melitta  
2529 Mellow Birds  
2530 Melroses  
4654 Miles  
4655 Mocomost Holland  
2564 Nairobi  
2531 Natures Way  
2532 Nescafe  
2533 Nescafe Alta Rica  
2534 Nescafe Blend 37  
2565 Nescafe Cap Colombie  
2535 Nescafe Fine Blend  
2536 Nescafe Gold Blend  
2566 Nescafe Gold Blend Decaffeinated  
2537 Nescafe Gold Blend Ground  
2538 Nescafe Good Day  
2539 Nescore  
2540 Nestles Decaffeinated  
2541 Nestles Elevenes  
2567 Nesquick  
4721 Norfolk House  
2542 Norfolk Village  
2543 Norfolk Village Pure Instant Chicory  
4681 Nuwaraeliya  
2544 Olde Norfolk  
2545 Ovaltine  
2546 Instant Ovaltine  
2568 Paynes

2547 Pompadour  
2548 PG Tips, Brooke Bond  
2569 Quick Brew  
4847 Red Zinger  
2549 Redcoats Turkish Coffee  
2550 Ridgways  
4562 Ringtons  
2551 Rombouts  
2552 Rombouts Decaffeinated  
2570 Rowntrees  
4847 Secret Garden  
4874 Sol Tienco  
2553 Symingtons  
2554 Tetley  
4682 Thompsons  
4840 Traidcraft  
2555 Twinings  
2556 Typhoo  
2557 Van Nelle  
2571 Vending  
4587 Vendona  
4548 Wogan  
4785 Yorkshire

SOFT DRINKS, FRUIT AND VEGETABLE JUICES

See separate list at end for bottled water

4510 Alpine  
2780 Anchor  
2609 Apeel, Birds  
2601 Appella  
2602 Appletise  
2603 Arrigoni  
2605 Assis  
2606 Bali-Hi  
2607 Barr  
2755 Bee Gee  
2608 Belle Orchard  
2756 Ben Shaws  
2609 Birds Apeel  
2610 Bitter Sweet  
4722 Border Real  
2757 Britvic  
2611 Britvic 55  
2612 Brooks  
2613 Bulmers  
4790 Burgess  
4924 C and R  
4622 Calypso  
2614 Canada Dry  
4669 Cannongate  
2615 Capri Sun  
2616 Cariba  
2617 Carl Jung  
2618 Carters  
4575 Cherry B

4888 Cherry Coke  
4685 Cima  
4754 Citra  
4802 Citrus Vale  
4699 Club  
2620 Coca Cola  
2621 Diet Coca Cola  
2622 Cocktail Club  
2758 Community  
2623 Copella  
2624 Corona  
4616 Cosby  
4924 Cowburn and Richardson  
2625 Cresta  
2627 C-Vit  
2629 Cydrax  
2759 Daisy Chain  
2630 Dauphin  
2760 Dale Farm  
4871 Daybreak  
2631 Del Monte  
2656 Del Monte Island Blend  
2632 De l'Ora  
2621 Diet Coca Cola  
4823 Diet Corona  
2693 Diet Pepsi Cola  
2717 Diet 7-Up  
2740 Diet Tango  
2745 Diet Top Deck  
2633 Dietade  
2634 Dr Pepper

2635 Eckes  
2778 Eden  
2636 Energen One-Cal  
2761 Express  
2638 Fanta  
2639 Fenvil  
2640 Ferguzade  
2641 Fiji, St Ivel  
4724 First Choice  
2642 Five Alive  
2643 Flagon  
2762 Francere  
2763 Frank Cooper  
2644 Fresca  
2764 Furnnacks  
2645 Gee Bee  
2646 Greens  
2647 Hellas  
2648 Hey  
2649 Hi  
2651 Hunts  
2653 Idriš  
2654 Irn Bru  
2656 Island Blends, Del Monte  
4691 Jaffa Champion  
2657 Jaffajuce  
2659 Ju-Cee  
4879 Juice One  
2617 Carl Jung  
2660 Junita  
2661 Jusoda

2662 Just Drink  
2663 Just Juice  
2664 Kia-Ora  
2665 Kiri  
2666 Konisaft  
2765 Lancs Diaries  
2766 Larkspur  
2667 Leisure  
4657 Lenkwood  
2668 Libbys  
2669 Libbys "C"  
2670 Likojuice  
2671 Lilt  
2673 Lockwoods  
4835 Lowcocks  
2674 Lucozade  
2676 Mandora  
2677 Martlet  
4512 Masons  
2779 Matotaki  
4552 McEwan  
2678 Meri.Mate  
2679 Mr Juicy, St Ivel  
2680 Mignard  
2681 Moonshine  
2682 Morjuice  
2683 My Jaffa  
2767 Napolina  
2684 Natures Wonder  
2686 Nutrament  
4926 Oakwell  
2768 Old Willow

2687 One-Cal  
2688 Orangina  
2689 Orelia  
2784 Original New York Seltzer  
2690 Panda  
2691 Pearce Duff  
2692 Pepsi Cola  
2693 Diet Pepsi Cola  
2695 Pin-Hi  
2697 Prewetts  
2698 Priman  
2769 Quantoc  
2699 Quatro  
2700 Quosh  
2770 Rawlings  
4714 Refresh  
2703 Renpro  
4767 RHM Foods  
2704 Ribena  
4723 Richardsons  
2705 Riha/Wesergold  
2771 Rise and Shine  
2706 Rob  
2707 Robinsons  
4690 Rodwells  
2708 Roses  
2709 Rowntree  
2710 Rubicon  
i, si 2711 Rynkeby  
2727 St Clements  
2641 St Ivel, Fiji



2679 St Ivel, Mr Juicy  
2728 St Ivel, Real  
2783 St Ivel, Real Premier  
2774 St Martin  
2712 Schloss Boosenburg  
2713 Schloss Heidelberg  
2714 Schweppes  
2715 Schweppes Slimline  
2772 Schweppes Tropical Spring  
2716 7-Up  
2717 Diet 7-Up  
2718 Schloer  
2719 Silver Spring  
2720 Sionon  
4817 Slimsta  
2721 Sodastream  
4530 Solripe  
4684 Spartan  
2773 Spectrum  
2723 Split  
2724 Sportscraft  
2572 Spring Up  
4747 Squeeze  
2726 Squirt  
2729 Stillmore  
4832 Stirling Economy  
2730 Stretton  
2731 Stute  
2775 Suma

2732 Summer Sun  
4849 Sun Charm  
4922 Sunbrite  
4830 Sunfresh  
2734 Sunpride  
2735 Sunquick  
4952 Super Jaffe  
2736 Super Sun  
2737 Swiss Miss  
4904 Sykes  
2738 Tab  
2776 Tang  
2739 Tango  
2740 Diet Tango  
4602 Target  
2741 Thor  
2742 Ting  
2743 Tizer  
2744 Top Deck  
2745 Diet Top Deck  
2746 Top Pops  
2747 Trendy Pops  
2777 Tropical Spring, Schweppes  
2748 Um Bongo  
2749 Valpk  
2750 Villa  
2751 Vimto  
2752 Volonte

4504 Wassington

4928 Waters and Robson

2753 Wells

2754 R Whites

4615 Woodrows

107

B105

Soft drinks

WATER

Code 'own brand' bottled waters from list below, NOT from 'own brand' code list

3450 Ashbourne

3451 Badoit

3452 Buxton

3453 Cwm Dale

3454 Evian

3455 Highland Spring

3456 Isabelle

3457 Lindavia

3458 Malvern

3459 Perrier

3460 Ramlosa

3461 Royal Brecon

3462 Spa

ALCOHOLIC DRINKS Beer, lager and cider

2801 Abbot  
4603 Albright  
2802 Alloas Diamond  
3018 Ansell's  
2808 Baden  
2809 Badger  
2811 Banks  
4658 Barclays  
4889 Bass  
3019 Bates  
2815 Beck's Bier  
2817 Bellhaven  
4678 Ben Trumans  
4841 Benskins  
2819 Bentleys  
2822 Berliner  
3020 Blackthorn  
3075 Boddingtons  
2829 Brains  
2831 Breug  
4819 Brew XI  
2832 Brewmaker  
4765 Matthew Brown  
2833 Budweiser  
2834 Bulmers  
4642 Burtonwoods  
2841 Carling Black Label  
2842 Carlsberg  
2843 Castlemaine XXXX  
3023 Charringtons

3024 Chester  
3025 Chequer  
4628 Chieftan  
2853 Clausthaler  
2856 Coopers  
2862 Courage  
3027 Davenport  
3028 Devenish  
3030 Dorchester  
4776 Dortmunden  
3029 Double Diamond  
2870 Double Dragon  
3032 Draxburghs  
3033 Eldridge Pope  
2874 Everards  
3034 Export Gold  
3035 Federation  
2877 Fisher  
2878 Flowers  
2879 Fosters  
4950 Fremlins  
4867 Friary Meux  
3036 Fullers  
4869 Gales Horndean  
2884 Gaymers  
2885 Geordie  
2887 Gold Label  
2888 Goldwell  
3038 Greenalls  
2893 Greene King  
3041 Grolsch

2894 Guinness  
2895 Haacht  
2896 Hansa  
4818 Hansons  
2897 Harp  
2899 Heineken  
2900 Heldenbrau  
2901 Hemeling Lite  
2902 Henri Funck  
2903 Herforder  
3043 Hofmeister  
2916 Holstein  
3044 Holsten  
4701 Home Ales  
4523 Huntsman  
2917 Ind Coope, NOT Double Diamond  
3029 Ind Coope Double Diamond  
2921 John Bull  
2922 John Smiths  
2924 Kaliber  
3079 Kaltenberg  
3045 Kestrel  
3077 King and Barnes  
4775 Konigbacher Pils  
4716 Kronerburgh  
3080 La Belle Strasbourgeoise  
3082 Lamot  
3084 Larksman  
4634 Lees  
3047 Longlife  
3086 Lorimers

3048 Lowenbrau  
3088 Mackeson  
4820 Manns  
2927 Mansfield  
2928 Marksman  
3051 Marstons  
4765 Matthew Brown  
2932 McEwans  
2935 Merrydown  
2936 Michelob  
2937 Miester  
3052 Miller  
3053 Mitchel and Butler  
3054 Moosehead  
2942 Newcastle  
2944 Norseman  
3055 Northgate  
2945 Oranjeboom  
2950 Piper Export  
4563 Ploughmans  
2951 Pomagne  
2952 Posthorn Royal Dutch  
2954 Red Stripe  
2960 Ruddles  
2961 Rutland  
3057 Sam Smith  
2963 Samuel Smiths  
2967 San Miguel  
2968 Satzenbrau  
3059 Scandia  
4740 Sernia Pils  
3060 Shaft



3061 Sheffield  
4708 Sheperd Neame  
2973 Skol  
2974 Skona  
4720 Stag  
2977 Stella Artois  
3074 Stones  
3063 Swan  
3064 Tartan  
2982 Taunton  
2985 Tennants  
2986 Tetley  
2987 Theakston  
4895 Threshers  
3065 Thwaites  
3068 Toby  
4892 Tolly  
2990 Tom Caxtons  
4564 Trent  
2991 Trophy  
4678 Ben Trumans  
3069 Tuborg  
3070 Ushers  
2995 Vaux  
3072 Wadworths  
3006 Wards Sheffield  
3009 Watneys  
3010 Websters  
3073 Whitbread

3074 William Stones  
4635 Wilsons  
3012 Wolsters  
3014 Worthingtons  
3015 Wrexham  
3016 Youngers, NOT Kestrel  
3017 Youngers Kestrel  
3076 Youngs

ALCOHOLIC DRINKS Wines and Coolers

Code 'Own brand' wines and coolers from list below, NOT from 'Own brand' code list

2804 Asti Spumante  
2805 Aston Manor  
2806 Babycham  
2812 Bardolino  
2813 Beachcomber  
2814 Beaujolais  
2820 Bereich Nierstein  
2821 Bergerac  
2823 Bernkastler  
2828 Bordeaux  
2835 Burgundy  
2838 Cabernet Sauvignon  
2844 Chablis  
2845 Chambery  
2846 Champagne  
2847 Chardonnay  
7049 Chateau  
2848 Chateauneuf du Pape  
2849 Chianti  
2852 Claret  
2858 Coteaux du Layon  
2859 Cotes du Rhone  
2860 Cotes du Ventoux  
2861 Country Manor  
7029 Dao  
2868 De Valcourt  
7028 Don Cortez  
2873 Entre Deux Mers  
2875 Falkensteiner

2880 Francere  
2881 Frascati  
2882 Fruhmesse  
7030 Furstenberg  
2883 Gambellara  
2892 Graves  
3042 Grunmoller  
2915 Hock  
3000 House red  
2999 House white  
3081 Lambrusco  
3085 Liebfraumilch  
7043 Lohengrin  
7040 Macon rouge  
2931 Paul Masson  
2992 Mateus  
2933 Medoc  
2934 Merlot  
2938 Minervois  
2940 Moselle  
2941 Muscadet  
7021 Niersteiner  
2946 Orvieto  
2931 Paul Masson  
7034 Piat d'Or  
2948 Piesporter  
2949 Pink Lady  
7003 Raboso del Vineto  
2957 Riesling  
2958 Rioja

2959 Rose d'Anjou  
2962 St Emilion  
2964 Sanatogen  
2966 Sangria  
2969 Saumur  
2970 Sauterne  
2972 Shaverings, NOT Babycham  
2976 Soave  
7048 Spatlese  
2989 Thunderbird  
2994 Valpolicella  
2996 Vedrenne  
2997 Verdicchio  
2998 Verduzzo  
7033 Veuve du Vernay  
2999 Vin blanc  
3000 Vin rouge  
3001 Vinho Verde  
3002 Vino Bianco  
3003 Vino Rosso  
3005 Vouvray  
7026 Weissburgunder

ALCOHOLIC DRINKS: Port, Sherry, Spirits, Vermouth etc

2803 Armadillo  
4801 Aurum  
2807 Bacardi  
2810 Baileys  
2816 Beefeater  
2818 Bells  
4663 Bertola  
4919 Birsac Napoleon  
2824 Black Bush  
2825 Black Heart  
2826 Blandys  
2827 Bols  
2830 Breaker Malt Liquor  
2836 Burnetts  
2837 Burroughs  
4778 Calvados  
3021 Camerons  
3022 Campari  
2839 Canadian Club  
2840 Captain Morgan  
2850 Chivas  
2851 Cinzano  
2854 Claymore  
2855 Cockburns  
3026 Cointreau  
2857 Cork  
2863 Courvoisier  
2864 Crabbies  
2865 Croft  
2866 Dalmore

2867 De Kuyper  
4673 Domecq  
2869 Double Century  
3031 Drambuie  
3078 Dubonnet  
2871 Eldorado  
2872 Emva Cream  
2876 Famous Grouse  
4675 Fundador  
4886 Gilbeys  
2886 Glenfiddich  
4885 Glenmorangie  
2889 Gonzalez  
2890 Gordons  
4927 Grahams  
3037 Grand Marnier  
2891 Grants  
3040 Grouse  
4912 Haig  
4894 Hankey Bennister  
2898 Harveys  
4803 High and Dry  
2904 Hine  
4796 JB  
2918 Jack Daniels  
2919 Jameson  
4766 Janneau  
2920 Jim Beam  
2923 Johnnie Walker

4626 Kulov  
3046 Lambs  
3083 Laphroaig  
4739 Lemon Herb  
3087 MacAllan  
2925 Mackinlay  
2926 Madeira  
3049 Malibu  
3050 Malthouse  
2929 Martell  
2930 Martini  
2939 Montilla  
4526 Mortello  
2943 Noilly Prat  
4668 Olde England  
4550 Ole  
2947 O.V.D.  
3056 Pernod  
3079 Pimms  
2953 QC  
4755 Queen Anne  
2955 Remy Martin  
2956 Riccadonna  
2965 Sandeman  
3058 San Domingo  
2971 Seagrams  
2975 Smirnoff  
3062 Southern Comfort  
4883 Stock



2978 Stolichnaya  
2979 Stones  
2980 Sweetheart  
2981 Swin Y Mor  
2983 Taylors  
2984 Teachers  
2988 Three Barrels  
3066 Tia Maria  
3067 Tio Pepe  
2993 Valencia  
3004 Vladivar  
3007 Warninks  
3008 Warres  
4797 White Horse  
3071 White Satin  
3011 Whyte and Mackay  
3013 Woods

SAUCES, PICKLES AND SAVOURY SPREADS

3 101 Amora  
4906 Amoy  
3 102 Amoy Gold  
3 103 Barilla  
3 205 Barmene  
3 104 Baron's  
3 105 Batchelors  
3 106 Baxters  
3 107 Benedicta  
4508 Bernard Matthews  
3 108 Bertagni  
3 109 Bicks  
3 110 Birchtreant  
3 111 Bisto  
3 112 Blue Dragon  
3 113 Bovril  
4538 Brambley Cottage  
3 114 Branston  
4561 Buitoni  
3 115 Burdalls  
3 116 Burgess  
3 117 Campbells  
3 118 Carbonell  
4763 Chef  
4834 Chop  
3 119 Cirio  
3 120 Colmans  
3 121 ConlMex  
3 134 Frank Cooper  
3 122 Cremanaze

3123 Crespo  
3124 Crosse and Blackwell  
3125 Czech Nova  
3126 Daddies  
3127 Del Monte  
3128 Devos Lemmens  
4770 Dowsons  
3129 Elsenham  
3130 Enco  
3131 Epicure  
3132 Escoffier  
3157 La Favorite  
3133 Fellows  
4815 Findus  
3134 Frank Cooper  
3135 French's American  
3136 Golde Kitchen  
3137 Goldenfry  
3138 Grace  
3139 Green Label  
3140 Grey Poupon  
4791 Hammonds  
3141 Hammons  
3142 Haywards  
3143 Hazlewood  
4935 Heidelberg  
3144 Heinz  
3145 Hellmans  
3146 Highgrove  
3147 Homepride  
3148 Hoskins

3 149 HP  
3 150 Humber Brand  
3 151 James Brand  
3 152 Josephine Terry  
3 153 Knorr  
3 154 Kraft  
3 155 Krakus  
4745 Krunchie  
3 156 Kuhne  
3 157 La Favorite  
3 158 Lawrys  
3 159 Libby  
3 160 Life and Health  
4859 Lingham  
3 161 Lion  
3 162 Lea and Perrins  
3206 Lotus  
3 163 Marmite  
3 164 Mattesons  
4508 Bernard Matthews  
3207 May Fair  
3 165 Maykaway  
3208 McIlgenny  
3 166 McCormick  
4939 McDougall  
4768 Mellors  
4782 Mr Harveys Original  
3 167 Mrs Batchelors  
3 168 Mrs Elswood  
4857 Natex  
3 169 Nazirs

3170 Noels  
4752 Norfolk  
3171 Nova  
3172 Ocean Spray  
3173 Old El Paso  
3174 Old Ranch House  
4500 Oxo  
3175 Pan Yan  
4627 Parsons Gold Star  
3176 Pataks  
4953 Paxo  
4644 Pearce Duff  
3212 Petty Wood  
4799 Ploughmans Ideal  
3209 Quorm  
3177 Ratcliffe  
3178 Rayner  
3179 Richardsons  
3180 Ross's  
3181 Rowats  
3182 Sagion  
3183 Sarsons  
3184 Scotts  
3185 Sharwoods  
3186 Shaws  
3187 Simons  
3188 Smedleys  
3189 Spillers  
3190 Subahdar  
3191 Success  
4824 Summer Gold  
3192 Supercook

3 193 Suzi-Wan  
3 194 Tabasco  
3 195 Tenderland  
3 152 Josephine Terry  
3 196 Thomy Dressing  
3 197 TK  
3 198 Toss'n'Serve  
3 199 Tramier  
4940 Unecol  
3200 Valpk  
3210 Vecon  
3211 Vegemite  
3201 Waistline  
4633 Weigh and Save  
4612 Whitworth  
3202 Whole Earth  
3203 Wilsons  
3204 Windmill

SOUPS

- 3301 American Original
- 3302 Batchelors
- 3303 Baxters
- 3304 Becas
- 3305 Bordon
- 3306 Crosse and Blackwell
- 3307 Campbells
- 3308 Chef
- 3309 Dulfrance
- 3325 Encona
- 3310 Erasco
- 3311 Flodor
- 3312 Granny's
- 3326 Healds
- 3313 Heinz
- 3327 Heinz Weight Watchers
- 3314 Hugli
- 3315 Jean MacGregor
- 3316 John Lusty
- 4559 Matthews
- 3317 Knorr
- 3316 Lusty, John
- 3318 Osem
- 3319 Rochelle
- 3320 Smedleys
- 3321 Sutherland
- 3322 Telma
- 3327 Weight Watchers, Heinz
- 3323 Whitworths
- 3324 Windmill

MISCELLANEOUS

3411 Alpepper  
3401 Bon  
3402 Bovril  
3412 Brown and Polson  
3403 Delicia  
3404 Dufrais  
3405 Granose  
3406 Hammonds  
4903 Knorr  
4777 Martlet  
3407 Natex  
3408 Oxo  
3413 Paxo  
3409 Sarsons  
4584 Saxa  
4887 Sharwoods  
3414 Suma  
3410 Vecon



**DIARY SPECIFICATION  
(FOR SIR DATABASE)**

Input

The diary is made up of loose-leaf pages containing the dietary information for a week. Each page has a heading containing day information and lines of food information. Please see appendix A for an example of the diary.

The heading consists of:

- day (not keyed)
- date
- day order
- day of the week
- serial number

Each set of food items (ie those belonging to the same plate) will have a plate line (ie where food code is 9999) followed by the food items on separate lines. A set may continue over a page, but each new day must start with a new page.

Each line consists of:

- time zone (column A) fields can be blank indicating
- home or away (column B) that values to be carried forward from previous line
- columns C & D (not keyed)
- weight (column E) - mandatory
- leftover (column F) - this will be a weight if this is a plate line (ie FOOD code is 9999) or a leftover indicator if not (the indicator is a tick which is to be keyed as 1)
- brand - mandatory (fresh food coded as 9999 & unknown brands as 9998)
- food - mandatory (plate or container coded as 9999)

Output

Each line of the diary will be represented by a record. There will be two types of record (see appendix B for record specifications)-

a) Record type 1 to be created when food column contains 9999 with variables :-

- RECTYPE - 01
- SERNO - serial number from page heading
- DAY - day order from page heading
- MEALNO - to commence at 1 for each separate day and to increment by 1 for each rectype 1
- DATE - from page heading
- DAYOFWK - day of the week from page heading
- TIMEZONE- from column A of line. If absent bring forward from previous rectype 1 or if first of day then leave blank
- HOMEAWAY- from column B of line. If absent bring forward from previous rectype 1 or if first of day then leave blank.
- WEIGHT - from column E of line
- LEFTOVER- from column F of line

b) Record type 2 to be created when food column does not contain 9999 with variables :-

- RECTYPE - 02
- SERNO - serial number from page heading
- DAY - day order from page heading
- MEALNO - take from last rectype 1 processed
- ITEMNO - to commence at 1 for each new meal (ie when MEALNO is different to MEALNO of previous rectype 2) and to increment by 1 for each new rectype 2
- FWEIGHT - weight of food item taken from column E
- LEFTIND - leftover indicator taken from column F (incl. key as 1)
- BRAND - taken from brand column
- FOODCODE- taken from food column
- WEIGHTC - *consumed weight*

The output file will consist of sets of a rectype 1 followed by a variable number of rectype 2, each set representing a meal (ie the contents of a plate).

eg.

REC1 REC2 REC2 REC2 REC2 REC1 REC2 REC2 REC1 REC2

Additional variables have been introduced so that each record has a unique set of keys. Each rectype 1 can be identified by MEALNO within DAY within SERNO. Each rectype 2 can be identified by ITEMNO within MEALNO within DAY within SERNO.

# Appendix A

Day .....*day* Date 

Day	Month	Year
		8

Day order  OFF USE ← DAY OF WEEK

Serial number 

--	--	--

Please use a separate line for each item eaten; write in weight of plate; leave a line between different 'plate' entries

A Time eaten am/pm	B Food eaten at home   away		C Brand name of each item, in full, (except for fresh produce)	D Full description of each item including: - whether fresh, frozen, dried, canned - how cooked; what type of fat food fried in	E Weight served gms.	F Weight of leftovers TICK ITEMS	OFFICE USE ONLY	
	Brand	Food						
	1   2							
	1   2							
	1   2							
	1   2							
	1   2							
	1   2							
	1   2							
	1   2							
	1   2							
	1   2							
	1   2							
	1   2							
	1   2							

RECORD SPECIFICATION APPENDIX B

ADULT NUTRITION  
- RECTYPE 1

J. MURRAY

Date: 13/8/86

Sheet: 1

Process Plan Ref DPR	Draft Table No DOL	Record Description PLATE - one for every meal	File Ref S1241/B
-------------------------	-----------------------	--	---------------------

Start Position	Size	Data Type	Level	Alignment	Occurrence	Data Name/Description	Range of Codes
1	2	Z			1	RECTYPE	01
3	5	Z		R	1	SERNO - CASEID	1-99999
8	1	Z			1	DAY	1-7
9	2	Z		R	1	MEALNO } SORT IDS	1-99
11	6	Z			1	DATE	Valid date
17	1	Z			1	DAYOFWK	1-7
18	1	Z			1	TIMEZONE	1-4
19	1	Z			1	HOMEAWAY	1-2
20	4	Z		R	1	WEIGHT	1-9999
24	4	Z		R	1	LEFTOVER	1-9999

R - right justified  
(ie leading spaces/zeros)  
N - numeric

RECORD SPECIFICATION APPENDIX B

ADULT NUTRITION  
- RECTYPE 2

J. MURRAY

Date:  
13/08/86

Sheet:  
2

Process Plan Ref  
DPR

Draft Table No  
DOL

Record Description  
FOOD

File Ref  
S1241/B

Start Position	Size	Data Type	Level	Alignment	Occurrence	Data Name/Description	Range of Codes
1	2	Z			1	RECTYPE	02
3	5	Z			1	SERNO - CASEID	1-99999
8	1	Z			1	DAY	1-7
9	2	Z		R	1	MEALNO	1-99
11	2	Z		R	1	ITEMNO	1-20
13	4	Z		R	1	FWEIGHT	1-9999
17	1	Z		R	1	LEFTIND	1
18	4	Z		R	1	BRAND	1-9999
22	4	Z		R	1	FOODCODE	1-9999
26	4					WEIGHTC	

R - right justified  
(ie leading spaces/zeros)  
N - numeric

Adult Dietary Survey S1241

Alphabetical Index to Food Code List

Round 4: July 1987

OPCS  
St Catherines House  
10 Kingsway  
London WC2B 6JP

PAGE NO	CODE	
57	1592	Abalone, canned, drained weight
9	R 318	Aberdeen butteries
59	1651	Ackee, canned, drained weight
96	2396	Advocaat
6	201	All bran cereal
3	101	All bran loaf
80		Almonds
83	2224	Almond paste: Marzipan
12	R 348	Almond macaroons
6	212	Alpen: Muesli, with added sugar
67		Alphabites: Potato waffles
57	1593	Anchovies, canned, drained weight
13		Angel Delight, packet mix or purchased made up
83	2226	Angelica: mixed peel
13	R 508	Apple charlotte: Charlotte pudding
97	2417	Apple chutney
13	R 502	Apple crumble
14-15		Apple pie: Fruit pie
71		Apple sauce
13	R 501	Apple snow, made with stewed apple, sugar and egg white
92		Apple juice, carbonated apple juice
92		Apple juice drink, carbonated apple juice drink
71		Apples, cooking, eating or dried
71-72		Apricots, canned, dried or fresh
13	570	Arctic roll, sponge roll with ice cream filling
59		Artichoke, globe or Jerusalem
59		Asparagus
59		Aubergine
72	1976	Avocado pears, flesh only, leftover skin weighed



PAGE NO	CODE	
95	2380	Babycham
96	2402	Bacardi rum: 70° proof spirits
27		Bacon, collar or gammon joint, gammon steaks
27		Bacon rashers
43	1315	Bacon and egg in a bun, purchased, takeaway
45	R 1296	Bacon and egg pie, two crusts; shortcrust pastry made with half lard and half margarine, NOT polyunsaturated
59	1662	Baked beans, in tomato sauce, canned; curried baked beans; NOT low sugar baked beans
59	2646	Baked beans, in tomato sauce, canned, low sugar
9		Bakewell tart
59	1664	Balor beans, canned, drained weight
59	1661	Bamboo shoots, canned, drained weight
11	R 302	Banana cake, homemade
72	1979	Banana chips, dried weight
62		Banana, green: Green banana
72		Bananas
11	R 322	Bara brith: Dough cake
97	R 2409	Barbecue sauce
80		Barcelona nuts
1		Barley, pearl or whole grain
9	R 303	Bath buns, NOT wholemeal: Hot cross buns
7	274	Bath Olivers
11	R 304	Battenburg; sponge with marzipan coating and jam
16	R 576	Batter pudding, plain: Yorkshire pudding
13	R 504	Batter pudding, sweet, made with flour, egg, milk, and syrup
59	1662	Beans, baked, in tomato sauce, canned; curried baked beans, canned; NOT baked beans with sausages; NOT low sugar baked beans
59	2646	Beans, baked, in tomato sauce, canned, low sugar
59		Beans, balor; blackeye; butter; haricot; kidney; papri; soya
59		Beans, broad; French; runner

PAGE NO	CODE	
60	2655	Beanburger, Wimpy, spicy, weight with bun and relish
60		Beansprouts
28		Beef, brisket; forerib; sirloin; silverside; topside
42a		Beef, corned
28-29		Beef, minced, stewed, with or without vegetables
42	1231	Beef, minced, in gravy, canned
42		Beef, minced, pie filling, canned
45		Beef, minced, pie: Minced beef pie
42	1234	Beef, pie filling, reformed meat, canned
28		Beef, rump steak; sirloin steak
42a		Beef, silverside, salted, sold loose
29		Beef, stewing steak, stewed with or without vegetables
29		Beef, stewing steak and kidney, stewed
42		Beef, stewed steak, canned: Stewed steak
45		Beef, steak pie: Steak pie
47	R 1322	Beef, steak pudding, suet pastry, NO kidney, NOT canned
45-46		Beef, steak and kidney pie: Steak and kidney pie
42	1241	Beef, steak and kidney pie, canned
42	1242	Beef, steak and kidney pudding, canned
44	1289	Beef, steaklets, fried or grilled
47	R 1329	Beef biryani; pilau; includes rice
47	R 1332	Beef chop suey : Chop suey
47	R 1317	Beef chow mein : Chow mein
47		Beef curry
47		Beef, roast, frozen, purchased
45		Beef and potato pie
43		Beefburgers
43		Beefburgers in a bun: Hamburger; Cheeseburger
42	1264	Beefburgers in gravy, canned
95		Beer, draught, canned or bottled
60		Beetroot
97	2456	Beetroot, pickled

PAGE NO	CODE	
32		Belly rashers: Pork, belly rashers
1	6	Bemax, wheatgerm
80	2173	Betel nuts, Kernel only
61	R 1723	Bhaji, cauliflower
63	R 1797	Bhaji, onion
42a	1337	Bierwurst, NOT canned
72		Bilberries, canned, raw or stewed
63		Bindi: Okra
35	R 1098	Biryani, chicken; includes rice
47	R 1329	Biryani, meat lamb or beef; includes rice
58	R 1641	Biryani, prawn; includes rice
66	R 2622	Biryani, vegetable
7-8		Biscuits, savoury or sweet
8	412	Bisks: Slimming biscuits
92		Bitter lemon: Carbonated beverages
41		Black pudding
72		Blackberries, canned, raw or stewed
73		Blackcurrants, canned or stewed: Currants, black
59		Blackeye beans: Beans, haricot
13	R 506	Blancmange
52		Bloater
19	693	Blue cheese, low fat only
97	R 2501	Blue cheese dressing
84	2251	Boiled sweets
47	R 1323	Bolognese sauce; made with minced beef, onion, tomatoes
81	2605	Bombay mix; Chevda; Chevra
100	2515	Bouillon cubes, dry weight: Oxo cubes
7	268	Bourbons: cream sandwich biscuits
84	2255	Bournville chocolate
91	2301	Bournvita; dry weight
97	2410	Bovril, any, not made up

PAGE NO	CODE	
39		Brains, calves or lambs
6		Bran, Farmhouse
1	7	Bran, wheat
6		Branflakes, with or without sultanas
96	2402	Brandy: 70° proof spirits
41	1249	Brawn
80		Brazil nuts
3-4		Bread, any
13	R 505	Bread pudding, made with bread, fat, dried fruit, sugar and spice
5		Bread rolls
97	R 2411	Bread sauce
13	R 507	Bread and butter pudding, made with bread, butter, sugar, milk, egg and currants
72	1990	Breadfruit, canned, fruit only
7	256	Breadsticks
45	R 1291	Bridies; mutton pies
19	691	Brie cheese, any
59		Brinjal: Aubergines
28		Brisket, beef
53		Brisling: Sardines
59		Broad beans: Beans, broad
60		Broccoli, spears
60		Broccoli, sprouting: Cabbage, winter
99	R 2461	Broth, bone and vegetable, homemade
97	2412	Brown sauce, bottled, eg OK, HP, Daddies
60		Brussel sprouts
60		Brussel tops: Cabbage, winter
60	R 1699	Bubble and squeak, cooked potato and cabbage, fried
17	649	Build-Up drink, dry weight
26		Butter
59		Butter beans
17	601	Buttermilk

PAGE NO	CODE	
60		Cabbage, red, savoy, spring, white or winter
98	2456	Cabbage, red, pickled
19	651	Caerphilly cheese
60		Calabrese: Broccoli, spears
17	734	Calcina; skimmed milk fortified with calcium and vitamin D
19	681	Cambozola cheese
19	652	Camembert cheese
96	2394	Campari: Vermouth, dry
47	1324	Cannelloni, purchased; with meat filling, NOT vegetarian cannelloni
11	R 305	Caramel shortcake, homemade, ie shortbread with caramel layer and chocolate topping
92		Carbonated beverages
94	5000	Carbonated water
60-61		Carrots
92	2361	Carrot juice, cartons or bottles
80	2177	Cashew nuts, kernel only, unsalted
91	2302	Casilan, dry weight
82		Caster sugar: Sugar, white
61		Cauliflower
61	R 1723	Cauliflower bhaji, ie fried Asian vegetable dish
61	R 1722	Cauliflower cheese, ie in cheese sauce
57	1594	Caviar, canned
61	1724	Celeriac, fresh, boiled
61		Celery
96	2389	Champagne
4-5		Chapatis, brown or white
13	R 508	Charlotte pudding, made with bread, butter, sugar, fruit
19		Cheddar cheese
20	693	Cheese, blue, low fat : Low fat blue cheese
20	677	Cheese, processed, slices or blocks (NOT smoked cheese or cheese spread)
20	682	Cheese, smoked, with or without additions

PAGE NO	CODE	
20	690	Cheese soft, low fat, flavoured or unflavoured
20		Cheese spreads and triangles
7	251	Cheese flavoured biscuits
7	252	Cheese sandwich biscuits
97	R 2413	Cheese sauce
25	R 815	Cheese souffle
25	R 801	Cheese and egg flan
25		Cheese, egg and bacon flan: Quiche Lorraine
25	821	Cheese and onion pastie, purchased
25	R 802	Cheese and potato pie, ie potato, fat, cheese and milk
43		Cheeseburger; beefburger with cheese in a bun
13		Cheesecake
10	R 389	Cheesecake, Welsh
9	R 303	Chelsea buns, NOT wholemeal
10	R 407	Chelsea buns, wholemeal: Wholemeal fruit buns
72-73		Cherries, eating, cooking or canned
83	2210	Cherries, glace, maraschino; cocktail cherries
96	2398	Cherry brandy
11		Cherry cake: Fruit cake, rich
19		Cheshire cheese
80		Chestnuts
61	2647	Chestnuts, water, canned, drained weight
81	2605	Chevda; Chevra: Bombay mix
64		Chick peas: Peas, chick
62		Chick pea paste with sesame seeds: hummus
34-35		Chicken, barbecued, boiled or stewed, fried or roast
36		Chicken burgers: Chicken fingers
34		Chicken drumsticks: Chicken, coated in egg and breadcrumbs
36		Chicken fingers
35	R 1096	Chicken giblets, NOT just livers, cooked
35		Chicken, Kentucky Fried
39		Chicken liver

PAGE NO	CODE	
36		Chicken nuggets
36		Chicken pie
36		Chicken, roast dinner
42a		Chicken roll
99		Chicken soup; chicken noodle soup: Soup, chicken
36		Chicken spread
35		Chicken, stir fry, ready meal: Ross Chinese chicken; Ross Indian chicken
35-36		Chicken, prepared dishes, NOT canned
42	1101	Chicken casserole, canned
35-36		Chicken curry, canned or Vesta
42	1108	Chicken in white sauce, canned
61	1728	Chicory, fresh, uncooked
47	R 1325	Chilli con carne, made with minced beef, red kidney beans, onion, tomatoes, green pepper
97		Chilli pickle, sweet, sour or oily
11	306	Chinese cakes and pastries, purchased
11	307	Chinese glutinous rice flour cakes, purchased
57	1595	Chinese fish balls
61	1729	Chinese leaves, fresh, uncooked
47	1328	Chinese luncheon meat, steamed, purchased
47	R 1326	Chinese meat buns
69-70		Chipped potatoes
22	730	Choc ices
22	732	Choc ice lollies: Feast, Triple Choc; Super Triple Choc; Rock around the Choc; purchased
87	2254	Chocolate, milk, NO additions: Milk chocolate
88	2255	Chocolate, plain, NO additions: Plain chocolate
7		Chocolate biscuits, full coated or half-coated
11	R 308	Chocolate cake, made with fat, with buttercream filling, homemade or purchased
11	R 309	Chocolate cupcakes, homemade or purchased

PAGE NO	CODE	
11	R 310	Chocolate krispie cakes, made with rice Krispies
91		Chocolate drinks: Drinking chocolate
83	R 2645	Chocolate sauce, homemade, NOT ice cream topping sauce, NOT Ice Magic
83	2211	Chocolate spread
83	2212	Chocolate and nut spread
35	R 1366	Chop suey, chicken
47	R 1317	Chop suey, meat (pork, beef or lamb)
58	R 1621	Chop suey, prawn
35		Chow mein, chicken
47	R 1317	Chow mein, meat (pork, beef or lamb)
58	R 1642	Chow mein, prawn
11		Christmas cake: Fruit cake, rich
13		Christmas pudding
97		Chutney, apple, mango or tomato
95		Cider
96		Cinzano: Vermouth
56	1596	Clams, canned, drained weight
79		Clementines: Tangerines
18	632	Clotted cream
80		Cob nuts
56	1564	Cockles, boiled, no shells, or leftover shells weighed
91	2303	Cocoa powder, dry weight
6	204	Cocoa krispies, cereal; Coco-Pops
80		Coconut or dessicated coconut
80	2185	Coconut cream, pureed fresh flesh, sweetened
80	2182	Coconut milk, drained from fresh coconut
12	R 349	Coconut cake: Madeira cake
11	R 312	Coconut cornflake tray, made with fat, sugar, cornflakes, coconut
8	270	Coconut biscuits: Short, sweet biscuits
7	268	Coconut cream biscuits: Cream sandwich biscuits



PAGE NO	CODE	
11	R 409	Cocnut macaroons, pyramids
9	R 311	Coconut tart
49		Cod
91		Coffee, fresh, instant or from vending machine
91	2304	Coffee and chicory essence, eg Camp
12	R 349	Coffee cake: Madeira cake
18	648	Coffee whiteners, powders, eg Coffee Mate, Complement and other own brand non-dairy whiteners, dry weight
92		Coke: Carbonated beverages
61		Coleslaw
97	2501	Coleslaw dressing, Kraft only
49		Coley: code as for Cod
27		Collar joint: Bacon, collar joint
91	2305	Complan, dry weight
17		Condensed milk
99	2462	Consomme, other clear soups, as served
97		Cook in sauces, canned or packet
65		Corn on the cob: Sweetcorn
61	2627	Corn snacks, eg Whatsits, Quavers, Nik Naks, Tortilla Chips, Frazzles, Monster Munch. Includes Scampi Fries
42a		Corned beef, canned or NOT canned
47	R1327	Corned beef hash, homemade, corned beef and mashed potato
8	273	Cornet, wafer, weight excluding ice cream: Wafers and cornets
22	731	Cornet, with ice cream, purchased, eg King Cone, Cornetto
6	205	Cornflakes, fortified
6	232	Cornflakes, crunchy nut
45		Cornish pastie
7	255	Cornish wafers: Cream cracker biscuits
20		Cottage cheese
48		Cottage pie: Shepherds pie
6	212	Country Store: Muesli with added sugar but NOT crunchy muesli
61		Courgettes

PAGE NO	CODE	
56		Crab
7	258	Crackerbread, Cracottes: Crispbreads, extra light
32	923	Crackling, pork
98	2436	Cranberry sauce: Mint jelly
18		Cream, artificial or dairy
20		Cream cheese
7	255	Cream cracker biscuits
14	519	Cream dessert, with fresh cream, purchased, NOT fresh cream trifle
9		Cream horns
96	2397	Cream liqueurs, eg Bailey, Greensleves, Carolan
7-8		Cream sandwich biscuits, plain or wholemeal
8	272	Cream sandwich wafer biscuits: Wafer biscuits
92		Cream soda: Carbonated beverages
13	R 517	Creme caramel; cream caramel
63	1782	Cress: Mustard and cress
7		Crispbreads
68		Crisps, potato or wholewheat (potato snacks: see p68; corn snacks: see p61)
68	2691	Crisps, potato, low fat
5		Croissant, plain or sweet
13	R 502	Crumble, apple
13	R 503	Crumble, any fruit except apple
5	148	Crumpets; pikelets; toasted
93		Crush, any fruit: Squash
6	221	Cubs; Shredded Wheat
61	1740	Cucumber, uncooked
97	2423	Cucumber, pickled : Gherkin, pickled
61	R 1741	Cucumber and gram flour raita
61	R 2660	Cucumber and yoghurt, Greek style; Tzatziki
99	2468	Cuppa soup, any variety, as served: Soup, instant
96	2401	Curacao

PAGE NO	CODE	
83		Curd, lemon, lime or orange
73	2011	Currants, dried weight
73		Currants, black. red or white
3		Currant bread: Bread, currant
9	R 315	Currant buns, NOT wholemeal
10	R 407	Currant buns, wholemeal : Wholemeal fruit buns
9	R 303	Currant buns, rich: Hot cross buns
23	R 803	Curried egg and potato; no rice
57	R 1597	Curried white fish with vegetables; no rice
57	R 1598	Curried oily fish with vegetables; no rice
		Curry: see additional sheet, 'Indian meals'
35-36		Curry, chicken, Vesta or canned
97	2420	Curry sauce, purchased
98	2446	Curry sauce, sweet, McDonalds only : Sweet curry sauce
13		Custard, homemade, instant or canned
73	2012	Custard apples; raw
7	268	Custard creams: Cream sandwich biscuits
13	R 545	Custard, egg, baked or as sauce
9	R 386	Custard slice, ie flaky pastry, iced, custard filling
9		Custard tart
25	R 801	Custard tart with cheese: Cheese and egg flan
57	1599	Cuttlefish

PAGE NO	CODE	
97	2412	Daddies sauce: Brown sauce, bottled
62		Dhal, masur or toor: Lentils
73		Damsons, canned or stewed
19	664	Danish Blue cheese
9	R 318	Danish pastry
7	262	Date bars: Fruit biscuits
11	R 319	Date and krispie crunch, made with margarine, sugar, dates and Rice Krispies
11	R 320	Date and walnut loaf, made with fat, dates and walnuts
73		Dates, dried or fresh
82	2203	Demerara sugar
19	665	Derby cheese
92		Dietcoke; Diet Pepsi: Carbonated beverages
7	259	Digestive biscuits, sweetmeal, plain
7	276	Digestive biscuits, wholemeal
7	260	Digestive biscuits, chocolate <u>half coated</u> ; includes chocolate Hob-nobs
7	253	Digestive biscuits, chocolate <u>full coated</u>
11	R 321	Digestive nut crunch, made with digestive biscuits, butter, nuts and condensed milk
55		Dogfish
19	681	Dolcelatte cheese
43	1342	Doner kebab; sliced lamb and salad in pitta
19	667	Double Gloucester cheese
11	R 322	Dough cake
9		Doughnuts, ring, jam or cream
9	R 410	Doughnuts, wholemeal, ring or jam
18	630	Dream Topping, weight as served : Artificial cream
97-98		Dressing, blue cheese, coleslaw, thousand island etc
74		Dried fruits, mixed: Fruit salad
17		Dried milk

PAGE NO	CODE	
91	2309	Drinking chocolate, powder, dry weight
91		Drinking chocolate, instant, low fat or from vending machine
10	R 373	Drop scones, plain: Scotch pancakes
34		Drumsticks, chicken: Chicken, coated in egg and breadcrumbs
96	2395	Dubonnet: Vermouth, sweet
37		Duck, roast
23	784	Duck egg, whole, boiled, no shell, or leftover shell weighed
1	74	Dumplings, suet, unsweetened, steamed or boiled
11		Dundee cake: Fruit cake
7	258	Dutch Crispbakes: Crispbreads, extra light

PAGE NO	CODE	
7	R 264	Easter biscuits: Homemade biscuits
9	R 326	Eccles cakes
9		Eclairs, chocolate icing, real or artificial cream filling
19	668	Edam cheese
52		Eel, jellied or stewed
23		Egg, boiled, fried or poached
24		Egg, scrambled
23	R 803	Egg, curried with potato; no rice
13	R 545	Egg custard, baked or as sauce
1	76	Egg fried rice : Rice, egg fried
97	2421	Egg sauce; white savoury sauce with egg
23	784	Egg, duck, whole, boiled, no shell or leftover shell weighed
59		Eggplant: Aubergine
18	2681	Elmlea, imitation cream, double cream only
19	671	Emmental cheese
61	1742	Endive, fresh, uncooked
18	622	Evaporated milk, whole, unsweetened, undiluted
14	R 542	Eve's pudding
42a	1259	Extrawurst, NOT canned

PAGE NO	CODE	
41	R 1250	Faggots, with or without gravy
11	R 349	Fairy cakes, any kind
6		Farmhouse bran
62		Fennel
19	669	Feta cheese
7	262	Fig roll biscuits: Fruit biscuits
73		Figs, dried or fresh
57	1600	Fillet-O-fish, takeaway, McDonalds only
49	1637	Fish, battered, crumbed, ovenbake, frozen. Cooked without added fat : Battered, crumbed fish
57		Fish, curried, white or oily fish
57	R 1601	Fish, white, in cheese sauce
57	R 1638	Fish, white, in butter, mushroom, parsley, prawn or shrimp sauce
57	1595	Fish balls, Chinese, purchased : Chinese fish balls
57	1603	Fish paste, NOT smoked mackerel or smoked trout pate
58		Fish pie, one crust or potato topping
57	1602	Fish-in-a-bun, takeaway, NOT McDonalds
57		Fishcakes
57		Fish fingers
14	R 583	Flan fruit; sponge base with fruit
7	-261	Flapjacks; oat and nut crunch bars; purchased
9	R 357	Flapjacks, homemade
26	865	Flora: Soft polyunsaturated margarine
11	R 330	Florentines, made with nuts, dried fruit, butter, chocolate
14	R 544	Fool, any fruit
9		Frangipane tart
43		Frankfurters
61	2627	Frazzles: Corn snacks
59		French beans

PAGE NO	CODE	
97	R 2422	French dressing; oil and vinegar dressing
4	127	'French stick' bread: Bread, white, 'French stick'
7	258	French toasts: Crispbreads, extra light
20	690	Fromage frais; fromage blanc: Soft cheese, low fat
6	227	Frosties; frosted cornflakes
7	262	Fruit biscuits, NOT wholemeal
8	277	Fruit biscuits, wholemeal: Wholemeal biscuits, fruit
7	281	Fruit and nut biscuits
11		Fruit cake, light or rich
74		Fruit cocktail, canned : Fruit salad
94		Fruit drinks, mixed: Mixed fruit drinks
94		Fruit juice, mixed: Mixed fruit juice
14	R 544	Fruit fool, any fruit
14		Fruit fritters
14-15		Fruit pies
73-74		Fruit pie filling, canned
74		Fruit salad, canned
74		Fruit salad, dried or fresh fruit
146		Fruit sponge: Sponge pudding, with fruit
83		Fruit spreads, pure: Jam or Marmalade with reduced sugar content
11	R 335	Fruit squares, made with fat, flour, sugar, dried fruit
94	2662	Fruit syrup, any fruit, concentrated, canned
6	229	Fruit and Fibre cereal



PAGE NO	CODE	
27		Gammon joint, gammon steaks: Bacon
27		Gammon rashers: Rashers
7	262	Garibaldi: Fruit biscuits
42a	1337	Garlic sausage, NOT canned
11	R 336	Gateaux with fresh cream
12	R 387	Gateaux, walnut, with butter cream filling or icing: Walnut gateaux
97	2423	Gherkin, pickled
35	R 1096	Giblets, chicken, NOT just livers, cooked
37	R 1152	Giblets, turkey, and neck meat, cooked
96	2402	Gin: 70° proof spirits
92		Ginger beer: Carbonated beverages
7	263	Ginger nut biscuits
11	R 337	Gingerbread
83	2210	Glace cherries
82		Glucose powder or liquid
18		Goats milk
82	2206	Golden syrup
37		Goose, roast
74		Gooseberries, canned, raw or stewed
15	R 544	Gooseberry fool
19	681	Gorgonzola cheese
19	670	Gouda cheese
3		Granary Bread
92	2325	Grape juice, juice only; carbonated pure grape juice
92	2320	Grape juice drink; carbonated grape juice drink; eg Schloer
74		Grapes, white, black or canned
74		Grapefruit, fresh or canned
92		Grapefruit juice
94		Grapefruit juice drink: Mixed fruit drinks

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6	210	Grapenuts, cereal
97		Gravy
62		Green banana
74-75		Greengages, canned, raw or stewed
60	1705	Greens, spring, fresh, boiled: Cabbage, spring
45	1303	Grosvenor pie: Pork and egg pie
37		Grouse, roast
19	671	Gruyere cheese
75		Guava, canned or fresh
11		Gulab jamen

PAGE NO	CODE	
97	2412	HP sauce: Brown sauce, bottled
49		Haddock: code as Cod
41		Haggis, boiled or fried
49		Hake: code as Cod
18		Half cream
49		Halibut
86	2260	Halva; sesame seeds and sugar
42	1236	Ham, canned in natural juice
42a		Ham, sliced
45	1303	Ham and egg pie; Pork and egg pie
42a		Ham and pork, chopped, canned or NOT canned
5		Hamburger bun: Rolls, hamburger
43		Hamburgers
37		Hare, roast or stewed
59		Haricot beans
47	R 1327	Hash; corned beef and mashed potato: Corned beef hash
67		Hash browns: Potato waffles
41	1255	Haslet
81	2631	Hawaian mix, made with mixed nuts and dried fruit: Trail mix
80		Hazelnuts
91	-2301	Healthvita, dry weight: Bournvita
39	R 1175	Heart, ox, stewed or casseroleed
39	1173	Heart, sheeps, roast or braised, meat only, NO fat
52	1497	Herring, canned in tomato sauce, fish and sauce
52	1498	Herring, canned in oil, fish only
52		Herring, fried or grilled
52	1499	Herring, pickled; soused; roll mop
58		Herring roe, soft, fried
4		High fibre white bread: Bread, wholemeal

PAGE NO	CODE	
8	276	Hob-nobs
7	260	Hob-nobs, chocolate
83	2213	Honey comb
83	2214	Honey in jars
6	211	Honey Smacks, cereal
91	2310	Horlicks powder, dry weight
91		Horlicks powder
97	2428	Horseradish sauce
9	R 303	Hot cross buns, NOT wholemeal
10	R 407	Hot cross buns; wholemeal: Wholemeal fruit buns
3		Hovis bread
4		Hovis wholemeal bread: Bread, wholemeal
62		Hummus; chick pea paste with sesame seeds

PAGE NO	CODE	
21		Ice cream, dairy or non-dairy, flavoured or vanilla, purchased
22	730	Ice cream, chocolate covered, eg choc ices, purchased
22	731	Ice cream, cornet, purchased, eg King Cone, Cornetto
22	728	Ice cream, "Mr Whippy" type, purchased
83	2227	Ice cream topping sauces, any flavour, NOT Ice Magic
86	2262	Ice lollies, water or juice based
22	732	Ice lollies: Feast; Triple Choc; Super Triple Choc; Rock around the Choc; purchased
83	2652	Ice Magic
9	R 408	Iced bun
11	329	Iced cakes, purchased: Fancy iced cakes
82	2205	Icing sugar
11		Indian syrup cake: Gulab jamen
15	551	Instant dessert, as served, NOT low fat or low sugar
13		Instant Whip, packet mix or purchased, made up
42	1238	Irish stew, canned
47		Irish stew, NOT canned
92		Irn bru: Carbonated beverages

PAGE NO	CODE	
75	2060	Jackfruit, canned in syrup, fruit and syrup
7	254	Jaffa cakes
83		Jam, 'Extra' jam or jam with reduced sugar content
7	265	Jam filled biscuits
9-10		Jam tart
12	R 344	Jellabi; fried Asian pastry, soaked in syrup
15		Jelly, made with water or milk
94		Juice drinks: Mixed fruit drinks
7	261	Jump bars
15	555	Junket

PAGE NO	CODE	
60		Kale: Cabbage, winter
43		Kebab, doner, kofte or shish, takeaway
58	R 1620	Kedgeree; white rice, smoked fish, hard-boiled egg and parsley
35		Kentucky Fried Chicken: Chicken, Kentucky Fried
39		Kidney
45		Kidney and mushroom pie
59		Kidney beans: Beans, kidney, red
52		Kipper
52	1498	Kippers, canned in oil, fish only
86	2277	Kit Kat
75	2061	Kiwi fruit, fresh, no skin, or leftover skin weighed
43	1343	Kofte Kebab, ie spiced sausage and salad in pitta, takeaway
7	255	Krackerwheat: Cream cracker biscuits
7	258	Krispen: Crispbreads, extra light
26	864	Krona Double Blend, margarine
26	861	Krona hard margarine, salted or unsalted
75	2062	Kumquats, canned in syrup, fruit and syrup

PAGE NO	CODE	
20	689	Lactic cheese spread
95		Lager, draught, canned or bottled
30-31		Lamb, breast, leg or shoulder
30		Lamb chop or cutlet
30-31		Lamb, scrag and neck end; Irish stew
42	1238	Lamb, Irish stew, canned
47	R 1329	Lamb biryani or pilau; includes rice
44	1289	Lamb burgers: Steaklets
47	R 1332	Lamb chop suey : Meat chop suey
47	R 1317	Lamb chow mein : Meat chow mein
47	R 979	Lamb and vegetable curry; no rice
47	R 1328	Lamb curry with cream or coconut sauce; no rice
19	673	Lancashire cheese
12	R 345	Lardy cake, made with yeast base, sugar and fat
47		Lasagne
98	2453	Lea and Perrins sauce: Worcester sauce
62	1756	Leeks, fresh, boiled
19	672	Leicestershire cheese
83		Lemon curd; lemon cheese
10	R 346	Lemon curd tart, one crust, with homemade lemon curd, pastry NOT wholemeal, made with half margarine (NOT polyunsaturated) and half lard
10	R 347	Lemon meringue pie, homemade, pastry NOT wholemeal, made with half margarine (NOT polyunsaturated) and half lard
49-50		Lemon sole
91	2316	Lemon tea, instant, dry weight
92		Lemonade: Carbonated beverages
75	2064	Lemons, juice only, no peel or flesh, or leftover peel and flesh weighed; includes Jif lemon juice
75	2063	Lemons, raw, weight includes juice, flesh and peel, leftover peel not weighed
62		Lentils



PAGE NO	CODE	
99	R 2469	Lentil soup, homemade
62		Lettuce
75	2065	Lime, fresh, juice only, no peel or flesh, or leftover peel and flesh weighed
83		Lime curd: Lemon curd
97	2429	Lime pickle, oily
92		Limeade: Carbonated beverages
8	412	Limmits: Slimming biscuits
8	270	Lincoln biscuits: Short, sweet biscuits
96		Liqueurs and cream liqueurs
39-40		Liver, calves, chicken, lambs, ox or pigs
40	1227	Liver and onion with gravy, Birds Eye, ready meal, weight as served
42a		Liver pate
41	1259	Liver sausage, NOT canned
56		Lobster
75		Loganberries, canned, raw or stewed
75	2070	Longan, canned, in syrup, fruit and syrup
75	2071	Loquats, canned in syrup, fruit and syrup
26	859	Low fat spreads, eg Gold, Delight, Outline, all own brand low fat spreads and other low fat spreads, NOT Flora
92		Lucozade
12	R 349	Luncheon cake: Madeira cake
42a		Luncheon meat, canned or NOT canned
47	1328	Luncheon meat, Chinese, steamed, purchased
75		Lychees, canned or raw
19	674	Lymswold cheese

PAGE NO	CODE	
1		Macaroni, boiled
1		Macaroni cheese
12		Macaroons, almond or coconut
52-53		Mackerel, fresh or canned
53	1647	Mackerel, smoked
58	R 1639	Mackerel pate, smoked
12	R 349	Madeira cake
96	2402	Malibu rum: 70° proof spirits
5		Malt loaf
91	2310	Malted milk powder, dry weight: Horlicks powder
75-76		Mandarin oranges, canned
79		Mandarins: Tangerines
62	2650	Mange-tout peas; sugar peas; fresh or frozen, boiled
97	2419	Mango chutney
97	2430	Mango pickle, oily
76		Mangoes, canned or fresh
26		Margarine, hard or soft
7	269	Marie biscuits : Semi-sweet biscuits
83		Marmalade
97	2431	Marmite; other yeast extracts
62		Marrow
87	2265	Mars bar
7	253	Marshmallow biscuits, chocolate coated: Chocolate biscuits
8	280	Marshmallow, coconut and chocolate coated: 'Snowballs'
96		Martini: Vermouth
17		Marvel: Dried milk
83	2224	Marzipan, almond paste
7	266	Matzo
97-98		Mayonnaise

PAGE NO	CODE	
47	R 1349	Meat loaf, any
41		Meat paste
47	R 1354	Meat samosa
45		Meat and vegetable pastie: Cornish pastie
100	2527	Medicines in any form
76	2080	Medlars, raw, flesh only
19	691	Melbury cheese
76		Melons
10	R 411	Melting moments
12		Meringue
17		Milk or dried milk
18		Milk. goats or sheeps
18	650	Milk, soya
4	128	Milk loaf: Bread, white, milk loaf
2		Milk pudding, rice, homemade: Rice, short-grain
15		Milk pudding, sago semolina and tapioca, homemade
15	559	Milk pudding, canned; rice, sago, semolina or tapioca
18		Milk shake, as served, homemade or purchased
91	2311	Milk shake powder, eg Nesquick, dry weight
91	2312	Milk shake syrup
9		Mille feuille: Cream horns
91	2301	Milo, dry weight: Bournvita
28		Minced beef, stewed, with or without vegetables
42	1231	Minced beef, in gravy, canned
42		Minced beef, pie filling, canned
45		Minced beef, pie
42	1370	Mince, soya, canned
10	R 353	Mince pies, sweet, individual, shortcrust pastry, NOT wholemeal, made with half margarine (NOT polyunsaturated) and half lard

PAGE NO	CODE	
83	2225	Mincemeat, sweet
10		Mincemeat tart
100	2526	Mineral supplements in any form
99	2471	Minestrone soup, packed, as served
12	383	Mini roll; Swiss roll, chocolate covered, purchased
98	2436	Mint jelly
98	2435	Mint sauce, ie mint, vinegar, sugar, NOT mint jelly
22	729	Mivvi, ie ice cream and sorbet, purchased
83	2226	Mixed peel; angelica
82	2207	Molasses: Treacle, black
82	2204	Molasses crystals: Sugar, jaggery
61	2627	Monster Munch: Corn snacks
47-48		Moussaka
15	R 582	Mousse, chocolate, homemade
15	562	Mousse, purchased
19	675	Mozzarella cheese
6		Muesli
12	R 322	Muesli bread
5		Muffins, toasted
76	2087	Mulberries, raw
63		Mushrooms
99	2472	Mushroom soup, cream of, canned, ready to serve
45		Mushroom and kidney pie: Kidney and mushroom pie
64		'Mushy' peas: Peas, 'mushy'
56		Mussels
98	2454	Mustard, ready made, any sort
98	2439	Mustard pickle: Piccalilli
98	2434	Mustard sauce, mild, eg McDonalds
63	1782	Mustard and cress, uncooked
47	R 979	Mutton and vegetable curry; no rice : Lamb or mutton and vegetable curry
45	R 1291	Mutton pies: Bridies

PAGE NO	CODE	
76		Nectarines
8	270	Nice biscuits: Short, sweet biscuits
61	2627	Nik Naks: Corn snacks
4	129	Nimble: Bread, white, slimmers
79	2152	Noiseberry fruits, raw: Sapota
1		Noodles, boiled
83	2212	Nut spread, with chocolate
80		Nuts, mixed
80	2629	Nuts, mixed, and raisins; NOT peanuts only and raisins
6	230	Nutrigrain, cereal; any Kellogg's Nutrigrain variety

PAGE NO	CODE	
6	219	Oat cereals, instant; Ready Brek; Warm Start; as served
6	231	Oat Krunchies, cereal
7	261	Oat and nut crunch bars, eg Original Crunchy bars purchased: Flapjacks
7	267	Oatcakes
97	R 2422	Oil and vinegar dressing: French dressing
97	2412	OK sauce: Brown sauce, bottled
63		Okra
76		Olives
23-24		Omelette, savoury or sweet
63		Onions
98	2423	Onion, pickled
63	R 1797	Onion bhaji
98	R 2437	Onion sauce
76		Oranges
83		Orange curd: Lemon curd
93		Orange juice
94		Orange juice drink: Mixed fruit drinks
76	2095	Ortaniques, fresh, flesh only, no peel or pips, or leftover peel and pips weighed
7	269	Osborne biscuits: Semi-sweet biscuits
96	2400	Ouzo: High strength Liqueurs
91	2313	Ovaltine, dry weight
91	2670	Ovaltine, instant, sugar free, dry weight
100	2515	Oxo cubes, or other stock/bouillon cubes, dry weight
40		Oxtail
99		Oxtail soup, canned or packet
56		Oysters
98	2438	Oyster sauce
9		Oysters, cream-filled: Cream horns

PAGE NO	CODE	
48	R 1351	Pancake roll, fried pancake with minced beef filling
15	R 563	Pancakes; includes dredging with sugar
5		Papadums
77		Papaya: Paw paw
59		Papri beans: Beans, papri
12	R 337	Parkin; gingerbread
20	676	Parmesan cheese
63	1799	Parsley, fresh
63		Parsnips
37		Partridge, roast
62		Parwal marrow: Marrow
76		Passion fruit
2		Pasta: Spaghetti
25	821	Pastie, cheese and onion, purchased
45		Pastie, Cornish
41		Pate, liver
58	R 1639	Pate, smoked mackerel or trout
77		Paw paw
77		Peaches, canned, dried or fresh
80		Peanuts
80		Peanuts (unroasted, unsalted) and raisins
80-81		Peanut butter, smooth or crunchy
1	3	Pearl barley, white, boiled in water
77		Pears, canned, eating or cooking
63-64		Peas, fresh, frozen, freeze dried or canned
64		Peas, mange-tout; sugar peas
64		Peas, chick or split
64	R 1821	Pea curry; no rice
64	R 1822	Pea and potato curry, made with canned peas; no rice
99	R 2476	Pea soup, homemade
64	1819	Pease pudding, canned; boiled
81	2174	Pecan nuts, kernel only

PAGE NO	CODE	
83	2226	Peel, mixed
64		Peppers
92		Pepsi: Carbonated beverages
95	2380	Perry, Babycham
37		Pheasant, roast
98	2439	Piccalilli; mustard pickle
97		Pickle, chilli, oily, sour or sweet : Chilli Pickle
97	2429	Pickle, lime, oily
97	2430	Pickle, mango, oily
98	2440	Pickle, sweet, eg Panyan, Branston, Ploughman's, NOT mango or tomato
97	2423	Pickled onion; pickled gherkin; pickled cucumber : Gherkin
97	2456	Pickled beetroot; red cabbage, pickled : Beetroot
14-15		Pie, fruit
42		Pie filling, minced beef, beef or stewed steak
73-74		Pie filling, fruit: Fruit pie filling
37		Pigeon, roast
5	148	Pikelets; crumpets; toasted
35	R 1098	Pilau; biryani; chicken; includes rice
47	R 1329	Pilau; biryani; lamb or beef; includes rice
58	R 1641	Pilau; biryani; prawn; includes rice
66	R 2622	Pilau; biryani; vegetable; includes rice
53	1518	Pilchards in tomato sauce; canned; fish and sauce
96	2406	Pimms
77		Pineapple, canned or fresh
93		Pineapple juice
94		Pineapple juice drink: Mixed fruit drinks
81		Pistachio nuts
3		Pitta bread: Bread, pitta
25		Pizza, purchased or homemade



PAGE NO	CODE	
50-51		Plaice
62		Plantain: Green banana
77-78		Plums, canned, dessert or cooking
43	1273	Polony
78	2132	Pomegranate, raw, juice only, no skin or seeds, or leftover skin and seeds weighed
88		Popcorn, salted or sweet
32		Pork, belly rashers or chops
32		Pork steak or fillet, diced pork
32		Pork, leg or loin, roast
48		Pork, roast frozen, ready meal
48		Pork, spare ribs: Spare ribs
48	R 1358	Pork balls, battered, deep fried; sweet and sour pork with NO sauce
32	923	Pork crackling
45		Pork pie
45	1303	Pork and egg pie
32	923	Porky scratchings: Pork crackling
6		Porridge
96	2390	Port
20	668	Port Salut cheese
1	70	Pot rice; pot noodles; weight as served
67		Potatoes, boiled, mashed, roast or baked
68	1896	Potatoes, canned, drained weight
68		Potatoes, instant
69-70		Potatoes, chips
68		Potato crisps
68		Potato croquettes, fritters
67	2654	Potato Crunchies, Ross, grilled or baked
67-68		Potato slices
67		Potato waffles

PAGE NO	CODE	
67	R 1840	Potatoes, curried; no rice
65	1930	Potatoes, sweet, boiled: Sweet potatoes
68	1900	Potato crisps, NOT other potato based snacks; NOT wholewheat crisps
68	1905	Potato puffs; potato snacks; NOT crisps
68		Potato salad
56		Prawns; King prawns
58		Prawn balls, biryani, chop suey or chow mein
58	R 1643	Prawn and vegetable curry; no rice
58	R 1646	Prawn curry with cream or coconut sauce; no rice
98	2441	Prawn cocktail sauce
56	2661	Prawns, Ross, Chinese, stir fry, ready meal, weight as served
82	2205	Preserving sugar
20	677	Processed cheese slices or blocks, eg Kraft Singles (NOT smoked cheese or cheese spread)
78		Prunes, canned or dried
6	218	Puffed Wheat cereal
3		Pumpernickel: Bread, rye
64	1908	Pumpkin, boiled
81	2166	Pumpkin seeds, dry weight
83		Pure fruit spread: Jam or Marmalade with reduced sugar content

PAGE NO	CODE	
92		Quatro: Carbonated beverages
61	2627	Quavers: corn snacks
15	R 564	Queen of puddings, made with breadcrumbs, milk, jam and egg white
24	R 813	Quiche Lorraine, made with shortcrust pastry filled with cheese, egg and milk. Pastry NOT wholemeal, made with half margarine (NOT polyunsaturated) and half lard.

PAGE NO	CODE	
38		Rabbit, roast or stewed
38	R 1158	Rabbit pie, one crust, shortcrust pastry, made with half lard and half margarine, NOT polyunsaturated
64	1909	Radish, red, uncooked
12	R 365	Raisin rhapsody, made with shortcrust pastry, margarine and raisins
78	2142	Raisins, dried weight
61	R 1741	Raita, cucumber, Asian vegetable side dish with yoghurt
78		Raspberries, canned, frozen, raw or stewed
64		Ratatouille
1	39	Ravioli, canned, ie pasta, meat filling and tomato sauce
6	219	Ready Brek; instant oat cereal; as served
60		Red cabbage: Cabbage, red
98	2456	Red cabbage, pickled
59		Red kidney beans: Beans, kidney
20	678	Red Windsor cheese
73		Redcurrants: Currants, red
98	2436	Redcurrant jelly : Mint jelly
78		Rhubarb, canned or stewed
14	R 544	Rhubarb fool: Fruit fool
93		Ribena
96		Riccadonna: Vermouth
1-2		Rice, basmati, brown or white
1	R 76	Rice, egg fried
2	70	Rice, savoury; pot rice; weight as served
48	R 1334	Rice, special fried, with beef, chicken, duck, prawn, vegetables and rice
2		Rice, short grain, 'pudding rice'
15	559	Rice pudding, canned: Milk pudding
16	R 560	Rice with egg and milk; baked rice custard

PAGE NO	CODE	
11	307	Rice flour cakes, Chinese, purchased : Chinese glutinous rice flour cakes
6	220	Rice Krispies
7	269	Rich Tea biscuits: Semi-sweet biscuits
7	279	Ritz biscuits
12	R 370	Rock cakes, made with fat, flour, sugar, currants
55		Rock salmon: Dogfish
58		Roe, cod, hard
58		Roe, herring, soft
52	1499	Rollmop, herring: Herring, pickled
5		Rolls, bread
20	681	Roquefort cheese
93	2348	Rosehip syrup, undiluted
96	2402	Rum: 70° proof spirits
16	R 584	Rum baba
28		Rump steak
59		Runner beans
3		Rye bread: Bread, rye
7	256	Ryvita crispbread (wheat and rye): Crispbreads

PAGE NO	CODE	
65	R 1917	'Sag': Spinach dish with onion, garlic and butter
20	666	Sage Derby cheese
15		Sago: Milk pudding
20	668	St Paulin cheese
51		Saithe: code as Cod
98		Salad cream
43	1274	Salami
53		Salmon, canned, smoked or steamed
64	1911	Salsify, boiled
7	279	Saltines: Ritz
48	R 1354	Samosa, meat filled
66	R 2623	Samosa, vegetable filled: Vegetable samosa
7	268	Sandwich biscuits, cream filled: Cream sandwich biscuits
7	265	Sandwich biscuits, jam filled: Jam filled biscuits
8	272	Sandwich biscuits, wafer, cream filled: Wafer biscuits
98	2443	Sandwich spread
79	2152	Sapota, raw
53		Sardines
10	R 366	Sata pastries, assorted (Indian pastries)
79		Satsumas: Tangerines
97		Sauce: cook-in-sauces, canned or packet
83		Sauce, chocolate, ice cream topping, or sweet white
97-98		Sauces, savoury
64	1912	Sauerkraut, bottled, drained weight
43		Sausages, beef, pork, or pork and beef
43	1283	Sausages, low fat, grilled
38	1157	Sausages, turkey, fried or grilled
43-44		Sausages in batter
45		Sausage roll

PAGE NO	CODE	
42	1240	Sausage and beans, canned
16	R 584	Savarin : Rum baba
44	1290	Saveloy
41	R 1250	Savoury ducks, with or without gravy: Faggots
60		Savoy cabbage: Cabbage, savoy
56	1576	Scallops, steamed, no shells, or leftover shells weighed
56		Scampi
61	2627	Scampi Fries: Corn snacks
10		Scones, plain, cheese, fruit, potato, treacle or wholemeal
10	R 373	Scones, drop: Scotch pancakes; plain
99	-	Scotch broth, homemade or canned
24	814	Scotch egg, purchased
10	R 373	Scotch pancakes, plain
45	R 1291	Scotch pies; mutton pies: Bridies
4	130	Scottish batch: Bread, white, Scottish batch
24		Scrambled egg
64	1913	Seakale, boiled, NOT Kale
12	R 349	Seed cake: Madeira cake
15		Semolina: Milk pudding
81	2168	Sesame seeds; dry weight
81	-2165	Sesame seed paste: Tahini
95		Shandy
19	663	Shape hard cheese: Cheshire, low fat
20	690	Shape soft cheese: Soft cheese, low fat
17	609	Shape milk: Milk, semi-skimmed, pasteurised
18		Sheeps milk
48		Shepherds pie
96		Sherry
43	1344	Shish kebab; skewered lamb and salad in pitta; takeaway

PAGE NO	CODE	
8	R 271	Shortbread, made with flour, butter and sugar
8	270	Shortcake biscuits: Short, sweet biscuits
10	406	Shortcrust pastry, cooked, purchased, eg pastry flan case
6	221	Shredded Wheat; Cubs
6	222	Shreddies
7	262	Shrewsbury biscuits: Fruit biscuits
56		Shrimps
53		Sild: Sardines
28		Silverside, beef
42a		Silverside, beef, sold loose
28		Sirloin, beef
28		Sirloin steak: Rump steak
55		Skate
18	649	Slender slimming drink, dry weight
8	412	Slender bars: Slimming biscuits
4	129	Slimcea: Bread, white, slimmers
96	2400	Sloe gin: High strength liqueurs
89	2275	Smarties
20	682	Smoked cheese, with or without additions, eg ham, mushrooms, shrimp
53	1647	Smoked mackerel
58	R 1639	Smoked mackerel or trout pate
53	1522	Smoked salmon
61	2627	Snacks, corn
68	1905	Snacks, potato: Potato puffs; Chipples; rings
96	2407	Snowball, bottled
8	280	Snowballs, coconut and chocolate coated marshmallow
4	131	Soda bread: Bread, white, soda
92		Soda, cream: Carbonated beverages
7	261	Solar bars
49-50		Sole, lemon



PAGE NO	CODE	
16	R 585	Sorbet, any
24		Souffle, cheese or plain
16	R 565	Souffle, sweet, baked
99		Soup, homemade, canned or packet
99	2493	Soup from vending machine, any
18	633	Sour cream, cultured : Cultured sour cream
52	1499	Soused herring : Herring, pickled
98		Soy sauce, dark or light
64	1685	Soya beans, boiled
64	1686	Soya bean curd; Tofu
18	650	Soya milk
42	1370	Soya mince, canned
2		Spaghetti, boiled or canned
42a		Spam, canned or NOT canned
48		Spare ribs
48	R 1334	Special fried rice, with beef, chicken, duck, prawn, vegetables and rice
6	223	Special K cereal; Kellogg's High Protein Cereal
64-65		Spinach
96	2402	Spirits; whisky, gin, brandy, rum, vodka, Bacardi, Malibu: 70° proof spirits
64	1813	Split peas, dried, boiled: Peas, split
12		Sponge cake, homemade, purchased or packet mix
16		Sponge pudding, steamed or baked
16	570	Sponge with ice cream filling, eg Arctic roll
53		Sprats
26	859	Spreads, low fat, eg Gold, Delight, Outline, all own brand low fat spreads and other low fat spreads, NOT Flora
26	866	Spreads, yellow, salted or unsalted: Clover, Meadowcup, Golden Vale and Golden Churn <u>only</u>
60	1705	Spring greens, spring cabbage, fresh, boiled: Cabbage, spring
65	R 1919	Spring roll, ie fried pancake roll with beansprouts filling, NO meat

PAGE NO	CODE	
60		Sprouting broccoli: Cabbage, winter
60		Sprouts: Brussel sprouts
93		Squash; crush; drink
93-94		Squash with added Vitamin C
6	228	Start cereal
28		Steak, rump; sirloin: Rump steak
29		Steak, stewing: Stewing steak
42		Steak, stewed, canned
45		Steak pie
47	R 1322	Steak pudding, suet pastry, NO kidney, NOT canned: Beef, steak, pudding
45-46		Steak and kidney pie
42	1241	Steak and kidney pie, canned
42	1242	Steak and kidney, pudding, canned
47		Steak and kidney, pudding, NOT canned
44	1289	Steaklets, beef, fried or grilled
18		Sterilised cream
29		Stewing steak
20	679	Stilton blue cheese
20	680	Stilton white cheese
100	2515	Stock cubes, dry weight: Oxo cubes
4		Stoneground bread: Bread, wholemeal
95		Stout, draught, canned or bottled
79		Strawberries, canned, frozen or raw
98	R 2459	Stuffing, parsley and thyme; sage and onion; packet mix, made-up weight. NOT (sausage) meat stuffing, rice stuffing, chestnut stuffing
2	74	Suet dumplings, unsweetened, steamed or boiled
16	R 571	Suet pudding, steamed or baked, plain, sweetened
82		Sugar
64		Sugar peas: Peas, mange-tout
6	224	Sugar Puffs cereal

PAGE NO	CODE	
12	R 382	Sultana loaf, made with flour, fat, sultanas and sugar
79	2156	Sultanas, dried weight
81	2167	Sunflower seeds, dry weight
65	1921	Swede, boiled
40		Sweetbreads, lambs
65		Sweetcorn; corn on the cob
65		Sweetcorn fritters
98	2418	Sweetcorn relish
99	R 2489	Sweetcorn soup; sweetcorn chowder
98	2446	Sweet curry sauce, McDonalds only
65	1930	Sweet potatoes, boiled
98	R 2447	Sweet and sour sauce
82		Sweeteners; with calorie value, or non calorie
84	2251	Sweets, boiled
12		Swiss roll, jam filling, cream filling or chocolate covered
94	2662	Syrup, any fruit, concentrated, canned
82	2206	Syrup, golden
9-10		Syrup tart: Jam tart

PAGE NO	CODE	
2		Tagliatelli: Spaghetti
81	2165	Tahini; sesame seed paste
36		Tandoori chicken
79		Tangerines
15		Tapioca pudding: Milk pudding
58	R 1634	Taramasalata
98	2441	Tartare sauce
91		Tea, including instant or from vending machine
91	2316	Tea, lemon, instant, dry weight
10		Teacakes, plain or wholemeal
79		Temples: Tangerines
19		Tendale cheese: Cheddar or Cheshire, low fat
98	R 2501	Thousand island dressing
36	R 1122	Tikka, chicken, ie Indian lean chicken, spiced, grilled; no bones, or leftover bones weighed
18	697	Tip-Top
16	R 576	Toad-in-the-hole; batter <u>only</u> : Yorkshire pudding
25	820	Toast toppers, canned, any
65		Tomatoes
97	2418	Tomato chutney
94		Tomato juice
98	2448	Tomato ketchup, bottled
98		Tomato puree
97	2418	Tomato relish: Chutney, tomato
98	R 2450	Tomato sauce, homemade, NOT ketchup
99		Tomato soup, canned or packet
42	1245	Tongue, canned
40		Tongue, NOT canned
92		Tonic water: Carbonated beverages
83	2227	Topping sauces, for ice cream, any flavour, NOT Ice Magic

PAGE NO	CODE	
6	2627	Tortilla chips: Corn snacks
81	2631	Trail mix, made with mixed nuts and dried fruit
82	2207	Treacle, black; molasses
9-10		Treacle tart: Jam tart
16		Trifle
40		Tripe
81	2631	Tropical mix, made with mixed nuts and dried fruit : Trailmix
40	1220	Trotters and tails, salted, boiled, meat only, no fat, skin or bones, or leftover fat, skin and bones weighed
54		Trout
58	R 1639	Trout pate, smoked
8	279	TUC biscuits
54		Tuna
37		Turkey, roast
37-38		Turkeyburgers
37	R 1152	Turkey, giblets and neck meat, cooked
38		Turkey pie
38		Turkey roll
38	1157	Turkey sausages, fried or grilled
65-66		Turnips
8	275	Twiglets
90	2276	Twix bar
66	R 2660	Tzatziki; Greek style cucumber and yoghurt

PAGE NO CODE

16 R 542 Upside down pudding; sponge pudding, steamed or baked with  
fruit, eg apple, pineapple

PAGE NO	CODE	
10	R 386	Vanilla slice ie flaky pastry, iced, custard filling
33		Veal cutlet, escalope or fillet
33	R 1054	Veal fricassee: veal in white sauce; NO vegetables, NOT canned
42	1246	Veal, jellied, canned
33	R 1053	Veal, stewed in thickened gravy, NOT canned
45	1303	Veal and egg pie: Pork and egg pie
66	R 2622	Vegetable biryani or pilau; includes rice
66	R 1943	Vegetable curry, ie curried mixed vegetables; NO rice
94	1944	Vegetable juice, NOT all carrot juice, NOT all tomato juice, canned
66	R 1950	Vegetable pie, mixed vegetables in white sauce with one pastry crust, made from half lard and half margarine, NOT polyunsaturated
66	1945	Vegetable salad, in salad cream or mayonnaise, canned
66	R 2623	Vegetable samosa
99		Vegetable soup, homemade, packet or canned
62		Vegetables, mixed
38	1167	Venison, roast, meat only, no bones, or leftover bones weighed
2	34	Vermicelli, boiled in water: Spaghetti, white
96		Vermouth
4	132	Vienna bread: Bread, white, Vienna
100	2525	Vinegar, any
91	2301	Vitacup, dry weight: Bournvita
17	733	Vital; skimmed milk fortified with calcium
100	2526	Vitamins in any form
17		Vitapints: Milk, semi-skimmed or skimmed
3		Vitbe bread
96	2402	Vodka: 70° proof spirits

PAGE NO	CODE	
8	272	Wafer biscuits, filled; cream filled sandwich wafer biscuits
8	273	Wafers and cornets; ice cream cones and wafers. <u>Weight excluding ice cream</u>
12	R 387	Walnut gateaux; walnut sandwich cake with buttercream filling or icing
12	R 388	Walnut loaf, made with flour, fat, walnuts and sugar
81		Walnuts
6	219	Warm Start, instant oat cereal, as served
94	5000	Water, includes carbonated water
8	274	Water biscuits
66	2647	Water chestnuts, canned, drained weight
66	1947	Watercress, uncooked
76		Water melon
6	225	Weetabix; other whole wheat bisks
10	R 389	Welsh cheesecake
25		Welsh rarebit
20	683	Wensleydale cheese
6		Wheatflakes
1	6	Wheatgerm : Bemax
3		Wheatgerm bread: Bread, Hovis
56		Wheleks
96	2402	Whisky: 70° proof spirits
41	1263	White pudding
98	R 2451	White sauce, savoury, eg parsley, caper, anchovy, mustard
16	R 2452	White sauce, sweet
54		Whitebait
50-51		Whiting, fried: Plaice
51		Whiting, steamed or poached
8		Wholemeal biscuits
4		Wholemeal, wholewheat bread



PAGE NO	CODE	
68	2616	Wholewheat crisps
61	2627	Whotsits: Corn snacks
33		Wiener Schnitzel: Veal, cutlet
79		Wilkins: Tangerines
95-96		Wine
56		Winkles
98	2453	Worcester sauce
7	279	Wyna biscuits: Ritz

PAGE NO	CODE	
66	1948	Yam, boiled
97	2431	Yeast extract . Marmite
11	R 322	Yeast fruit cake: Dough cake
26	866	Yellow spreads, salted or unsalted: Clover, Meadowcup, Golden Vale and Golden Churn <u>only</u>
21		Yoghurt, creamy, low fat or longlife
21	711	Yoghurt drink, eg Ambrosia, Yop
21	709	Yoghurt, organic cow's milk, purchased, any EXCEPT artificially sweetened
21	710	Yoghurt, made from goats or sheeps milk, purchased, any EXCEPT artificially sweetened
16	R 576	Yorkshire pudding

Indian meals: homemade dishes, takeaway, frozen or chilled ready-meals,  
restaurant meals

Plain curries, madras, vindaloo, bhuna, keema, dhansk, patia, or Rogan Josh  
type:

- R 1319 - with beef, and vegetables; no rice
- R 1104 - with chicken, and vegetables, no bones, or leftover bones weighed; no rice
- R 1105 - with chicken, and vegetables, leftover bones not weighed; no rice
- R 979 - with lamb or mutton, and vegetables; no rice
- R 1643 - with prawns, and vegetables; with King Prawns, and vegetables; no rice
- R 1597 - with white fish, and vegetables; no rice
- R 1598 - with oily fish, and vegetables; no rice

Korma, mosalla, or mughlai type

- R 1328 - with beef in cream or coconut sauce; no rice
- R 1363 - with chicken, in cream or coconut sauce; no bones or leftover bones weighed; no rice
- R 1362 - with chicken, in cream or coconut sauce; leftover bones not weighed; no rice
- R 1328 - with lamb in cream or coconut sauce; no rice
- R 1646 - with prawns, in cream or coconut sauce; with King Prawns in cream or coconut sauce; no rice

Biryani and pilau type; includes rice;

- R 1329 Beef biryani or pilau
- R 1098 Chicken biryani or pilau
- R 1329 Lamb biryani or pilau
- R 1641 Prawn biryani or pilau
- R 2622 Vegetable biryani or pilau

Other Indian meat dishes:

- R 1122 Chicken tikka, ie lean chicken, spiced, grilled; no bones or leftover bones weighed
- R 1354 Meat samosa
- 1123 Tandoori chicken, no bones or leftover bones weighed
- 1124 Tandoori chicken, leftover bones not weighed

Vegetable curries and side dishes:

- 2624 Bindi; okra; fried in blended vegetable oil
- 1659 Brinjal; aubergines; fried in blended vegetable oil
- R 1723 Cauliflower bhaji
- R 1741 Cucumber and gram flour raita; side dish with yoghurt
- R 1759 Dahl; masur dahl; lentils cooked with onion and butter
- R 1797 Onion bhaji; fried battered onion ball
- R 1821 Pea curry; no rice
- R 1822 Pea and potato curry, made with canned peas; no rice
- R 1917 Sag; spinach with onion, garlic and butter
- R 1943 Vegetable curry; no rice
- R 2623 Vegetable samosa

Chinese meals: homemade dishes, takeaways, frozen or chilled ready-meals,  
restaurant meals

- R 1113 Chicken with mushrooms, no bones or leftover bones weighed
- R 1366 Chop suey; chicken
- R 1332 Chop suey; beef, lamb or pork, NOT chicken
- R 1621 Chop suey; prawn
- R 1367 Chow mein, chicken. NOT Vesta chicken chow mein
- R 1317 Chow mein; beef, lamb or pork, NOT chicken
- R 1642 Chow mein; prawn
- 32 Noodles, egg, boiled in water
- R 1351 Pancake roll, fried pancake with minced beef filling
- R 1331 Spare ribs in barbecue sauce, leftover bones weighed
- R 1355 Spare ribs in barbecue sauce, leftover bones not weighed
- R 1919 Spring roll, ie fried pancake roll with beansprouts filling, NO meat
- 1115 Sweet and sour chicken balls; weight of chicken balls only, NO sauce
- R 1358 Sweet and sour pork balls; weight of pork balls only, NO sauce
- R 1581 Sweet and sour prawn balls; weight of prawn balls only, No sauce
- R 2447 Sweet and sour sauce
- R 76 Rice, egg fried
- R 1334 Rice, special fried, with beef, chicken, duck, prawn, vegetables and rice

## ADULT DIETARY SURVEY

## FOOD CODE LIST

Round 4: July 1987

<u>Page</u>	<u>Food Group</u>
95	Alcoholic drinks
91	Beverages
7	Biscuits
3	Bread and rolls
6	Breakfast cereals
9	Buns and pastries
11	Cakes
19	Cheese
25	Cheese dishes and pizzas
84	Confectionery
23	Eggs and egg dishes
26	Fats
55	<u>Fish, cartilaginous</u>
52	Fish, oily
49	Fish, white
56	Shellfish
57	Fish products and dishes
71	Fruit
	<u>Meat</u>
27	Bacon and ham
28	Beef
42	Canned meat products
42a	Canned and loose meats
34	Chicken and chicken dishes
30	Lamb
45	Meat and pastry products
47	Meat dishes
39	Offal
41	Offal products
32	Pork
37	Poultry and game (excluding chicken)
43	Sausages, hamburgers and other meat products
33	Veal
17	Milk and cream
100	Miscellaneous
80	Nuts and seeds
1	Pasta, rice and grains
83	Preserves and sweet sauces
13	Puddings and fruit pies
97	Sauces, pickles and savoury spreads
92	Soft drinks, fruit and vegetable juices
99	Soups
82	Sugars, syrups and artificial sweeteners
59	<u>Vegetables</u>
69	Chips
67	Potatoes and potato products
21	Yoghurt and ice cream

Where the description of a food does not indicate whether the code applies to a purchased or a homemade item, the code can be used for either.

For codes marked with the prefix 'R' recipe details must always be given if the item was homemade. If the item was purchased as a complete product recipes are not required.